Microsoft®

Exchange Server 2013

Design, Deploy, and Deliver an **Enterprise Messaging Solution**





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Nathan Winters

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Best regards,

Neil Edde

Vice President and Publisher Sybex, an Imprint of Wiley

To my wife, Elizabeth: You have supported, loved, and inspired me through so many challenges. Who would have thought having said "never again" after my first book that I would now have completed two more!

—Nathan Winters

I dedicate this book to the special ladies in my life: to my wife, Mandy, for standing by me while I sacrificed time to make this book happen, and to my daughters, Anna and Lisa. I would also like to thank God for the gift of communication that makes writing a book of this nature possible.

-Nicolas Blank

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-Neil Johnson

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Throughout this book, we have worked to ensure that you get the very best advice. This has meant working with our accumulated network of friends and colleagues, calling in favors to ensure that we take advantage of the insights of the top experts in their fields.

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—Neil Johnson

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-Nicolas Blank

About the Authors



Nathan Winters has worked in IT since graduating from the Royal College of Music (RCM) in 2003, where he studied the clarinet! His first job was at the RCM, migrating from Exchange 5.5 and Windows NT4 to Exchange and Windows Server 2003. Nathan has since worked in a variety of roles for Microsoft partners, including consultancy and practice management. He now works for Microsoft UK as a presales technical specialist. Throughout 2012 and 2013, Nathan has been a regular speaker at industry conferences, such as TechEd and Exchange Connections, both in Europe and in the United States. Before joining Microsoft, Nathan was active in the UK technical community, running the Exchange user group (MMMUG) and writing numerous articles for *Windows IT Pro* magazine and the MSExchange.org website, among others. He was awarded the distinction of Microsoft MVP between 2006 and 2011. In addition to this book, Nathan has recently completed *Mastering Microsoft Lync Server 2013*, also published by Sybex/Wiley. On the rare occasions when he is not working, he enjoys wildlife photography and badminton.



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Introduction

This book came about after several conversations among the authors that focused on the common problems we found in discussing Exchange architecture with clients. We all felt that while Exchange is a very mature product, many people, from small in-house shops to the largest consultancies, often fall into similar traps when designing, deploying, and delivering a new Exchange-based messaging platform. To this end, we wanted to capture our conversations and experiences with customers and share them more widely in the hope of helping others avoid the common pitfalls we've seen.

Who Should Read This Book

This book is aimed at those among you who are going to be, or are, working closely with Exchange in a design and deployment capacity. You could be working for an in-house IT department as the messaging lead or as part of the messaging team. You could equally be a consultant working for one of the myriad of Microsoft partners who specialize in Exchange. That doesn't necessarily mean that you have to consider yourself an Exchange specialist, however. The point of this book is to help you get it right when you come to run your Exchange project. We appreciate that you won't necessarily be doing this day in and day out, because we all know that IT departments do a messaging upgrade every two to five years. A secondary audience is the architect community: those of you who are supervising the Exchange project as a program of work but are not necessarily involved in every day-to-day aspect.

What You Will Learn

Instead of focusing, as so many books do, on the "click Next" type guidance, we felt it was far more important to teach how to think about an Exchange project. Of course, we have plenty of technical material in the book, and we've made a point to call out where to find more, whether it's on TechNet or on third-party sites. Likewise, we have called on colleagues in the Exchange product group on many occasions to help us give not only the view from the field but also the thought processes behind the creation of Exchange; that is, how it was envisioned.

What's Inside?

This book is very straightforward in structure. In essence, it was conceived as a series of essays on the topics outlined. As such, is it not necessary to read the book from cover to cover, though some may find that useful. We have tried to lay things out in a manner that would make the most sense.

Chapter 1: Business, Functional, and Technical Requirements The goal of this chapter is to help you address and answer questions from the people around you in the form of a common language. *Requirements* are essential for implementing Exchange 2013 successfully. Exchange brings a huge number of features to the table. How do you choose which features to implement and how specifically should they be implemented? The answer is requirements!

