

EMILY DUBBERLEY

MORE

SEX

PLAY

EVEN MORE FUN  
THAN BEFORE!

SEXUALLY  
EXPLICIT



De Vecchi  
DVE Ediciones

Emily Dubberley

MORE

SEX

PLAY

Even more fun than before!



DE VECCHI EDICIONES

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# Introduction

*Most people want to inject more fun into their sex life but this can be tricky to do without worrying about offending your partner. Using dice to help you decide how to experiment takes the pressure off you both. So let fate into your bedroom and prepare yourselves for some serious passion ...*



## **GAMES FOR GROWN-UPS**

The original *Sex Play* presented an essential guide to all things sensual, teaching about bedroom communication, basic oral and manual techniques and finding the best positions for you, all through a series of exciting dice games. Now, in *More Sex Play*, it's time to take things to the next level, with even more advanced techniques and saucier suggestions.

Just throw one of the three specially designed lovetriple dice onto the casting board to determine the game category, then throw all three dice, total your score (reading the figure shown upright on each die), turn to the relevant game - and prepare yourself for the hottest sex lessons ever! Or, if you like, you can just work your way through the four groups of games in order: Touching Times, Oral Pleasures, Passionate Penetration and Kinky Fun. Just make sure you're stocked up for a long night of indulgence if you do.

And, there are hidden surprises to come. By picking a Wild Card when the prompt comes at the end of a game - or whenever it takes your fancy! - you will find yourself adding yet another dimension to your play.

*More Sex Play* is designed to be a fun way to spend time with your partner, so if you don't fancy a particular activity, just roll the dice again. But, remember, every technique is designed to encourage you to push the boundaries of your normal, perhaps cosy, sexual behaviour in order to enhance your love life. As you relax into the games, you will not only have the most fun you could imagine, but you can also learn more about what your partner really wants.

## **THE TECHNIQUES**

Everyone has something new to learn, no matter how experienced they are, and this is doubly true in the bedroom. By experimenting with different oral, manual and generally sexual techniques, you'll expand your horizons and, who knows, maybe discover something new that drives your partner wild ...

So what are you waiting for? Put the lights down low, slip into your sexiest underwear and prepare yourself for a night of passion. You have nothing to lose but your inhibitions.

# The Games

## *Touching Times*



*The skin is the largest erogenous zone in the body, so it's hardly surprising that touch is such an integral part of foreplay. From massage to masturbation, lube to leather, learn how to rub each other up the right way with all kinds of new and inventive tricks.*



### **TOTAL 3**

## **Love yourself**

*Masturbating in front of your partner is a fantastic way to communicate what you like sexually. And watching your partner get orgasmic with a self-love session can give you all sorts of clues about what they like being done to them. It's the ultimate form of show and tell ...*

### **TO PLAY**

The whole point of masturbating in front of your partner is to do it in the way that you would if you were on your own. Your aim is to let your partner see how you touch yourself and, with any luck, pick up some tricks on how best to please you. As such, there's no set technique.

If you use your fingers or hands, do that. If you use a toy, get it out - although women should be wary if their toy is

significantly larger than their partner as this can lead to feelings of inadequacy. Assume the position you normally get into to masturbate, whether on your back, on your front, on your side or swinging from the chandeliers. If you usually have a particular piece of music playing, or a prop like a pillow involved, set the scene as you usually would. Then let yourself go.

Make sure that you watch your partner as they indulge themselves, too. This is designed to be a mutual learning experience. Note what position they are in, whether they're using one or both hands, where exactly they're stroking themselves, how much pressure they're using. And, of course, admire the view while you learn.

### **BENEFITS OF THE GAME**

By masturbating in front of each other you're showing mutual trust. You need to be incredibly comfortable with someone before you can share such an intimate act, and so this is a massive compliment.

A lot of people feel embarrassed talking about sex, and sometimes it can be easier to communicate through body language alone – even if that body language is explicit in the extreme!

Pleasuring yourself while your partner watches also means that both of you can get aroused in the way that you know best. This makes it a great form of foreplay if one of you tends to get aroused much more quickly than the other one – as long as you don't get carried away and take things to their natural conclusion.

This can also be a good technique if you're both tired after a long day at work but like the idea of having sex. By getting yourselves 'warmed up', you're taking pressure off your partner and giving each other a visually stimulating treat into the bargain.



Best of all, masturbation is actually good for you: it keeps your skin clear, makes your hair shiny and sends feel-good chemicals around your body. What could be better than that?

