



Energy and Attunement
First Book

Foundation

Manuals and attunements for:
Prana Breath Awakening, Akasha
Learning, Eternal Ethics, Stress Flush
and Earth CARE

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Energies and Attunement

1. [What does this book contain?](#)

Energies and Attunement

Foundation

**by
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**Translated into English by Johannes
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What does this book contain?

- 1. Upon buying this book, you receive the attunements in Prana Breath Awakening, Akasha Learning, Eternal Ethics, Stress Flush and Earth CARE and the manual to it, which you will find in this book.**
- 2. The manual describes how to access the attunements, how you can put the energy system to use, which effect it has and what kind of skills it provides you with.**

3. This book also contains an introduction to knowledge and techniques of attunements and energy work. Some basic concepts of magic are explained simply and with special regards to practicability.

4. In the introduction you will find some valuable divine invocations, which you can apply in your energy works.

Chapter 1

A short introduction to energy work.

What is Attunement or Initiation?

Both terms describe the process of an energy transmission, that transfers certain effects, powers, abilities, information and/or knowledge from an adept to another, who is receiving the initiation.

The significant thing about this is: You only have to retrieve the initiation once to be able to use this faculty permanently!

It is like an app on your smartphone. Once installed, you can use it again and again.

A classic example for this is the Reiki-Initiation, in which the Reiki master gives his „student“ the initiation and in the meantime there is a cleaning and opening of the energy bodies and centers of the „student“, who then receives the ability to use the Reiki-Energies.