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4th Edition

# Ham Radio

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Become an amateur operator and get your FCC license

Learn must-know tips for building and using your ham station

> Communicate during emergencies or disasters

**H. Ward Silver** 

ARRL Handbook Editor and CQ Contest Hall of Fame Member



# Ham Radio

4th Edition

by H. Ward Silver



# Ham Radio For Dummies<sup>®</sup>, 4th Edition

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# Introduction

You may have come across ham radio in any number of ways. Did you browse a ham radio website, see a social media post about ham radio, or watch a YouTube video? Maybe you have a teacher, friend, or relative who enjoys ham radio. You could have seen hams on your newsfeed providing communication after natural disasters like hurricanes or during wildfires. Maybe you saw them helping out with a parade or race or you encountered a Field Day setup, ham radio's nation-wide "open house." Maybe you saw someone operating in a park or on a mountain-top trail. Wherever you find it, ham radio has room for an amazing number of activities and lots of hams just like you!

The traditional image of ham radio is of a room full of vacuum tube radios, flicking needles, Morse code keys, and enormous microphones, but today's hams have many more options to try. Ham radio has been changing rapidly! Although the traditional shortwave bands are certainly crowded with ham signals hopping around the planet, hams use the Internet, lasers, and microwave transmitters and traveling to unusual places high and low to make contact, even to and from the International Space Station and bouncing signals off the moon!

Simply stated, ham radio provides the broadest and most powerful wireless communications capability available to any private citizen anywhere in the world. Because the world's citizens are craving ever-closer contact and hands-on experiences with technology of all sorts, ham radio is attracting attention from people like you. The hobby has never had more to offer and shows no sign of slowing its expansion into new wireless technologies. (Did I say wireless? Think *extreme* wireless!)

# **About This Book**

Ham Radio For Dummies, 4th Edition, is meant to get you started in ham radio and answer some of your many questions. If you've just become interested in ham radio, you'll find plenty of information here on what the hobby is all about. I will explain how to go about joining the fun by discovering the basics and getting a license. Many resources on ham radio's technical and operating specialties are available, but this book introduces them briefly so you can get up to speed as quickly as possible. It is true that a ham radio license is really a license to learn!

Some readers have asked for more license exam study information. That would make this a very thick book! There are plenty of great study guides out there, both online and in print, for all three license classes so I don't overlap with them. Material is available with lots of background information or in question-and-answer formats. There are flash cards, too! Just do an online search for "ham radio exam study guide" and you'll find lots of choices.

If you've already received your license, congratulations! This book helps you change from a listener to a doer. Any new hobby, particularly a technical one, can be intimidating to newcomers. By keeping *Ham Radio For Dummies* handy in your station, you'll be able to quickly understand what you receive on the airwaves. I cover the basics of getting equipment connected properly and the fundamentals of on-the-air behavior. Use this book as your bookshelf ham radio mentor, and soon, you'll be making contacts with confidence.

You can read this book in any order. Feel free to browse and flip through the pages to any section that catches your interest. The sidebars and icons are there to support the main story of each chapter, but you can skip them and come back to them later.

The book has five parts. <u>Parts 1</u> and <u>2</u> are for readers who are getting interested in ham radio and preparing to get a license. <u>Parts 3</u> and <u>4</u> explain how to set up a station, get on the air, and make contact with other hams. <u>Part 5</u> is the Part of Tens (familiar to all *For Dummies* readers), which presents some tips and suggestions for you to get the most out of ham radio. In the online website for this book there is an extensive glossary and a handy supplement to help you with some of the basic math ham radio uses.

Within this book, you may note that some web addresses break across two lines of text. If you're reading this book in print and want to visit one of these web pages, simply enter the address exactly as it's noted in the text, pretending that the line break doesn't exist. If you're reading this book as an e-book, you've got it easy; just click the web address to be taken directly to the web page.

# My Assumptions about You

In writing this book, I made some assumptions about you. You don't have to know a single thing about ham radio or its technology to enjoy *Ham Radio For Dummies*, 4th Edition, and you definitely don't need to be an electronics expert to enjoy this book.

But I ask two things of you:

- » You have an interest in ham radio.
- » You can get online.

