# VOLUME FIVE THE COMPLETE SERAPHIN MESSAGES

Ten years of telepathic communication with an angel



**ROSIE JACKSON** 

## THIS BOOK IS DEDICATED TO ALL READERS AND ALL THOSE WHO SEEK ANSWERS

May you be blessed with

intense curiosity,
deep compassion,
the desire to overcome all obstacles,
and the thirst to fully understand

for these will move you forward on your spiritual path, enabling you to contribute to the rebuilding of a new world

My deepest gratitude goes to Seraphin for his trust and for the wisdom he has provided

Deep gratitude also to all the spiritual seekers who have shared their stories and posed their questions in Seraphin's question and answer session.

Thank you to all translators, proof-readers and video makers for their dedication to the Seraphin material

Rosie Jackson

#### **TABLE OF CONTENTS**

#### Introduction

#### **Seraphin Messages**

- 431: FIREWORKS IN THE DISTANCE
- **432: EXPECT COLOURS**
- **433: EXPRESSING THE DIVINE**
- 434: BREAKING INTO A RUN
- 435: MOVING TO HIGHER HEART GROUND
- 436: YOUR CHOICE OF HOPE
- 437: LIBERATION FROM SOUL CAGES
- 438: THE GREAT THAW
- 439. THE CHANGE
- 440: WANTING THE END
- **441: UNCOVERING TRUTH**
- 442: THE NAVIGATOR
- 443: THE MOUNTAIN OF LIES
- 444: WHAT IS THE END?
- 445: DO YOU WANT FREEDOM
- 446: THE POINT OF A NEEDLE
- 447: THE MANY FACES OF PERFECTION
- 448: BLESSINGS IN DISGUISE
- 449: RECOGNISING THE GREAT UNSEEN

