

RANDOM HOUSE *e*BOOKS



Real Ale Bill Laws

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ABOUT THE BOOK

Everything you ever wanted to know about real ale – from its first recorded brewing by the Sumerians 5,000 years ago through its spread to Europe via the cultivation of grains to its establishment as a British favourite.

Containing fascinating facts and intriguing trivia such as:

- Beer was buried with the Pharaohs in Egypt and used as an offering to the gods
- In Norse mythology, a warrior who died in battle would go to Valhalla and be entitled to drink as much beer as he wanted
- In medieval England, beer was safer to drink than water and was seen as a wholesome, healthy drink
- Hops were added to beer in Europe in 8th century as a preservative to prevent it going sour

Packed with suprising snippets and delicious recipes *Real Ale* will inform and amuse everyone from the avid cook to the person who simply savours a good pint.

ABOUT THE AUTHOR

Bill Laws is a writer and social historian, based in Herefordshire. The author of ten books and has written about country crafts including cider-making and brewing for publications including the *Guardian* and *Daily Telegraph*, *Period House*, BBC History and BBC's *Who Do You Think You Are*. He currently edits a series of journals and books on country matters, the latest being the social history of a West Midlands livestock market, *A Slap of the Hand*. Bill also runs a small photographic library, Arkitype.

REAL ALE

Recipes, History & Snippets



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