

# Divine Healing of Mind and Body

Murdo MacDonald-Bayne

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#### About the Book

This book contains the lectures of a Great Master, offering the highest spiritual growth and understanding. Macdonald-Bayne himself describes how he became aware of sublime power, a conciousness far above his own. For the many people called to hear his lectures, it was an experience never to be forgotten.

#### About the Author

Murdo MacDonald-Bayne was born in 1887 in Scotland, the son of a farmer. He had his first spiritual experience as a small boy, after which he found he could see and hear things that others couldn't. Another particularly profound spiritual experience occurred when he was badly wounded and left for dead during the Battle of the Somme in the First World War. He received the British War Medal, the Victory Medal and the Military Cross. In the early 1930s, he founded The College of Universal Science in Manchester, England where he taught metaphysics, going on to establish a centre in Johannesburg, South Africa, where he received the teachings that appear in this book. Married with children, Murdo MacDonald-Bayne was awarded with doctorates in Divinity and Philosophy in later life. He died in 1955.

# By the same author:

The Higher Power You Can Use
I am the Life
Heal Yourself
Spiritual and Mental Healing

What is Mine is Thine (How to use Your Divine Power)

Parts I and II

How to Relax and Revitalize Yourself

# DIVINE HEALING OF MIND AND BODY

The Master Speaks Again...

Murdo MacDonald-Bayne, MC, PhD, DD



#### **FOREWORD**

It would be impossible for me to explain how these talks were given, for I would only be giving my opinion which might be incorrect, but I can tell you of the feelings I had.

For several months prior to the giving of these talks I would awaken from my sleep at night hearing a voice apparently speaking in me. I thought I was dreaming yet it was not a dream, it was a real voice, whether it was my own or another I cannot say. The peculiar thing was that I could hear this voice and reason what it said at the same time.

After many of these experiences the voice said that special talks would be given when the proper time arrived. The time did arrive and the voice spoke instructing that the talks would begin on a certain night when those attending were all chosen. Thereafter no one must be allowed in during the series of talks, also that these talks must be taken down in shorthand and must also be recorded on a wire recorder so that nothing would be lost.

When the night for those talks duly arrived I took my place in the auditorium, I was quite concerned about what was going to happen, when I felt as if 1,000 volts of electricity were passing through me. I did not lose consciousness although I became aware of a magnificent power, a consciousness far above my own. Yet we seemed to be linked together in some mysterious way, which I cannot explain because I do not know.

Then I could hear my voice yet it was different, speaking with great authority, an authority of one who absolutely knew. I listened very attentively to what was said and could understand with a clarity that I never had before. The

language was perfect without a flaw, without a hesitation, for a whole hour this went on, I was amazed because I knew that no human brain could duplicate such a feat, yet this feat was repeated each week for fourteen weeks.

Only when I heard the talks on the wire recorder did I know that something strangely beautiful had taken place. I wondered and I am still wondering about the wonder of it all. You can read for yourselves what was said and if it gives you the comfort and satisfaction that it gave me and also those who had the privilege of hearing these spoken words, then they have not been spoken in vain.

Not one word has been added nor has one word been taken away.

. . . . .

A few of the many experiences of the students who were present have been recorded in the next few pages.

M. MACDONALD-BAYNE.

# TALKS GIVEN THROUGH DR. MACDONALD-BAYNE

# Description given by Miss I. Bagot-Smith

A Transfiguration Experience Never to be Forgotten

It was not the actual words that made these lectures so amazing; it was the way they were delivered. The words themselves will ring in our memories for ever, but the greatest Truth was shown to us without words, and no description could ever convey the tremendous force of the Presence of the Master, and, through him, the Love of the Father—a distinct evidence more real than anything physical around us.

As the lecturer entered, he was the kindly, smiling man we all knew so well. After a pause of silence, he seemed to breathe himself out of his body in a sudden gasp, leaving it

swaying and without control. Then suddenly an amazing change took place: a short, sharp intake of breath and the very Master was present, in the same body, but utterly different. We knew perfectly well that the lecturer was still the man we had all known and respected for years, but at the same time he was someone completely different. The change was so startling that our benumbed senses could scarcely credit it. But at the same time it was true, and we knew it was true. The man before us now appeared unusually tall, much taller than the lecturer himself. Words cannot tell the strength of this astounding truth—but it was so. We were forced to believe it beyond the evidence of our ordinary senses.

