



*Edited by Calvin M. Langton and James R. Worling*

*Facilitating Desistance  
from Aggression and Crime*

Theory, Research, and Strength-Based Practices

**WILEY** Blackwell

This is a very timely addition to the work that is now beginning to focus on more “positive” approaches to treating those who have committed various crimes. The editors have gathered some of the foremost thinkers in the current field relating to desistance, assessing strengths in individuals who have committed antisocial acts, and promoting protective factors in treatment. Hence this volume provides an excellent overview of the current situation in the field, as well as insights and pointers to where the desistance field is heading. As such it is an invaluable addition to the literature, and is a must buy for those working in, or who have an interest in, crime prevention.

**Anthony Beech, Emeritus Professor of Criminological Psychology, University of Birmingham, UK**

*Facilitating Desistance from Aggression and Crime: Theory, Research, and Strength-Based Practices* is the authoritative guide on all matters related to desistance. An impressive array of international experts skillfully synthesize and critique a range of theoretical, assessment, and treatment issues germane to desistance and strength-based paradigms. Operating through an evidence-based lens, *Facilitating Desistance* spans a multitude of settings and diverse populations. Students, practitioners, and seasoned scholars alike will benefit immensely from this book.

**Shelley Brown, Associate Professor, Department of Psychology, Carleton University, Canada**

Desistance from crime is among the most pressing criminological issues for criminal justice practitioners and policy-makers, but strangely is under the radar of many scholars. Until now. In their superlative edited volume, Calvin Langton and James Worling have assembled an international team of experts who present timely

information on conceptual, assessment, and treatment issues that bear on the reduction of aggression, conduct problems, delinquency, sexual offending, and violent crime. Interdisciplinary, engaging, and balanced in its approach, *Facilitating Desistance from Aggression and Crime: Theory, Research, and Strength-Based Practices* is an indispensable resource for practitioners and academicians.

**Matt DeLisi, Distinguished Professor, College of Liberal Arts and Sciences, Dean's Professor, Coordinator of Criminal Justice Studies, Professor, Department of Sociology, Iowa State University, USA**

*Facilitating Desistance from Aggression and Crime: Theory, Research, and Strength-Based Practices* is an excellent book that should be read by all researchers, practitioners, and policy-makers who are interested in learning about explanations of desistance and methods of encouraging desistance. It is wide-ranging and well-researched, focusing especially (and commendably) on strength-based and protective factors. It includes extensive reviews of explanation and prediction as well as assessment and treatment methods for different types of offenders, including sex offenders and mentally disordered offenders.

**David P. Farrington, Emeritus Professor of Psychological Criminology, Cambridge University, UK**

With backgrounds ranging from social work to forensic psychiatry, the contributors to this remarkable volume bring desistance theory to the world of practice in a way no previous book has been able to achieve. A fantastic contribution to research-informed practice that should be widely read.

**Shadd Maruna, Professor of Criminology, Queen's University Belfast, UK**

“Desistance” and “strength-based approaches” have become catchcries in criminal justice but with little meaning or substance. *Facilitating Desistance from Aggression and Crime* promises to help catapult the field forward in an impactful way. The impressive array of authors systematically tackles the theory, research, and applications that add to our understanding of how people “stop crime” and how our practices and systems can support that. This volume should be mandatory reading for those who work with people who come into the criminal justice system, and those at risk for doing so.

**James R. P. Ogloff AM, Dean, School of Health Sciences, Swinburne University of Technology, Executive Director of Psychological Services and Research, Victorian Institute of Forensic Mental Health, Australia**

Desistance- and psychological treatment-based models for supporting people’s aspirations toward “post-crime” lives have been moving on parallel tracks for some time, aware of each other but connecting in only limited ways. This book is the most comprehensive effort to date to draw those tracks together, despite their distinct histories and underlying assumptions about human behavior. Day and Halsey’s opening chapter is stuffed full of excellent ideas for developing practice that will lead to better outcomes for the people we seek to help. From there on the book’s focus is broad, covering a range of theoretical foundations, populations, and types of offending. It finishes with a series of substantial chapters on treatment that will surely give program designers and practitioners support for new directions in the coming years, and provide plenty of lively debate between researchers, students, and academics.