Chapter 2: Exchange Design Fundamentals In Chapter 1, we introduce requirements elicitation as we grapple with the nuances of the different types of requirements and how to distill those into a readable form. In this chapter, our goal is to transform those requirements into design decisions. We examine the structure of the design document and delve into the content that goes into each section, which includes a discussion of sizing Exchange. We cover the concept that a good design document is not a purely technical record, nor is it purely a business- or project-based one. A well-written design document is intended for many audiences, from the technical implementers on various teams right up to the CEO.

Chapter 3: Exchange Architectural Concepts The aim of this chapter is to define the concepts upon which Exchange is built and then to extrapolate those concepts into the design choices that have resulted in the Exchange 2013 version. If you are a messaging consultant or administrator faced with upgrading from an earlier version of Exchange, then the history section in this chapter will help you address the architectural changes and features required to guide your customer through an upgrade to Exchange 2013. Knowing which features have changed, which have been discontinued, and which have been deemphasized is a critical skill for messaging administrators and consultants. We walk through each of the major functional areas of Exchange 2013 to get you up to speed with the latest in Exchange best practice.

Chapter 4: Defining a Highly Available Messaging Solution When eliciting requirements, desired availability is often one of the first topics to be raised. This chapter first seeks to define high availability (HA). We then look at which components help provide an HA solution before getting into depth about the configuration-related and operational practices required to ensure a high level of uptime.

Chapter 5: Designing a Successful Exchange Storage Solution Over the last 16 years, the adoption of Microsoft Exchange Server, which began in earnest with Exchange 5.5, has expanded dramatically. Email has become a pervasive application, and it is now a primary communication medium for most organizations. Over this time, Exchange storage has also undergone an evolution. Back in 1996, the focus was primarily on making the best use of costly hard disk capacity. In recent years, however, the focus has shifted toward being able to make use of larger and, most significantly, cheaper disks. This chapter covers the history of Exchange storage and then examines how to approach Exchange storage design in Exchange Server 2013, including the data you will need, the tools that are available, and how to validate the solution that you propose.

Chapter 6: Management Some of the biggest elements to consider when planning a new system are the management and operation of that system. After all, it is these elements that together form the majority of the cost of ownership. In this chapter, we focus on the management tools that are available for Exchange. In particular, we cover concepts such as Role-Based Access Control, which enables granular delegation of permissions to administrators. We also address new Exchange features, such as the move to a web-based management interface.

Chapter 7: Exchange 2013 Hybrid Coexistence with Office 365 Exchange hybrid is the term used when an Exchange organization running in a customer or partner datacenter is connected to Microsoft's Office 365. This configuration can provide an extremely rich coexistence feature set that allows mailboxes to be hosted on-premises or in Office 365, and the enduser experience remains virtually the same. This chapter discusses why you may want to evaluate Exchange hybrid, identifies the design considerations, and provides some tips from real-world deployments to help make sure that your Exchange hybrid project is a success.

Chapter 8: Designing a Secure Exchange Solution — As a messaging consultant, you'll find that some of the most complex areas in designing a Microsoft Exchange solution are those relating to security. This chapter provides you with useful insights to prepare you for the awkward questions from your security officer and enable you to elicit the security requirements in a concise manner, thus avoiding the lengthy and soul-destroying security workshops and the spectrum of confusion that will arise from that disparity between the vision and the reality!

Chapter 9: Compliance This chapter takes you through the discussions that are needed about compliance. We introduce the regulations that businesses face, cover the conversations you need to have with the legal representatives from your organization, discuss the resulting policies that should be set, and then examine what Exchange functionality is available to implement those polices.

Chapter 10: Collaborating with Exchange Exchange is often defined as a groupware product. From the outset, it was intended to be a collaborative software suite. Although it has evolved over time, the fundamental purpose of Exchange remains to help people work better together. In this chapter, we discuss exactly what makes Exchange a collaborative product; that is, what is in the current version of Exchange that helps users collaborate right out of the box? Moreover, when you add in the full suite of Office Server products, how does this improve the end-user experience and allow users to get better value out of Exchange and its related products?

