

Your First Foal

Horse breeding for beginners

Karin Kattwinkel

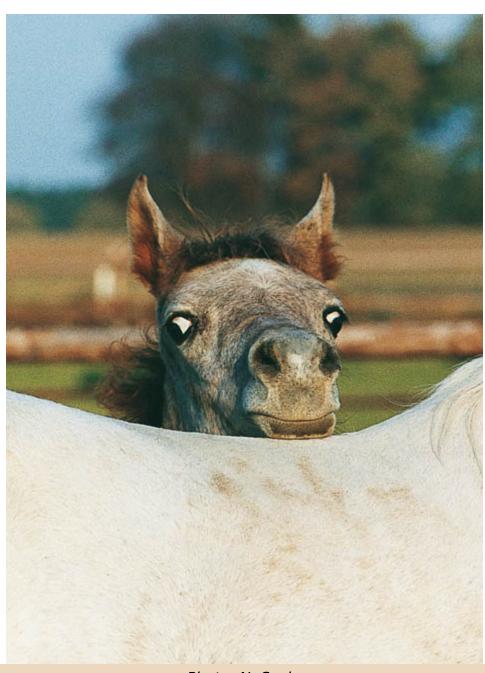


Photo: N. Sachs

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Photo: N. Sachs

FOREWORD

Seeing your own foal develop from an embryo into a promising youngster is one of the most rewarding experiences a horse lover can encounter. In this book, I aim to explain what you need to know in order for you to enjoy your foal to the full. Even if some of the subjects I cover might seem a little off-putting, my intention is always to give you the information you need that will not only help you to make an informed decision but also help you to recognise potential problem areas and hopefully prevent them before they arise. This approach will benefit both your beloved mare and the foal you plan to have from her and your own enjoyment of them.

But first you need to be really honest with yourself and ask: 'Is my favourite mare actually suitable to be bred from?' Only if you are absolutely sure that the answer is 'yes' should you proceed any further with your breeding plans.

Far too often, worn out or unrideable mares are used for breeding, based on the argument 'if I cannot ride her any more she should at least have a foal'. As many problems are hereditary, this is not an ideal way to select breeding stock, because progeny of such parents often have the same problems as their sires and dams. This is why the idea that breeding a foal from your own mare means that you can get a new horse or pony cheaply is often a false one. Breeding from a mare and raising its foal, delightful activities as they are, requires a lot of care, patience and knowledge as well as money and time. Being able to cope with problems – because set-backs and disappointments are part of every breeder's life – and the support of your family or your partner are therefore essential.

You should also remember that mistakes made in the foal's first few months will influence its whole life. It will be a good four years before the foal can be ridden, and in no other species is managing the growing phase as important as it is in the horse. This is because the early days determine the development of the skeleton and constitution and therefore its suitability for performance or pleasure. Incorrect management as a foal can finish a promising career prematurely. The temperament of the youngster may also suffer if it is not raised in a horse-specific environment including sufficient space in the stable and field and equine companions of the same age. Keeping a mare and foal on their own behind the house has nothing to do with animal welfare; it is pure egoism.

Affection, reason and careful attention to detail are other important requirements for a breeder. You should be a guide for your young animal. Only then can you shape its

character and ensure that it is well-mannered and has a good temperament. Far too often, however, people do not treat their horses consistently. In successful human-equine relations, the human being has to be the leader from the start and needs to be shown respect at all times without compromise. The equine should always be an inferior herd member, a role that suits a herd animal well as it provides security and protection.

Last but not least, you should be able to recognise your own limits and ask for competent help and advice when necessary.

Enjoy this book and I hope that it helps you breed a foal that is all you wanted.