**Devon Polaschek, Professor, Te Kura Whatu Oho Mauri School of Psychology, University of Waikato,**

## **New Zealand**

*Facilitating Desistance from Aggression and Crime: Theory, Research, and Strength-Based Practices* provides a full range of coverage for professionals interested in helping justice-involved clients reduce harmful behaviors and develop paths to meaningful lives. The contributors are many of the world's leading experts on topics ranging from desistance models, assessment of protective factors, and strength-based approaches to treatment. A must read for anyone interested in alternatives to the cycle of recidivism prevalent in today's criminal justice system.

**Raymond Chip Tafrate, Professor and Clinical Psychologist, Department of Criminology and Criminal Justice, Central Connecticut State University, USA**

This is a landmark book that sets out to integrate desistance theory and research with strength-based approaches in correctional and forensic practice. The authors are experts in their chapter topics and do a beautiful job of retaining the best aspects of risk-oriented practice with a greater focus on individuals with core values and aspirations. The scholarship is impeccable, the writing uniformly strong, and the proposals for the future of our field novel and exciting. This book provides a comprehensive roadmap for the future.

**Tony Ward, Professor of Forensic Clinical Psychology, Victoria University of Wellington, New Zealand**

# **Facilitating Desistance from Aggression and Crime**

## **Theory, Research, and Strength- Based Practices**

Edited By

**Calvin M. Langton**

**University of Windsor, Ontario, Canada**

**James R. Worling**

**Clinical and Forensic Psychologist, Private Practice,  
Toronto, Canada**

**WILEY** Blackwell

This edition first published 2022

© 2022 John Wiley & Sons Ltd

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, except as permitted by law. Advice on how to obtain permission to reuse material from this title is available at <http://www.wiley.com/go/permissions>.

The right of Calvin M. Langton and James R. Worling to be identified as the authors of the editorial material in this work has been asserted in accordance with law.

#### *Registered Offices*

John Wiley & Sons, Inc., 111 River Street, Hoboken, NJ 07030, USA

John Wiley & Sons Ltd, The Atrium, Southern Gate, Chichester, West Sussex, PO19 8SQ, UK

#### *Editorial Offices*

9600 Garsington Road, Oxford, OX4 2DQ, UK

The Atrium, Southern Gate, Chichester, West Sussex, PO19 8SQ, UK

For details of our global editorial offices, customer services, and more information about Wiley products visit us at [www.wiley.com](http://www.wiley.com).

Wiley also publishes its books in a variety of electronic formats and by print-on-demand. Some content that appears in standard print versions of this book may not be available in other formats.

#### *Limit of Liability/Disclaimer of Warranty*

While the publisher and authors have used their best efforts in preparing this work, they make no representations or warranties with respect to the accuracy or completeness of the contents of this work and specifically disclaim all warranties, including without limitation any implied warranties of merchantability or fitness for a particular purpose. No warranty may be created or extended by sales representatives, written sales materials or promotional statements for this work. The fact that an organization, website, or product is referred to in this work as a citation and/or potential source of further information does not mean that the publisher and authors endorse the information or services the organization, website, or product may provide or recommendations it may make. This work is sold with the understanding that the publisher is not engaged in rendering professional services. The advice and strategies contained herein may not be suitable for your situation. You should consult with a specialist where appropriate. Further, readers should be aware that websites listed in this work may have changed or disappeared between when this work was written and when it is read. Neither the publisher nor authors shall be liable for any loss of profit or any other commercial damages, including but not limited to special, incidental, consequential, or other damages.

*Library of Congress Cataloging-in-Publication Data*

Names: Langton, Calvin M., editor. | Worling, James R., editor.

Title: Facilitating desistance from aggression and crime : theory, research, and strength-based practices / edited by Calvin M. Langton, James R. Worling.

Description: Hoboken, NJ : John Wiley & Sons, Inc., 2022. | Includes bibliographical references and index.

Identifiers: LCCN 2022014567 (print) | LCCN 2022014568 (ebook) | ISBN 9781119166467 (hardback) | ISBN 9781119166498 (pdf) | ISBN 9781119166481 (epub) | ISBN 9781119166504 (ebook)

Subjects: LCSH: Criminals--Rehabilitation. | Correctional psychology. | Forensic psychology.

