

# Biomaterials Science: Processing, Properties and Applications IV

*Edited by*  
Susmita Bose  
Amit Bandyopadhyay  
Roger Narayan

**Ceramic**  
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# Preface

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This volume is a collection of research papers from the Next Generation Biomaterials and Surface Properties of Biomaterials symposia, which took place during the Materials Science & Technology 2013 Conference & Exhibition (MS&T'13), October 27–31, 2013 at the Palais des Congress, in Montréal, Quebec, Canada.

These symposia focused on several key areas, including biomaterials for tissue engineering, ceramic biomaterials, metallic biomaterials, biomaterials for drug delivery, nanostructured biomaterials, biomedical coatings, and surface modification technologies.

We would like to thank the following symposium organizers for their valuable assistance: Kalpana Katti, North Dakota State University; Mukesh Kumar, Biomet Inc; Kajal Mallick, University of Warwick; Sharmila Mukhopadhyay, Wright State University; Vilupanur Ravi, California State Polytechnic University, Pomona; and Varshni Singh, Louisiana State University. Thanks also to all of the authors, participants, and reviewers of this Ceramic Transactions proceedings issue.

We hope that this issue becomes a useful resource in the area of biomaterials research that not only contributes to the overall advancement of this field but also signifies the growing roles of The American Ceramic Society and its partner materials societies in this rapidly developing field.

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## BIOACTIVE GLASS-CERAMIC SCAFFOLDS WITH HIGH-STRENGTH FOR ORTHOPEDIC APPLICATIONS

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### ABSTRACT

This study aims to produce 45S5 bioactive glass scaffolds (45% SiO<sub>2</sub>-24.5% CaO-24.5% Na<sub>2</sub>O-6% P<sub>2</sub>O<sub>5</sub>) through a novel process of powder technology and polymer foaming, patented by the IMI (Industrial Materials Institute, NRC). Initially, various foaming agent/binder/bioglass powder ratios were proved and the optimal ratio was 0.5/54.5/45.0 in wt. %, respectively. The mixing of the powders was carried out in a shaker-mixer and it was compacted in alumina molds. The samples obtained were submitted to a heat treatment in two stages, the first one, foaming, and the second one, pyrolysis and sintering in the same thermal profile, with the goal of obtaining scaffolds with mechanical properties and a bioactive response by immersion in SBF appropriated for orthopedic applications. The sintering temperature of scaffolds was 975°C. Then, the scaffolds were machined to obtain uniform cylindrical samples for mechanical testing and cut into tablets of 3 mm in thickness that were immersed in SBF for bioactivity tests for 0, 1, 3, 7, 14, 21 and 28 days. The characterization of scaffolds before immersion in SBF was performed by scanning electron microscopy (SEM) and microtomography ( $\mu$ CT), also they were tested for compression, and measurement of density and porosity. After immersion the samples were observed with SEM and analyzed by EDS, X-ray diffraction (XRD) and infrared spectroscopy (FT-IR), also the mass variation was estimated. The scaffolds obtained by the experimental method described above, showed a 55 to 65% interconnected porosity and an average compressive strength of  $13.78 \pm 2.43$  MPa, and showed the formation of hydroxyapatite layer after 7 days of immersion in SBF, fulfilling the requirements to be used as a regenerative scaffold. The proposed method of powder technology and polymer foaming, allows controlling the porosity, pore size and compression strength of the scaffolds by varying the ratio foaming agent/binder/bioglass powder and sintering temperature.

### INTRODUCTION

The potential of biomaterials for tissue regeneration has been shown *in vitro* and in clinical practice; these materials have been certain compositions of bioactive glasses that offer the ability to adapt to the soft and/or hard tissue. The bioactivity of a material has been associated with the formation of hydroxyapatite crystals in the surface in contact with natural or synthetic body fluids, similar to the inorganic structure of the bone and it has been shown that bioactive glasses exert a control in the production of osteoblasts on cell cycle.<sup>1</sup> This discovery has stimulated research into the use of bioactive glasses as scaffolds for tissue engineering and has concluded that the bioactive glass 45S5 is the one with the highest potential to be used as three-dimensional matrix (regenerative scaffold) in a large number of human bone components. Recent studies have shown that the ability to regenerate human tissue through the production of hydroxyapatite depends on the porosity of the bioactive glass; the bioactive glass has a higher

capacity, if this is more porous.<sup>2-5</sup> Note that this porosity should be interconnected, which is why research continues to study the different ways to produce bioglass foams to obtain characteristics similar to human bone. Currently there are three techniques to produce bioglass foams, the replica technique, technique sacrifice and direct foaming technique.<sup>6</sup>

The main objective of this study is to implement a methodology to obtain bioactive scaffolds from bioglass powders and to examine the relationships between their microstructure and bioactivity. This work is based on the principle that it is possible to obtain controlled re-absorption and dissolution rates of species that promote the regeneration of tissue by manufacturing glasses with structure that mimics trabecular bone structure. The bioactivity of the bioglass scaffolds will be monitored by evaluating the *in vitro* formation of calcium phosphate layer on their surface.

### METHODOLOGY

#### Preparation of 45S5 Bioactive Glass

45S5 glass was prepared by the traditional melting-quenching method of a mixture of high purity powders of  $\text{SiO}_2$ ,  $\text{Na}_2\text{CO}_3$ ,  $\text{CaO}$  and  $\text{P}_2\text{O}_5$  (Sigma-Aldrich, St. Louis, MO, USA), prepared stoichiometrically to obtain the final composition of  $24.5\text{Na}_2\text{O}$ - $24.5\text{CaO}$ - $6\text{P}_2\text{O}_5$ - $45\text{SiO}_2$  (wt. %).

