

THE ENERGY-BASED REALMS

Volume 6: The
energy-based realm
Atlantis



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1. Introduction

Maybe you feel like many other people: You carry the energy of Atlantis in your heart. Pure and clear. It's part of you, kind of. Yet, it is part of your longing for a holistically healthy and natural (human) life. Something that can currently, not necessarily often, be found on planet earth.

The era of Atlantis contained many dark sides. However, it also embodied a lot of light. During this era, many great things were created and implemented on planet earth. You were there, back then. Yet, you still carry this knowledge and all the skills that you acquired back then within you. Knowledge and skills that human society, here and now, urgently needs. Knowledge and skills that you yourself (urgently) need for your future tasks.

When the realm of Atlantis went under, some highly developed residents changed plains and created the energy-based realm of Atlantis. It only existed for some time in the fifth dimension of the planet earth, then experienced an immense increase in frequency and is now at home in the seventh dimension of the earth. The energy-based realm of Atlantis bases on the history of the materially based Atlantis and has developed massively at the same time. However, it also bases on the roots of the founding of the energy-based realm: The inhabitants of the current energy-based realm, Atlantis, are all highly evolved beings.

Perhaps this is one of the reasons you are drawn to the subject and energy of Atlantis repeatedly. You long for a life in which you can move in your natural size and are surrounded by beings who are at your natural level of

development. Healthy counterparts at your eye level. Something you are sorely missing repeatedly, right now. We would like to deepen this topic - among other things - in this book.

However, we would also like to bring you closer to the energy-based realm of Atlantis and, we would like to support and encourage you to deal with yourself a bit deeper.

If you have gone through your very personal process of becoming conscious and by doing so, clarified your finances, your relationships, and your experiences. If you then, are on the fundamental frequency of your own inner essential self (again), you can be very, very proud of an extremely strenuous path and thus you can look back on an extremely high personal performance. Something that must be appreciated. Ideally, by yourself, first.

If you then consciously look ahead, you will see a clear picture there. Different than you thought and certainly different than you would have planned. Yet, what you see there suits you. It fits you and your actual inner being immensely perfectly. Your future becomes essential, so to speak.

And if you like, let go of all previous mental future constructs. Let yourself be consciously involved in the picture that shows up so clear to you. Consciously allow it to be realized.

Optimally adapted to you and your current personal environment and thus serving all people involved to the highest and best. You don't have to contribute anything. Nothing to plan and nothing to organize. It is already. Pure and clear before you. And once you have reached your actual frequency of being, it involuntarily begins to unfold and manifest.

Yet, if you are mindful, you will recognize that the individual puzzle pieces have been building up for some time in your current life. At best, this may support you in realizing how life is extremely perfect and richly prepared for you.

You don't have to work on your front (anymore). You don't have to generate the necessary finances either. You don't have to believe in the picture, you don't have to meditate on it. It is. Your front.

We have already emphasized it in several of our books and at the same time, notice that you are still a person in human society and thus repeatedly fall into human (thought) patterns.

One of them is the conviction that you have to consciously imagine your front and then work it out consciously. You must work. You must work hard and you have to work a lot if you want to achieve something (big). Since your entire being has now probably changed the level and thus the mode, your hard working succeeds decreasingly. Quite often, not at all, honestly.

In addition, during your own personal increase in frequency, you have detached yourself from the global economic system and so, you can neither authentically "think economically" nor "act economically or even live it" anymore. Even if you try. You can indeed act formally and move adequately in this reality, but you cannot (no longer) succeed in effective economic efficiency.

At best, only you can perceive this yourself, but this is enough to make you feel insecure. Logical and completely normal. An immensely large and comprehensive change in your life is happening to you. Unusual and often new. You have changed levels with your holistic system and thus left the old behind. You cannot go back there, even if you

continue to move normally in the human systems and (apparently) nothing has changed towards the outside. Most of the people around you do not understand it and yet, your mode of life is completely different from theirs. You feel that. Your human mind too. And this is not always easy to wear in everyday human life.

And so, we encourage you to consciously let go of everything that is old. Consciously leave behind what burdens you. Consciously detach yourself from it. Consciously work on whatever still shows up in you in the described topic. Until it no longer appears in your mind.

Meanwhile, consciously immerse into the picture in front of you, several times a day. Switch off your mind when you do this and instead take a holistic view of what is revealed to you there. Perceive how it holds and carries and becomes continuously bigger and stronger. Immerse yourself, give that space that you grasp and allow it to be realized in your very practical life.

This procedure is new and clearly unusual for your human mind. At the same time, it represents the most effective way of creation in your new mode of life.

If you like, let yourself into it consciously. Deliberately immerse into your front repeatedly and then observe what begins to change on the outside. You not only have to get to know the new approach, but you also must experience very practically how it works. Yet, how it holds and carries. This is the only way you can get involved more and more with the new.

"We" are in this book:

Susanne Edelmann, conscious human embodiment of the Ascended Master Lady Nayla Og-Min and the author of this

book.

Lady Nayla Og-Min, Ascended Master, acting in many ways; within human society and in the context of planet earth.

Lord St. Germain, Ascended Master, currently abused and vilified many times, among people. Yet, he's no less effective in his acting. One of the 10 currently incarnated Ascended Masters on planet Earth.

Ovid, If you have read several of our books, you have read several times with the name Ovid that it is a highly developed being in the current incarnation of an Arcturian. However, one was never embodied as a human being, but the other was. And if this irritated you, you have hopefully been able to grasp the underlying answer of this (apparent) incongruity. If not, we want to dissolve here and point out that Ovid was sometimes the one, then the other. Something that can be determined at any time using the corresponding energy signatures.

We assume that our books (will) irritate you repeatedly. In such situations, we encourage you, within yourself, in exchange with your own inner essential self, to ask about the beyond. If you are pure and clear, the corresponding truth will always be transparently revealed to you.

Lord Felix, he too, is one of the currently 10 humanly embodied Ascended Masters. Neither his human embodiment is what people imagine a human incarnation of an Ascended Master to be. Something that you will also be able to find out effortlessly if you google for "Susanne Edelman" on the web.

At the same time, you will be able to capture his title "Ascended Master" in his human energy signature at any

time, provided you have a correspondingly expanded consciousness. Something that you can also do with the person "Susanne Edelmann" at any time, by the way.

At the same time, we all - also - live a completely normal human life and have no intention of becoming a "pink elephant" or getting entangled in all sorts of strange human fictions. And so, the 10 of us are well protected, honestly.

We hope you can understand this and ask you as a reading person to respect this carefully and to focus fully on yourself.

Lord Ben Josef, Ascended Master. His current human embodiment has already reached an age in which we have mostly had to leave human life behind us, until now. Nonetheless, he is now on his way extremely successfully to achieve full awareness in this human embodiment. A high performance when viewed from the outside.

May this book serve you! You personally!

Warm regards

Susanne Edelmann, Lady Nayla Og-Min, Lord St.
Germain, Lord Ben Josef, Ovid, Lord Felix