

# VOLUME SIX THE COMPLETE SERAPHIN MESSAGES

*Ten years of telepathic communication  
with an angel*



ROSIE JACKSON

**THIS BOOK IS DEDICATED  
TO ALL READERS  
AND ALL THOSE WHO SEEK ANSWERS**

May you be blessed with

intense curiosity,  
deep compassion,  
the desire to overcome all obstacles,  
and the thirst to fully understand

for these will move you forward on your spiritual path,  
enabling you to contribute to the  
rebuilding of a new world

My deepest gratitude goes to Seraphin  
for his trust and for the wisdom he has provided

Thank you to all translators, proof-readers and video makers  
for their dedication to the Seraphin material

Rosie Jackson

# **TABLE OF CONTENTS**

## **PART 1:**

### **Seraphin Messages 451 - 485**

#### **Introduction**

#### **Part 1**

451: THE TAPESTRY OF TRANSFORMATION

452: THE DIVINE BACKDROP + HOLY WORK

453: THE GREAT BELL TOLLS

454: INTERRUPTIONS + BURNING BRIDGES

455: YOUR CHOICE OF VEHICLE FOR TRAVEL

456: TENDING THE INNER GARDEN

457: WHAT IS YOUR TRUE IDENTITY?

458: ONE DROP IN THE OCEAN

459: THE HOLY EXPERIMENT

460: WE ASK FORGIVENESS

461: THE NEW SPIRITUAL LIFE

462: THE UNLIMITED LIFE

463: THE IMPORTANCE OF SURRENDER

464: SURRENDER AND DIVINE TIMING

465: SURRENDER + CREATING THE SACRED  
466: THE FINAL CURTAIN  
467: A WORD OF ENCOURAGEMENT  
468: THE FLAG IS FLYING  
469: MOVING TOWARDS FREEDOM  
470: A THOUSAND FACES OF YOU  
471: A DIVINE MANIFOLD BEING  
472: FRAGILITY  
473: ALL ENDS ARE BEGINNINGS  
474: CONTROLLED DEMOLITION  
475: ELITES, EXILE AND FRAGILE FACADES  
476: PICKING UP PIECES  
477: MIND FOGGING OR MIND JOGGING  
478: THE MYRIAD PARTICLES OF YOU  
479: THE LIGHT AT THE END OF THE TUNNEL  
480: TERRIBLE SECRETS AND RESILIENCE  
481: MEASURING YOUR PROGRESS  
482: DIVIDE AND FALL  
483: GUIDING LIGHTS AND CLEAN CORNERS  
484: EVERY THOUGHT + THE COSMIC BELL  
485: TO PANIC OR NOT TO PANIC

## **Part 2**

# THE PIONEER EXERCISE MANUAL

## **Introduction**

EXERCISE: COPING WITH CRISES

EXERCISE: CLEARING A BLOCKED PATH

EXERCISE: DEALING WITH DAMAGE

EXERCISE: OVERCOMING TRAUMA

EXERCISE: FLEXIBILITY AND ROLE CHANGE

EXERCISE: PIONEER INTERACTIONS

EXERCISE: WORKING IN TEAMS

EXERCISE: BUILDING COMMUNITY CENTRES

## **Part 3**

The World will become Peaceful, Beautiful and Abundant  
(a continuation of Seraphin Series Book 3)

## **About the Author**

## **Rosie Jackson's Websites**

## **Other publications by Rosie Jackson**

## **The Spiritual Revolution Project**

## INTRODUCTION

I write this in March 2022 when many eyes are focussed on the present conflict in the Ukraine. Many taut situations worldwide seem set for explosion, and minds are generally divided into separate camps.

Some people descend into resignation, assuming that despite any effort they may make, violence and corruption will continue. I would advise them that it is time to overcome passivity and come into their own sovereignty.

For those new to this material, Seraphin is the angel who has been assigned to me during this difficult period, and who transfers messages to me telepathically on a regular basis. To those who feel resigned, Seraphin would say:

*Your words and thoughts travel universes.*

*Your acts of courage and kindness  
can inspire a million onlookers.*

*Your unconditional love can  
travel to far flung galaxies from one second to the next*

Those who are not resigned may do the opposite of sinking into lethargy: they may go into action, passionately claiming that they know what is going on and that it must stop. To these I would advise stepping back to take a more objective view. In this world of gross deceit, propaganda and widespread manipulation, it is not possible to claim absolute knowledge. Throughout his messages, Seraphin has repeatedly reiterated the importance of questioning everything, and this is critical now.