#### **450: THE DIVINE INDWELLING**

## SERAPHIN ANSWERS QUESTIONS ON RELATIONSHIPS

Outer appearances

Parent - child relationships

Helping a relative

Providing financial help

The elderly and elders

Dealing with grief

Difficult relationships

Nurturing new souls

Partners and family

#### **SERAPHIN ANSWERS QUESTIONS ON BEHAVIOUR**

Reasons for abusive behaviour

Forgiveness

Addiction

Surmounting loneliness

Humans killing each other

**Human failings** 

Suicide

The subconscious mind

Religious influences

**Happiness** 

## **SERAPHIN OFFERS ANSWERS TO PROBLEMS**

The civil rights movements

Using meditation in prisons

Sexual abuse

Refugees

LGTB issues

Putting down pets

Loss of a pet

Drugs

The education system

Euthanasia

Homosexuality

Young people and jobs

Our mad world

Artificial intelligence

The quality of our soil

**Predatory animals** 

Dealing with trauma

Teen suicides

Money

**Borders** 

## SERAPHIN ANSWERS QUESTIONS ON SPIRITUAL ISSUES

Our task on Earth

All things being revealed

Being unique

Responsibility for death

The soul entering the foetus

Birth

Higher self and accessing divine knowledge

Divine intuition

Soulmates

Misuse of the word Christ

Low level consciousness

Free will

The healing power of love

The spirituality of sport

Seeing the same number repeatedly

Karma

Hearing bell tones

The significance of dreams

Our missions

### **SERAPHIN ANSWERS QUESTIONS ON THE UNSEEN**

Angelic beings

Out of body travel

Devic beings

Arguments with dark entities

Telepathy with poisonous plants

Past lives

#### Time

## SERAPHIN ANSWERS QUESTIONS ABOUT THE FUTURE

Future agriculture

Star seed children

Hierarchies in future society

Root causes of problems

Future climate

**Human potential** 

**Excellent preparation** 

Authority on the new earth

Education and art

#### **SERAPHIN ANSWERS QUESTIONS ON HEALTH**

Human metabolism

Returning to health

Pineal gland

Food quality

Sleep

Organ transplants

Ear tones

Vegetarianism

Health

Causes of weak immune systems

Healing

#### **Allergies**

## SERAPHIN ANSWERS QUESTIONS ABOUT THE EARTH

Nature as a system

**Pests** 

Ley lines and sacred buildings

Communication with nature

Creating gardens

Medical help

**About the Author** 

**Rosie Jackson's Websites** 

Other publications by Rosie Jackson

**The Spiritual Revolution Project** 

#### INTRODUCTION

For over a decade, I have been receiving telepathic messages from the angel Seraphin in the form of very fast medial writing, noting down the words which I hear in my mind. This is the fifth volume of *The Complete Seraphin Message*s, and consists of two parts.

Part One contains Seraphin's most recent messages, received between November 2020 and May 2021 - a period of intense physical restriction due to "pandemic" measures, and thus also of intense soul-searching.

Seraphin makes it clear to us that nothing is going to "return to normal" following the lifting of these restrictions. In these twenty most recent messages, Seraphin addresses us in an increasingly acute situation – a world permeated with corruption, uncertainty, violence and confusion, and he asks us whether, in the face of this, we are EXPRESSING THE DIVINE IN EVERY MOMENT, or whether this is something we only do on Sundays.

Why is this so important?

Seraphin is very clear about this:

"Your actions, if they are guided by the DIVINE WITHIN. are the "guiding lights" which will rally society when it reaches its deepest collective trauma"

Seraphin urges us to act, for the sake of humanity:

"If you fall into desperation, how can you be effective? If you look away, how can you reasonably assess what is in front

of you? And if you fear, how can you lead the "sheep" into the fold?"

He also advises "absolute singlemindedness of purpose", without succumbing to any distractions. This is one of Seraphin's most astounding statements from this volume:

"If you know 100 percent that you are walking in the right direction, and if you know 100 percent that you are benefitting humanity with every footstep and every breath, then you will be happy always"

This is a "test" on many levels, in completely different ways which meet the eye. Either we have blithely accepted the proffered narrative, or we have searched for our own truth. In our comparative isolation, we have also been forced to reconsider our priorities, what we are living for, what has genuine lasting value, and what constitutes "happiness". We have also learnt about our dependencies, our addictions, our measure of willingness to comply and our measure of determination to resist.

Our greatest challenge is that we are often anchored in the material world, falling into despair when this fails to function, and failing to recognize THE GREAT UNSEEN, and here I would like to refer you to a really stunning message in this volume: Seraphin Message 449: The Great Unseen.

Part Two of this volume consists of a question and answer session during which I channelled Seraphin's answers to 92 questions, posed by spiritual seekers on a public internet forum in 2016.

What questions do people have?

What answers does Seraphin give?

The questions cover a wide range of subjects and acute problems. Usually, the answers contain valuable advice and a huge expansion of perspectives which the questioner can "run with", if so desired. Often, the questioners felt completely exhilarated after receiving their reply, because it gave them so many new aspects to think about.

Seraphin's answers are not "cut and dried". He will never answer "yes" or "no". He will never hand out solutions on a plate, with no personal effort involved. This is out of love. This is due to his eternal desire to support us in our spiritual progress, to make us into independent thinkers who will launch joyfully into new investigations of self, of our behaviour, of our relationships with others.

Seraphin wants us to conduct our own investigations and come to our own enlightened conclusions. He is less of a teacher of concrete knowledge and more of a catalyst in service to our spiritual growth.

Seraphin's answers are always laced with great compassion. He offers solace to those who need it. He chooses exactly the right words to communicate with the individual concerned, and provides exactly the right level of information so that it can be fully digested.

While the numbered messages (450 to date) which are addressed to all inhabitants of earth have their own intrinsic value, striking different chords with different readers, the incredible gift of such a question and answer session is to receive tailor-made, customised answers which never fail to address individual questioners in a way which they can currently accept. It also serves as inspiration for readers, demonstrating that it is possible to build a relationship with one's own personal unseen guide.

