Marianna Sigala · Marcela Fang · Anastasia Yeark · Julia N. Albrecht · Oscar Vorobjovas-Pinta *Editors* 

# Case Based Research in Tourism, Travel, and Hospitality

**Rethinking Theory and Practice** 



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Marianna Sigala • Marcela Fang Anastasia Yeark • Julia N. Albrecht Oscar Vorobjovas-Pinta Editors

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Rethinking Theory and Practice



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## Chapter 1 Introduction: Case-Based Research in Tourism, Travel, and Hospitality: Rethinking Theory and Practice



1

Marianna Sigala, Julia N. Albrecht, Oscar Vorobjovas-Pinta D, Marcela Fang, and Anastasia Yeark

### **Introduction: Scope and Aims of the Book**

We are delighted to introduce the second book on case-based research in tourism, travel, and hospitality. Since the conception and publication of the first book (see Sigala et al., 2022), the tourism, travel, and hospitality world has changed immensely. The COVID-19 pandemic has had a profound and transformative impact on the tourism, travel, and hospitality industries. The widespread restrictions, lockdown measures, and travel bans implemented to curb the spread of the virus have significantly disrupted global tourism patterns and forced businesses into making unconventional decisions (Costantino et al., 2020; Pappas & Glyptou, 2021). Current data about tourists' behaviour and industry practices also suggest that many of the COVID-19 introduced changes are here to stay (such as physical experiences,

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accelerated adoption of technologies, resetting of business models, strategies, and decision-making processes for tourists and tourism organisations alike).

The case studies in this book delve into the realities of the 'new normal' that tourism, travel, and hospitality businesses had to adapt to in the ever-changing world. The pandemic has accelerated the adoption of digital solutions, such as virtual tours, contactless check-ins, and, sometimes, remote work in the industry (Sigala, 2021; Sharma et al., 2021). As the world gradually recovers, the tourism, travel, and hospitality industry must adapt to new paradigms, emphasising resilience, sustainability, and the integration of technology to meet evolving consumer expectations and navigate an uncertain future (Sigala, 2020). Similarly, many destinations saw the pandemic as an opportunity to reflect, rethink, and reinvent their tourism offering (Sharma et al., 2021; Yeoman et al., 2022). For example, there has been an apparent shift away from mass tourism, and there is a renewed emphasis on sustainable tourism. Furthermore, regenerative tourism is gaining increased consideration in several destinations, such as Flinders Island in Tasmania (Dredge, 2022).

Such dramatic changes require new knowledge and skills not only in the industry but also in the public sector. Subsequently, tertiary education institutions are also required to update their curricula design and content and ensure that graduates are ready for the new industry reality. Moreover, it also becomes imperative that educational institutions also reexamine their pedagogical strategies and practices so that the latter also reflect and address the current profile and needs of tourism graduates (e.g. remote or hybrid working skills). The pandemic has not only heightened the importance of authentic teaching and learning, but it has also fundamentally altered the mode of how students learn. In other words, in this new industry context, educational institutions should rethink what they teach and how they teach it in relation to the new profile and needs of the student audience. For example, an increasing number of tertiary education providers offer content in new formats, for example, microcredentials (Brown et al., 2021; Orman et al., 2023).

With the widespread adoption of remote learning and virtual classrooms, traditional face-to-face education has been replaced or supplemented by online platforms and digital tools. E-learning has equally affected both theoretically based as well as practice-based courses and instruction, which are both equally important in tourism and hospitality education. For example, we have experienced the replacement and/or enrichment of industry field trips with virtual tours, industry professionals speaking to students via Zoom, and virtual internships. While online teaching and learning were crucial during the pandemic, this relevance persists in the postpandemic educational environment. This shift has necessitated a reimagining of teaching methodologies and the integration of technology to facilitate distance learning.

Case studies represent one of the most popular ways to support and enrich work-integrated teaching and learning, as they can help students to immerse themselves, better understand industry contexts and problems, and collaboratively or individually work and build relevant skills to solve issues with real-world relevance and impact. Case studies are also an excellent method to bring together and share knowledge and experience across a wide range of audiences, including professionals,

educators, and students. By integrating and referring to related theory, case studies also enable students to better understand theoretical concepts and their practical implications as well as to critically reflect on their contemporary relevance and/or need for revisit.