At the same time, he offers us a much wider cosmic perspective. We are generally narrow in our perspectives

and in our vocabulary: here is a quote from Message 452:

*There are other words which you do not use often. We can make a list: divine, holy, sacred, mission, vocation, cosmos, celestial, consecrated, infinity and eternity. Yet all these words, and the understanding of what they really mean, and the areas to which they apply, and the “power and the glory” which they entail, are so far from your thinking processes, whereas they are intended to be AT YOUR VERY CORE*

Seraphin offers us not only a larger perspective but a very positive one: he assures us that - whatever might seem to be happening to the contrary - we are in divine hands. It is not the destiny of this planet to self-destruct, although this is the path which the majority of its inhabitants are collectively pursuing.

Celestials who are closely observing our planet have stepped in many times to prevent such self-destruction, notably after World War Two when earth was in danger of doing a pole flip. They are waiting for the right moment to take on a more visible role, to provide us with more concrete guidance and to encourage us to make all our decisions in favour of humanity and of earth, our benefactress.

In view of all the present conflict and suffering, “waiting” for celestial intervention may seem torturous. However, surrender to divine timing and to our own divine role is paramount, and this volume contains three very poignant messages on the subject of surrender. Seraphin defines surrender as “recognising ultimate wisdom and aligning oneself with that wisdom, in order to better serve humanity”.

It may seem like there is no end to the present disturbing developments. There is no doubt, however, that an “end”

will finally arrive, just as there is no doubt that a house built on lies is bound to fall, and just as there is no doubt that a balloon which is continuously filled with hot air is bound to burst.

The end marks the start of a chaotic, traumatic but ultimately glorious new beginning. Seraphin continuously assures us that “the light of day inevitably follows the dark night”.

This 6<sup>th</sup> volume of THE COMPLETE SERAPHIN MESSAGES consists of three parts.

The first is a compilation of the most recent Seraphin Messages.

The second is entitled THE PIONEER EXERCISE MANUAL. Everyone remaining on earth will be guided to overcome trauma and develop a pioneering spirit. These exercises further such growth.

The third part contains many constructive texts which start with the sentence THE WORLD WILL BECOME PEACEFUL, BEAUTIFUL AND ABUNDANT IF. This is a continuation of my previous book of that name.

All these texts have been written during the last two years under the guidance of Seraphin, to whom my eternal gratitude.

This introduction ends with two previous messages called:

THE PURPOSE OF THESE MESSAGES and  
THOUGH I WALK THROUGH THE VALLEY OF DEATH

This is because they are so relevant to our present global predicament.



May you travel well through the valley of death and may you be commended for continuing your journey and contributing to the flourishing of a new era.

With gratitude, Rosie Jackson

## **Seraphin Message 260: THE PURPOSE OF THESE MESSAGES:**

1. PREPARATION FOR MAGNETIC REVERSAL AND EVACUATION
2. A MANUAL FOR SPIRITUAL LIVING
3. A DEMONSTRATION OF CELESTIAL CONTACT

Some of you may ask why this scribe has been receiving my thoughts and posting my messages over the last few years. This is not a fanciful preoccupation, undertaken during leisure time. This is an essential introduction to new courses of behaviour and instructions on how to improve your perceptions of yourselves and your interactions.

This is - and I will repeat this - ESSENTIAL DUE TO THE VERY DEPLORABLE STATE OF AFFAIRS ON YOUR PLANET, ALL OF WHICH HAVE RESULTED FROM NEGLIGENT BEHAVIOUR. It is not that we are harping on, pointing fingers and criticising. It is that we are attempting to PREVENT THE GLOBAL BOAT FROM CAPSIZING.

And we say again: these messages are not PREVENTIVE MEASURES OR POLITE SUGGESTIONS WHICH YOU MIGHT READ ON SUNDAYS. THEY ARE POINTING YOU TOWARDS THE ONLY DIRECTION WHICH WILL SAVE YOU FROM SELF DESTRUCTION. THE ANSWER TO ALL OF YOUR SORROWS IS THE SPIRITUAL REVOLUTION IN YOURSELVES, hence the

name of the project initiated with our scribe - a project which encourages understanding across all nations, all religions and all social circumstances.

Why do we send out these messages?

BECAUSE THE SITUATION IS CRITICAL.

Your earth is burdened to a degree of no return. Yet she will return, and so will you if you enter fully into the change of heart we have been suggesting.

