Educating the Young Child 4
Advances in Theory and Research, Implications for Practice

DeAnna M. Laverick Mary Renck Jalongo *Editors* 

# Transitions to Early Care and Education

International Perspectives on Making Schools Ready for Young Children



# Transitions to Early Care and Education

## EDUCATING THE YOUNG CHILD

#### VOLUME 4

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This academic and scholarly book series will focus on the education and development of young children from infancy through eight years of age. The series will provide a synthesis of current theory and research on trends, issues, controversies, and challenges in the early childhood field and examine implications for practice. One hallmark of the series will be comprehensive reviews of research on a variety of topics with particular relevance for early childhood educators worldwide. The mission of the series is to enrich and enlarge early childhood educators' knowledge, enhance their professional development, and reassert the importance of early childhood education to the international community. The audience for the series includes college students, teachers of young children, college and university faculty, and professionals from fields other than education who are unified by their commitment to the care and education of young children. In many ways, the proposed series is an outgrowth of the success of *Early Childhood Education Journal* which has grown from a quarterly magazine to a respected and international professional journal that is published six times a year.

DeAnna M. Laverick • Mary Renck Jalongo Editors

# Transitions to Early Care and Education

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# **Preface**

The assertion that early experience affects later experience represents a triumvirate of theory, research, and conventional wisdom. A basic tenet in the study of human development theory is that the early childhood years leave an indelible imprint across the lifespan. Likewise, research in neuroscience suggests that the brain seeks patterns in complexity, drawing upon previous experience to interpret subsequent experiences (Jensen 2005; Rushton and Larkin 2001). Even from the perspective of the general public, the conviction that initial experience shapes later experience is widely accepted and reflected in everyday expressions such as "starting out right," "getting a head start," or the old adage that "first impressions are lasting ones." For all of these reasons, most parents/families, early childhood educators, and professionals from other fields are in agreement that children's first experiences with child care, preschool, kindergarten, and other academic programs are important (Einarsdottir et al. 2008).

Some of the more common transitions that characterize the early years are from home care to group care, from home or preschool to kindergarten, and from kindergarten to more formal educational experiences. In addition to these fairly predictable transitions, individual children often are expected to make an extra effort of adaptation to many other circumstances, such as adjusting to a different cultural context, coping with changes in family configuration, or learning in a second language—to name just a few. Thus, transitions can be one of the most challenging issues for children, families, and educators because they frequently involve not just one change, but complex interactions among various changes. The child who cries on the first day of kindergarten also might be one who witnessed violence in his family, fears his mother will abandon him as his father did, lives at a shelter, grieves for the dog he was forced to surrender, and worries about expectations for him at school. In fact, researchers estimate that 48% of children experience moderate to serious problems with adjustment to kindergarten (Pianta et al. 2007). Other studies, including the recommendations of the National Governor's Task Force on School Readiness (2005), research on parents'/families' involvement in children's transitions (McIntyre et al. 2007), teachers' evaluations of young children's adjustment issues (Rimm-Kaufmann et al. 2000), and cross-cultural comparisons of transition vi Preface

practices all concur that transitions are not necessarily managed well when they very much need to be.

In this volume of the Educating the Young Child Series, we have gathered together the insights of a group of distinguished teachers/scholars on transition practices throughout the world. The book's primary purpose is to support early childhood educators as they strive to make transitions as seamless as possible. The ways in which such stressors are handled are etched into the child's memory and often have lifelong significance for ways of coping. Consider, for example, the situation of three-year-old Laura. She could not contain her disappointment when her sister, cousins, and friends boarded the big vellow school bus in late August and left her behind. Laura yearned to join their ranks and flatly refused to accept the explanation of "you're too little to go." Those "big kids" had backpacks and lunchboxes, library books and homework; they carried home tales about school that surprised and fascinated her. When Laura's aunt came to visit, she was well aware of the child's eagerness to attend school so she presented the three-year-old with a toy school bus loaded with chubby passengers and a plastic lunchbox that included containers for food and drink. These items led to hours of play about being at school, riding the bus, eating in the cafeteria, and the good/bad behavior of children. Laura would line up her stuffed toys to represent a group of students, scribble on the board, give them assignments, reprimand their misbehavior, and pretend to read them a book. Whenever possible, she would draw her extended family into the play, and new dramatic possibilities would be added to the school theme, such as being sent to the principal's office, having a mean teacher, or getting sick and needing to come home. This "going to school" theme dominated Laura's play for two years, an indicator of the personal relevance that transitions have for the very young.