Case studies also prove educational benefits that can effectively address the contemporary changes and challenges introduced by and maintained after the COVID-19 pandemic. Within an increasingly digital world, case studies offer a meaningful way to engage with and convey relevance to students, who choose to study completely or partially online (Sistermans, 2020). They also offer useful avenues for online students to engage in group work, solving real-life issues. Finally, case studies with their real-life relevance and applied content are also useful components of the new forms of education (e.g. micro-credentials) that aim to contribute more to professional development than traditional degrees. The pandemic has also strengthened and intensified the need for authentic teaching and learning experiences. Case-based teaching and research play a crucial role in this shift. The very nature of case studies is to provide real-world scenarios and practical insights that resonate with the current challenges and uncertainties (Duffy et al., 2023; Smith et al., 2022). Through the incorporation of case studies into the curriculum within tertiary education institutions, lecturers, teachers, tutors, and instructors alike can engage students in critical thinking, problem-solving, and decision-making processes based on authentic industry situations. This approach not only fosters a deeper understanding of complex theories and concepts, but it also promotes the development of skills that are directly applicable to the evolving professional landscape.

In this vein, this collection of case studies delves into current and relevant challenges and practices within the tourism, travel, and hospitality industries. We hope that these case studies will offer valuable insights for educators and students seeking to keep abreast of industry challenges, critically reflect on the contemporary validity and relevance of theories, and contribute to tourism research and educational practices by introducing some 'new theorising'. Many case studies in the book bring together empirical research and applied knowledge as well as considering (managerial) implications. As such, they can address the growing need for academic research to demonstrate impact. Finally, we hope that this book will also enable readers to acquaint themselves with the case study approach further and gain a deeper appreciation for its merits. By immersing themselves in the intricacies and multidimensional nature of the case studies, readers can develop a layered and nuanced understanding of its benefits.

## **Authentic Learning and Authentic Assessment**

Both authentic learning and authentic assessment are grounded in aspirations to convey to learners real-world ways of thinking and skills, as well as expected 'standards of performance' at par with those of experts or professionals in the respective area (Wiggins, 1998). Linking curriculum content to practical contexts and required

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outcomes is thought to engage learners (Tochon, 2000) and enable them to perform purposefully and meaningfully (Brown et al., 1989). Herrington and Oliver (2000) summarised the following as vital pillars of authentic learning: context, authentic tasks and activities, access to expert knowledge, multiplicity of perspectives, collaborative knowledge construction, abstraction and articulation, scaffolding of content and tasks, and authentic assessment.

Authentic assessment goes beyond conventional assessment by requiring higherorder thinking skills employed in specific, practice-relevant contexts. The format is
thus well-suited to foster the competencies required in contemporary and future
workplaces. Authentic learning and assessment are interrelated and have been positively linked to student learning, autonomy, motivation, self-regulation and metacognition, and thereby indirectly to employability (Villarroel et al., 2018). Koh
(2023, para. 2) added the following benefits of authentic learning and assessment
adding to the already impressive list of its positive outcomes: 'critical and creative
thinking, complex problem solving, effective communication, collaboration, selfdirected and lifelong learning, responsible citizenship, and information technological literacy'.

Authentic learning and assessment are well-suited to tourism and hospitality, interdisciplinary fields that are often seen applied and, as such, areas where graduates require a strong grounding in practical concerns. Existing works in these areas demonstrate that educators have long been aware of the potential benefits of authentic learning in tourism and hospitality (e.g. Croy, 2009; Albrecht, 2012; Paddison & Mortimer, 2016; Ruhanen et al., 2021). Authentic learning in tourism and hospitality often entails project work, ideally with industry partners or case study-based learning. Examples of relevant authentic assessments thus include project reports, market research and analysis, business plans and portfolios, writing of articles in newsletter or newspaper format, creating a conference poster, and/or oral presentations. Koh's (2023, para. 12) requirement that 'authentic tasks need to be designed to replicate the authentic intellectual challenges and standards facing experts or professionals in the field' can be readily met in tourism and hospitality tertiary education.