Seraphin never fails to thank these seekers of his wisdom, and he always reminds them of their intrinsic value and huge potential which will benefit humanity if they launch into their various missions with enthusiasm, dedication and determination.

To Seraphin, my eternal gratitude.

Rosie Jackson, June 2021



## Seraphin Message 431: FIREWORKS IN THE DISTANCE

Through Rosie. 12<sup>th</sup> November 2020

Dear Citizens of Earth; we assume that if you are reading this, you have a certain measure of concern about present "despiralling" events and the state of your earth. We use the word "despiralling" as in the image of a whirlpool sucking everything down into a bottomless pit.

More and more cases of criminality are arising, especially on the political scene where there is a great battle for power, and indeed those who have committed these crimes will inevitably be sucked towards their "doom". Escape is unavoidable. Their actions have determined the results, and this is the way the cosmic law of cause and effect pans out.

Can you see that a ribbon of tension is building up to such an intensity that your earth will be strangled by the EFFECTS of violence and corruption – not only the violence of present times, but also the CUMULATIVE EFFECT OF ALL WARS IN THE PAST, involving the slaughter of millions on various parts of the globe at various stages of your history?

Does your heart go out to her, the witness of so much suffering, traumatized by it, unable to put an end to it, seeing the aftermath – the physical, mental and spiritual destruction? Would you not also say I CANNOT TAKE IT ANY MORE?

And we say that all physical demise leaves its mark and is accompanied by spiritual death, as everything is intimately connected. Your planet can no longer play host to masses of evil-minded people. YES, EVIL – not simply careless or absent-minded. It has been one of your core faults to fail to recognise evil, thus allowing it full reign, thus allowing it to become rampant worldwide. What is the remedy for this? What will create mass awakening to this situation?

Can the earth shoulder it alone? Are you alone in the universe? Are there no other forces observing your sorry plight? Is no-one willing to help? You can be sure that the answer to all these questions is NO.

Let us return to the title of this piece, which announces that there will be "fireworks in the distance". There will be some who are cowering in fear and who will hide in their homes. There will be others who hear the noise and see a dull light on the horizon. There will be yet others who will run to the nearest hill to get a better view. And some of these may even have the presence of mind to take binoculars with them to see them better.

From a height, they will clearly see the "fireworks". It will be a spectacular view. There will be multiple explosions. They will be struck with awe, wondering what on earth is going on. Those who have more extended knowledge will know that this massive release of "energy" and "show and tell" involves great elements of danger. They will also know that it simultaneously means that the world is becoming safer.

Those who intuitively know that this is the beginning of a new era will simultaneously know that this means the death of the "old", and that these "fireworks" do not simply symbolize celebration, but mark the end of a way of life, a way of thinking and a way of behaving.

Thus, there will be a global party and a global funeral, accompanied by a loud explosion of firecrackers as is the

custom in some Asian funerals.

Where are you in all this, Beloveds? Our messages have tried to prepare you. May you fare well in this next phase. Seraphin.

## Seraphin Message 432: EXPECT COLOURS WHERE THEY ARE NOT

Through Rosie. 15<sup>th</sup> November 2020

Can you imagine, Beloved Humans on Earth, that you are deeply loved?

Can you imagine that there is a vast host of (for you) unseen beings who are continuing – at all times of the day and night – to usher you into directions which spur your growth, to make you more resilient to any "tragedies", to increase your serenity and courage in the face of all dangers, to provide signs for you to follow along a path which is purely spiritual in nature and – if followed – will lead you to a place of perfect poise and balance?

Can you imagine that this is the same for each individual, providing that they have a morsel of conscience to which one can appeal? Can you conceive of this massive orchestration instigated and maintained by the helpers of DIVINE HAND? Can you imagine that you are THAT IMPORTANT and that you can rise to such DIVINE HEIGHTS?