Our purpose is to encourage you to always make decisions IN EARTH'S FAVOUR, even in (and especially in) the smallest of issues, which are in reality very important issues if seen from a cumulative aspect where billions of people are involved, for she has been your benevolent benefactress for many many thousands of years. To ignore this is encouraging your peril.

Why do we send out this message?

BECAUSE THE TIME OF FINAL CHOOSING IS READILY APPROACHING, AND BECAUSE THE EARTH HAS CHOSEN TO REJECT ALL NEGATIVITY LOADED UPON HER.

This she will do by moving and shaking. This she will do by slowing down the pace of her rotation and stopping. This is what you call a "magnetic reversal".

Before she comes to a standstill, and before the major disruptions of earth and water which accompany this scenario actually occur, you as the global population will be given the chance to be lifted off out of danger, if necessary.

This operation will be conducted by friendly galactic forces operating for your sole benefit. These messages are therefore an education program leading to this point. The

main emphasis and learning scenario at the present time is LETTING GO. Your world is about to change, and the most critical question is: CAN YOU CHANGE WITH IT?

The secondary purpose of these messages is to demonstrate that communication with off-planet beings (so-called "angels", of which there are myriad varieties) is possible, and that this is in fact a great benefit for personal development and - if well received and circulated - a great benefit for global development.

So, we warn you again: this has all been preparation for your coming decision:

Will you accept celestial help coming to you, or not?

Will you seriously contemplate the dangers perpetrated by your behaviours of not?

Whether on earth before or after the reversal, you can be sure that YOUR BEHAVIOUR COUNTS - that it is in fact essential for the rebuilding of the sick society into which you have collectively degenerated.

THE EARTH WILL ROTATE SLOWER AND EVENTUALLY STAND STILL. THEN IT WILL BE YOUR MOVE.

Then it will be your choice whether to evacuate (*NB: this will only happen in extreme circumstances*), thus managing to leave everything behind, or to choose to remain and perish. These are the alternatives. There is no middle way.

We thank this scribe, for she does not like to put out such strong words, yet they are necessary at this time.

DON'T SHOOT THE MESSENGER FOR THIS MESSAGE.

Instead, look around you - at the violence, the lack of compassion, the deliberate destruction, the lack of beauty, the debased morals, the pollution, and ask yourselves

HOW CAN THIS BE?

Not until you have investigated and discovered the very root of this within yourselves will you also rediscover the divine purpose in yourselves which is to restore this earth to her former glory through your optimal behaviour.

This period of renewal will follow your stay in the spaceships (even now, waiting for you) when you return to an earth freed of dark forces, spinning in a new direction.

*(NB: evacuation takes place in the case of a pole flip, which is the worst-case scenario and which is not presently on the cards. Evacuation could take place in areas afflicted by danger)*

Yes, this is a chaotic and tumultuous phase, and there is no way of avoiding these consequences of humanity's behaviour. The law of cause and effect has caught up with you. To change this situation is the purpose of our frequent messages, and to turn you towards a life which is blessed through your intrinsic knowledge of your ability to create paradise in alignment with the sacred laws. All this shall you learn, should you choose to continue with earth for this purpose.

So you see: all this, as all else, pivots on YOUR CHOICE.

Your choice now is whether to spread this message (and previous ones) far and wide, or not. Your choice is to take over responsibility, to assist those who feel helpless and stranded, to calm those afflicted by fear, and to help

everyone board the ships when they arrive. There will be no overlooking this.

We ask you to be in readiness and we thank you for your attention throughout this message.

Seraphin

## **Seraphin Message 348: THOUGH I WALK THROUGH THE VALLEY OF DEATH; FEARS AND FACTS**

Imagine you can see two tall mountains in the hazy distance. If you look out of the window of your vehicle in that particular direction, you may see them, and you may see them approach ever closer. Yet if your hands are on the steering wheel constantly, and if you are concentrating on getting through heavy traffic, you will not take in the full height and magnificence of these mountains. Instead you may be swerving, cruising or stopping for some distraction along the way.

But the journey WILL continue and you WILL move ever nearer to them. Their outlines become ever clearer and ever darker until you find yourself directly between them and completely in their shadow, from one moment to the next. At this point the words THOUGH I WALK THROUGH THE VALLEY OF DEATH may occur to you, for the daylight is lost, your car lights fail to work and there is no way of orientating yourself. An icy wind begins to blow. You know that if you stay in your car, you will probably not survive, so you override your fear, get out and start to GIVE VOICE, hoping that someone else will answer with a supporting word, hoping that someone else will light a match, hoping that the great swathe of uneasiness will dissipate. You must GIVE

VOICE, or you will be cut by the wind, lashed by the rain, left to “wild animals” and presumed dead.

