

Toru Tanzawa

# Fully-Integrated Power Management Circuits for Thermoelectric Energy Harvesting

---

# **Synthesis Lectures on Engineering, Science, and Technology**

The focus of this series is general topics, and applications about, and for, engineers and scientists on a wide array of applications, methods and advances. Most titles cover subjects such as professional development, education, and study skills, as well as basic introductory undergraduate material and other topics appropriate for a broader and less technical audience.

---

Toru Tanzawa

# Fully-Integrated Power Management Circuits for Thermoelectric Energy Harvesting

 Springer

Toru Tanzawa  
Waseda University  
Kitakyushu, Japan

ISSN 2690-0300                      ISSN 2690-0327 (electronic)  
Synthesis Lectures on Engineering, Science, and Technology  
ISBN 978-3-031-59788-6              ISBN 978-3-031-59789-3 (eBook)  
<https://doi.org/10.1007/978-3-031-59789-3>

© The Editor(s) (if applicable) and The Author(s), under exclusive license to Springer  
Nature Switzerland AG 2025

This work is subject to copyright. All rights are solely and exclusively licensed by the Publisher, whether the whole or part of the material is concerned, specifically the rights of translation, reprinting, reuse of illustrations, recitation, broadcasting, reproduction on microfilms or in any other physical way, and transmission or information storage and retrieval, electronic adaptation, computer software, or by similar or dissimilar methodology now known or hereafter developed.

The use of general descriptive names, registered names, trademarks, service marks, etc. in this publication does not imply, even in the absence of a specific statement, that such names are exempt from the relevant protective laws and regulations and therefore free for general use.

The publisher, the authors and the editors are safe to assume that the advice and information in this book are believed to be true and accurate at the date of publication. Neither the publisher nor the authors or the editors give a warranty, expressed or implied, with respect to the material contained herein or for any errors or omissions that may have been made. The publisher remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

This Springer imprint is published by the registered company Springer Nature Switzerland AG  
The registered company address is: Gewerbestrasse 11, 6330 Cham, Switzerland

If disposing of this product, please recycle the paper.

*To the memory of my family*

---

# Preface

As the number of IoT sensing modules for medical care, agriculture, infrastructure, retail distribution, etc., has rapidly increased worldwide, and a decrease in battery use has attracted increased amounts of research on energy harvesting. Energy harvesting is the technology used to harvest environmental energy, such as light, vibration, and thermal flow, to operate electronic devices. Because environmental energy fluctuates over time, power management circuits need to properly convert power from an energy harvester to IoT sensors. In addition to having high-power conversion efficiency over a wide input power range, power management circuits need to be cost effective and built with a small form factor.

This book describes fully integrated power management circuits for thermoelectric energy harvesting. Readers will learn about the applications, system design fundamentals, designs of building blocks, maximum power point tracking techniques, and design of battery chargers. The book will cover the following key topics: (1) minimizing the cost of a TEG by considering the maximum open-circuit voltage of the TEG and the dependence of the power conversion efficiency of the converter on the input voltage; (2) controlling the input voltage of the converter system to ensure that it remains higher than the minimum operating voltage; and (3) designing a charge pump operating in the subthreshold region, considering factors such as the clock frequency, stage capacitor size, rectifying device size, and number of stages. (4) Implement maximum power point tracking techniques with a small circuit area, and (5) design a fully integrated battery charger. Readers will gain a comprehensive understanding of these concepts and their practical applications.

Chapter 1 provides an overview of the IoT sensor edge module, TEG, and power converter. The target specifications of wearable electronic devices with TEGs are defined. TEGs are used in a wide variety of applications in terms of operating temperature and power level, ranging from high-power generation (over 1 kW at  $-160\text{ }^{\circ}\text{C}$  and  $800\text{ }^{\circ}\text{C}$ ) to low-power generation (on the order of  $\mu\text{W}$  at room temperature). This book focuses on TEGs for wearable electronics. One has three options for power converters for low-power applications: self-oscillation transformers, switching regulators, and charge pumps.

Wearable devices need to be provided with a small FF. Small numbers of bulky external components are needed. Thus, charge pumps with no external components are selected as fully integrated power management circuits.

Chapter 2 focuses on the design fundamentals of low-voltage charge pumps. The circuit structure and operation are overviewed. The circuit is composed of switches and capacitors. There are a variety of switches with different combinations of transistors. Several types of capacitors have also been fabricated in integrated circuits. The parasitic capacitance of the switches and the capacitors affects the characteristics of the charge pump. The circuit area is considered the cost. The area of the charge pump is mainly determined by the capacitor because a switch is nominally much smaller than a capacitor. The output current-voltage equation of a charge pump operating at low voltage is found as a function of the design and device parameters. One can estimate an output current at a specific output voltage once all the design and device parameters are given. Conversely, to design charge pumps operating at low voltage, a required output current at a specific output voltage is given, and then all the design parameters need to be determined in a specific CMOS technology where all the device parameters are given. The method for designing the charge pump to meet the required specification with a minimum circuit area is described. There is a trade-off between the circuit area and power conversion efficiency. As the power supply voltage decreases, the circuit area and the power efficiency tend to increase exponentially and decrease gradually, respectively. When the power supply voltage is one of the design parameters, one has to determine the operating voltage, the circuit area, and the power efficiency according to one's priority.