We say that this is not only possible, but actually PROGRAMMED FOR YOU.

And can you imagine that all DIVINE PROGRAMMING is different for each individual?

And can you imagine that any alternative force, however devious, cunning, unrelenting and determined, can never

succeed – in the final analysis - to infest this DIVINE PROGRAMMING?

From our point of view, as we observe the increasing drama and trauma developing on your planet resulting from the actions of those who defy the DIVINE, and resulting from the actions of those who IGNORE DIVINE SIGNS, you are but taking small deviations on a road already given, a war already won.

But to you, it may seem that your planet is nearing extinction, fraught with war and now also with a so-called virus which threatens to bring everything to a standstill. But this is merely a hiccup in a long journey upwards, in the sense of spiritual development which stretches eternally through many lives and experiences.

With this message, we do not intend to belittle you, caught as you are in present fears and seemingly threatening circumstances, but to remind you of your GREATER SELVES which you cannot see in their entirety.

Your actions on earth are just one aspect of your MULTI-COLOURED AND MULTI-FACETTED PERSONALITY which has descended to earth for a new adventure of HOW TO RETURN TO DIVINE BEHAVIOUR.

So, though your horizon may presently be restricted, know that there is SO MUCH MORE, and that the more you strive to see, the more your life will turn from black and white monotony into fully-fledged, multi-coloured perspectives.

It is fear, as in a main cause, which presents you from expanding your horizons.

Dare to look.

Dare to expect colours where there are presently not, and hold this bright vision in your hearts, Beloveds, when you find yourselves travelling through this temporary darkness.

We love you as always, Seraphin

## Seraphin Message 433: EXPRESSING THE DIVINE

Through Rosie, 19th November 2020

Which part of yourselves are you expressing, Beloveds?

Is it the coarse, worldly part of yourselves which you present to a harsh and unrelenting world? Is it the fearful, intimidated parts of yourselves which is your only perceived answer to atrocities around you? Is it the ego-driven part of yourselves which dives recklessly into the crowd as soon as you move into the public arena? Are you continuously on a stage, defending your position, or making "waves" in a desperate attempt to be seen? Are you exposing the traumatized parts of yourself, presenting yourself as a victim, to make others feel guilty without giving them a chance to understand? Are you indulging in "unsacred" activities, thus contributing to a less than holy world? Or is there a wondrous, secret, creative part of yourselves which is begging to be brought out into the open, if only you would grasp the courage?

Self-expression may be all very well if it alleviates pain, but does it increase another's pain? Is it possible to "go within" and search out that which makes you unique and to promulgate this part of yourself as an INSPIRATION for others?

You will note that our foremost form of connecting with you in this message is questioning, as a way of instigating new thought processes and so that you have another opportunity to self-assess, and to assess the QUALITY of what you are putting out into the world. Is your output beneficial to you

only, or to others also? Does it increase further division of your society (and we say that you are on the verge of final division into multiple, militarized factions which are all too ready to throw themselves at each other's throats in their "passion" for their own particular agenda) or does your output increase understanding, heal wounds and create peace?

All this we would put before you as you decide where to place your energy, and how to present your particular truth to the world.

Note that this is ONLY YOUR PARTICULAR TRUTH, and that while it is important to communicate this, it should not take on belligerent forms which serve only to shock others and to make them turn away in fear or disgust. Earth is riddled with those whose perspectives do not go beyond the perimeters of their own existence, their own procedures and their own trauma. We are not saying that trauma should not be voiced or treated (and indeed the great majority of earth's citizens have been exposed to some manner of traumatic experiences). We are saying that it is necessary to treat these primarily in a private framework, increasing personal understanding of yourselves, before you present the public with a "half-baked" issue or incomplete story.