The case studies of this book connect learners with real-world content, emphasising both context and practices. As such, the case studies can act as agents for authentic learning and assessment. To further guide educators on how to best embed and use case studies into their instruction, all case studies are accompanied by a teaching note.

## Case Study as a Method

Case-based research and industry-specific case studies form an integral part of educational practices (Duffy et al., 2023). In tourism and hospitality tertiary education, the case method is an important teaching approach that enables and facilitates discussions on real-world scenarios across different subjects at undergraduate and

graduate levels (Dorta-Alfonso, 2019; Sigala et al., 2022). A detailed discussion about case study as a research method and as a pedagogical method has been discussed in the first book on case-based research in tourism, travel, hospitality, and events (see Sigala et al., 2022).

Case-based learning enables students to experience the real-world challenges that tourism, travel, and hospitality businesses experience on a day-to-day basis. Being put in the role of the protagonist or those faced with difficult decisions, students are taught to practice their on-the-spot decision-making, mainly in the context of imperfect information and choices with implications. Indeed, the case method is a form of active and reflective learning as students need to be in the 'now' to decide what to do—as they discuss and respond to the facilitator's questions and their peers' responses (Christensen Center, 2022; Dorta-Alfonso, 2019). Through this process, students also practice using various theories and models, providing them with the opportunity to reflect on their relevance in the given contexts (e.g. social, cultural, organisational), and giving them the experience to practice critical thinking and problem-solving (Christensen Center, 2022; Ellet, 2018).

While educators who adopt the case studies in this book can opt for the traditional 'case method' approach, each case study is accompanied by a teaching note, which presents carefully crafted teaching approaches and strategies developed by the case authors, suggesting various creative ways to engage students in the learning process (e.g. role plays, presentations, debates, strategic recommendations, other). These methods can further engage students in active learning as they work on the development of arguments or compelling pitches (Doğantan, 2020). It is the facilitation and engagement with issues presented in the case study that can enable students to grapple with new and unexplored concepts, offering a transformative learning experience for the students—as they reflect on their and others' thinking and problem-solving and find creative solutions to real problems. Through this approach, facilitators help students build on their existing knowledge, construct new knowledge, and support the application in real-life situations.

Case studies also present a research opportunity. The changed tourism and hospitality contexts in the post-pandemic world, as highlighted by the case narratives, are mostly unexplored topics, giving an opportunity for further research and analysis. Each case study presented in this book offers a snapshot of a state and/or what took place at the time of the case writing, contextualising a particular phenomenon and the intricacies of real life (Flyvbjerg, 2006). The post-pandemic context presents the opportunity to look at the phenomena in different ways, through various theoretical lenses, to rethink the conventional ways with the help of new approaches and strategies. Indeed, in the post-pandemic world, it has become more imperative than ever to adopt more human-centred approaches to tourism research that can amplify the voices of the unheard, collate nuanced insights into the lived experiences of residents, tourism staff and tourists, as well as their interpretations of tourism (Assaf et al., 2022). As case studies offer a way to dive deeper into real-world contexts to better understand the experiences of tourism stakeholders from their own phenomenological way, case studies can also be an appropriate methodology to humanise research. To that end, case studies are proposed as an alternative way to M. Sigala et al.

support a citizen social science approach that is currently proposed in the literature (Hardy et al., 2022). This is because case studies can help achieve all the aims of a citizen social science approach, as identified by Hardy et al. (2022):

- Co-creation of methods: by using the case study actor(s) to co-advise and contribute to the design of methods for collecting case study data, e.g. tourism professionals helping identify company's reports and publications related to the case study.
- Citizen-led data collection: using the case study actor(s) to keep track and monitor the process of data collection.
- Co-analysis of data: involving case study actors to reflect, correct, and contribute to the data collected through the case study to validate but also enrich data interpretation.

To that end, it is advised that scholars would reflect on using and experimenting with case study as a methodology to immigrate and adopt more human-centred approach to their research.