Classification: LCC HV9276 .F66 2022 (print) | LCC HV9276 (ebook) | DDC 365/.661--dc23/ eng/20220527

LC record available at <https://lccn.loc.gov/2022014567>

LC ebook record available at <https://lccn.loc.gov/2022014568>

Cover Design: Wiley

Cover Image: © Calvin M. Langton

Set in 10/12pt Galliard by Integra Software Services Pvt. Ltd, Pondicherry, India

*For Grace, Sylvia, and Christina - CML*

*For my friends and colleagues at the former Thistle town  
Regional Centre, SAFE-T Program - JRW*

# Contents

[Cover](#)

[Series page](#)

[Title page](#)

[Copyright](#)

[Dedication](#)

[Biographical Statements](#)

[Abbreviations](#)

## **[Section 1 Foundations](#)**

[1 Desistance Theory and Forensic Practice](#)

[2 Contributions to Desistance Research from Developmental Psychopathology](#)

[3 Contribution to Desistance Research and Practice from Positive Psychology](#)

[4 Risk and Strength Variables in Recidivism-desistance Prediction Research with Applied Assessment Practices: Toward a Nomenclature for Their Effects](#)

[5 Strengths in the Risk-Need-Responsivity Model of Offender Assessment and Rehabilitation](#)

## **[Section 2 Assessment](#)**

[6 Desistance from Conduct Problems during Childhood: Potential Explanatory Factors and Assessment](#)

[7 Assessment of Protective Factors in Youth Justice Settings](#)

[8 Factors Related to Desistance from Sexual Recidivism](#)

[9 Women's Desistance from Crime: The Role of Individual, Relational, and Socio-structural Factors over Time](#)

[10 Factors Predicting Desistance from Intimate Partner Violence Perpetration in Adults](#)

[11 Factors Predicting Desistance from Criminal and Aggressive Behavior in Mentally Disordered Individuals](#)

[12 Factors Predicting Desistance from Criminal Behavior and Aggression in Adult Offenders: A Critical Review](#)

### **[Section 3 Treatment](#)**

[13 Evidence-based Delinquency Prevention for Children Exhibiting Conduct Problems](#)

[14 Strength-based Approaches to Address Criminal Behaviors in Adolescents](#)

[15 Strength-based Treatments for Adults and Juveniles who have been Sexually Abusive: A Review](#)

[16 Strength-based Approaches to the Treatment of Incarcerated Women and Girls](#)

[17 Strength-based Batter Intervention Programs for Intimate Partner Violence](#)

[18 Strength-based Approaches with Offenders with Mental Illness](#)

[19 The Good Lives Model: Next Steps in Research and Practice](#)

[Index](#)

[End User License Agreement](#)

## **List of Figures**

## Chapter 3

[Figure 3.1 The four-front model...](#)

## Chapter 4

[Figure 4.1 Types of possible...](#)

[Figure 4.2 Percent convicted...](#)

[Figure 4.3 Percent with any...](#)

[Figure 4.4 Additive effect...](#)

[Figure 4.5 Kaplan-Meier survival...](#)

[Figure 4.6 Percent with...](#)

[Figure 4.7 Main effects...](#)

[Figure 4.8 Percent with any...](#)

[Figure 4.9 Moderation effects...](#)

## Chapter 5

[Figure 5.1 A comprehensive...](#)

## Chapter 9

[Figure 9.1 Factors related...](#)

## Chapter 11

[Figure 11.1 Protective factors...](#)

# List of Tables

## Chapter 1

[Table 1.1 Key approaches to...](#)

[Table 1.2 Behavioral change...](#)

[Table 1.3 Social Models of ...](#)

## Chapter 5

[Table 5.1 The full Risk...](#)

[Table 5.2 Provincial training...](#)

[Table 5.3 Strength principles...](#)

[Table 5.4 Criminogenic needs...](#)

[Table 5.5 The mean strength...](#)

## Chapter 7

[Table 7.1 A typology of...](#)

[Table 7.2 The predictive...](#)

## Chapter 9

[Table 9.1 Protective factors...](#)

## Chapter 11

[Table 11.1 Desistance factors...](#)

[Table 11.2 Overview of SAPROF...](#)

# Biographical Statements

## Editors

**Calvin M. Langton**, PhD, C Psych, is an Associate Professor in the Department of Psychology, University of Windsor, Ontario, Canada. He is also a clinical and forensic psychologist registered in Ontario, Canada, and a chartered psychologist in the UK. His research interests include predictors of recidivism and desistance from involvement in crime and types of interpersonal aggression, and assessment and treatment issues with adolescents involved in the youth justice and children's mental health systems as well as with adults in the correctional and forensic mental health systems. He has served on the editorial boards of various academic/professional journals, including 13 years on the editorial board of *Criminal Justice and Behavior* and 17 years on the editorial board of *Sexual Abuse*, of which he was most recently an Associate Editor. He provides psychological services to children, adolescents, and adults.