### **FOR HIM**

Men tend to be visually stimulated, so this has the advantage of not only teaching you a sexy lesson but also giving you a wonderfully explicit view of your partner. Just make sure you don't get so carried away that you forget to concentrate on what your partner is doing to herself.

It's also a good way of getting feedback on your technique without having to put your ego on the line. By watching what your partner does to herself, you can learn about her likes and dislikes - infinitely easier to cope with than having constant 'left a bit, right a bit' criticism.

You can also show your partner exactly how you like to be touched. Maybe you play with your balls, grip your shaft particularly hard or stroke your anus when you masturbate, but feel too embarrassed to communicate it verbally? Now's your chance to let your partner know what you enjoy.

### **FOR HER**

To start with, you've got much higher chances of getting an orgasm than usual. After all, no one knows your body better than you do.

This technique can also have a positive impact on your body image. Once you see how aroused your partner gets watching you pleasure yourself, which he undoubtedly will, you'll probably see yourself in a much sexier light - not to mention that facing any fears you have about being an overtly sexual person in front of your partner will help you accept your inner sensuality.

And, of course, there's the big benefit of teaching your partner how best you like to be pleased - a benefit that

will last well beyond the mutual masturbation session, with any luck.

## VARIATIONS

If you masturbate in various different ways, write a list of the options, then roll your love-triangle die to decide which one to go for, such as:

- 1** = masturbate with a toy
- 2** = use one hand
- 3** = use both hands
- 4** = use non-genital contact only

You can also take it in turns to masturbate in front of each other, rather than doing it at the same time. Vary the position that you watch from. For example, you could go for an extreme close-up view by lying between your partner's legs, or protect their modesty by observing them in a carefully positioned mirror.

*... Touch me slowly ...*



## HOT TIPS

- ◆ Don't fake orgasm. Even though you may feel self-conscious at first and want to get it over with as fast as possible, the point of this exercise is to show your partner what you want, and to see what they enjoy.
- ◆ Make as much or as little noise as you usually do when you masturbate. The aim is to show your partner what you're like when you indulge in a solo love session.
- ◆ Don't be tempted to put on an act. The way people masturbate in porn is often highly misleading, so don't be tempted to simulate what you've seen on screen. You can guarantee the real thing will be much, much sexier.
- ◆ If you're tempted to join in, ask your partner if they'd mind - but let them lead the way. Put your hand underneath theirs so that you can feel how much pressure they're using, and so that they can guide your speed. By

offering manual guidance, you both stand a better chance of giving each other the ultimate pleasure.

## TOTAL 4

### Giving great head

*The scalp is super-sensitive, so giving a sensual head massage can be an unusually erotic form of foreplay. But that's just one way to use your hair during sex. You can also trail long hair sensually over your partner's skin - or get even kinkier ...*

#### TO PLAY

First, roll a single love triangle to choose one of the following options:

- 1** = giving a scalp massage
- 2** = stroking your partner's body with your hair
- 3** = washing your partner's hair
- 4** = using your hair for kinky fun

Now, carry out the action dictated by your die roll.

If you roll a 1, give your partner a scalp massage. When massaging the scalp, start at the hairline in the centre of the forehead. Oil may make it easier, as long as you don't mind showering with your partner afterwards - almond or coconut oil are the sweetest-smelling. Using the pads of your fingers, gently make circular motions, moving gradually around the hairline towards the back of the head. Be very gentle around the ears, particularly at the dimple underneath them, as too much pressure here can be very painful. Once you've massaged around the entire hairline, move gradually inward in larger circles, working your way towards the top of the head. You can use more pressure on the scalp itself. Finish the massage by trailing your fingers over your partner's neck while pressing your thumbs into the base of their spine, then giving them a brief shoulder rub. You'll relieve tension and make them feel sexy at the same time.

If you roll a 2, use your hair to stimulate your partner's skin. If you have long hair, look your partner in the eye while you brush your hair over their most sensitive parts. It's a technique that's been recommended since the Kama Sutra. Even if you have short hair, this can still be pleasurable, although you may want to blindfold your partner or ask them to close their eyes, as it can look a little silly. Focus on sensitive spots like the chest, stomach and inner thighs.

Should you roll a 3, go for washing your partner's hair. Combine it with a scalp massage ([see these pages](#)), and sit in the bath with your partner so that they can feel your naked skin against them as they lean into you. Or, to make your partner feel utterly indulged, play 'slave' and kneel by the bath as you wash their hair.

