

Katharina Stertz

maladaptive



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introduction

I like what I do
even though I am not good at it
you should be jealous instead
because I found a way out of my sadness

I rather live in my dreams
and create their colors on my own
than drowning in that salty reality

Shout out to the people

who get excited about the little things
who appreciate the little sunrays in the morning
and admire the same sunrise every evening
like a true passionate lover
who fell in love with the sun

shoutout to the people

who try their best not to care
about other people's thoughts

shoutout to the people

who are the biggest dreamers
who believe in themselves too
who lose themselves
in the deeper meaning of life

shoutout to the people

who are listening to their favorite songs
over and over again
without getting tired of them

shoutout to the people

who are not afraid of facing reality
who dare to fight on their own

shoutout to the people

who can enjoy their life sober
who are glad of their advantages
than taking advantage of you

I know you are stronger than you think
and I am proud of how far you have come

some people cannot see your starlight
when they are living their life on daylight
your time will come
when the sun is going down

listen,
you don't need a formula for everything
some things are incomparable
some things are unpredictable
you need to accept it
as how you accept the incomparable beauty
of two different flowers
and when you realize that
you will be satisfied one day

if you are reading this right now

I promise you

the sun will rise again

the wildest storms will find an end

and the prettiest flowers will bloom

after the strongest rain