Here now before us was a man, commanding of aspect, austere and of great authority, with brilliant eyes and an assurance of power. Straight and tall he stood before us and with deep solemnity he pronounced his regular greeting:—

#### "My peace I bring to you."

As the speaker progressed and we became more understanding, the greeting changed to "My peace and my love I bring to you," "My peace and my blessings I bring to you."

The blessing was given with the two first fingers of the right hand raised in the manner of a king, and low our hearts bowed before its majesty.

A quietness spread through the hall: a vibrating power like a stream of warmth passed through our bodies, burning wherever any part was imperfect, and healing as it flowed.

As one talk followed the other, we could feel our own vibrations raised and our understanding clarified and lifted to a plane far beyond our everyday life. In dawning comprehension we listened to truths greater than any we had ever heard, and yet—to our wondering astonishment—we realised they were the same statements we had heard

and read since infancy. But only now did we understand their meaning. Suddenly the lightning truth flashed into our minds and at last we knew the power of what the Master had first said so many years ago. And then his truths became, for us, Reality, part of our very being, to be held precious in a golden silence from now on into Eternity.

Each word fell deliberately, with never a moment of hesitation, almost like drops of water or jewels falling one after another into the pool of silence deep around us. Each sentence was of perfect construction, spoken effortlessly and with no pause for thought.

Gradually we came to know quite simply and without wonder that we were not the only people present. Among us were those whom we loved, who had passed on ahead, while beyond them, in ever-widening circles, ranged thousands of higher entities.

The Master would address us all together and then, in regard to the deeper things of life, we would be given just what each could grasp. We in earthly bodies were addressed as "You of mortal sense," while the Master would raise his eyes and speak directly to those who had lately passed on as to minds who had gained in breadth of perception, who now knew the joy of a plane more spiritual and lovely and infinitely free. And then in awe we listened while the Master spoke to those who had more nearly approached his highest perfection. High above us we felt them, and far behind us, row upon row; but no one moved or turned a head as our eyes were held by the Master. Our bodies had long since faded from our senses—they were simply in abeyance, glued into immobility, as it were, and it would take a definite effort to move them in any way.

The Master would bless us each in turn, first us "of mortal sense" and then the Spirits advanced so high above us, and his voice would warm to their greater perception. In us he perceived a rooted sense of separation, in them a unity that was a relief and a joy to him. How small we felt—how utterly

unworthy!—tiny, lowly people, almost infants, reaching up uncomprehending hands to what was still a mystery. But gradually we grew in the stature of our own minds and our own self-respect. In daily life we found ourselves leading where before we had stepped diffidently back—our voice came with unexpected assurance and authority. We too seemed to grow taller and to tread more lightly as if the spirit-self were growing stronger than the physical self.

Some of us saw glorious colours behind the lecturer: waves of purple and gold so glowing that it almost hurt the eyes. To some a slantwise cross was visible, to some a thick shaft of brilliant white light pouring into the top of his head, while many saw the long red-gold hair and beard, while heavenly music and bells were heard in the background as he spoke.

It became increasingly clear to us that the Master had come to give us his age-old message: "I come to show you the Father."

How often we had heard it before, but with blinded senses. Now we began to understand.

We learnt of the Master Jesus, himself a man as we were, highly sensitive, developed, perceiving, aware, as we were not, of the wonder of the Christ within, the Son of the Living God. He and the Christ and his Father were one Being. Of himself he could do nothing; but, identified with the Christ, one with the Father, he could do all things and have dominion over all things.

As the talks commenced, his voice was always grave and austere, as from a distance, sure and firm as a great leader speaking to followers searching for knowledge. But, as he talked, his voice warmed to us, his eyes shone with lovingness, his delight in our response and in the understanding of his Spirit.

