

In Clinical Practice

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Kelvin L. Chou

Essential Tremor in Clinical Practice

 Springer

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Preface

“Essential Tremor” is the most common movement disorder, which may be mild in severity, and therefore may not come to medical attention in many cases. However, essential tremor is sometimes quite debilitating and may interfere with one’s daily activities. Though there is no cure for essential tremor, the last decade has brought about many new advances in treatment for this condition, including deep brain stimulation, MRI-guided focused ultrasound, and even non-invasive treatments such as the Liftware spoon. Because essential tremor is often thought of as “benign”, many medical professionals may not be aware of these cutting edge, newer treatments.

This guide concisely covers the phenomenology, etiology, pathophysiology, symptoms and different treatments available for this condition. This book is geared towards medical professionals that see patients with essential tremor, including internists, general and family practitioners, geriatricians, neurologists, fellows and residents in training in neurology, internal medicine and family practice, nurse practitioners and physician assistants in neurology clinics, nurses, physical/occupational therapists, and medical students. Every effort has been made to present correct and up-to-date information in this handbook, but medicine is a field with ongoing research and developments.

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