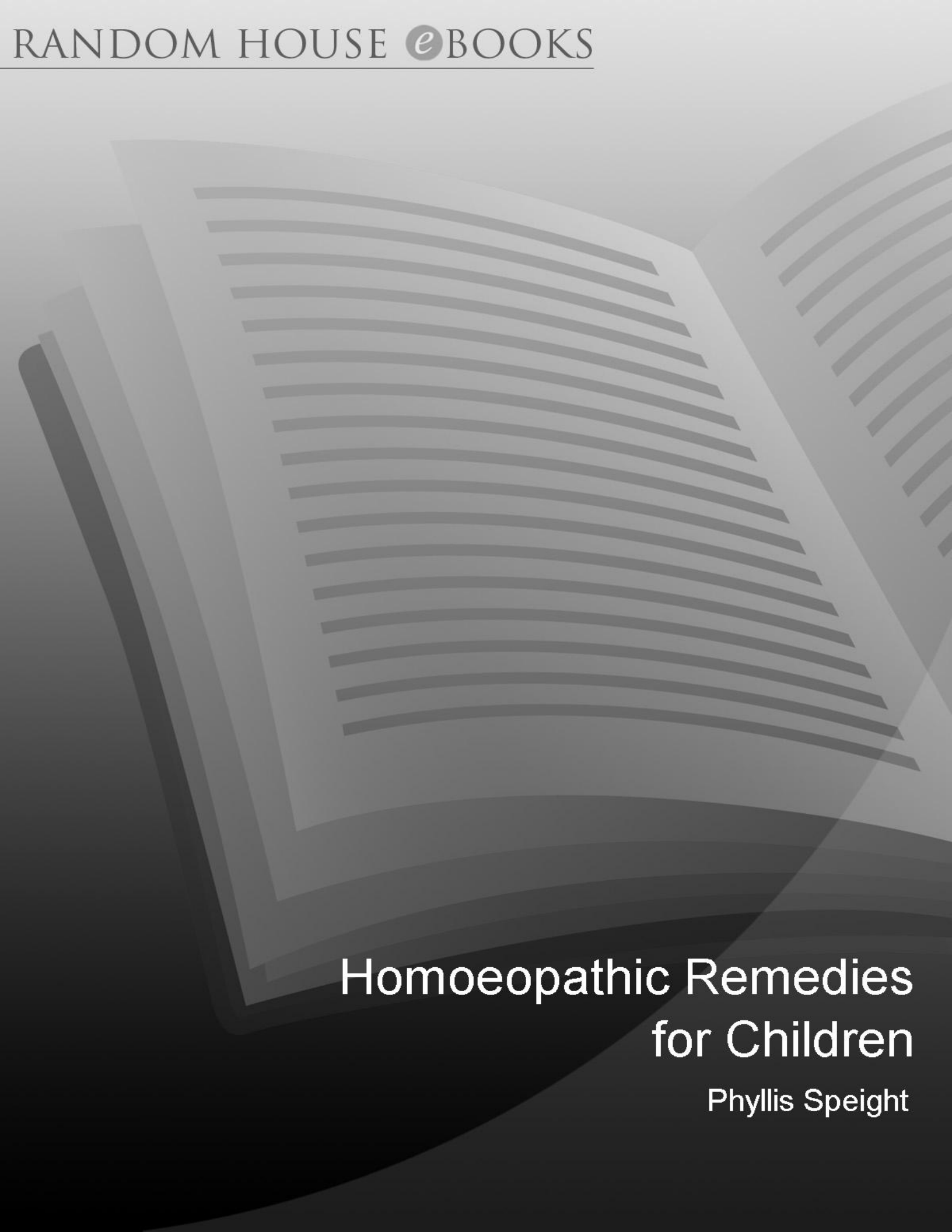


RANDOM HOUSE  BOOKS



Homoeopathic Remedies for Children

Phyllis Speight

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Other books written by Phyllis Speight

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Homoeopathy – A Practical Guide to Natural Medicine
Overcoming Rheumatism & Arthritis
A Study Course in Homoeopathy
Homoeopathic Remedies for Women's Ailments
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Pertinent Questions & Answers about Homoeopathy
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Homoeopathic Remedies for Ears, Nose & Throat
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Homoeopathy: A Home Prescriber

PHYLLIS SPEIGHT

Homoeopathic Remedies for Children

PREFACE

No mother likes to see her child unwell or suffering. Children can change from being well and rushing around one minute to being off-colour and exhibiting symptoms the next; and then medicines like aspirin or antibiotics are frequently administered to give relief.

More and more people are becoming concerned about the effects of drugs, particularly in relation to children. Many mothers telephone me to ask for help and advice because they do not wish to give their children drugs which have been prescribed.