Many will automatically scream OH GOD, and indeed talking to “God”, which is in essence talking to the divine part of yourself as a fractal of the GREAT CREATION, is the optimal path, and trust in this path means losing your FEAR. This is the juncture at which you find yourselves, Beloveds. Will you panic in fear or will you find that incorruptible sacred part of yourself and use this base to connect with others, consolidating facts and telling your own personal stories? Will you “lighten” the burdens you carry and thus doing so compassionately lighten the burdens of others which have been carried through millennia of “darkness”? Will you “seize the day” at that very moment of being stranded and alone, or will you succumb to the darkness and to the predators who created it?

We suffer for you as we see you approach this “gnashing of teeth” which is the inevitable outcome for some – for those who decide never to admit and never to relent, who thrash around wildly with their cries of war, flailing around dangerously and defiantly in the dark, eternally proud of the contribution they made towards its creation and continued maintenance. With those who step out bravely and tell all, who gather audiences, who stalwartly exhume their most painful experiences in order to enlighten others, we pledge our protection and support. We wrap you in our arms and commend you for deciding that the fate of humanity is more important than the fate of yourself, for you are those who blow the whistle so that others can avoid danger and see so clearly that they can take concrete and decisive action to ensure that such episodes never again ensue. Seraphin



## **Seraphin Message 451: THE TAPESTRY OF TRANSFORMATION**

Through Rosie, 21<sup>st</sup> June 2021

Today is the summer solstice, Beloveds, and as usual there are those among you who are all hyped up, proclaiming spectacular changes and transformations to happen on this very specific date. How many times will you succumb to this? How many times will you be taken in, rather than using every second to further a positive agenda **YOURSELVES** and to reverse the dreadful situation you have on your hands **WITH YOUR OWN HANDS AND THROUGH YOUR OWN EFFORT**? We urge you, as ever, to move swiftly into your own sovereignty and to stalwartly support all those around you who allow you to do so.

We are going to talk about transformation today, which has nothing to do with magically transforming or transitioning into a new form or a new world or a new situation without personal effort. It does not happen in a moment.

It **CAN** happen in a moment, but this does not depend on an outer catalyst (though this may help, and though this is in

the pipeline): it depends on your RECEPTIVITY to new impulses and your own DECISION to behave differently AFTER RECEIVING the new impulses or information. Rather than being a sudden change, transformation is a CONTINUOUS PROCESS,.

Transformation, if it is to be lasting and “complete” (though nothing is ever complete due to constant evolving), must involve dedication on a continuous basis. It is not one large decision or one momentous change in behaviour: it is continually adhering to HIGH MORAL PRINCIPLES AND WORTHY GOALS. It is not a sudden “sweeping away” of all evil elements (though this is also in the pipeline, arranged by your galactic brethren who hold you dearly in their hearts) but through concentrated and co-operative effort to PREVENT ANY BUDS OF EVIL BLOOMING AGAIN.

Transformation is not throwing a ball into a pond and making a big splash. It is not climbing a mountain and screaming EUREKA. It is not making an impassioned speech before thousands of people. It is a daily practice, where each thought and each action is a strand of delicate thread, chosen for exactly that moment and that time, to be woven with care, together with all other strands offered by other earth inhabitants, who have similarly chosen exactly that thread and that time to insert their input into the common TAPESTRY.

We are using this image to again stress the importance of your every move, and to remind you of your critical role in extremely difficult times, soon to become much more difficult.

What is the tapestry you are co-creating? What picture or vision will it show? Will it last well, due to the quality of the material and the skill of craftsmanship, or will it quickly



show “wear and tear” due to inappropriate material, shoddy work and time “taken off”.

We know that our tone has been, and still is, very stern. This is because your situation is so serious. It will require great determination to build something which is durable and closely woven. It will require a JOINT VISION, even before you start, otherwise you will not be able to co-ordinate the weaving process. It means that you have to jointly decide on the direction, the process, the colours and the thickness of yarn PREVIOUS TO STARTING.

You can view the already existing threads (on which the tapestry will be woven) as the cosmic laws, to which you are required to adhere. They set the scene. They provide the framework. They determine the direction and hold the whole structure of the tapestry in place. And when you have finished weaving, it is those threads which will be cut off and knotted and which will hold the whole tapestry firmly in place. If even one of those threads is cut, frayed or overstretched (meaning if cosmic law is disregarded or if observance of same are lax) then the tapestry will develop a hole or a boil, and the picture or vision will suffer.

