Chi Chuen Chan · William Wai Lim Li Eugene Chung lp Leung

Problem Gambling in Hong Kong and Macao

Etiology, Prevalence and Treatment



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and

Professor Rowan Greer Yale University Divinity School

Preface

First of all, I would like to thank my mentor and good friend, Dr. Keis Ohtsuka of Victoria University, for his guidance during my studies as a Ph.D. student. Dr. Ohtsuka's meticulous concerns and care have been a great help in my studies. I also have to thank Professor Blaszczynski of the University of Sydney and Professor Jackson of the University of Melbourne for their inspiring advice during my Ph.D. studies and for my current research in the psychology of gambling. Lastly, I must thank Mr. Louis Lee, JD, who helped in the proofreading and editing of this book.

I hope this book can benefit social workers, psychologists, and counselors in the field of gambling in Hong Kong and Macao.

Chi Chuen Chan University of St. Joseph Macao

Contents

1	The	History	of Gambling in Hong Kong and Macao	1
	1.1	History	of Gambling in Hong Kong: The Story	
		of the	Hong Kong Jockey Club	1
		1.1.1	Early Development of the Hong Kong Gambling	
			Industry	1
		1.1.2	The Rise of the Hong Kong Jockey Club	5
		1.1.3	Conclusion: The History of the HKJC Is the History	
			of Gambling in Hong Kong	10
	1.2	From t	he Gambling of Sins to the Gambling of Dreams:	
		The H	istory of Gambling in Macao	11
		1.2.1	Early Development of the Macao Gaming Industry	11
		1.2.2	The Kings of Gambling in Macao: The First	
			Generation	13
		1.2.3	The Beginning of Monopoly Concession:	
			Fok Chi-Ting (1930–1937)	14
		1.2.4	The First Monopoly Concession (1937–1961)	15
		1.2.5	The Second Monopoly: Stanley Ho's Empire	
			(1962–2002)	16
		1.2.6	The Partial Liberalization of Macao's Gaming	
			Industry	19
		1.2.7	Responsible Gambling in Macao	23
		1.2.8	Lessons from the Responsible Gambling Strategies	
			and Practices in Australia	26
		1.2.9	Responsible Gambling Policies, Strategies,	
			and Practices in Macao	27
		1.2.10	From the Gambling of Sins to the Gambling	
			of Dreams—What Is Next?	33
	Refe	rences		3/

x Contents

2	The	State of Gambling in Hong Kong and Macao	37				
	2.1	The State of Gambling in Hong Kong and Macao	37				
		2.1.1 Types of Gambling	37				
		2.1.2 Prevalence Studies of Gambling Participation					
		in Hong Kong and Macao	40				
		2.1.3 Prevalence Studies of Problem Gambling in Macao	49				
		2.1.4 Prevalence Studies of Problem Gambling in Western					
		Countries	52				
	2.2	Limitations and Conclusions	52				
	2.3	Conclusion	55				
	Refe	erences	55				
3	The Personality of Problem Gamblers in Hong Kong						
	and	Macao	61				
	3.1	The Addictive Personality	61				
	3.2	Blaszczynski and Nower's Pathway Model (2002)	62				
	3.3	Minnesota Multiphasic Personality Inventory (MMPI)	66				
	3.4	Five-Factor Model	67				
	3.5	Impulsivity	68				
	3.6	Sensation Seeking	70				
	3.7	Conclusion	71				
	Refe	erences	71				
4	The	Etiology of Problem Gambling	75				
	4.1	Cognitive Theory of Gambling	75				
	4.2	Psychodynamic Perspective	79				
		4.2.1 William Stekel	80				
		4.2.2 Sigmund Freud	81				
		4.2.3 Edmund Bergler	81				
	4.3	Behavioral Theory of Problem Gambling	83				
	4.4	Physiological View of Problem Gambling	86				
	4.5	Social and Cultural Construction of Problem Gambling	89				
	4.6	Conclusion	91				
	Refe	erences	91				
5	The	Treatment of Problem Gamblers in Hong Kong					
	and	Macao	95				
	5.1	Pharmacotherapy	95				
		5.1.1 SRIs/SSRIs	96				
		5.1.2 Mood Stabilizers/Anticonvulsants	98				
		5.1.3 Opioid Receptor Antagonists	98				
		5.1.4 Bupropion	99				
	5.2		102				
	5.3		103				
	5.4		105				
	5.5	· · · · · · · · · · · · · · · · · · ·	107				