There is an alternative in homoeopathy. Our medicines are safe and never, ever cause side-effects. When the correct remedy is chosen spectacular things happen in many cases of acute diseases and there is no reason why parents cannot use homoeopathic remedies effectively if they will give a little time to understand and study the following pages.

I hope this book will bring many people to homoeopathic prescribing for the simple, every-day, acute troubles from which many children suffer.

Phyllis Speight
Devon, 1983

TO PARENTS

Please Study This - It is Important

HOMOEOPATHY IS A complete system of medicine which has been in use for over 200 years. It is safe, cannot cause any side effects and is curative - in other words it does not suppress symptoms.

But homoeopathic remedies must be matched to the symptoms of the child. There are no specifics in Homoeopathy.

Let me give you an instance of what I mean. If your child swallows some berries of Deadly Nightshade (Belladonna) he would develop a temperature, a very hot, red face, dilated pupils and probably a very sore throat. If the child suddenly develops what we might call a fever with these similar symptoms, then Belladonna in homoeopathic form would cure him quickly because 'Like cures like'.

Obviously many remedies have common symptoms like sneezing, vomiting, shivering etc., but each remedy has a set of what we call 'characteristic' symptoms which are not in others and so differentiate one remedy from another. One of the characteristic symptoms of Belladonna is 'very red, hot face - the heat can be felt before the hand touches the skin'.

Although we have over 2000 remedies in our materia medica I have chosen just twenty-five in order not to muddle you too much at the beginning and these are medicines which we use over and over again for children.

I have set these out in an order which I feel will be more simple for you to understand than the schema in our materia medicas.

At the beginning I have given the 'Characteristic symptoms' followed by any outstanding symptoms found in children.

It will help tremendously if you study these symptoms and memorize some of them because then you will recognise them in your children when they are sick.

Following the Characteristics I have given a list of acute conditions that the remedy has cured - for instance under Aconite (which is one of the first remedies that comes to mind when any child is ill because one of it's Characteristics is 'sudden beginning of illness with fever and anxiousness' which is so common) I have listed Chicken-pox, Colds, Cough, Croup, Diarrhoea, Ear-troubles, Excitement effects of, Fever, Headache, Influenza, Insomnia, Measles, Mumps, Nervous troubles, Stomach troubles, Toothache, and Throat troubles. If the little patient is exhibiting the symptoms given under any of these headings, then Aconite will help.

It does not matter what we call a disease - if the symptoms of Aconite correspond to the symptoms of the child he will be cured and the interesting thing is we do not know what has been aborted because a sudden rise in temperature with fever can advance to bronchitis, pneumonia, influenza and many other troubles; this is what is so satisfying about Homoeopathy, we know that the correct remedy will cure the patient with no suppression of any kind.

I must stress, however, that Aconite and the other twenty-four remedies, cover a much wider field and symptoms of Aconite, for instance, fill ten pages in Hering's Condensed Materia Medica which is not, by any means, a full one.

Following the twenty-five remedies you will find a Repertory of Characteristic Mind Symptoms. This comprises the mind symptoms from all the remedies in alphabetical order.

Then follows a list of General Characteristics compiled in the same way and then two lists of Modalities that make the condition better or worse. A general Repertory follows for each trouble, again in alphabetical order.

I have tried to keep this as simple as possible. There are many books on Homoeopathy which you can obtain to gain more knowledge as time goes on.

Obviously in the scope of this small book the number of remedies is limited for every complaint and this applies especially to the infectious diseases. I have included a list of books for further reading and study at the end which will help to solve some of these problems.

Once you have got the basic idea that you prescribe the remedy to match the symptoms of your child you can add to your knowledge by studying more medicines.

HOW TO FIND THE CORRECT REMEDY

WHEN SEEKING THE remedy for the sick child it is necessary to write down the symptoms. He may be able to answer questions as to how he feels, where the pain is, what the pain is like and what makes it better, or worse.

But you must learn to be very observant. Is the child lethargic or restless; is he sweating, if so where particularly; does he want to be nursed; is he frightened or anxious and so on.

In addition the modalities are most important and so also is the cause, if known.

The more you study the twenty-five remedies and the Repertory of symptoms the more familiar you will become with what Homoeopathy is all about.

With the list of symptoms you may be able to spot the remedy quickly. If not you should consult the Repertory under the heading of the particular trouble and then the list of modalities. You should then consider one or two remedies and study them with the aid of the Materia Medica. The most appropriate one should be administered.

Always remember that the most important symptoms appear under 'Characteristics' and if you can find three of these you can prescribe with confidence, providing they are marked in the child. You can sit safely on a three legged stool but you will fall over on two legs!

The more you study the twenty-five remedies and the Repertory of symptoms the more familiar you will become with what Homoeopathy is all about.