

RANDOM HOUSE  BOOKS



Top Tips for Toddler Tantrums

Gina Ford

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About the Book

Toddlers tantrums can be both embarrassing and stressful for parents. Gina Ford's *Top Tips for Coping with Toddler Tantrums* offers parents concise and effective advice on how to deal with this seemingly uncontrollable behaviour.

Gina's no-nonsense quick and easy tips will help you to:

- Understand why children have tantrums
- Learn ways to prevent a tantrum when you see it coming
- Calm a toddler in the middle of his tantrum
- Learn how to stay calm yourself

This handy guide is full of practical, sensible advice to help parents, and toddlers, cope with tantrums.

About the Author

Gina Ford is Britain's bestselling childcare author. Her first publication, *The Contented Little Baby Book*, has sold over a million copies and continues to be a bestseller. Gina's wise counsel and extensive experience has enabled her to guide countless families through the early years of parenthood. She runs a hugely popular website, www.contentedbaby.com, and offers a consultation service for parents wanting specialist help with their babies and toddlers. She has published over twenty parenting books.

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