



SECOND EDITION

RAPID

Obstetrics & Gynaecology

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 **WILEY-BLACKWELL**

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Preface

Obstetrics and Gynaecology can be a bewildering new world for both undergraduates and new trainees. Despite your wealth of clinical exposure you can find yourself back to square one, surrounded by brand new diseases and the mystifying territory of the Labour Ward.

The simple and structured nature of *Rapid Obstetrics and Gynaecology* lends itself extremely well to tackling the subject. By identifying the *key topics*, and distilling from these the *key facts*, this book will provide you with firm foundations and we hope to encourage some of you into this most rewarding of specialties.

MM, SJL, ARK
2010

List of abbreviations

ABC	airway, breathing, circulation
ABG	arterial blood gas
ACE	angiotensin-converting enzyme
ACTH	adrenocorticotrophic hormone
AFP	alphafetoprotein
AIDS	acquired immune deficiency syndrome
AIS	androgen insensitivity syndrome
AMA	anti-mitochondrial antibodies
APH	antepartum haemorrhage
ARDS	acute respiratory distress syndrome
ARM	artificial rupture of membranes
ASMA	anti-smooth muscle antibodies
ASD	atrial septal defect
BMI	body mass index
BP	blood pressure
bpm	beats per minute
BSO	bilateral salpingo-oophorectomy
BV	bacterial vaginosis
CAH	congenital adrenal hyperplasia
CBT	cognitive behavioural therapy
CEA	carcinoembryonic antigen
CMV	cytomegalovirus
CNS	central nervous system
COCP	combined oral contraceptive pill
CPD	cephalopelvic disproportion
CT	computerised tomography
CTPA	computerised tomography pulmonary angiogram
CTG	cardiotocograph
CVA	cerebrovascular accident
CVP	central venous pressure
CVS	chorionic villous sampling
CXR	chest x-ray
D&E	dilatation and evacuation
DIC	disseminated intravascular coagulation
DVT	deep vein thrombosis
EBV	Epstein–Barr virus
ECG	electrocardiogram
echo	echocardiogram
ECT	electroconvulsive therapy
ECV	external cephalic version
ERPC	evacuation of retained products of conception
FBC	full blood count
FBS	fetal blood sampling
FEV	forced expiratory volume
FFP	fresh frozen plasma
FH	fetal heart
FHR	fetal heart rate
FSE	fetal scalp electrode
FSH	follicle stimulating hormone
FTA-ABS	fluorescent treponemal antibody absorption

GBS	group B Streptococcus
GDM	gestational diabetes mellitus
GFR	glomerular filtration rate
GGT	gamma glutamyl transferase
GnRH	gonadotrophin-releasing hormone
GTT	glucose tolerance test
G&S	group and save
HAART	highly active antiretroviral therapy
HbA1c	glycosylated haemoglobin
HBsAg	hepatitis B surface antigen
HCG	human chorionic gonadotrophin
HG	hyperemesis gravidarum
HNPCC	hereditary non-polyposis colon cancer
HELLP	haemolysis, elevated liver enzymes, low platelets
HIV	human immunodeficiency virus
HPL	human placental lactogen
HPV	human papilloma virus
HR	heart rate
HRT	hormone replacement therapy
HSG	hysterosalpingogram
HSV	herpes simplex virus
HVS	high vaginal swab
ICSI	intracytoplasmic sperm injection
IM	intramuscular
IOL	induction of labour
IMB	intermenstrual bleeding
IPPV	intermittent positive-pressure ventilation
ITP	idiopathic thrombocytopenic purpura
ITU	intensive treatment unit
IUCD	intrauterine contraceptive device
IUD	intrauterine death
IUGR	intrauterine growth restriction
IUS	intrauterine system (contains levonorgestrel)
IUI	intrauterine insemination
IV	intravenous
IVF	in-vitro fertilisation
JVP	jugular venous pressure
LFD	large for dates
LFT	liver function tests
LH	luteinising hormone
LLETZ	large loop excision of the transformation zone
LMP	last menstrual period
LMWH	low molecular weight heparin
LVEF	left ventricular ejection fraction
LVF	left ventricular failure
LVS	low vaginal swab
MC&S	microscopy culture and sensitivity
MCV	mean corpuscular volume
MgSO ₄	magnesium sulphate
MMR	measles, mumps, rubella vaccine
MRI	magnetic resonance imaging
MS	multiple sclerosis
MSU	mid-stream urine
NSAIDS	non-steroidal anti-inflammatory drugs