

Making Everything Easier!™

IV Therapy

FOR DUMMIES®

Learn to:

- Make sense of delivery methods and flow rates
- Get a handle on legal issues and documentation
- Tailor therapies to patients' needs

Bettie Lilley Nosek, RN, BA

*Medical instructor, journalist,
and entrepreneur*

**Deborah Trendel-Leader,
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IV Therapy For Dummies®

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Cheat Sheet

IV Therapy For Dummies®

**by Bettie Lilley Nosek, RN, BA, and
Deborah Trendel-Leader RN, BSN,
PHN**



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About the Authors

Bettie Lilley Nosek is a registered nurse, published author, and entrepreneur. Bettie began her career working in the ICU-CCU at Memorial Baptist Hospital in Houston. She then moved to Denver, Colorado, and worked as the Staff Development Coordinator in the operating room at Porter Memorial Hospital.

While in Colorado, she obtained a journalism degree from Loretto Heights College and worked as a copy editor for the *Rocky Mountain Medical Journal*.

After moving to California, she created instructional videos demonstrating infusion pumps and conducted evaluations of infusion pumps at the University of California, San Diego, and Children's Hospital in Los Angeles. She then worked as Director of Surgical Services at Garfield Medical Center in Monterey Park, where she supervised the operating room, recovery room, and central service.

Later, she worked as a Bureau Chief for International Medical News Group, covering medical conventions, and was published in physicians' newspapers and healthcare magazines.

Bettie began her entrepreneurial career by joining her husband in owning a telecommunications company. After running and later selling the company, Bettie started her own consulting firm, helping small businesses develop sales.

She owns several patents, copyrights, and trademarks, and she's a licensed California real estate agent and notary. She lives in Southern California and enjoys playing golf with her husband and being constantly amazed by her granddaughter.

Deborah Trendel-Leader is a registered nurse and freelance medical journalist with a bachelor's degree in nursing. She

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Dedication

From Bettie: I dedicate this book to my wonderful husband and best friend, Jim, who has inspired, helped, tolerated, and believed in me for more than 30 years. His indomitable spirit and unconquerable soul fill me with life's most valuable commodities — love, courage, and hope.

This book is also dedicated to our children, Tamitha, Jason, and Rebecca, who have inspired us with their accomplishments and blessed us with beautiful grandchildren.

I also dedicate this book to my sisters, Dortha and Lynda, who have always been a part of my life and have allowed me to be a part of theirs. I will cherish our love and memories forever.

Finally, I dedicate this book to my lifelong friends, who have grown up with me and shared all of life's passages.