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## Anatomy of the Eyelid, Orbit, and Lacrimal System





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A Dissection Manual



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Richard R. Schmidt, PhD

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Edward H. Bedrossian, Jr, MD, FACS

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Bradley N. Lemke, MD, FACS

## **Preface**

A strong foundation in anatomy is the basis for excellence in surgery. There are many outstanding textbooks on anatomy of the eyelids, orbit, and lacrimal System. This textbook, however, is different in that it presents a step-by-step dissection in a layered approach, simplifying the overwhelmingly complex anatomy.

Not all structures will be clearly evident in all specimens. Therefore, sharing of well dissected structures with others is encouraged. The dissection is best performed slowly and carefully to limit accidental damage to underlying structures. A basic knowledge of the anatomy prior to the dissection will enhance the experience and allow for a better three-dimensional appreciation.

The manual consists of seven chapters. To maximize the use of each specimen, it is recommended to follow the chapters sequentially. Chapter 1 describes how the specimens are prepared and stored. Chapter 2 describes dissection of the eyelids. Chapter 3 describes dissection of the anterior orbit, posterior to the orbital septum. Chapter 4 demonstrates the cavernous sinus. Chapters 5 and 6 describe the dissection of the orbit from above and from a lateral approach, respectively. Finally, Chapter 7 demonstrates the nasolacrimal system and paranasal sinuses.

This "dissection manual" has been in the making since 1983, when Edward H. Bedrossian Jr., finished his ophthalmic plastic and reconstructive surgery fellowship with Bryon Smith, John Simonton, and Robert Della Rocca. As a fellow, he met Dr Bradley Lemke where a respected friendship developed over a common interest in orbital and facial anatomy. With a strong foundation in three-dimensional anatomy, Dr Bedrossian joined the Oculoplastic and Reconstructive Surgery Department at Wills Eye Hospital. In 1984, he became the director of the Annual Wills Eye Hospital Resident Orbital Dissection Course. He met Richard R. Schmidt, then Associate Professor of Anatomy, Pathology, and Cell Biology at Thomas Jefferson University College of Medicine. Over the next 38 years, without interruption, the two developed and refined an instructional course that is regarded by residents at Wills Eye Hospital as one of the most important courses of their residency. It expanded to include ophthalmology residents at Temple University and Philadelphia College of Osteopathic Medicine. Over 700 residents and oculofacial plastic fellows have benefited from the course, which follows the step-by-step approach outlined in this manual.

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