This may sound extremely harsh to many, especially those involved in lobbies for the oppressed. We admire your courage, but we do not condone violent methods. And you must approach your audience in a way that they are predisposed to understand. Otherwise, your efforts are useless.

How often do you express the "Divine", thus uplifting and inspiring your fellow humans? Do you do this once a week, when you are in a heightened mood after a Sunday service

or favourite pastime? Do you do this on special days like birthdays, or do you express the Divine part of yourselves every day and in every moment? We leave it to you to answer these questions. Know that your answer, and your subsequent actions - if they are guided by the DIVINE WITHIN - are the "guiding lights" which will rally society when it reaches its deepest collective trauma.

This is still to come, Beloveds. Therefore we ask you to make ready. Seraphin.

## Seraphin Message 434: BREAKING INTO A RUN

Through Rosie. 26<sup>th</sup> November 2020

Citizens of Earth who are moving – whether you are aware or unaware – towards a serious set of "crossroads".

At the moment, you are still pacing rather casually. Some of you are extremely cautious, due to restrictive measures in place, or due to anxiety because you realise that many things have been going very wrong, and you sense that the revelation of the truth will actually be so much more devastating than expected. In this, you will be right.

And so, there you walk, either blind, or blinded by some sort of naïve belief that everything is alright, or with downright disinterest, or with a sense of dreadful foreboding, but all knowing that there is NO GOING BACK, and that it is NOT POSSIBLE TO STOP, and that it is not possible to

START OVER WITH A CLEAN PLATE, BECAUSE ALL STORIES AND ALL IMPLEMENTED "SOURCES" MUST PROGRESS TO THEIR INEVITABLE CONCLUSIONS AND RESULTS.

As intensity picks up, you will stop walking and you will break into a run. You will have to WATCH YOUR STEP CAREFULLY, AND YOU WILL HAVE TO BECOME INTENSELY AWARE OF YOUR SURROUNDINGS, OTHERWISE YOU WILL FALL BY THE WAYSIDE, and this is definitely not your mandate.

With this short message, we would like to warn you that it is time to sharpen your senses and to attune yourselves even more to the advice you receive from within, for this will PREVENT YOUR FALL whenever there is danger of fatigue, shock or desperation.

YOU MUST KEEP GOING, ONE STEP AT A TIME, with concentration and dedication to the cause, which is of course the WILL OF THE DIVINE, and which is of course to bring about BALANCE AND SERENITY THROUGH YOUR BEHAVIOUR.

If you fall into desperation, how can you be effective? If you look away, how can you reasonably assess what is in front of you? And if you fear, how can you lead the "sheep" into the fold?

Do you even know where the fold is, or what will comfort those who suffer?

Develop your personal strategies, Beloveds, for you will be "on call", and there will be enough who need your help. Seraphin.

## Seraphin Message 435: MOVING TO HIGHER HEART GROUND

Through Rosie. 7<sup>th</sup> December 2020

Have you noticed, Citizens of Earth, that you are being subtly or even blatantly pushed towards higher moral ground?

There is a powerful "undercurrent" forcing you to pause, to turn around, to survey the plains behind you which are choked in mud and slime, smothering all growth, and to critically appraise the source of all this. It is not enough to simply lift yourselves out of this morass, to escape the dregs and to move to the sides, waiting and hoping that the sun will come out and dry it all up, burning the dross away.

Hope alone will change nothing. Your action is required, movement is required – and by this we mean INNER MOVEMENT TO HIGHER MORAL GROUND, for lack of this has caused the problems under which the majority of humankind presently suffer. Yourself included.

This may involve adopting a series of "absolute" or (in some eyes) radical behaviours, as in keeping to one's own course without any deviation. This is a position of absolute clarity and absolute confidence that you are following the path which is destined for you, and the path which you are simultaneously CREATING FOR YOURSELF.

It is all very well to hesitate and take breaks, wondering whether another direction or approach is better. It is all very well to take a "holiday" from the strenuous nature of such a journey. It is all very well to say "being strict is not the best way".

