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PREFACE

Human beings need goals, because "goals are, - as Victor E. Frankl (neurologist and founder of logotherapy) puts it, - the greatest driving force in a person's life." Goals promote motivation, perseverance and lead to higher self-esteem and outstanding performance. If you believe in your goals and are totally committed to your goals and decide to achieve them, you will be able to accomplish great things and make a difference in the world.

This e-book shows you in 12 steps how to achieve your goals most efficiently and accurately. You can look at it as a checklist, which serves as a red thread in the process of achieving your goals. If you stick to these steps, personal success is guaranteed.

I hope you enjoy reading this e-book and that you have the courage to think big and have the perseverance it takes to pursue big goals. You will outgrow yourself and develop in unimagined dimensions.

Zsolt Kubecska
Your success coach

CHAPTER 01

12 STEPS TO ACHIEVE YOUR PERSONAL GOALS