**James R. Worling**, PhD, C Psych, is a clinical and forensic psychologist in full-time private practice in Toronto, Canada, who has worked extensively since 1988 with adolescents who have offended sexually. He also works with children and youth who have experienced sexual victimization and with children under 12 who have engaged in harming sexual behaviors. During this time, Dr. Worling has presented many workshops nationally and internationally, and he has written a number of articles and book chapters regarding the etiology, assessment, and treatment of sexually abusive behavior. Dr. Worling is a Fellow of the Association for the Treatment of Sexual Abusers, and he serves on the editorial boards for *Sexual*

*Abuse and Sexual Offending: Theory, Research, and Prevention.*

## **Additional Contributors**

**Jewels Adair** is a graduate student in the applied psychology program at the University of Windsor, Ontario, Canada. Her research interests focus on risk reduction programs to prevent intimate partner violence (IPV) and sexual assault, and increasing awareness of the impact and course of IPV.

**Anna-Karin Andershed**, PhD, is a Professor of Psychology, and a senior researcher at the Center for Criminological and Psychosocial Research (CAPS) at Örebro University, Sweden. Her primary research interests concern the development of antisocial behavior across the lifespan, risk and protective factors, and structured assessment. She is co-Principal Investigator of two ongoing large-scale prospective longitudinal research programs: the SOFIA study and the IDA program.

**Henrik Andershed**, PhD, is a Professor of Criminology and Psychology, and a senior researcher at the Center for Criminological and Psychosocial Research (CAPS) at Örebro University, Sweden. His primary research interests concern the development of antisocial behavior across the lifespan, psychopathic personality, risk and protective factors, and assessment. He is the author of more than 150 scientific publications and is co-Principal Investigator of two ongoing large-scale prospective longitudinal research programs: the SOFIA study and the IDA program.

**Shelby Arnold**, PhD, is a staff psychologist at Beck Institute Center for Recovery-Oriented Cognitive Therapy. Her research interests include alternatives to standard prosecution, problem-solving courts, and evaluation of

evidence-based practices in forensic settings. Her clinical interests include treatment and dissemination of evidence-based practices in forensic mental health settings, with a specific focus on staff support and accessibility of best practices systems-wide.

**Kristin W. Bolton**, PhD, MSW, is an Associate Professor of Social Work and Graduate Program Coordinator at the University of North Carolina Wilmington. Her research areas include solution-focused brief therapy, resilience, and offender populations.

**Keith B. Burt**, PhD, is Associate Professor of Psychological Science at the University of Vermont, Burlington, Vermont. His research interests focus on resilience in adolescence and the transition to adulthood as well as quantitative methods for developmental science.

**Alan Carr**, PhD, is a Professor of Clinical Psychology at University College Dublin, Ireland. He has a family therapy clinical practice at Clanwilliam Institute, Dublin. He has worked in Canada, the UK, and Ireland. He has produced over 20 volumes and 200 papers in clinical psychology, family therapy, and positive psychology.

**Dr. Chi Meng Chu** is the Director and Senior Principal Clinical and Forensic Psychologist at the Translational Social Research Division, National Council of Social Service, Singapore. He is concurrently the Director (Special Projects) at the Policy Research Office, Ministry of Social and Family Development, Singapore. In addition, Dr. Chu is an Adjunct Associate Professor with the Department of Psychology, National University of Singapore. Dr. Chu oversees large-scale research programs on criminological, mental health, quality of life, and resilience issues.

**Stephanie S. Covington**, PhD, LCSW, is an internationally recognized clinician, author, organizational consultant, and

lecturer. She is a pioneer in the field of women's issues, and has over thirty years of experience in the design, development, and implementation of treatment services for women and girls. She is recognized for her work in gender-responsive and trauma-informed services in both the public and private sectors.

**Andrew Day**, D Clin Psy, is Enterprise Professor in the School of Social and Political Sciences at the University of Melbourne having previously worked as the Head of Research in the Indigenous Education and Research Centre at James Cook University and in the School of Psychology at Deakin University. He has research interests in areas of offender rehabilitation, violent offenders, and juvenile justice. He is widely published in the field of forensic psychology and criminal justice.