#### Fabrication of 45S5 Bioglass Scaffolds

Scaffolds of 45S5 bioactive glass were produced by the combined method of powder technology and foaming of polymers, described in [7], since it is a novel method, easy to handle, and does not generate high costs. The glass powder was mixed with a phenolic resin (Varcum 29217, Durez Corporation, Niagara Falls, NY, USA) and a foaming agent (p-toluenesulfonyl hydrazide or TSH, Sigma-Aldrich, St. Louis, MO, USA) in the ratio 45/54.5/0.5 in wt. %, respectively. The powder mixture was poured into a SS mold for foaming, during this process the binder was melted to form a suspension with the glass particles and then the foaming agent decomposed to generate an expanding gas. After foaming, the resulting material was a phenolic resin foam loaded with 45S5 bioactive glass particles. The foams were machined into small cylinders of 18 mm in diameter and 20-30 mm in length, and then heat-treated at  $500^\circ\text{C}$  for 2 h to burn out the binder and sintered in air at  $975^\circ\text{C}$  for 1 h to consolidate the material.

#### Bioactivity Tests

The cylindrical scaffolds were cut into discs with dimensions of 10 mm in diameter and 3 mm in thickness, taking precautions to have no contamination. The discs were immersed in simulated body fluid (SBF) following the protocol published by Kokubo *et al.*<sup>8</sup>. Various times were selected for immersion in SBF, 1, 3, 7, 14, 21 and 28 days. The immersed discs were maintained at  $37^\circ\text{C}$  in polyethylene vials under sterile conditions in a cell culture room. After each immersion time, the sample was removed from the fluid and dried in an oven at  $90^\circ\text{C}$  for 24 h and subsequently was placed in a desiccator.

#### Characterization of 45S5 Bioglass Scaffolds

The microstructure of the scaffolds was characterized with a JSM-6100 JEOL scanning electron microscope (JEOL, Tokyo, Japan) and a X-Tek HMXST 225 X-ray  $\mu\text{CT}$  (Nikon Metrology, Tring, UK). Scaffolds, before and after bioactivity tests, were characterized by X-ray diffraction (Bruker AXS D8 Discover X-Ray Diffractometer) to determine the crystalline phases after sintering and the evolution of the hydroxyapatite layer, respectively. The acquisition data was carried out in the range of  $20$ - $90^\circ$   $2\theta$  using a  $0.04^\circ$  step and 2 s/step. The specific surface

area, which is an important feature that influences aspects such as reaction kinetics and it is also required to calculate the SBF volume for immersion of each disk, was measured in a surface area analyzer HORIBA-SA 9600 series. The gas used for the analysis was nitrogen and the value for the bioglass scaffolds was  $0.13 \text{ m}^2/\text{g}$ . Functional groups of bioactive glass and hydroxyapatite phases were determined by infrared spectroscopy in 45S5 bioactive glass scaffolds before and after immersion in SBF. Each spectrum comprises 32 independent scans in transmittance, measured at a spectral resolution of  $1 \text{ cm}^{-1}$  within the  $4,000 - 400 \text{ cm}^{-1}$  range, in a Bruker Tensor 27 FT-IR Spectrometer (Bruker, Germany).

For scaffold unconfined compression tests, six cylindrical samples (10 mm in diameter and 5 – 9 mm in length), selected randomly, were tested in a universal machine MTS with a load cell of 5 KN. The cross-head loading speed was set at 2.5mm/min.

## RESULTS AND DISCUSSION

The scaffolds had porosity between 55 – 65% and the volume decreased about 25% of the initial volume after pyrolysis and sintering.

The SEM micrographs of the sintered scaffolds are shown in Figure 1, it can be seen that the porous structure is uniform throughout the sample and the porosity is interconnected with pore size in the range of 50 – 600  $\mu\text{m}$ .

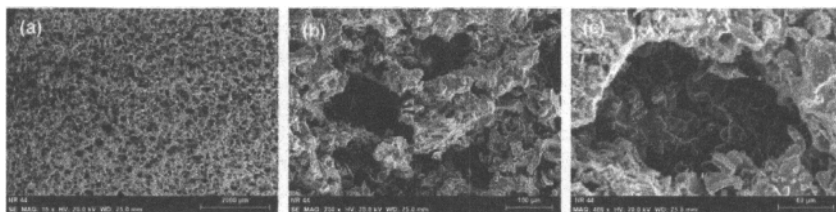


Figure 1. SEM micrographs of porous structure of 45S5 scaffolds sintered at  $975^\circ \text{C}$  at various magnifications: (a) 15x, (b) 200x, and (c) 400x.

Figure 2 shows 2-D and 3-D microtomography ( $\mu\text{CT}$ ) images obtained from sintered scaffolds. It can be observed a uniform and interconnected porosity as well as the thickness of the struts in the scaffolds. The graph represents the pore size distribution, on the left side is the volumetric frequency up to 10.5% for a pore size 250  $\mu\text{m}$  and on the right side is the a volumetric cumulative frequency up to 100%. The behavior is quasimodal and the pore size distribution is in the range of required parameters (50-600 $\mu\text{m}$ ) for a regenerative scaffolds.