Chapter 3 discusses the optimum design for a system with an energy transducer and voltage multiplier. An equivalent circuit model is presented to help identify the relationship between the circuit parameters and the output voltage/current characteristics of the system. A maximum power point is then identified. When the parasitic capacitance in the charge pump is significant, the optimization can be expanded. Section 3.2 discusses the maximum output power point using an equivalent model. Section 3.3 validates the model by comparing it with the SPICE simulation results. This paper discusses the relationships among TEG electrical parameters, the power efficiency of converters, and the power consumption of loads in autonomous sensor modules. Based on the method discussed, one can determine the total number of TEG units together with the number of TEG arrays and the number of TEG units connected in series per array when the characteristics of the TEG unit, the minimum temperature difference in operation, the power conversion efficiency of the converter and the load conditions are given. A practical design flow to minimize TEG cost is proposed and demonstrated, taking the maximum open-circuit voltage of the TEG and the dependence of the power conversion efficiency of the converter on the input voltage of the converter into consideration. The entire system, including a TEG and a Dickson charge pump converter, which were designed through the proposed flow, was validated with SPICE.



Chapter 4 discusses the design of control circuits for low-voltage charge pumps, as illustrated in Fig. 4.1.  $V_S$  and  $V_{PP}$  are the input and output voltages of a charge pump, respectively. The  $V_S$  can vary due to variations in the open-circuit voltage of the TEG according to fluctuations in the environmental temperature or due to variations in the input current of the CP. On the other hand, the  $V_{PP}$  needs to be controlled to the target voltage required by a load, such as a sensor or RF IC, regardless of the variation in  $V_S$ . Even when the  $V_S$  is high enough for the CP to operate but not high enough for a bandgap reference or other analog circuits to operate, the power converter is required to work properly. Section 4.1 describes the use of an auxiliary voltage generator to supply a voltage for low-power analog and digital circuits in oscillators, regulators, and maximum power point tracking (MPPT) control circuits. A voltage regulator usually only controls the  $V_{PP}$ . However, when  $V_S$  approaches a critical voltage at which the CP flows current from the  $V_{PP}$  rather than to the  $V_{PP}$ , the CP operation needs to be suspended to hold the charges stored in the decoupling capacitor (which is not shown in Fig. 4.1). Thus, the TEG regulator is designed to detect both  $V_{PP}$  and  $V_S$  and to control the CP properly. The design of the regulator is presented in Sect. 4.2. In Chap. 3, the optimum design of charge pumps is discussed under the condition that  $V_S$  is at a certain voltage, particularly at the minimum voltage for design. When  $V_S$  varies, the optimum number of stages and capacitance per stage should be altered to maximize the output power from the charge pump. In Sect. 4.3, MPPT control is described.

Chapter 5 provides the design methodology for battery chargers powered by TEGs. To prevent the minimum open-circuit voltage from being limited by the operation of charge pumps, the clock generator is powered by the battery. Even though the clock generator consumes battery power, when the charge pump outputs more power than the consumed power, the net power can be positive. In Sect. 5.1, the system architecture is presented briefly. The design equations used to formulate an optimum number of stages and the required capacitance per stage are reviewed to minimize the open-circuit voltage of the TEG in Sect. 5.2. The impact of the output resistance of the TEG on the minimum open-circuit voltage is discussed. A design demonstration is conducted in Sect. 5.3. The minimum operation voltage is limited by the charge transfer switch (CTS) when a cross-coupled CMOS is used for the CTS. It is also shown that a simple MOS switch can reduce the open-circuit voltage below 100 mV.

---

## Acknowledgments

The author is grateful to the researchers at his laboratory at Shizuoka University for their contributions: Mr. Yuta Kawakami, Mr. Hayato Kawauchi, Mr. Shugo Tokuda, Mr. Kazuki Matsuyama, Mr. Yohsuke Ishida, Mr. Kazuma Koketsu, Mr. Yuki Tabuchi, Mr. Yutaro Yamazaki, Mr. Yosuke Sakamoto, Mr. Yoshihiro Sugiura, Mr. Tatsuya Nomura, Mr. Jinming, Ye, Mr. Yuya Tone, Mr. Koichi Nono, Mr. Takuma Hashimoto, Mr. Hikaru Makino, Mr. Kanta Uemura, Mr. Yuji Kanayama, Mr. Ryoma Kotsubo, Mr. Takumi Kanamori, Mr. Shunsuke Tanabe, Mr. Junnosuke Kondo, Mr. Yohei Kotoya, Mr. Yosuke Demura, Mr. Taisei Inaba, Mr. Wataru Saito, Ms. Kanon Sumi, Mr. Naoto Miyazaki, Mr. Tomoki Yamano, Mr. Kosuke Sato, Mr. Yuta Sugisawa, Ms. Airi Higuchi, Mr. Keisuke Hirano, Mr. Kyutaro Yamamoto, all of whom the author has worked with on circuit designs for IoT edge ICs.

The author is profoundly grateful and wishes to express my special thanks to Prof. Gaetano Palumbo, Associate Professor Alfio Dario Grasso, Dr. Andrea Ballo at the University of Catania, as well as Professor Masato Futagawa and Associate Professor Satoshi Ota at Shizuoka University, for discussing topics related to energy harvesting and charge pumps. The author would like to thank Mr. Hideki Uchida and Mr. Ken Nishiura at Zeon Corp, Mr. Fumio Meno, Mr. Shin Sato, and Mr. Keiji Yoshino at OAD-TEC, their collaborative research on energy harvesting with TEG and their strong support to my laboratory.