What part will you play in all this, Beloveds? Have you got the stamina to hold out until the end of this confusing period, to let go of all and to start a new period in earth’s history in the way we have just described? Think well on this, for it is a decision which will be required of you all. We are waiting in the wings. Seraphin.

## **Seraphin Message 452: THE DIVINE BACKDROP AND HOLY WORK**

Through Rosie, 29<sup>th</sup> June 2021

Perhaps you are wondering, Beloveds on Earth, what we mean by “the divine backdrop”. What is divine, in your eyes, and is it in the forefront, or in the background, or is it in your range of vision at all?

Maybe “divine” is not a word you use often. Maybe divinity is not something you contemplate often in the course of your busy, mundane lives which centre very much on the material and the superficial. There are other words which you do not use often. We can make a list: divine, holy, sacred, mission, vocation, cosmos, celestial, consecrated, infinity and eternity. Yet all these words, and the understanding of what they really mean, and the areas to which they apply, and the “power and the glory” which they entail, are so far from your thinking processes, whereas they are intended to be AT YOUR VERY CORE.

If they are at the CENTRE of your actions, and if they compass your every step, your every mode of behaviour and your every decision, your lives will transform rapidly into purposeful, fulfilling and exhilarating adventures. Is it not this that you imagine for yourselves, citizens of earth?

That your constricted, humdrum lives expand beyond measure,  
that you live your HOLY POTENTIAL  
and that you create SACRED SPACES  
and create a GLORIOUS FUTURE which stretches out  
FOR ALL ETERNITY ACROSS THE COSMOS?

It is our intention to stretch your minds, to move them away from hopping here and there from one event to the next, from one video to the next, from one piece of information to the next, from one day to the next, from one meal to the next, and from one useless and insignificant pastime to the next.

WE ASK YOU TO OPEN YOUR ARMS  
AND RECEIVE EVERYTHING THAT WE, YOUR GUIDES,  
ARE PREPARED TO GIVE YOU.  
THIS IS ACTUALLY  
THE WORLD, AND THE COSMOS, AND ETERNITY.

We would surely love to rip you out of your present circumstances and show you the stars, the endless horizons, the countless variations of life on other planets, the joy of interacting and finding common denominators with those who are so different to your selves but who will UPLIFT YOU FAR BEYOND THAT WHICH YOU HAVE HITHERTO EXPERIENCED.

Yet, we require your permission. We require your trust. We require your unconditional love for everything and everyone that comes your way. We require you to develop a mission. We require you to be completely open to what we show you. We require to you to act when you encounter something which does not fulfil the criteria of the DIVINE. We require you to react immediately if anything is out of alignment with cosmic law.

Can you fulfil these, criteria, Beloveds? Is your behaviour commendable, in every area of your actions, every day anew? Know that your OPPORTUNITIES to act in this enlightened way will increase exponentially as we enter the final and very acute stages of this planetary transition.

This transition is RELATED TO YOURSELVES. It is not simply something which happens, and to which you will (or will not) adapt. It is part of your every breath, and your every breath will either encourage its pace, or will drag the whole process out even longer.

So, tread carefully, Beloveds, knowing the incredible power of your footprint, and the incredible range of influence which

your words have. Your words and thoughts travel universes. Your acts of courage and kindness can inspire a million onlookers. Your unconditional love can travel to far flung galaxies from one second to the next.

We have often referred to the “unseen worlds”, as we do today, to inspire you to continue walking the road “less travelled”. It is again our intention to inspire you with your own possibilities in these times of great change and distress.

May you always be aware of the DIVINE BACKDROP, which oversees all situations, and may you always complete HOLY WORKS, so that you blend in with this divine backdrop.

Thus will you merge as one.

Thus will the present divine backdrop cease to remain in the background. It will come to the foreground and envelop all.

Seraphin

## **Seraphin Message 453: THE GREAT BELL TOLLS**

Through Rosie, 10<sup>th</sup> July 2021

The great bell tolls, Beloved Citizens of Earth, whether you hear it or not, whether you “believe in it” or not, whether you are set against it or not, and whether you are indifferent to it or not, you will be affected.

We have given previous messages concerning a bell ringing, and in these cases, we were referring to the bell which rings at the end of a lesson (and we hope that the lesson has been learnt. The education, at least, has been provided by so many masters and adepts). Maybe you heard their