Three points serve as preparation for readers as they explore these distinguished authors' perspectives on transitions during the early years of life. First, to consider the child's point of view; second, that adults often have misconceptions about the kind and amount of support young children need; and finally, that the human costs of poorly managed transitions are considerable.

Perhaps the first lesson adults need to learn is that the child's perspective is qualitatively different from that of grown-ups. The experience of five-year-old Justin underscores this point. He attended a church-affiliated preschool two days a week at ages 3 and 4, and was ready to begin kindergarten at the local public school. Justin's grandparents, who were his primary caregivers, attended an orientation program sponsored by the school district. Justin also had the opportunity to spend the afternoon at his new school prior to beginning. The evening before his first official day of kindergarten, his grandmother laid out the clothing Justin would wear. Together they equipped his backpack with school supplies and packed a special lunch. The next morning, Justin and his grandfather walked to the school a few blocks away and that afternoon, his grandfather accompanied him on the walk back home. Justin's grandparents were relieved to hear that things had gone very well. That evening, as they began preparations for the second day of kindergarten, the preschooler appeared to be puzzled and then said, "You mean I have to do this *every day*?!" As Justin's perspective illustrates, young children often have very different questions

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and concerns than the ones adults anticipate. If ever we hope to effectively smooth transitions from one early childhood experience to another, we first need to identify with the child and really listen to what that child has to say.

Of course, adults can have misconceptions about the best way to support a young child's transitions; this is another important point addressed in this volume. Often, these misconceptions are based on what they recall from their own lives as children or spring from a desire to hasten the developmental process. When an international group of parents and their teachers convened for a workshop on helping their child adjust to a new country, language, culture, and school, a father from Germany asked it is best to ignore a crying child. The presenter said that being cold and rejecting, while seeming to be a way to put crying to a stop, would actually tend to have the opposite effect if a young child is genuinely distressed. She then stated, "I assume that you now have a warm, caring relationship with your son; otherwise, you would not have attended this session and bothered to ask." The father nodded affirmatively. "Then consider this," the presenter went on, "your son sees his big, strong father acting strangely. He understandably becomes worried, fearful, and clingy—and that is the very thing you had hoped to prevent. What he really needs is to 'borrow' some of your calm and emulate your confidence so that he can learn how to cope with stressful situations." The father appeared to be satisfied with this answer and afterwards. when the teachers were meeting with the presenter over lunch, they expressed their gratitude for explaining the issue in a way that the parents could understand. This is another goal that Transitions to Early Care and Education: International Perspectives on Making Schools Ready for Young Children strives to accomplish. The authors demonstrate how early childhood educators can bring all of their compassion, experience, and wisdom to bear on the issue of transitions as they work with families.

When a transition is managed poorly, it ripples out to affect every person in the process. If, for example, a child does not want to go to school and dreads it so much that he or she becomes physically ill before the bus arrives each day, then the family is in crisis, opportunities for that child's learning are diminished, peer relationships are disrupted, and reciprocal trust and respect between the family and school personnel is compromised. Consider the case of six-year-old Chris. His mother decided to keep him out of kindergarten for a year on the advice of family, friends, and neighbors. Chris was, in her words, "a little backward" and spoke with a lisp. When the child attended kindergarten, other children teased him about "talking like a baby" and his teacher would insist that he repeat after her, drawing out the "r" sound in words. One morning Chris arrived at his classroom door where the two kindergarten teachers stood and one of the teachers said derisively, "Here comes Cwis." Then both of them laughed.