Contents xi

	5.6	5.6 Mindfulness-based Practice			
	5.7	Gamblers Anonymous	108		
		5.7.1 The Twelve-step Recovery Program	110		
		5.7.2 Effectiveness of the Twelve-step Program	111		
		5.7.3 Group Counseling and GA in Hong Kong and Macao	111		
			114		
	Refe	erences	115		
6	The	Review on CBT and a Multimodal Treatment Model			
	for Problem Gamblers				
	6.1	CBT Studies: Early Years	121		
	6.2	Recent CBT Research Studies	122		
	6.3	1	124		
		1	125		
			125		
		1 4	126		
		•	127		
			127		
6.4 Intervening Chinese Problem Gamblers with C		•			
			128		
		•	128		
			129		
	<i></i>	, ,	130		
	6.5		130		
		6.5.1 Motivational Interviewing Combined with CBT	120		
		E	130		
	6.6	8	131 131		
	6.6	ϵ	131		
6.7 Implications and Suggestions of Problem Gambling		Interventions in Hong Kong and Macao—A Proposed			
			133		
	6.8		135		
			135		
_			133		
7		Challenges and the Future for Problem Gambling in Hong	120		
			139		
	7.1	Issues and Challenges of Problem Gambling in Hong Kong:	139		
	7.2	, , ,			
	7.2		142 142		
			142 145		
			145 146		
	7.3	C 11	152		
			152		

xii Contents

Appendix	A:	Institutions Providing Counseling Service to Problem Gamblers in Hong Kong	155
Appendix	В:	Institutions Providing Counseling Service to Problem Gamblers in Macao	157
Appendix	C:	Legalized Games in Macao	159
Appendix	D:	Legalized Games in Hong Kong	161

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Chi Chuen Chan Trained in the USA and Australia, Dr. Chi Chuen Chan is a professional psychologist with over 20 years of clinical practices in Hong Kong and Macao. His more prominent services include serving as a clinical psychologist in the Hong Kong Government for six years. As the clinical psychologist in the correctional services, Dr. Chan was successful in developing treatment programs for prisoners and staff working in the prisons. His Ph.D. in psychology was obtained from Victoria University in Australia. In addition to his training in psychology, Dr. Chan has a Master of Arts in Religion degree from Yale

University and was appointed as a Yale Research Fellow in the summer of 1995. His mentor was the late Professor Rowan Greer.

Dr. Chan's current research is in the area of gambling disorders and treatment. Funded by the Mother Mary Social Studies Centre in Macao, Dr. Chan (with his students) has authored two Chinese books in gambling psychology (賭博心理學, Psychology of Gambling; 十二步匿名戒赌互助小組工作冊, A Twelve Steps Self-help Manual for Problem Gamblers). He has published twenty journal articles and conference proceedings in gambling research. In the last decade, his research team has presented forty papers in international conferences. Dr. Chan's research interests are the personality and the psychological treatment of problem gamblers in Hong Kong and Macao. At present, he is a research fellow with the Mother Mary Social Studies Centre in Macao and the managing editor of the Asian Journal of Gambling Issues and Public Health. Professionally, Dr. Chan currently serves as a consulting psychologist with the Union Concordia Medical Group, a major medical services provider in Hong Kong and Macao and as a visiting professor in the University of St. Joseph, Macao.

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xiv About the Authors



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Eugene Chung Ip Leung obtained his first degree in computer science and statistics from the University of Toronto in 1999 and his second bachelor degree in psychology from the Upper Iowa University in 2012. The current work is his first peer-reviewed study in problem gambling. Eugene is happily married with two young children.

Also from the First Author

陳智川、李威廉、梁頌業 (2014) 賭博心理學(第二版). 澳門高志慈社會研究中心, ISBN 978-99937-644-9-6.