Due to the broad nature of ham radio, I couldn't include everything in this book. (Also, if I'd done that, you wouldn't be able to lift it.) But I steer you in the direction of additional resources, that will help you get more out of this book with current information and more explanations.

# Icons Used in This Book

While you're reading, you'll notice icons that point out special information. Here are the icons I use and what they mean.



This icon points out easier, shorter, or more direct ways of doing something. Tips also let you know about topics that are covered on the license exam.



REMEMBER This icon goes with information that helps you operate effectively and avoid technical bumps in the road.



you don't want to know the technical details, skip paragraphs marked with this icon.



warning This icon lets you know that some regulatory, safety, or performance issues are associated with the topic of discussion. Watch for this icon to avoid common gotchas.

# **Beyond the Book**

In addition to what you're reading right now, this book also offers free access-anywhere information at <u>www.dummies.com</u>. This includes two appendixes: a comprehensive glossary and some tutorials on "radio math" that are part of ham radio. There is a long list of short entries and tips on topics like tuning, troubleshooting, ways to operate, suggestions for building gear, and many more. You can access these at <u>www.dummies.com/go/hamradiofd4e</u>.

The website also includes a handy Cheat Sheet that includes a summary of your Technician (and soon-to-be General) class license privileges, common Q-signals and repeater channel info, a list of Go Kit gear, and some handy online resources for you. Just search for *Ham Radio For Dummies Cheat Sheet* in the Search box.

# Where to Go from Here

If you're not yet a ham, I highly recommend you find your most comfortable chair and read <u>Parts 1</u> and <u>2</u> to discover the basics about ham radio and solidify your interest. If you're a licensed ham, browse through <u>Parts</u> <u>3</u> and <u>4</u> to find the topics that interest you most. For a bit of fun and interest, turn the pages of <u>Part 5</u> for tips and bits of know-how that will help you along your way. For all my readers, welcome to *Ham Radio For Dummies*, 4th Edition. I hope to meet you on the air someday!

# Part 1 Getting Started with Ham Radio

# IN THIS PART ...

Get acquainted with ham radio — what it is and how hams contact one another.

Find out about the basic technologies forming the foundation of ham radio.

Discover how hams communicate across town and around the Earth by using the natural world.

Be introduced to the various types of ham communities: on the air, online, and in person.

# Chapter 1

# Getting Acquainted with Ham Radio

# **IN THIS CHAPTER**

- » Meeting hams around the world
- » Becoming part of ham radio
- » Making contact via ham radio
- » Contributing to science with ham radio

Ham radio invokes a wide range of visions. Ham radio operators (or *hams*) are a varied lot — from go-getter emergency communicators and radiosport competitors to casual chatters to workshop tinkerers. Everyone has a place, and you do too.

Hams employ all sorts of radios and antennas using a wide variety of signals to communicate with other hams across town and around the world. They use ham radio for personal enjoyment, for keeping in touch with friends and family, for public service, and for experimenting with radios and radio equipment. They communicate by using microphones, computers, cameras, lasers, Morse keys, and even their own satellites.

Hams meet on the air, online, and in person, in groups devoted to every conceivable purpose. Hams run special flea markets and host conventions large and small. Some hams are as young as 6 years old; others are centenarians. Some have a technical background, but most do not; it's not necessary to enjoy ham radio. One thing that all these diverse people share, however, is an interest in radio that can express itself in many ways.

This chapter gives you an overview of the world of ham radio and shows you how to become part of it.

# HAM: NOT JUST FOR SANDWICHES ANYMORE

Everyone wants to know the meaning of the word *ham,* but as with many slang words, the origin is murky. Theories abound, ranging from the initials of an early radio club's operators to the use of a meat tin as a natural sound amplifier. Of the many possibilities, the following theory seems to be the most believable.

"*Ham:* a poor operator" was used in telegraphy even before radio. The first wireless operators were landline telegraphers who brought with them their language and the traditions of their much older profession. Government stations, ships, coastal stations, and the increasingly numerous amateur operators all competed for signal supremacy in one another's receivers. Many of the amateur stations were very powerful and could effectively jam all the other operators in the area. When this logjam happened, frustrated commercial operators would send the message "THOSE HAMS ARE JAMMING YOU." Amateurs, possibly unfamiliar with the real meaning of the term, picked it up and wore it with pride. As the years advanced, the original meaning completely disappeared.

