

TOP TIPS IN UROLOGY

SECOND EDITION



EDITED BY

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 WILEY-BLACKWELL

Top Tips in Urology

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Foreword

'You can't teach an old dog new tricks' and I am about as old a dog as you can get! Actually, I have learnt a few new tricks and, what is more, my cynical expectation that they would all, actually, be old tricks that have been rediscovered, has proved to be unfounded.

When John McLoughlin produced the first edition of this book I thought it was an interesting idea, and a second edition is entirely justified by the huge expansion in laparoscopic and robotic urology since that first edition. There are tips and tricks here that are no more than one sentence long and so this is an easy book to pick up and browse as well as to search for an answer to a particular point.

It is interesting to see the number of tips that include the comment 'I learnt this tip from ...'. I suspect that in the book as a whole we therefore have the collective memory of British Urology.

I thought this was not just an interesting book but an intellectually amusing one as well, and for that reason I heartily recommend it to urologists anywhere and everywhere.

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Preface

This is not a textbook. It is intended to pass on useful tips, operative manoeuvres or pearls of wisdom from experienced urologists that may not otherwise find their way into standard urological texts. At its heart are those questions which trainees ask their senior colleagues, such as 'What would you do when...?' or 'How do you like to do it?'. By their nature the replies are quirky, and often personal.

Wherever possible, the text has not been altered from the original, other than removal of references and diagrams professionally redrawn.

Sadly, we felt unable to accept the anonymous contribution that read 'My top tip is to always place the wheel barrow in the direction of travel before filling it with soil'. At the end are included a few quotes that were sent in. They don't really fit into any particular category but are worth reading.

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List of abbreviations

AP	anteroposterior; abdomino-perineal resection
ASIS	anterior superior iliac spine
BMI	Body Mass Index
BNI	bladder neck incision
BXO	balanitis xerotica obliterans
CP	chronic prostatitis
CPPS	chronic pelvic pain syndrome
CT	computed tomography
DRE	digital rectal examination
DVC	dorsal vein complex
EAU	European Association of Urology
FC	flexible cystoscope
GA	general anaesthetic
IPSS	International Prostate Symptom Score
IVC	inferior vena cava
LUTS	lower urinary tract symptoms
MRI	magnetic resonance imaging
MSU	midstream urine
NIH-CPSI	NIH Chronic Prostatitis Symptom Index
OP	open prostatectomy
PCCL	percutaneous cystolithotomy
PCNL	percutaneous nephrolithotomy
PS	pubic symphysis
PSA	prostate-specific antigen
PUJ	pelvi-ureteric junction
RALP	robotic-assisted laparoscopic pyeloplasty
RARC	robotic-assisted radical cystectomy
RARP	robotic-assisted radical prostatectomy
RP	radical prostatectomy
SUI	stress urinary incontinence
TCC	transitional cell carcinoma
TURBT	transurethral resection of bladder tumour
TURP	transurethral resection of prostate
TWOC	trial without catheter
UO	ureteric orifices
US	urethral stump
VUJ	vesico-ureteric junction

PART 1

Open Urology