The listeners grew more and more. And now and then, in speaking of the Father he would be overcome with his own emotion of the love so aroused. His voice would fade away

and, entirely forgetful of us, suddenly he would so lose himself in the Love of the Father that it was as though an actual Being were between us. He spoke to one much nearer than we were: to someone so close as to be "nearer than breathing." He would stand wrapped in the glory of the would murmur directly to his Father. Godhead. He Sometimes we heard the words, "Father, I love Thee, I love Thee, and I love those that Thou hast given me—Thy children. I thank Thee for them." In the pause his face was lit with a love of ineffable tenderness; a light of pure ecstasy transfigured his features, almost blinding in its intensity; our eyes could not bear the brilliance that shone from his face. It was as though he had entered into some holy Temple of Love such as we could not comprehend. In awe we gazed the Presence of the Father so strong, so tangible, so vivid, as to be far more real than the people around us. They faded; he was there strong, powerful, in glory beyond glory.

And we too began to know the Father—an actively loving Being: no mere passive Godhead but a Father, powerful in guidance, in achieving all the Son could wish, a loving Father with arms around him, sheltering him in an ecstasy of peace.

A love shone through his presence, embracing all of us, impartially, universally, forcing us to realise the Truth as a Truth real beyond anything that could be touched or seen—the Truth of the Presence of God—a loving, active, positive, dynamic Father, a silent partner, at our shoulder always, a God who travelled home with us, came in at the gate with us, protecting us, so that for evermore no fear would enter into our homes or lives. The Love of the Father became an unmistakable reality. No words of the Master gave us that realisation; it was his own intense, burning, joyful love of the Father that forced this knowledge upon us. And, because of this belonging to the Father, the Son was filled with a peace and a glory of happiness that was eternal and infinite.

And as he ascended again to his Father, he called us his disciples and he left with us his assurance:

"My peace, and my love, my blessings, I leave with you to remain with you."

At the time we felt that that was the end, and we longed for the wonder of the talks over again. But twice more he came, with a space of several months between.

At these times he spoke differently, bidding us search our hearts to see how much we had progressed along the path of Love that he had shown us. He asked us: "Is your faith so great that now you too could walk upon the water?" And again, "Does your love for the Father order all your thoughts and deeds?" "Do you live in love to the exclusion of all else?"

How deeply shamed we felt at the little we had done, and how unworthy we knew ourselves to be of the honour of his coming.

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The speaker continues to lecture week by week, and often the Master, quite visibly, takes over his body for an amazing moment, just at the end to give us his solemn blessing. The transfiguration is complete, with gown, face, beard and hair showing through the brilliant light around him,

"My love and my peace remain with you."

So that, in daily life, we know that the Master is beside us, and reverently we tread the earth, we whom he called his disciples, with the sure knowledge, in our hearts, of the undying Christ, alive and present in the world to-day.

Mrs. Patterson says:

"Words are inadequate to express what I saw and felt when our Master spoke to us through the Doctor. For a few seconds I was aware of a silence, unlike anything I had ever experienced; it seemed that I was suddenly transported into another world. Then I saw the whole outline of the Doctor's body change; his face took on quite a different expression and beams of light radiated from him. The face of the Master showed up clearly.

"The auditorium was charged with Power and Light.

"At the time I did not realise it, but a great change took place within myself. I was left with a deep feeling of security in a Living Christ, which is everything to me."

Mrs. Gilbert, a medium who travelled the world, states:

"I have been a medium for over thirty years, but I have never witnessed anything like I saw with the transfiguration of the Master. The Light that shone from him was so great that I had to close my eyes. I have never heard music so clearly before. The Auditorium was filled with those who had gone on before us. What joy it was to listen to the voice that was clear, distinct, without a flaw or an error, for over an hour. No human being could be capable of such oratory."

Misses S. A. and E. A. Arnott say:

"The greatest thing in our lives has happened that the Master showed himself. His face clearly shone forth, bright blue eyes, with reddish auburn beard and hair down to his shoulders. The light that shone from him was more than our eyes could stand. Then we got accustomed to the brilliant light and could watch every movement. It was a thrilling experience we will never forget. His words were perfectly formed and not a pause or a mistake did He make for over an hour. It was this that amazed us most. The form of the Doctor grew a few inches as the Master overshadowed him.