#### **Book Content and Structure: How to Use the Case Studies**

This book brings 26 scholars across a collection of 14 case studies from Australia, Canada, Greece, India, Iran, New Zealand, Sri Lanka, Sweden, Switzerland, and Tanzania. The case studies have been grouped into the following three themes:

Leadership and strategy	Chapter 2 Leadership and Agility: What Can We Learn From
	Melbourne Quarantine Hotel During the COVID-19 Pandemic?
	Chapter 3 COVID-19 Disruption at Mullaloo Wharf Apartment
	Hotel: Choosing a Strategic Route to Success
	Chapter 4 Social Media and Crisis Communication: Managing or Creating a Crisis? Lessons Learnt from Hotel Amarilis
	Chapter 5 Sales Leadership in Tourism: The Case of Contiki Canada
Innovation and entrepreneurship	Chapter 6 Measuring Hotel and Resort Performances During and Post COVID-19: A Balanced Scorecard Approach
	Chapter 7 Yoho Bed: Scaling Up a Platform Business in the Hospitality Industry
	Chapter 8 Cutting Retention With a Knife: Managing COVID-19-
	Impacted Turnover Within the Rooms and Culinary Departments at Fairmont Banff Springs
	Chapter 9 Driving Innovation and Embracing Change During a Pandemic with Pricing and Analytics Automation: The Case of ALH Hotels
	Chapter 10 Closing the Service Innovation Gap in Hospitality
	Management: The Case of a Fast Food Chain in Switzerland
	Chapter 11 Product Development for the HAJ Restaurant Chain
	Based on Financial, Resilience, and Stakeholder Perspectives
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(continued)

Sustainability and community engagement	Chapter 12 Community Involvement in Cultural Heritage Tourism: The Case of Ngorongoro Conservation Area, Tanzania
	Chapter 13 Sustainable Tourism Development: The Challenges of Small Business in a Shadow Destination
	Chapter 14 Backwater Tourism and Houseboat Operations in
	Vembanad, Kerala: Competing Uses and Management Conflicts

A short presentation of the content and aims of each case study/chapter is provided below.

Chapter 2 authored by Marcela Fang, Ajay Khatter, and Kijung Choi illustrates the emergence of leadership in the rapidly changing business environment during the COVID-19 pandemic. Learnings are pertaining to sense-making of and strategy implementation in changing business macro-environments, as well as to the relationships between managerial decision-making and actions, and hotel employees' emotions and actions.

In Chap. 3, Oscar Vorobjovas-Pinta and Joanna Pearce examine three key concepts: (1) apartment hotels, (2) Porter's generic strategies, and (3) apartment hotel's external and internal environments. The case study encourages students to use PESTLE and SWOT analyses to examine Mullaloo Wharf Apartment Hotel's internal and external environments. Furthermore, this case study illustrates how Porter's generic strategies can be used as a framework for developing strategic directions.

Chapter 4 is written by Marianna Sigala. Inspired by true industry data, the chapter presents the crisis communication strategies and practices of a virtual hotel located on a Greek island. Through the case study, the students are guided and requested to reflect on various related theories (including crisis management, social media and crisis informatics, crisis communication, corporate social responsibility, and brand authenticity) in order to identify and debate: good and bad crisis communication strategies and practices that also embed the use of social media, recommend actions for improvements, as well as critically think the role of crisis communication in relation to other business operations, such as brand activism, social marketing, and social corporate responsibility.

In Chap. 5, Olivia Howell and Karen M. Peesker introduce a new selling model titled consultative selling process (CSP). The case study details how this model was adopted by Contiki tours. By immersing themselves into this case, students will be able to develop a better understanding of top-down integration by leaders who were passionate about the CSP and who took the time to mentor, coach, and train their salespeople, thereby creating one of Contiki's competitive advantages.

In Chap. 6, Loe Y. L. Kwong, Marcela Fang, and Zdenka Gabrielova explore business performance and benchmarking in the context of resort hotels to survive and compete in the 'new normal'. The authors point to agile leadership and humanistic approaches to promote a new way of thinking to innovate around the balanced scorecard framework. Students are invited to think strategically about the implications of implementing static versus dynamic performance measurement systems.

Chapter 7 by Jeeshan Mirza and Prescott C. Ensign considers the business model, current challenges, and competitive strategies of Yoho Bed, a sharing economy firm

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that facilitates exchange between tourists and small-sized hotels in Sri Lanka. The chapter considers scale-up strategies, including deepening the current strategic position, diversification, and international expansion to take the startup forward.