**David DeMatteo**, JD, PhD, is a Professor of Psychology and Professor of Law at Drexel University, and Director of Drexel's JD/PhD Program in Law and Psychology. His research interests include psychopathic personality, forensic mental health assessment, and offender diversion, and his research has been funded by several federal agencies, state agencies, and private foundations. He is a Fellow of the American Psychological Association (Divisions 12 and 41) and a Fellow of the American Academy of Forensic Psychology. He is board certified in forensic psychology by the American Board of Professional Psychology, and he is currently on the Board of Directors of the American Board of Forensic Psychology. He is also a former President of the American Psychology-Law Society (APA Division 41).

**Michiel de Vries Robbé**, PhD, is psychologist and senior researcher in the Department of Child and Adolescent Psychiatry, Amsterdam University Medical Center, and an Associate Professor in the Department of Psychiatry and

Behavioural Neurosciences, McMaster University, Hamilton, Canada. His research focuses primarily on risk assessment, in particular risk screening and protective factors for (violence) risk for adults, juveniles, and children. He is co-author of the SAPROF, the SAPROF–Youth Version, the SAPROF–Child Version, the Female Additional Manual, the Risk Screener – Violence and the Risk Screener – Youth.

**Sophie R. Dickson**, PhD, PGDipClinPsyc is a clinical psychologist working within the New Zealand criminal justice system. Her research interests include the role of release planning in reintegration and the development of strength-based assessment tools.

**Jaymes Fairfax-Columbo**, JD, PhD, is an Assistant Professor in the University of New Mexico School of Medicine’s Department of Psychiatry and Behavioral Sciences, Division of Community Behavioral Health. He also serves as Training Director for UNM’s Postdoctoral Fellowship in Forensic Psychology. His clinical interests include forensic mental health assessment, competency restoration, and reentry of both criminal offenders and psychiatric patients. His research interests include competency restoration, forensic mental health assessment, mental/behavioral health policy, psychopathy, reentry, therapeutic jurisprudence, and violence risk assessment.

**Gina Fedock**, PhD, is an Assistant Professor at the University of Chicago at the Crown Family School of Social Work, Policy, and Practice. Her research focuses on intervention development, implementation, and assessment of outcomes to improve women’s mental health, both in the community and while incarcerated.

**Jon C. Hall**, PhD, MSSW, LCSW, is a Professor of Social Work at University of North Carolina Wilmington. His teaching areas include advanced masters’ social work

practice and masters' field collaboration courses. His scholarship and research focus on various forms of postmodernism, with an emphasis on social constructionism.

**Mark Halsey**, PhD, is a Professor of Criminology at Flinders University, Australia, and Joint Chief Editor of the *Journal of Criminology*. He has published widely on pathways into offending and desistance from crime. His books include *Generations Through Prison: Experiences of Intergenerational Incarceration* (2020 Routledge), and *Tackling Correctional Corruption: An Integrity Promoting Approach* (2016 Springer). For his book, *Young Offenders: Crime, Prison & Struggles for Desistance* (2015 Palgrave), he received the Australian and New Zealand Society of Criminology's inaugural Christine M. Alder Book Award for most outstanding contribution to criminology.

**Dan Hartnett**, PhD, D Clin Psych, is a clinical psychologist with the Irish public health service, and a researcher at University College Dublin. He previously worked as Addiction Psychiatry Research Director at St. Patrick's University Hospital, Dublin, and has authored over twenty papers and presentations in the areas of clinical psychology, family therapy, substance misuse, and addiction.

**David J. Hawes**, PhD, is a clinical psychologist and Associate Professor in the School of Psychology at the University of Sydney. His research focuses on optimizing behavioral treatments designed for parents of children with externalizing disorders, including those with callous-unemotional traits. As a practicing clinician, he also regularly gives workshops on the treatment of child behavior problems to therapists in Australia and internationally.

**Kirk Heilbrun**, PhD, is a Professor in the Department of Psychology at Drexel University. His current research focuses on juvenile and adult offenders, legal decision-making, forensic evaluation associated with such decision-making, diversion, and reentry. He is the author of a number of books, articles, and chapters on forensic assessment, violence risk assessment, and risk communication, and the treatment of mentally disordered offenders. He has previously served as president of both the American Psychology-Law Society and the American Board of Forensic Psychology. He received the 2016 award for Distinguished Contributions to Psychology and Law from the American Psychology-Law Society.