Available free online: http://caritas.org.mo/zh-hant/publication/other-publications

吳淑珠、胡海峰、黃妙芬、楊穎、石一玲、陳智川 (2015) 十二步匿名戒賭互助小組工作手冊 澳門高志慈社會研究中心.

Chapter 1 The History of Gambling in Hong Kong and Macao

1.1 History of Gambling in Hong Kong: The Story of the Hong Kong Jockey Club

1.1.1 Early Development of the Hong Kong Gambling Industry

Hong Kong became a British colony after Britain and other foreign powers defeated China in the Opium War in 1841. As a British colony, Britain appointed the local governor and introduced a Western-style government. In the early years of the British colony, gambling was popular among the indigenous Chinese. The British government did not ban gambling in the newly acquired colony. At that time, there were neither casinos nor organized gambling establishments.

In 1844, the British governor put forth a number of legislative orders, most of which covered taxation as well as law and order. Among these laws, one entitled "Ban Gambling Regulations" was passed. This legislation imposed a maximum fine of 200 dollars for people who gambled or recruited others to gamble. The gambling ban did not originally aim to prohibit gambling—its main purpose was to increase government revenues from the fines collected. This law laid the foundation for legislation prohibiting public gambling in Hong Kong.

However, increasing tax revenue through prohibiting gambling was not an effective way to reduce gambling among the local Chinese. During the Ching Dynasty, gambling was at the root and foundation of Chinese culture. Gambling, especially among friends and relatives, had long been a tradition in Chinese popular culture. Chinese people loved to play mahjong with friends and relatives during festive seasons (Chan and Ohtsuka 2010). In the early years of British colonization, gambling was especially common among immigrant laborers from Mainland China. Most of these workers were from Canton, a neighboring province in Mainland China. The majority of these workers were illiterate and worked under harsh and unhygienic conditions. For them, gambling was their only pastime and social

leisure activity. Very often, these workers gambled illegally in the small betting houses in the central districts of the new colonial government. The area notorious for illegal gambling was Hollywood Road in the Central district of Hong Kong. They frequently went to these houses once or twice a week in search of the dream of quick riches and fortunes. However, very often, many of these illiterate workers lost all their earnings and found themselves heavily in debt. Unable to pay off their debts, many of these gamblers were sold as slave workers overseas. Some went as far as the USA. The local Chinese named these early victims of problem gambling "piggy workers."

This increase of illegal gambling can be linked to the ineffectiveness of the British government and to the corruption of police officers at that time. The British government, in the first few years of operation in Hong Kong, had little desire to transform the local political structure into a British model with free elections and a representative government. Instead, the new colonial government intended to keep the basic Chinese social and cultural structures and customs intact. Consequently, the British government never intended to crack down on illegal gambling dens.

Another reason for the rapid increase of gambling is the widespread corruption among police officers in the early years of colonization. Though there were laws that prohibited gambling, there were few genuine attempts to eradicate the problem. Often, corrupt police officers would cooperate with gambling house owners to create dramatic "cracked gambling cases." In these cases, police officers would bust the gambling houses and arrest a number of gamblers, including the owners of the shop. In fact, these were only shows for the public. The real owner would never be arrested. The locals often referred such operations as a "monkey show," a sarcastic term for the rampant police corruption at that time. These staged crackdowns of gambling houses often appeared in the headlines of foreign newspapers (Ge 2004).

The severe gambling problems caught the attention of the new Hong Kong governor MacDonnell, who decided to tackle them. In June 17, 1844, the Legislative Council of the Hong Kong Government passed the "Maintain Social Order and Weathered Regulations." This law gave police the power to grant licenses to operate gambling houses. Tenders were solicited from existing gaming operators. Each application specified the location of the gaming venues. In the early round of selection, 12 bidders were approved, which led to the establishment of twelve gaming houses. Each annual license fee was 10,000 dollars (Cheung 2009).