In Chap. 8, Michael W. Lever focuses on the concept of job embeddedness to explore the increased staff turnover rate at the Fairmont Banff Springs Resort (Alberta, Canada). The case presents various changes triggered by the COVID-19 pandemic, which contributed to the turnover within the rooms and culinary departments, prompting to rethink of the current retention strategies to motivate employees to stay with the resort for the long term.

In Chap. 9, Antoine Bisson, Brett Salter, and Murtaza Rangwala delve into the implementation of revenue management (RM) and RM technology solutions at ALH Hotels. A chronological narrative is provided to demonstrate the state of RM decision-making prior to the implementation, as well as the impact of the COVID-19 pandemic on revenue generation. This case study enables students to critically reflect on the implementation of RM strategies during a pandemic and assess the automation of RM decision-making and to appraise different RM strategies.

In Chap. 10, Thorsten Merkle, Dominik Knaus, and Chantal Siegrist elaborate how service design methodologies could be used to improve customers' experience. Both the advantages and the disadvantages are discussed in the context of a fast-food restaurant in Switzerland. It is the objective of this case study to enable students to gain a deeper understanding of the Service Innovation Gap as a barrier to service innovation, as well as how service design can facilitate the development and implementation of service innovations from a customer-centric perspective.

Strategic focus on finances, resilience, and stakeholders' perspectives is the emphasis of Chap. 11 by Meysam Ramyar. Students and practitioners are asked to use the resilience-driven approach during the product development process throughout the highly uncertain times of the COVID-19 pandemic to offer customer value and to achieve effective management of risks, opportunities, and leveraging of resources in a HAJ restaurant chain in Iran.

In Chap. 12, Yusuph John Kulindwa uses social exchange theory and the theory of institutional arrangements in a case study of managing cultural heritage sites occupied by the Maasai community in the Ngorongoro Conservation Area (Tanzania). In highly uncertain times, students are asked to put forward innovative strategies to achieve a sustained flow of tourists and community involvement in cultural heritage tourism, enabling shared stakeholder value.

Chapter 13 by Anna Sörensson, Annika Cawthorn, and Ulrich Schmudde explores a shadow destination of Åre, Sweden, and the challenges it faces in attracting customers. The chapter zeroes in on how cooperation and collaboration could be the potential solution to solve such challenges and prompts students to consider ways in which a shadow destination could develop further tourism products by practising developing recommendations.

Chapter 14 by Rutool Sharma and Ravi S. Sannabhadti takes students on the historical journey of exploring Blackwater, Kerala, and its environmental concerns. Through a theoretical focus on Hardin's tragedy of the commons and Ostrom's rules for managing the commons, students will explore how destinations with dual-use

resources could balance the negative impacts of tourism activity. This is to ensure sustainable tourism governance and practices.

Case studies are relatively short (around 5000 words), so scholars can also use them for in-classroom reading and instruction. All cases include the following fundamental information:

- Abstract and keywords
- Learning aims
- Case study background
- Theoretical underpinnings to help case study understanding
- Business dilemma and/or students' questions
- References and additional learning material

Each case study is accompanied by a teaching note providing instructions to scholars on how to use the case study for educational purposes. Teaching notes are short (around 1000 words) and include the following useful information for instructors:

- Case summary
- Teaching and learning objectives
- Target audience
- Teaching approach and strategy: sample/indicative answers
- Additional reading and references

We hope that this book will serve both educators and researchers. These case studies encompass a wide range of disciplines and employ diverse research methods, such as interviews, surveys, observations, and desk-based research. Consequently, they offer valuable insights for scholars engaged in teaching and research across various fields. While the cases primarily concentrate on the domains of tourism, travel, and hospitality, the processes involved in their development and writing are expected to be beneficial for scholars exploring diverse sectors, particularly those within the service industries. This book is especially recommended for young scholars seeking to enhance their instructional and research methodologies as they embark on or advance their academic journeys.

We hope you enjoy reading and using our case studies to enrich your teaching and also advance your tourism research.

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# Part I Leadership and Strategy