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THE BEST IS YET TO
COME

Stay positive in hard times

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The best is yet to come



THE BEST IS YET TO COME



What Is Self-Love

Balance is necessary to establish a sense of calm: balance between work and recreation, action and restraint, spending and saving, humor and seriousness, leaving and staying. You may experience many other negative emotions, such as guilt, as a result of failing to establish balance in all facets of your life and feeling worn out.

Here is an illustration of how to balance haste and patience. If you're the project manager of a final-year university project and discover a team member you admire on social media benefitting themselves rather than your team; you might be willing to overlook it. If they repeatedly engage in it and you see a decline in their productivity, you may caution them that if it continues, you will have to report them to your course director. Would you feel bad about taking further action if they choose to disregard you and keep acting in that way?

If you're a nice and sympathetic person, you could be concerned about upsetting them and putting them into trouble. Reporting them to the instructor could result in harsh penalties that could impact their final grade and future. But they're disregarding your warnings and treating you with disrespect. You might think that they are abusing your goodwill. Additionally, you could be concerned that other project participants will lose heart if they perceive your leniency as partiality.

You shouldn't feel bad about taking further action in this case if you act with kindness, honesty, and fairness.