When Chris came home that day, he went directly to his room and could not be coaxed into talking. Hours later, he said tearfully, "My teachers made fun of me today at school." The inexcusable behavior of Chris' first teachers formed a lifelong rift between his family and the educational system; they never again viewed the school or district positively because of this one, thoughtless and heartless act. From that point forward, Chris believed that he wasn't good at anything. His teachers were worse than incompetent, they are a disgrace to the profession.

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As educators enter the early childhood field, they must, above all, embrace their solemn responsibility to put children first. We need to identify with the very young, advocate for their needs, protect them from harm, support their development, and optimize their learning. As children wend their way through various educational programs, settings, and policies, our role is to offer gentle guidance and support. We have an obligation to make new educational experiences, affirming and welcoming ones; we need to make schools ready for young children.

Mary Renck Jalongo

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Mary Renck Jalongo, Ph. D. is a professor at Indiana University of Pennsylvania where she earned the university-wide Outstanding Professor Award and coordinates the Doctoral Program in Curriculum and Instruction. She is a co-editor of Springer's Educating the Young Child book series and has written, co-authored, or edited more than 25 books, including Early Childhood Language Arts (6th edn.), Creative Thinking and Arts-Based Learning (5th edn.), Exploring Your Role in Early Childhood Education (4th edn.), and Major Trends and Issues in Early Childhood Education: Challenges, Controversies, and Insights (2nd edn.). In addition, she has written two books (Learning to Listen, Listening to Learn; Young Children and Picture Books) for the National Association for the Education of Young Children (NAEYC), edited two for the Association for Childhood Education International (ACEI), and earned various national awards for writing. Since 1995, Mary Renck Jalongo has served as editor-in-chief of the Early Childhood Education Journal.

# Chapter 1 Introduction

DeAnna M. Laverick

There are many transitions to new experiences that occur throughout one's lifetime. From infancy to the onset of formal school, transitions in the early childhood years involve a variety of stakeholders in the process and evoke a myriad of feelings for all involved. By putting the needs of children and their families first, early childhood educators support the transition process. The diverse experiences, traits, and needs exhibited by young children and their families worldwide provide early childhood educators with what may be a potentially challenging role. Yet it is by putting the children's and their families' needs first that successful transitions transpire.

# **Purpose of the Book**

Transitions to Early Care and Education: International Perspectives on Making Schools Ready for Young Children focuses on the transitions that young children make to early care and education settings, along with the issues that surround this very important time in their lives. The purpose of this book is to communicate an enlarged view of the transition process in early childhood education. Rather than approaching the topic from a deficit-based readiness for school view, a broader examination of transitions guides the reader to appreciate and honor the promise and potential of all children worldwide. This book responds to the call for helping early childhood educators become ready to recognize the strengths and meet the diverse needs of all children.

A plethora of research-based practices and strategies for promoting successful transitions for children in a variety of social and cultural contexts are described in this book. It serves as a resource for teacher education programs and in-service early childhood professionals. The book links early childhood educational theories

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with practical applications. Additionally, it provides international perspectives on the ways that schools can institute practices and policies that promote successful transitions for all young children. The recommendations and strategies discussed will assist the reader in responding to the diverse abilities and needs of children worldwide in order to promote successful transitions in the early childhood years.

### Overview of the Book

The book is comprised of three parts, beginning with Part One: Programs and Practices. Key themes that emerge in this section include programs and practices that teachers employ to meet the diverse needs of children and their families through the transition process. Practices that support the needs of children with exceptionalities are a focus in this section. This focus aligns with research conducted by the National Early Childhood Transition Center, which associated positive transitions with "the consistent use of developmentally appropriate practices across programs, especially for children with disabilities" (Rouse et al. 2007, p. 15).