Chapter 11: Extending Exchange As a messaging platform, Exchange has grown over the years into a highly competent and cohesive system with a vast range of functionality. Nevertheless, that doesn't preclude the possibility of extending Exchange's functionality or leveraging it through other systems. This chapter examines the use of Exchange as a messaging platform to build upon, and it touches on where it resides within the Microsoft catalog of products. We begin by investigating the concepts and capabilities Exchange provides to developers for creating custom solutions, and we discuss the thought processes behind integrating Exchange with other Microsoft and non-Microsoft systems.

Chapter 12: Exchange Clients One of the reasons behind the success of Exchange Server is that it supports many client types. It is possible to connect to an Exchange mailbox from pretty much any operating system. The experience provided by clients varies so dramatically that end users may not even realize that they are using Exchange Server. This chapter addresses ways in which clients differ and how they may impact your design and deployment approach for Exchange Server 2013. We also discuss some features enhanced in Exchange 2013 that help protect your Exchange 2013 servers from rogue clients.

Chapter 13: Planning Your Deployment Deploying any version of Exchange for the first time can be a daunting task. Each version of Exchange has architectural considerations that are different from previous versions. Prerequisites may even change between service packs

as well as best practices relating to both the deployment and operation of Exchange. This chapter will help you to understand what makes Exchange 2013 different from other versions of Exchange, and it will help to ensure that you achieve a successful rollout.

Chapter 14: Migrating to Exchange 2013 Exchange migrations are just like any other type of solution deployment—they require practical planning to ensure success. This chapter outlines some of the more important aspects for migration planning and some common problems that you may experience in the field.

Chapter 15: Operating and Monitoring Exchange Server 2013 Why monitor and report on your Exchange service? Exchange monitoring, reporting, and alerting are fundamentally about one thing—keeping your messaging infrastructure running sufficiently to meet your service availability targets. Given this fact, it often surprises us that project teams will go to great lengths designing highly available clustered solutions, with overly complex redundant components, and then assume that installing an operations-monitoring product with its out-of-box configuration will be sufficient to keep things running. This chapter takes you through what you really must do to ensure successful monitoring and operations of Exchange.

Hardware and Software Requirements

You have a variety of options to test out the concepts in this book. You can go and start an Exchange deployment project—only kidding! Seriously, however, much of this book discusses concepts and thought processes rather than actual step-by-step technical procedures. Of course, those exist too. In order to immerse yourself into the actual technology, build a lab and get an Office 365 trial tenant. If you want to explore the basic functionality of Exchange, then an Office 365 tenant is one of the simplest ways to get up and running, because this allows you to test out the vast majority of client-side functionality and much of the administrative side without the need of servers. If the actual underlying workings of Exchange are important to you, then an on-premises lab is a necessity. In this case, much can be achieved on a single, well-specified machine. For example, a lot of the lab work for this book was created on a Dell T7500 workstation with five hard drives and 24 GB of RAM—a fairly lowly specified box these days!

How to Contact the Authors

We welcome feedback from you about this book. Obviously, it's always nice to get messages about what you liked about the book, but we also welcome suggestions for improvements that we could make in future editions. You can reach Nathan by writing to nathan@clarinathan .co.uk, Nicholas at nicholas@nbconsult.co.za, or Neil at neil.johnson@microsoft.com. If you are looking for information about Nathan's future articles or would like to discuss a speaking engagement, visit Nathan's blog at www.nathanwinters.co.uk.

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Chapter 1

Business, Functional, and Technical Requirements

The goal of this chapter is to help you address and answer questions from the people around you in the form of a common language. *Requirements* are essential for implementing Exchange 2013 successfully.

Exchange can be a daunting product to contemplate, with over 20 million lines of code. There are many, many features from which to choose, though some have not changed significantly between Exchange versions (address book generation, for example). Furthermore, there's a discussion of how these features are to be implemented and the entire best practices conversation, which comes with the territory. How do you choose which features to implement and which to leave behind? The answer is requirements. And how do you decide which best practice to apply? Again, the answer is requirements.