Karin Kattwinkel



An open-sided barn or field shelter with access to grass and other mares and foals for company is a good environment for mares and foals as it can be adjusted to their changing needs. Photo: Chr. Slawik

FIRST CONSIDERATIONS

Stable and environmental requirements

Conventional stable yards, particularly those designed for riding horses are not really suitable for brood mares and foals. This is because, in the last third of pregnancy, the mare needs a quieter environment and an undisturbed retreat. She should also not be exposed to new horses on a regular basis as there is a risk of infection from them. For the actual birth, she needs a clean separate area with plenty of straw somewhere where the foaling can easily be

observed. Even native breeds may require assistance and a muddy shared paddock is not suitable.

Foaling outside is ideal for hygienic reasons but it is difficult to observe. Mares, particularly maidens with a first foal, fiercely protect their newborn from other horses and people. A spacious stable gives them the necessary peace and quiet during this important bonding phase. However, locking up a mare used to living in a herd in a stable without visual contact with other horses is not a good idea. It causes far too much stress!

If you cannot offer your mare a suitable area for foaling and for the first few weeks after the birth, it is better to take her to an experienced breeder to foal down. Your foal will then also have playmates to grow up with. Understandably, every owner would like to see their 'once in a lifetime' foal being born and grow up and have it all to themselves. The welfare of mother and foal, however, should always be more important than the fulfilment of your own dreams. If you really do not wish to send the mare away for foaling a possible compromise is to alter your stable layout to suit her needs. Perhaps you could do it together with another local single-mare-owning breeder? Whatever arrangement you choose, the most important requirement is a large, highquality pasture. A young foal should be turned out during summer, day and night! For this reason alone, most riding stables are not ideal for breeding.

Advice

Make sure there are no hazards in the vicinity of the mare and foal. No protruding nails, sharp edges, small gaps (under doors and partitions as well), no hayracks in which the small feet of a foal could get trapped.

The most important questions for new breeders are:

What do you want your foal to become?

Do you want an eventer, show jumper, dressage star, hunter, show pony, endurance horse or an all-round pleasure horse for the family? Set a specific goal and choose the sire and dam accordingly.

- Are you going to keep your foal or sell it? Do you want to ride your youngster yourself? Can you break it in yourself? Do you want to sell it as a weanling, a just-backed youngster or as an educated adult horse?
- Do you have sufficient space to raise a foal and possibly keep it for 4 years or even the rest of its life?

Is the stable and pasture suitable for a brood mare and her youngster?

Have you got enough time to look after them properly?

A mare and foal need as much time as a riding horse, possibly even more!

- Is your knowledge of how to handle and raise a foal sufficient to deal with all situations?
- **Do you know enough about breeding?**Or are you at least prepared to learn everything you need?
- Are you persistent enough?

Horse breeding requires persistence. Success takes time, setbacks are common. It takes years before your dream of an adult horse becomes true.

Do you have enough money?

Attempting to breed your own foal can be very expensive. It is not a way to get a cheap replacement for your mare. Keep savings for additional vet's bills and extras.

• What does your family say about it? Not an unimportant question, especially if they are not as enthusiastic as you are.



Photo: N. Sachs

What will your foal cost you?

Because the ever-rising costs of everything from hay to vaccinations vary from area to area, and because the needs of a native pony broodmare and her foal are somewhat different to those of a thin-coated Thoroughbred or a finely-tuned Warmblood, it is impossible to give an exact figure in

answer to this question. However, you must know your own accurate costings before you make the decision about whether or not to breed from your mare, so use the checklist below to help you compile the relevant costs.

Up until the time of weaning, you have to expect the following costs:

Insurance for mare and foal Feed

- Hard feed, 1 ton
- Hay, 1 ton
- Straw, 2 tons
- Food supplements, 50 kg

Pasture (fencing, fertiliser)
Covering (stud fee)
Transport
Electricity, water
Farrier for mare and foal
Breeding society membership and registration fees
Veterinary costs

- Swab
- · Follicle check and ultrasound
- Pregnancy test
- Vaccinations
- Examination of the newborn foal
- Worming mare and foal
- Contigency fund for veterinary costs

Contingency fund for other additional costs

Professional breeders also have to consider:
Value of the mare
10 years of use
Rates
Staff salaries and National Insurance contributions