**Jan Hendriks**, PhD, is a forensic and clinical psychologist. He is professor of Forensic Psychiatry and Psychology at the Vrije Universiteit Amsterdam, and professor of Forensic Orthopedagogics at the University of Amsterdam. His research interests are juvenile and adult sex offenders, female offenders, and interventions for delinquent youth.

**Catheleen Jordan**, PhD, LCSW, is a Professor of Social Work at the University of Texas at Arlington. Dr. Jordan's areas of teaching and research are family assessment and treatment. She has been active in the mental health practice community; her clinical and research interests range from youth violence to elder issues.

**Lindsey Kendrick-Koch**, BA, MPH, is a clinical project coordinator working on an opioid use disorder care education program at the British Columbia Centre on Substance Use.

**Peter Lehmann**, PhD, LCSW, is a retired Professor of Social Work from the University of Texas at Arlington. His teaching and research interests include solution-focused brief therapy and intimate partner violence.

**Dr. Dongdong Li** is a Principal Research Specialist at the Translational Social Research Division, National Council of Social Service, Singapore. She is also an Adjunct Research Fellow with the Social Service Research Centre, National University of Singapore. Her research involves the study of child protection issues and youth offender rehabilitation, such as the predictors and outcomes of involvement in child protection services, effects of childhood maltreatment, and the cycle of violence.

**Liam E. Marshall**, PhD, RP, ATSAF, is Director of Rockwood Psychological Services and a researcher and clinician at Waypoint Centre for Mental Health Care, Canada. Dr. Marshall has been providing treatment for and conducting research with offenders, mentally ill offenders, and addictions for more than twenty-five years. He has more than 100 peer-reviewed publications, including four books, is a board member and reviewer for many international journals, and has delivered training for professionals who work with sexual and violent offenders in 26 countries. Dr. Marshall is a Fellow of the Association for the Treatment of Sexual Abusers.

**W. L. Marshall**, PhD, is an Emeritus Professor of Psychology and Psychiatry at Queen's University, Ontario, Canada, and is Past-President of both the Association for the Treatment of Sexual Abusers and the International Association for the Treatment of Sexual Offenders. He is a Life-time Fellow of the Royal Society of Canada and a retired Fellow of the Royal Society of Medicine. In 2006 Professor Marshall was appointed by the Governor General as an Officer of the Order of Canada. He has over 420 publications on diverse issues (e.g., drug abuse, depression, schizophrenia, anxiety disorders, sexual offending, and personality) and he has authored, or been the editor of, 20 books. He has served on the editorial boards of 19 international scientific journals.

**Jane Meleady**, D Psych Sc, is a qualified clinical psychologist with the Irish public health service, and a researcher at University College Dublin. Her research interests include family quality of life among parents of children on the autism spectrum. Her clinical practice is with individuals and families, across the lifespan, in a variety of mental health and disability settings.

**Dr. Tonia L. Nicholls** is Professor, Department of Psychiatry, University of British Columbia and Distinguished Scientist, BC Mental Health & Substance Use Services Research Institute. Dr. Nicholls is interested in the assessment and treatment of violence and criminality and the development and implementation of evidence-based practice to improve the health and well-being of marginalized populations and public safety. She has published over 100 articles and chapters, as well as several manuals intended to inform assessments and treatment of individuals who are mentally ill, live with substance use disorders, homeless, and/or justice involved. Her scholarly work earned her the American Psychological Association Award for Distinguished Professional Contributions, the Canadian Psychological Association President's New Researcher Award, and a Michael Smith Foundation for Health Research Career Scholar award. She also held a Canadian Institutes of Health Research (CIHR) New Investigator salary award and a MIND Foundation Young Investigator award, and was part of a team honored to receive the Canadian Psychological Association Criminal Justice Division Award Significant Contributions award. She is the editor of the *International Journal of Forensic Mental Health*.

**Dustin Pardini**, PhD, is a clinical psychologist and Professor in the School of Criminology and Criminal Justice at Arizona State University. His research focuses on the precursors and outcomes associated with the development

of antisocial (e.g., violence, theft) and substance-using behaviors from childhood to adulthood, as well as evaluating the impact that early psychosocial interventions can have on these problems.