Governor MacDonnell was the first legislator in Chinese history to raise tax through licensing and legislation. While the laws established the legal status of gambling, this legislative arrangement increased the accessibility, availability, and acceptability of gambling to the general public. Gambling was no longer an illegal activity hidden behind small wooden huts. Instead, middle-class and well-educated individuals began using gambling as a leisure and fun activity, as the establishment of the Hong Kong Jockey Club would later demonstrate. Contemporary gambling researchers such as Blaszczynski and Nower (2002) have argued that early "3 As" (availability, accessibility, and acceptability) are crucial in the pathway development of problem gambling, as children brought up in this environment have a higher likelihood to learn and indulge in gambling activities at an early age. Thus,

licensing the gaming operators encouraged and promoted gambling in the small developing British colony.

One of the most popular games in the early colonial years was Fan-tan, a game still enjoyed by many patrons in the casinos of Macau today. Fan-tan is a chance game similar to lottery. In this game, the banker randomly places buttons into a big bowl and the players have to guess the number of buttons. The numbers are counted in multiples of four. The players choose a number from 1 to 4. If there are 100 buttons, the winning number is 4.

In addition to "Fan-tan," gambling houses also featured games such as "Sic Bo," "Pai Gow," and "Word Flower." Most of these games were chance games which require relatively little skill to master (Ge 2004). These games were very popular among manual laborers as the games require low literacy levels and few specific skills to play.

Tax revenues from public gambling from July 1, 1867 (Public Order of the rates of gambling) to February 20, 1872 (The Ban Gambling Action) were very impressive. Back in Great Britain, voices against widespread gambling in the developing British colony came mainly from the conservative and religious members of the community. Pastor Charles Warren first raised opposition to this gambling revenue in the British Parliament.

In 1872, Sir Kennedy succeeded Sir MacDonnell as the governor of Hong Kong. During his term, Governor Kennedy was committed to ban gambling. He amended the 1844 Gambling Ordinance. At that time, ingenious businessmen put forward an innovative means of illegal gambling—the development of private clubs (Cheung 2009). Club membership was initially a Western innovation and a new form of social entertainment. Traditional Chinese culture emphasizes clan relationships. Gambling was often shared and enjoyed within one's social clans. In the early years of colonization, clubs established in Hong Kong were mostly organized and run by foreigners. In these clubs, drinking, gambling, and sex shows (e.g., nude dancing of young women) were common.

During Governor Kennedy's tenure, local Chinese merchants started to organize their own clubs. Application for the establishment of a club was easy; the procedure only required the signing of several documents with the government authority. In accordance with the rules of a club, only club members were allowed to get in and enjoy the fun activities. But in a Chinese club, there were no similar strict rules. Anybody could go into gamble. Consequently, many small Chinese gambling venues were established and operated under a club name. The common games in these clubs were Mahjong and Tin Kau, a common table game of chance that required little skill to master. Proposing to eliminate illegal gambling, Governor Kennedy amended the Gambling Ordinance in 1876. However, there was little success from his efforts as corruption and illegal gambling were rampant at that time (Cheung 2009).

A mahjong school is a licensed venue in Hong Kong where people over the age of 18 can play mahjong. Since 1871, privately run gambling businesses have been banned in Hong Kong; however, mahjong-hosting venues have been tolerated by the Hong Kong government. After World War II, the government required such

venues to obtain Mahjong/Tin Kau Licenses with the constraint that such businesses must be known, in legal English, as Mahjong Schools—a white lie to get around the ban on privately run gambling businesses. Although being technically "schools," these Mahjong/Tin Kau Licenses are issued by Television and Entertainment Licensing Authority. At present, there are many licensed mahjong schools in Hong Kong, mostly in densely populated areas such as Mong Kok, Yau Ma Tei, Wan Chai, and Sham Shui Po.

If a player plays mahjong in a mahjong school, he has to pay a portion of his gains if he wins a game set. This is the main source of income of a mahjong school. To attract players, mahjong schools provide free drinks, free food, and sometimes lucky money. In addition to resident umpires, modern mahjong schools also have closed-circuit television installed to deter cheating and theft.