Building the Foundation for Requirements

Requirements elicitation can sometimes be seen as boring, tedious, and overly complex. This perception can often derail this most critical part of a new project. Requirements elicitation is traditionally associated with software engineering, which implies a long list of requirements to satisfy the discipline of creating or modifying software. With the exception of writing scripts, most administrators who wish to implement Exchange don't need to know or care about the difference between a functional and a business requirement, since they're not creating software from scratch. However, we still need to capture the essence of "why" we are taking certain actions, as well as the "what" and the "how" we are doing them.

This chapter is particularly important for the Exchange administrator or consultant who may have been tasked with installing, upgrading, or migrating to Exchange for the first time in a formal manner and who doesn't know where to start. Even if you have successfully implemented Exchange, this chapter will still be of tremendous value to you if this is the first time that you are the one documenting a design.

Requirements are the core of an Exchange project. Based on the requirements, a host of other documentation items can be affected. These may include the following:

- Vision and scope document
- The Exchange 2013 design
- Testing plan
- Migration plan
- ◆ The bill of materials required to implement Exchange

- Test case documentation
- Adjustments to the disaster recovery plan (DRP)

A good place to start is to learn how to identify and document requirements correctly and with enough detail to satisfy people from different parts of IT and within the business as a whole. A bad place to begin is by installing Exchange on the basis of a diagram only. Since we are in IT, we often start with a diagram of something and then wind up making design changes on the fly.

Documenting requirements is thus a critical part of the design process, as we will explore later in this chapter. In summary, this chapter will equip you with the tools to ensure that "why," "what," and "how" are addressed and documented adequately, without requiring a degree in software engineering in order to do so.

Establishing Project Roles

Establishing roles at the outset of a project of significant magnitude is critically important. Most of you reading this book fall into one of two camps:

Camp 1: You are a highly respected individual with demonstrated competence in your field. You tend to be external to the companies you consult with, even if you are part of a multi-year project or outsource contract.

Camp 2: You are responsible for messaging within your company, or you may be a project manager who needs background reading for your first Exchange project. You have just been tasked with delivering an implementation of the newest version of Exchange.

Whichever camp you fall into, either external or internal to the organization, your attitude about such a project determines its success or failure. Your mindset needs to be that of a consultant toward a client. If you work inside the company, this may be harder to adopt; however, the methods within this chapter work equally well with either camp.

Getting Started with the Exchange Design

Often we are asked to review a design, which may be technically brilliant, architecturally sound, and mindful of the newest features introduced in the latest service pack. However, designs are very often written without capturing the essence—or even the reason for the existence—of the design. The essence or the reason for existence for an Exchange design is documented by capturing the requirements.

Exchange designs and implementations are often driven by a version's new features list, as opposed to having captured and wrestled with requirements and extrapolated the features necessary to satisfy the needs of the business. Having a solid set of requirements to work against, among other reasons, makes your technology choices defensible, since designing or building Exchange without a solid set of requirements is like going food shopping without a list and putting anything that suits you into the shopping cart.

Documenting requirements also makes a document much easier to review. A structured document may have one section summarizing the security requirements and then a separate section encompassing the technical detail on how those security requirements are manifested as configuration detail or product features. This would allow the security or compliance officer to sign off on that portion of the document without having to wade through the storage design, unless of course the storage design captured a secure requirement.

When reviewing designs, we often see that the author has discussed the technology and then made a statement that a feature or technology should be implemented in a certain way. For example, the author may wish to implement Database Availability Groups (DAGs), which were introduced with Exchange 2010, and allow databases to be highly available. The author may say something like, "DAGs are great, so we're going to implement a DAG." However, the "why" of implementing a DAG is not captured. The question of why you are recommending the implementation of DAGs and which requirement you are fulfilling must be answered. Your reasons for choosing technology should always be clearly documented.

Most designs that we reviewed have little or no longevity. That is, if you were to review your own design in five years' time, would you understand the "why" of the design? Why did you choose to implement a DAG in the manner that you did, and so forth? Keep this in mind when eliciting requirements and as a continual thread throughout your document. When your design document is reviewed, arguing that the reasons behind the design were not enumerated because you didn't think it through or were ignorant of other options available at the time is not adequate for explaining why the "why" part of documentation is missing.

