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Advances in Psychotherapy –
Evidence-Based Practice

ADHD in Children and Adolescents

2nd edition



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Attention-Deficit/Hyperactivity Disorder in Children and Adolescents

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Description

1.1 Terminology

Attention-deficit/hyperactivity disorder (ADHD) is a chronic neurodevelopmental disorder marked by persistent patterns of inattention and/or hyperactivity-impulsivity symptoms that emerge during childhood and are functionally impairing across settings. The *Diagnostic and Statistical Manual of Mental Disorders* (5th ed.; *DSM-5*; American Psychiatric Association, 2013) assigns the following diagnostic codes for this disorder:

- 314.01 Attention-Deficit/Hyperactivity Disorder, Combined Presentation
- 314.00 Attention-Deficit/Hyperactivity Disorder, Predominantly Inattentive Presentation
- 314.01 Attention-Deficit/Hyperactivity Disorder, Predominantly Hyperactive/Impulsive Presentation
- 314.01 Other Specified Attention-Deficit/Hyperactivity Disorder
- 314.01 Unspecified Attention-Deficit/Hyperactivity Disorder

The *International Classification of Diseases* (10th rev., Clinical Modification; *ICD-10-CM*; World Health Organization, 2021) lists ADHD under the following codes:

- F90.0 Attention-Deficit/Hyperactivity Disorder, Predominantly Inattentive Type
- F90.1 Attention-Deficit/Hyperactivity Disorder, Predominantly Hyperactive Type
- F90.2 Attention-Deficit/Hyperactivity Disorder, Combined Type
- F90.8 Attention-Deficit/Hyperactivity Disorder, Other Type
- F90.9 Attention-Deficit/Hyperactivity Disorder, Unspecified Type

First described within the medical literature in the late 1700s (Barkley & Peters, 2012), ADHD-related symptoms were previously referred to by numerous labels including “minimal brain damage,” “minimal brain dysfunction,” “hyperkinetic impulse disorder,” “hyperactive child syndrome,” “hyperkinetic reaction of childhood,” and “attention deficit disorder,” among others (Taylor, 2011). Changes in terminology generally reflected evolving theoretical conceptualizations based on symptoms of the disorder and its management.