And if you roll a 4, think no-holds-barred play! If you have really long hair, you could wrap it around your wrists to make surprisingly effective handcuffs - every time you move, the pain will remind you to stay still. Alternatively, wrap your hair around your partner's penis then deliver a sensual hand-job, or use your hair to flick lightly over your partner's clitoris. If your partner's clitoris isn't too sensitive, you may find that this is enhanced by holding back the clitoral hood as you run your hair over her hot spot. If you have short hair, why not try a wild lovemaking session, where you grip each other's hair during sex, or maybe even use hair-pulling to direct each other's movements. You'd be surprised how many people have tried hair-pulling during sex to good effect!

## **BENEFITS OF THE GAME**

The scalp is full of nerve endings, and head massage has been used as a relaxation aid throughout history - it's even referred to in Ayurvedic texts that are 4,000 years old. Scalp massage has been referred to as 'foreplay for the head', and

washing your partner's hair combines that foreplay with a cherishing and respectful act.

Using the hair to stimulate your partner's skin or even genitals offers a gentler touch than fingers, and it's also a surprise move that shows you're prepared to put in effort and innovation to keep your sex life fresh - always a good way to keep your relationship vibrant.

### **FOR HIM**

Long hair is well-known as a sexual signifier for men, as it suggests a woman is fertile. Incorporating hair into your sex play not only draws attention to your partner's femininity, helping you feel more masculine, but it also stimulates your nerves in a new way, helping you focus on lighter sensations than you may otherwise be used to. Having your partner's hair rubbed over your body is also a good way to find new erogenous zones. And regular scalp massage can also help discourage hair loss, so it's a good way to prevent yourself from going bald!

### **FOR HER**

Many women complain that their partner is too rough during foreplay. By using his hair to stroke you, your partner is forced to go gently - hair can only be so rough! Scalp massage and hair-play are also highly relaxing, which increases your chances of reaching orgasm as stress is one of the major libido-inhibitors. And having your hair washed will make you feel like a princess - always a good way to get in the mood. Regular scalp massage also keeps your hair shiny and glossy, so you get positive beauty benefits out of hair-play too.

### **VARIATIONS**

If you don't have time to wash it, try brushing your partner's hair. They'll feel pampered. This can be a loving and sensual

start to the day. If you're somewhat more kinkily inclined, plait your partner's hair for them to use as a whip on your body - or plait your own to give them a good thrashing.

Give each other a pubic hair massage, or clip each other's pubes into a sexy shape - a heart or arrow (pointing to where you want to be stroked). Use a special pubic hair trimmer to avoid the risk of cuts, though.

### **HOT TIPS**

- ◆ Conditioner is great for massage in the bath, and is an ideal alternative to shaving foam when shaping pubes. And make sure you condition your hair regularly to keep it silky smooth too. It'll feel much better when you're rubbing it over your partner's naked body.
- ◆ Don't rush hair-play. The longer you spend on it, the more sensitive your nerve endings will get and the greater state of relaxation you'll achieve. If it gets too ticklish, consider moving to a more traditional massage with your hands - and it's certainly best to avoid caressing the feet with your hair unless your partner is utterly devoid of ticklish spots!



*Shuffle the Wild Cards and pick one. Before looking at it, roll a die. If it's an even number, the woman does what the card says. If it's an odd number, the man does.*

## TOTAL 5

# Twice as nice

*Using your hands on your partner can be highly pleasurable, and using your tongue to tease their most intimate areas is another wonderful way to blow them away. But when you combine your fingers and your tongue ... things can get seriously intense for you both.*

### TO PLAY

Start by rolling a love triangle to pick your technique:

- 1** = twin stimulation
- 2** = dual stimulation
- 3** = it takes two
- 4** = on the outskirts

If you roll a 1, use your fingers and tongue to stimulate the same area of your partner's genitalia - for example, using your fingers to hold back your partner's clitoral hood or foreskin while you use your tongue to lick the exposed tip.

Roll a 2, and you should stimulate different parts of your partner's genitalia with your hand and mouth. For example, if your partner's male, try masturbating his shaft with your hand while your tongue flicks over the head of his penis. If your partner's female, softly suck her clitoris while simultaneously pressing a finger or two against her [G-spot](#).

A total of 3 is seriously ambitious - use both your hands as well as your mouth on your partner. To pleasure a man, entwine your fingers with your palms facing each other, then use both hands (and some saliva or lubricant) to masturbate your partner while your tongue circles the head of his penis. And to make a woman feel fantastic, spread her labia with one hand to allow your tongue easy access while you slip a finger or two of the other hand inside her.