Requirements as Part of a Larger Framework

If you are a member of a consulting organization, then you will be quite familiar with the following. If you are doing this for the first time, then this section should be considered a primer as to where requirements fit into a larger framework.

There are several available methodologies from which to choose, including the Microsoft Solutions Framework. Irrespective of which methodology you choose, the steps are often quite similar:

Envisioning Phase This is the "thinking phase" of the project where you and others work to blue sky the project. In its simplest form, this involves the critical people considering the version of Exchange to be implemented and addressing such issues as *how* things are being done today and *why* they need to be done differently.

Requirements Definition Phase This phase captures the requirements, which is the focus of this chapter.

Design Phase This phase molds the requirements into something deployable and practical.

Testing Phase This is a standard phase of larger projects, and it is based entirely on the defined requirements. If the requirements are clear, the tests can be written well before the design is complete.

Deployment Phase This phase implements the design.

The first three phases will naturally generate a document set, which at minimum is similar to the following:

Vision and Scope Document This document captures the reason for the existence of the project, and it defines the business's vision of the technology to be implemented. It also defines what is in and out of scope.

Functional or Technical Specification Document This can be separate from the design document. It defines the business requirements and lists the derived functional or technical requirements. Often, the consultant will use the scoping meeting to document the basic scope of the project and then try to derive the business and functional or technical

requirements for further clarification. We will cover this process in much greater depth shortly.

Design Document This document captures the resulting design.

Depending on the methodology selected, many other documents, such as testing plans, will also be expected.

If you are doing this for the first time, the level of detail required for a large project may overwhelm you. Nevertheless, as a consultant, it is likely that you are indeed working with this level of detail. While there is a wealth of material available about the available methodologies, the basic problem that requirements are often captured poorly, or not at all, remains.

Understanding the Types of Requirements

Classical requirements elicitation is a very deep and mysterious discipline, unless you're a business analyst, systems analyst, or the like. The aim of this chapter is not to address classical requirements elicitation from a systems analysis point of view, since that would only help you become a better systems analyst. The goal of this chapter is to determine what kinds of requirements are important for your Exchange design and to give you the ammunition you need to defend your technology choices.

You may be tempted to wrestle with the nuances among some of the more esoteric requirements. At minimum, however, you need to examine the business and technical requirements. We will take a moment to define each of these later.

The purists among you may question why we don't break technical requirements out into functional and nonfunctional requirements. *Functional requirements* describe what a system is required to do, while *nonfunctional requirements* describe how the system behaves. As mentioned at the beginning, this chapter is focused on eliciting the requirements necessary to implement existing software, not on writing software from the ground up.

If your project is small, the lines between functional, nonfunctional, and business and technical requirements may blur and add unnecessary complexity. Unless you find a compelling reason to include functional and nonfunctional requirements, we suggest that you focus exclusively on the business and technical requirements. Once your project reaches a certain level of complexity, however, you will need to define technical requirements in much more detail. Thus, you will then break out the functional and nonfunctional requirements aspects of the project.

Business requirements may also be captured separately in a vision document. Consulting organizations will be familiar with this procedure, and they will require completion of a specific document set in order to capture this level of detail.

You may argue that you have been given a requirement, and that sounds something like, "We need to upgrade." This statement is, in itself, only half a requirement, and it is an insufficient rationale for a business today to invest in your project. Now let's examine our two chosen requirements in more detail.

Business Requirements

In this section, we are going to discuss business requirements in the context of our upcoming Exchange implementation. This is the "why" part of your requirements. The project sponsor or management team member provides the business drivers for the project. You want to be sure that you don't get stuck in "analysis paralysis," since business requirements tend to be broad statements lacking the detail expected in technical requirements.

For our purposes, businesses tend to have a few simple drivers. These tend to fall into the category of decreasing costs, increasing/retaining revenue, or decreasing risk. A good set of business requirements should address all of these drivers if possible. You may not often be in the position of being able to drive sales up by, say, 40 percent, but you are certainly able to reduce risk by implementing a well-thought-out high-availability strategy for email, if email is a critical business function.