This was the first experience we ever had in transfiguration, although we had heard much about it."

Mr. A. Thomas states:

"I am a most practical and critical person, being an engineer. I was always doubtful about what others saw and heard, and although I have read much on the subject of mediumship I was not convinced. But when I saw with my own eyes a light so bright that I had to close them, for it was some time before I could accustom my sight to the brilliance, then to see the face that is so familiar in many pictures of the Master, I was convinced that it was true. The Master's voice and speech were more than perfect. It is doubtful if any human being could perform such oratory.

"Although the Doctor is a good speaker I know he could not perform such a feat. My wife and her mother attended these talks and they also saw and heard the same as I did."

All present have testified in one way or another to the wonderful experiences they had during these talks by the Master.

# TALK 1

#### I AM THE RESURRECTION AND THE LIFE—THE LOVE OF GOD

I am myself resurrection and Life, he who believes in me will live even if he dies, and no one who lives and believes in me will ever die.

- 1. God is Love and Love is God, yet no one knows what It is—we only know that It is. Perhaps you have been theorising—never do this! You must let the Truth unfold without suggestions from outside, and you must not come to a conclusion, for this closes the avenue to Truth.
- 2. Love is the centre of the whole Universe, and from this centre a continuous flow of Love flows through every soul and through every thing that lives. Through flowers, through animals, through human beings and angels, this same Love flows continuously from its Central Font, forever expressing Itself in Its true nature.
- 3. Love is the affinity in the minerals; Love is the essence in the flowers; Love is expressed in the animal nature. In man Love is expressed in affection, and, when fully realised, the whole being is filled with It and every cell in the body becomes vitalised.
- 4. There is no other power in the world but Love; It is the only true Power in heaven and on earth, for It is eternal and ever-present everywhere. The outer will pass away, but Love shall forever be, for it is the Omnipresence of God.
- 5. Theorising on Love is but a mental aspect of It. To theorise on what Love is, is to lose its power. You are the creation of the Infinite Life which is Love, and Love expresses Itself in Its true nature when understood and realised in this way.

- 6. All great souls upon the earth are expressing this Love in different ways in different parts of the world.
- 7. Suggestions come from outside—but you cannot understand the Truth from suggestions that arise from outside yourselves. Therefore do not come to any conclusion in regard to the Truth, for the Truth is unfathomable and eternal. I am ever-present, expressing myself in my Divine nature which is Eternal.
- 8. You must accept this, yet you must not come to conclusions of what It is, or what It is not.
- 9. Remember, this mighty power is waiting to unfold in you; you are the vehicle prepared by It; your soul is the vehicle through which It will flow. To be conscious of this is the secret of the God-man.
- 10. What is space? You are now learning the rapidity of thought transference which is between you and the mind which is influencing you. These thoughts know nothing of distance.
- 11. Nathaniel asked, "Whence do you know me?" "Even before Philip called you, while you were under the fig tree I saw you. Truly, I say to all of you that from now on you will see the heavens opened and the Angels of God ascending and descending to the Son of Man."
- 12. You have already witnessed this Truth. All are angels in the making; you are born angels, the angelic birth exists in you. This is the Love of God. Some angels, now existing, are those who once lived on one planet or another.
- 13. The whole Universe is one complete whole, expressing the Divine Nature of Love. Love is the holy cohesive quality, the only power that can sustain all things, and is bringing about Its own perfection.
- 14. There is never anything wrong where Love exists, for It is complete in Itself.
- 15. There is nothing that can interfere with the current of pure thought directed from Life, for really there is no distance; the only necessity is a condition of receptivity.