# **Exploring Ham Radio around the World**

Although the United States has a large population of hams, the amateur population in Europe is growing by leaps and bounds, and Japan has an even larger amateur population. With more than 3 million hams worldwide, very few countries are without an amateur (see the nearby sidebar "<u>Where the hams are</u>"). Ham radio is alive and well around the world. Listen to the ham radio frequency bands on a busy weekend and you'll see what I mean!

Hams are required to have licenses, no matter where they operate. (I cover all things licensing in <u>Part 2</u> of this book.) The international agency that manages radio activity is the International Telecommunication Union (ITU; <u>www.itu.int/en</u>). Each member country is required to have its own government agency in charge of licensing inside its borders. In the United States, hams are part of the Amateur Radio Service (<u>www.fcc.gov/wireless/bureaudivisions/mobility-division/amateur-radio-service</u>), which is regulated and licensed by the Federal Communications Commission (FCC). Outside the United States, amateur radio is governed by similar rules and regulations.



REMEMBER Amateur radio licenses in America are granted by the FCC, but the licensing exams are administered by other hams acting as volunteer examiners (VEs). (I discuss VEs in detail in <u>Chapter 4</u>.) Classes and testing programs are often available through local clubs (see the section "<u>Clubs and online groups</u>," later in this chapter).

# WHERE THE HAMS ARE

The International Amateur Radio Union (IARU; <u>www.iaru.org</u>) counts about 160 countries with a national radio society. Counting all the hams in all those countries is difficult, because in some countries, amateur stations and operators have separate licenses. The United States alone had more than 760,000 hams as of 2020 — the most ever. You may not be surprised to hear that China has the fastest-growing amateur population; Thailand and India aren't far behind.

Because radio signals know no boundaries, hams have always been in touch across political borders. Even during the Cold War, U.S. and Soviet hams made regular contact, fostering long personal friendships and international goodwill. Although the Internet makes global communications easy, chatting over the airwaves with someone in another country or participating in a planet-wide competition is exciting and creates a unique personal connection.



**TECHNICAL** Since the adoption of international licensing regulations, hams have operated in many countries with minimal paperwork. For example, CEPT, the international treaty that enables countries to recognize one another's amateur licenses, allows hams licensed in their home countries to operate within any other CEPT country. The ARRL provides a lot of useful material about international operating at <u>www.arrl.org/international-regulatory</u>.

# Tuning into Ham Radio

Your interest in ham radio may be technical, you may want to use ham radio for public service or personal communications, or you may just want to join the fun. These are all perfectly valid reasons for getting a ham radio license.

# THE RADIO IN YOUR POCKET

You already use a radio to transmit all the time, although you probably don't think of it that way. Your mobile phone is actually a very sophisticated, lowpower portable radio! You don't have to have a license to use it, of course; the phone company takes care of that. Nevertheless, your phone is really a radio, transmitting and receiving radio waves that are very similar to some of the radio waves that hams use. As you find out more about ham radio, you'll also find out more about radio waves in general, and you'll begin to look at your mobile phone in a whole new light.

# Using electronics and technology

Ham radio lets you work closely with electronics and technology (see <u>Chapter 2</u>). Transmitting and receiving radio signals can be as much of an electronics-intensive endeavor as you like. By digging into the technology of ham radio, you're gaining experience with everything from basic electronics to cutting-edge wireless techniques. Everything from analog electronics to the latest in digital signal processing and computing technology is applied in ham radio. Whatever part of electronic and computing technology you enjoy most, it's all used in ham radio somewhere ... and sometimes, all at the same time!

In this section, I give you a quick look at what you can do with technology.



REMEMBER You don't have to know everything that there is to know. I've been a ham for almost 50 years, and I've never met anyone who's an expert on everything. A ham radio license is a license to learn!

# Design and build

Just as an audiophile might, you can design and build your own equipment or assemble a station from factorybuilt components. All the components you need are widely available. Some of the original do-it-yourself (DIY) makers, hams delight in *homebrewing*, helping one another build and maintain stations. In software-defined radio (SDR) equipment, computer code is the new