**Virginia D. Peisch**, PhD, is a clinical research postdoctoral fellow in the Division of Developmental Medicine at Boston Children's Hospital, Boston, Massachusetts. Her research interests focus on the development of coping behaviors, particularly during emerging adulthood.

**Karen Petersen**, PhD, is a Research Associate in the Department of Psychiatry, Faculty of Medicine, at the University of British Columbia. Dr. Petersen's publications, international presentations, and grants focus a gender- and trauma-informed lens on research, policy, and practice involving intersecting vulnerable populations (individuals with mental illness, criminal justice system contact, and/or homelessness).

**Victoria Pietruszka**, MS, JD, is a seventh-year student in the JD/PhD program in law and clinical psychology at Drexel University. Her research interests include reentry, risk assessment, and the role of heuristics and biases in the criminal justice system.

**Elanie Rodermond** is an Assistant Professor in the Department of Criminal Law and Criminology at Vrije Universiteit Amsterdam, and a research fellow at the Netherlands Institute for the Study of Crime and Law Enforcement. Her research interests are desistance, reentry, women offenders, extremism, and life-course criminology.

**Elyse R. Rosenberg**, PhD, is a clinical psychologist at the Institute of Living/Hartford Hospital. Her primary role is with the Young Adult Services Medical Track intensive

outpatient program where she works with young adults who present with comorbid medical and psychiatric conditions. Her research interests focus on examining cognitive and behavioral factors that promote adaptive functioning in emerging adulthood.

**Hayley Ross**, BA, is a project coordinator at the Forensic Psychiatric Hospital in Coquitlam, British Columbia, Canada.

**Rebecca Schiedel**, PhD, is a Clinical Psychologist at Western State Hospital in Staunton, Virginia. Her clinical interests include evidence-based treatment for forensic and civil patient populations, competency restoration, and forensic mental health assessment. Her research interests include community-based interventions for justice-involved individuals and factors that influence judges' treatment of juveniles.

**Gabriela D. B. Sheinin**, MA, is a doctoral student in the child clinical psychology program at the University of Windsor, Ontario, Canada. She is currently completing her pre-doctoral internship at the Waterloo Region Psychology Consortium. Her research interests focus on emotional intelligence, personality, and intimate partner violence.

**Dr. Barinder Singh** is the Interim Medical Director at the Forensic Psychiatric Hospital and holds a clinical faculty position with the Department of Psychiatry, University of British Columbia. Dr. Singh is a psychiatry fellow of the Royal College of Physicians and Surgeons of Canada. She has published on medical education and arts in medicine.

**Anne-Marie Slotboom**, PhD, is an Associate Professor in the Department of Criminal Law and Criminology at Vrije Universiteit Amsterdam. Her main publications have been focused on prison conditions in women's prisons, women's prison experiences, and girls in the juvenile justice system.

Her current research interests are concentrated on pathways to female crime and imprisonment, female desistance, and juvenile delinquents treated in outpatient clinics.

**Patti Timmons Fritz**, PhD, is an Associate Professor in the Department of Psychology at the University of Windsor, Ontario, Canada. Dr. Fritz's research interests include the etiology, developmental course, correlates, and measurement of various forms of family violence, including intimate partner violence (IPV) and coercive control. She is also interested in the relation between IPV and animal abuse.

**Kayla E. Truswell**, PhD, is a clinical psychologist in private practice in Nova Scotia, Canada. A portion of her generalist clinical training was forensic in nature. As such, she has clinical training and experience working in assessment and intervention contexts with a diverse range of offenders.

**Christopher Webster**, PhD, is a Professor Emeritus of Psychiatry at the University of Toronto, Professor Emeritus of Psychology at Simon Fraser University, British Columbia, Canada, and Fellow of the Royal Society of Canada. He has spent his career moving between Ontario and British Columbia with posts at the Addiction Research Foundation and the Clarke Institute of Psychiatry (and, as part of that, the Metropolitan Toronto Forensic Service), as well as their later amalgamation as the Centre for Addiction and Mental Health, all in Toronto. He has been a Professor of Psychiatry, Psychology, and Criminology at the University of Toronto, and a Professor at the University of Victoria, BC. Professor Webster has also served on the Ontario Review Board as well as the British Columbia Review Board. He has published some ten books and about 200 scholarly papers or book chapters. In addition, he has been the lead

or co-author of a dozen, evidence-based, practice manuals, including the HCR-20 and the Short-Term Assessment of Risk and Treatability (START, which places weight on client strengths as well as risks), both for use with adults. Other of these manuals are designed for use with children, adolescents, those who have committed sexual offenses, and those who have perpetrated intimate partner violence.