However, absolute singlemindedness of purpose will serve you best, bringing you swiftly to a place of extremely valuable experience and knowledge which you are then capable of transmitting to others in the most effective way. Suffice to say that your self-discipline in following such steps is ultimately for the good of others, and therefore for yourself, as the greatest joy is to help others on their way.

This may sound like working under extreme duress. We say that if you know 100 percent that you are walking in the right direction, and if you know 100 percent that you are benefitting humanity with every footstep and every breath, then you will be happy always. You will also know exactly how much rest is necessary to replenish yourself, so that you can continue on this journey in the optimal manner. Thus, there will be no such thing as "stress" or "burn out", only continuous joy.

So what direction should you take?

Many on your planet are dictated by needs – the need to eat, have shelter and a supportive community. Money is still (but not for ever) the great dictator. It dictates what you choose to do for a living, it dictates your school and career choices, even your friendships and marriage alliances. You may be able to free yourselves from the dictates of financial concerns for a while, but ultimately, they are always hovering in the background.

With the upcoming great changes, which include the "falling away" of many so-called jobs, the money aspect will retreat into the background, and that which is truly valuable will be revealed in full clarity, which is cooperation on an unprecedented scale in all areas of life. The "dictator" in this new setting will be compassion. Situations which you cannot yet imagine will raise their heads, and you will be challenged to react. May the heart be your compass now and in the future.

How many people do you hate at the moment? Can you open your heart to them? Do you rail daily against those who – in your opinion – do not understand, are acting in a crazy way, are succumbing to fear, are reacting violently or are hiding from their responsibilities? Was there a time when you did exactly the same?

Are you a paragon? If you think you are, and if you think you know the answers to all questions, think again, for if you are perfect, there would be nothing more to learn: yet you are on this planet STILL, and you have not completed your LEARNING PROCESSES: otherwise, you would already have moved on.

Remember that there is so much about other people, and their journey, that you do not know, and it is not your mandate to pass judgement, but to get to know them much better SO THAT YOU UNDERSTAND THEM.

Let not this arrogant stance separate you from your brothers and sisters who are still struggling along their very difficult paths. Do not complain in loud, belligerent voices about all the detrimental activities of others, RATHER SET OUT FOR HIGHER GROUND YOURSELF, COMPASSED BY THE HEART.

May your compassion expand to include ALL, just as you yourself have been included in the past – or in past lives – by beings of a higher spiritual nature who have sought to help and accompanying you through the "valley of death". Yes, these are strong words, yet the "valley of death" – a

narrow path through which all shall necessarily pass – is approaching, and we urge you to guide and hold the hands of those who require assistance. Seraphin.

## Seraphin Message 436: YOUR CHOICE OF HOPE OR CONVICTION

Through Rosie, 30<sup>th</sup> December 2020

Have you very little hope left, Citizens of Earth?

And if you do still hope, what is your assessment of the effects which "hoping" will achieve? Many will – in the face of adversity – simply sit back and "hope for the best". This is placing hope in people and events OUTSIDE OF YOURSELVES, abdicating responsibility and allowing others to aspire to whatever you are yourself aspiring.

This is a sort of transfer of emotion, and also – unwittingly – a transfer of power, for you cannot assume that others share your particular intentions.

When will you awake to this power which you are giving away to others? To hope, without taking action, is futile. It is like burying your face in your hands and resigning yourself to fate. This sort of behaviour is extremely detrimental, allowing everyone else to determine where your path will take you. THOSE WHO DO NOT HOPE BUT WHO GO INTO ACTON WILL TAKE OVER.

You can hope, of course, that they have good intentions, yet in the world as it presently stands, with increasing corruption bubbling to the surface, this would be a very naïve assumption.

To believe in the "good" in people is all very well, and it will on occasion be justified, yet you must realise that there is a very malevolent strain in your human society which is