In the first chapter of Part One, Nancy Balaban describes transition to group care for infants, toddlers, and families. This chapter concludes with information on transition for children receiving early intervention. Chapter 3, written by Laura Lee McIntyre and Leah K. Wildenger, then reviews empirical research on kindergarten transition practices for students with disabilities. Chapter 4, written by Joann Migyanka, provides strategies for supporting transition to formal school for students on the autism spectrum. In Chap. 5, Susan Hill examines connections and disconnections between oral language and literacy. The last chapter of this section, Chap. 6, is an article written by Hindman et al. (2010) that was originally published in *Early Childhood Education Journal*. This article describes teachers' outreach practices for families of children in preschool, kindergarten, and first grade and the impact that these practices make on early academic outcomes.

Part Two, Policies and Issues, begins with Chap. 7. This chapter, written by Anne Petriwskyj and Susan Grieshaber, reframes the debate about school transitions from the perspectives of critical theory and critical pedagogy. The focus then turns to the role of the teacher, with regard to teachers' histories and beliefs about transitions in Chap. 8, written by Margaret King. Then, in Chap. 9, Sandraluz Lara-Cinisomo, Allison Sidle Fuligni, and Lynn A. Karoly share findings from a study on teachers' beliefs about preschoolers' transitions to kindergarten. The discussion continues to focus on preschoolers from urban areas in Chap. 10, as Regena Nelson reports research findings from a study of preschool teachers' ability to work effectively with children from minority and low-income backgrounds. Chapter 11, written by Suzanne M. Winter, is the last chapter in this section and describes the linkages among culture, health, and school readiness.

Part Three, International Perspectives, begins with Chap. 12, written by Nancy K. Freeman and Beth Powers-Costello. This chapter provides a rationale for making schools ready for children by sharing practices in the United States and Northern

1 Introduction 3

Italy. Transitions within the early childhood educational system in China are then described in Chap. 13 by Yaoying Xu. In Chap. 14, the socio-cultural context of early childhood education in English-speaking Caribbean countries is described by Jaipaul L. Roopnarine and James E. Johnson. The discussion then turns to perspectives from Canada. First, in Chap. 15, Magdalena Janus discusses influences on school readiness in Canada and Mexico. The book concludes with Chap. 16 as Tomoko N. Arimura, Carl Corter, Janette Pelletier, Zeenat Janmohamed, Sejal Patel, Palmina Ioannone, and Saba Mir share an integrated service model in which schools become hubs for support of children and their families.

Given the barriers that inhibit successful transitions, particularly for children with disabilities from linguistically and culturally diverse backgrounds (Rouse et al. 2008), the implementation of research-based developmentally effective transition practices is crucial. The authors' collective expertise provides readers with information to guide the transition process throughout the early years. Their work serves as a touchstone for early childhood educators worldwide as they strive to make programs at various levels and in different contexts ready for the children they serve.

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# Part I Programs and Practices

# **Chapter 2 Transition to Group Care for Infants, Toddlers, and Families**

Nancy Balaban

The focus of this chapter is to shed light on the significance of infants, toddlers, and their families making the *transition* from care-at-home to out-of-home care. Parents or primary caregivers as well as their children profit from focused support during this process because the event arouses deep feelings and uncertainties. How the transition itself is accomplished sets the stage for the child's *entire* experience in the early care or Early Intervention (EI) group setting.

Infant and toddler care is a major and rapidly growing form of child care in this country today. With 56% of women with children under age three employed outside the home, child care for infants and toddlers is in high demand. Although nearly 6 million infants and toddlers spend all or part of their day being cared for by someone other than their parents, more than 40% of those infants and toddlers are in child care classrooms of poor quality (Cohen and Ewen 2008). This deeply disheartening fact challenges the accepted requirements for healthy early child development in quality care settings.

Good-quality childcare has been associated with a range of outcomes, including better cognitive, linguistic, and social development. Moreover, good-quality care can promote the school readiness and success of children from at-risk families. (Zigler et al. 2009, p. 90)

According to Zero to Three (2009), the pre-eminent national organization devoted to the optimal development of children from birth to age three and their families, the central components of *quality care* for infants and toddlers are:

- Small groups
- High staff-to-child ratio
- Primary caregiving (see p. 11)
- Adherence to health and safety policies
- A highly trained, well-compensated staff
- Well-planned physical environments
- · Cultural and linguistic competence and continuity

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