**Mercedes Wilkins**, LCSWA, CMSW, is an outpatient therapist at Pride in North Carolina Mental Health Services and serves as the Chair of the NASW Cape Fear LPU.

**Gwenda M. Willis**, PhD, PGDipClinPsyc, is a clinical psychologist and researcher from New Zealand; she has worked in clinical and research capacities in New Zealand, Australia, and North America. In 2011, she was awarded a Fulbright Senior Scholar award to evaluate applications of the Good Lives Model in sexual offending treatment programs in North America. Since this time she has written extensively on the application of the Good Lives Model and provided training and program consultation in prisons and community-based settings internationally.

**Yilma Woldgabreal**, PhD, is a senior clinician at the Rehabilitation Programs Branch, Department for Correctional Services in South Australia. He has nearly 20 years of experience in corrections and held various positions as a practitioner, team supervisor, manager, researcher, and project worker. He has published in peer-reviewed journals and is a research affiliate at Deakin University, with interest in the areas of strength-based offender/prisoner rehabilitation and the application of positive psychology.

**J. Stephen Wormith**, PhD, was a Professor in the Psychology Department and Director of the Centre of Forensic Behavioural Science and Justice Studies at the University of Saskatchewan. Throughout his distinguished

career he worked as a psychologist, researcher, and administrator in both federal and provincial correctional jurisdictions in Canada. He made significant contributions to the literature in his areas of interest, which included offender risk and psychological assessment, offender treatment, sexual offenders, and crime prevention.

**Dr. Xuexin Xu**, PhD, is a Senior Research Specialist at the Translational Social Research Division, National Council of Social Service, Singapore. Her current research interests include child, youth and family studies, child and vulnerable adult protection, youth rehabilitation, and the effects of media consumption.

# Abbreviations

## **ACE**

adverse childhood experience

## **ADHD**

attention deficit hyperactivity disorder

## **AEI**

Access Early Intervention

## **ART**

aggression replacement training

## **ASEBA**

Achenbach System of Empirically Based Assessment

## **ASPD**

antisocial personality disorder

## **AUC**

area under the curve

## **BAME**

Black, Asian, and Minority Ethnic

## **BASC**

Behavior Assessment System for Children

## **BERS**

Behavioral and Emotional Rating Scales

## **BEST**

Bringing Evidence-Based Services and Treatment for Young Children and their Families

## **BIP**

batter intervention program

## **B-SAFER**

Brief Spousal Assault Form for the Evaluation of Risk

## **CARES**

Coaching and Rewarding Emotional Skills

**CBCL**

Child Behavior Checklist

**CBT**

cognitive behavioral therapy

**CD**

conduct disorder

**CDCP**

Centers for Disease Control and Prevention

**CDI**

Child-Directed Interaction

**CFA**

confirmatory factor analysis

**CI**

confidence interval

**CLCO**

Changing Lives and Changing Outcomes

**CPP**

Coping Power Program

**CSC**

Correctional Service of Canada

**CSDD**

Cambridge Study in Delinquent Development

**CSS**

Criminal Sentiments Scale

**CTC**

Communities that Care

**CTS**

Conflict Tactics Scales

**CU**

callous-unemotional

**DA**

Danger Assessment

**D.A.R.E.**

Drug Abuse Resistance Education

**DASH-13**

Desistance for Adolescents who Sexually Harm

**DNI**

Dynamic Need Index

**DRAOR**

Dynamic Risk Assessment for Offender Re-entry

**DREEM**

Developing Recovery Enhancement Environments  
Measure

**DRI**

Dynamic Risk Index

**DUNDRUM**

Quartet Dangerousness Understanding, Recovery and  
Urgency Manual

**DVSI-[R]**

Domestic Violence Screening Instrument [Revised]

**EARL**

Early Assessment Risk List

**EPICS**

Effective Practices in Community Supervision

**ESTER**

Evidence-Based Structured Assessment Instrument of  
Risk and Protective Factors

**ETS**

Enhanced Thinking Skills

**FACHS**

Family and Community Health Study

**FAM**