Mahjong game was originated in China. It is commonly played by four players (with some three player variations found in South Korea and Japan). The game is played with a set of 144 tiles based on Chinese characters and symbols, although some regional variations use a different number of tiles. In most variations, each player begins by receiving 13 tiles. In turn, players draw and discard tiles until they complete a winning hand using the 14th drawn tile to form four groups (each with 3 tiles) and a pair. There are standard rules about how a piece is drawn, the use of simples (numbered tiles) and honors (winds and dragons), the kinds of groups, and the order of drawing the tiles. There are many regional variations in the rules, with the most popular version being the Cantonese version. Since it can only be played by four people, it is not an option for the casinos. Mahjong is always the best entertainment during festivals such as Chinese New Year. Very often, young people learn this to play this game from their parents (Ohtsuka and Chan 2010).

Tin Kau (Chinese: 天九; Cantonese: Tin Kau "Heaven and Nine") is the name of a Chinese gambling game for 4 players played with a set of Chinese dominoes. In the game, "Heaven" is the top-ranked tile of the civilian suit, while "Nine" is the top-ranked tile of the military suit of the domino set. Tin Kau is more like playing bridge with no trump suit and no partner. Four players play against each other. At the start of each game, each player receives 8 tiles from a deck of 32 tiles. There are complex rules to the game play and scoring. The players need to rely on luck and strategies to beat the other players' tiles. It is a challenging game to learn and master. At present, only a small number of Chinese people understand how to play this game.

At present, the Hong Kong government has strict restrictions on the Mahjong/Tin Kau License in order to control this kind of privately run gambling. There are time and age controls in which no games shall be played except between the hours of noon and following midnight and no person under the age of 18 years shall be permitted to play the game. Further, the owner of the Mahjong school cannot loan money to the patrons to finance their gambling (Office of the Licensing Authority 2014).

In the first few decades of British colonization, organized gambling started when gangsters discovered ingenious means of gathering bets and wagering. One popular game at that time was "Word Flowers." This game operated much like a modern

lottery. There were 36 numbers or "Word Flowers (字花)," each carrying a specific hero story in ancient China. Some of these were war heroes, while others were legends and famous people. The players could bet on any of these numbers. If they win, they will receive a fixed payout, usually 30 to 1. There was a definite house advantage as the odds of winning were 1 in 36. The winning "Word Flowers" were organized twice a week. However, the results of the game were fixed by the organizing company. "Word Flowers" was a popular game among the working class as the game required little skill and the payout was attractive (Ge 2004).

At the outbreak of the Pacific War in 1941, Hong Kong was under Japan's rule. The Japanese army organized a new security group, called the security assistance mission in Hong Kong, in order to stamp out the local opposition (Ge 2004). This security group did not have sufficient funding. They thus raised funds by organizing Word Flower lotteries. After the ending of the Japanese occupation, this game was operated by members of the Chinese mafia groups, known as triad societies in Hong Kong. Though being illegal, Word Flower game continued to be one of the most preferred games among the working class housewives until the 1970s when the Hong Kong Jockey Club started a new lottery game, the *Mark Six* (六合彩). A complete list of current legalized games in Hong Kong is included in Appendix D.

1.1.2 The Rise of the Hong Kong Jockey Club

The Hong Kong Jockey Club (HKJC) is a not-for-profit organization and a company with liability limited by guarantee. Through its wholly owned subsidiaries HKJC Horse Race Betting Limited, HKJC Football Betting Limited, and HKJC Lotteries Limited, the Club holds the sole licenses for the operation and management of Hong Kong's horse race betting, football betting, and Mark Six. The Hong Kong Jockey Club Charities Trust is a public charity and is primarily engaged in supporting charitable organizations and community projects in Hong Kong.

1.1.2.1 The Early Years of Horse Racing

The history of horse racing in Hong Kong dates back to the beginning days of colonization. During the governorship of Hong Kong's first governor Pottinger, the committee of organization held horse races twice in 1842 and 1843. The races took place in Macao as there was not a suitable racing ground in Hong Kong. In 1845, a British group held the first horse race in Pok Fu Lam. There was no betting on the races (Cheng 2005).

As the small colony developed, many foreigners, especially British, came to work and live in Hong Kong. Many of them came from Europe, where horse racing was a social fixture of the upper class. Thus, they set up a permanent Jockey Club known as the "Hong Kong Jockey Club." At that time, horse racing was held once a