- 16. It is now possible to receive this wonderful gift of the Father that is being poured out eternally. You can experience It for yourselves by opening yourselves up to It. You do not receive It from the external, only know that It is eagerly waiting to express Itself from the very centre of your being.
- 17. You must become consciously aware of It, and, when you are consciously aware of It, then you will experience It in every cell of your body, in your surroundings, in your friends, in your business place, your home—all can be filled with It. And there is nothing that can withstand It. It is so solid in Its nature that It interpenetrates every single particle of substance that exists in the Universe. It supports the whole Universe, and It gives breath and life; "I am the Life and Love."
- 18. All your thoughts of Love and Healing sent out even without any special direction are caught up in the stream, and they help all. Remember nothing is lost in this world of thought charged with Love.
- 19. Space is a wrong idea; it belongs to separation, but in Reality there is no separation.
- 20. Let your hearts and minds rest undisturbed in the realisation of the omnipresence of God. Even the child will come to know that there is no space or distance, for you all dwell in God and there is absolutely nothing outside God.
- 21. By my own experiences I found that the flesh changes through the conscious awareness of the Divine Essence of Love. It is the Power that creates all things and attracts everything to It.
- 22. For God who made the world and all things therein, and Who is the Lord of Heaven and Earth, does not dwell in temples made with hands, neither is ministered unto by human hands, nor is He in need of anything, for it is He who gave Life and breath to all men.
- 23. And He has made of one blood all nations for to dwell on the face of the earth, so that they should seek and

search after God and find Him by means of His Love and His Creations.

- 24. He is not far from any one of you. For in Him all live and move and have their being, and, as some of your wise men have said, "all are His kindred." Yes, when you have seen me you have seen the Father.
- 25. There is no mystery about these words when you thoroughly understand them. The mystery disappears when they are understood.
- 26. There cannot be one particle of substance that is not of God. Every particle in the whole Universe must be of God, for it is God alone who is expressing Himself, and I and the Father are one, there is no separation between us.
- 27. Now therefore, man, being of the family of God, is not bound to worship resemblances made of gold or silver or stone shapen by the skill and knowledge of man into resemblances of the Deity. Yet when men heard of the resurrection of the dead they mocked.
- 28. Understand that the great Truth of the Omnipresence, the Omnipotence and the Omniscience of God is complete. Know that it is He Who lives, and He alone lives, in every living thing because He created all of them and He could not live apart from His creations, for He is omnipresent.
- 29. If His creations were in any way separated from Him He could not be Infinite in nature, He could not be complete in Himself. Every creation was created with the fundamental principle of Love harmonising every action, bringing into manifestation His Divine nature. And when man becomes aware of this Truth, then shall man create in himself the reflection of that perfect Divinity which will bring about his Heaven on earth.
- 30. And they mocked because they heard of the resurrection of the dead. Yet how could there be anything dead in the living Universe? How could there be anything dead in the Eternal Living God? Admitted there is change taking place everywhere, but there is nothing dead in that

change; every particle is a living particle which changes from one form to another. What ignorant man sees is death, what enlightened man sees is the action of Life. Ignorant man does not understand the law of transition from the one state to another, therefore man creates in his own mind the illusion he calls death.

- 31. Not one particle of the whole Universe is dead; every particle is alive, existing in God. Every particle, even in its process of change, is a living expression of Life. And the fundamental principle under it all is the power of Love flowing from the Central Font of Love to Its smallest creations.
- 32. Your sense-mind would cloud or hide the vision, the vision of the completeness of that which is Divine in nature.
- 33. But now you are in the secret place of the most High, and He shall wipe away all tears from your eyes, and there shall be no more death, neither shall there be any more pain, for the former things pass away.
- 34. "I am Alpha and Omega, the beginning and the end; I will give freely of the fountain of living water to him who is athirst. I am in myself the beginning and the end, I am He whom the prophets have spoken of, I am the Lord, the Christ that dwells in each and every one of you, and there is no separation between us, yet you have placed me so far away beyond your reach."
- 35. In your own minds you have thought me unattainable, yet I am living in the secret chambers of your hearts urging you continuously to recognise me.
- 36. This is the Christ that is born in the human family, the Christ that is born in every babe. It is the Christ that is eternal and lives after so-called death. It is the Christ in you that shall live forever.
- 37. Even as the rivers flow out and refresh the earth, so can you release that stream of Eternal Life into the outer. The unseen Spiritual Substance is alone substantial and is