Let's look at a few examples of business requirements:

- Revenue requirement: A company may choose to implement a mobility app to increase productivity of its sales staff.
- Risk requirement: A company needs to protect itself from a failed audit because of a lack of support for its existing version of Exchange.
- Risk requirement: A company has made a strategic decision to migrate their technology base from Lotus Notes and Domino to Microsoft Exchange and Microsoft SharePoint due to in-house development moving to .NET based languages.

We will examine business requirements in the context of a sample customer, XYZ Bank.

BUSINESS REQUIREMENTS FOR A SAMPLE EXCHANGE UPGRADE

XYZ Bank has retained you to design and implement a replacement for its aging messaging system. XYZ's current messaging system is implemented in Exchange 2003, which was state of the art at the time. XYZ has an extensive branch network, with many individual Exchange 2003 servers across the country.

When it was implemented, email was not considered to be a critical application. XYZ is growing fast, adding a branch every two to three months. XYZ has also made it known that it intends to list itself on the stock exchange, which will subject XYZ to regular security and process audits.

The bank has recently decided to use email as one of the primary tools for communicating with its customers. XYZ currently limits mailboxes to a few hundred MBs. Because of this limit, employees are forced to move email data to PST files on desktops and file shares, exposing XYZ to risk from theft and corruption. Even with stringent restrictions, a number of branches are complaining that email performance is decreasing, even though the number of users on the respective servers remains the same.

Because of its critical nature, XYZ would like email to be centralized in a datacenter alongside its existing critical banking applications, with a similar level of redundancy and availability. Of course, XYZ is concerned about cost, and it wishes to explore a number of storage options before committing to purchasing a new Storage Area Network (SAN) solely for Exchange's use. Finally, XYZ has stated that it would like similar messaging functionality as provided by Exchange 2003 on day one of implementation while reserving the right to add features in the future.

This story is quite typical. It includes a mixture of requirements, including a clue that the bank is researching later versions of Exchange and that it is aware that several storage options are available. This is an indication that the bank has a number of well-defined feature-based requests.

We can discern a number of business-specific requests from this scenario:

- Replace the unsupported Microsoft Exchange 2003 platform with a currently supported Exchange 2013 environment.
- Increase the availability of the email environment to match the XYZ bank standard.
- Design for future growth.
- Allow for auditing administrative activity with the ability to demonstrate such processes.

Notice that the requirements are broad and contain little technical detail. The business requirements captured as part of a design along with an executive summary, for example, allow management and key staff to assimilate quickly the reasons why the Exchange upgrade is being deployed without getting bogged down in technical detail. In our example, XYZ concentrates on mitigating risk (support, availability, and auditing), while also supporting the stated goals of the business (expansion and increased communication).

Technical Requirements

Staying with the theme of combining technical requirements with functional and nonfunctional requirements, they are quite different from business requirements. Technical requirements are the "what" and "how" parts of requirements. Furthermore, business requirements are written as broad statements, while technical requirements are designed to be precise statements. Technical requirements should be simple lists that are both individual and granular. One of the biggest causes of confusion for implementers is ambiguity in technical specifications. Adding too much explanation within the requirements can cloud the specification.

When dealing with a product like Microsoft Exchange, we take a lot of functionality for granted, and so we should. However, there is a fine line to walk in terms of writing specifications. Let's take, for example, the last line from our XYZ Bank scenario:

Finally, XYZ has stated that it would like similar messaging functionality as provided by Exchange 2003 on day one of implementation while reserving the right to add features in the future.

We could take for granted how to interpret this statement. However, it is actually quite subjective and needs clarification. For example, taken alone, we do not know who or what XYZ is, what "similar messaging functionality as provided by Exchange 2003" means, and what types of features could be added in the future. There are two possible paths of interpretations of this statement: One is broad interpretation based on our knowledge of Microsoft Exchange, and the other is "analysis paralysis."

An example of analysis paralysis would be to specify Exchange functionality as follows:

- A user must be able to generate an email.
- ◆ A user must be able to display the contents of an email.
- A user must be able to share their calendar with another user.
- Calendar sharing must support granular rights.