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Becoming a Master

Book 1: Transformation

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1. Introduction

The earth is in a time of transition. A time that could not be more challenging. In almost every area of life, it becomes apparent that the past has reached its expiration date and it needs new ways. They are not yet obvious, because you can only find them outside the usual patterns of thinking and so far, only a few people dared to think beyond the known. Old becomes weak and leaves. The new is not yet noticeable. This situation creates fear. Socially, but also very personally. Because even in the personal life of every human being, it becomes increasingly visible what no longer fits and belongs to him and thus has reached its expiration date. There too, the new is not yet in sight. To let go off the old and to endure the resulting vacuum requires courage and strength. Searching for and implementing the new requires confidence in oneself, curiosity and openness to engage in the unknown.

New ways require people who allow themselves to think outside the ordinary. Therefore, this tutorial, which spans several bands, wants to help you broaden your habitual thinking and thereby find new, harmonious solutions for you and your environment. It may sometimes confuse you, this present book. Another time challenge you. However, if you dive into the words and the truth behind them, it will always be useful to you.

Your thinking is currently taking place within a clearly defined frame of thought. Mostly without you being aware of it. If your mind is within this framework, you will experience yourself safe and familiar. If you allow yourself to move outside, red warning lights will pop up in your head and flash "dangerously" towards you. No one has ever thought so, certainly not lived and acted.

There you are (again). Your (safely) thoughts lead you back to your familiar ways and therefore your familiar thinking. You create the same old stuff. Over again. Search for solutions and new ways. Get frustrated because you only find another colour of the same.

You have to cross the line to find new ways. You have to open the limits in your mind and therefore in your living.

This book invites you to set out to the path to yourself. Becoming a master means to let go off all ideas of what you have to be or have to do.

The human mind is currently moving in a very tight and stagnant frame and so it is unable to assist you in becoming who you really are. This challenges you to get involved with yourself.

Curiously exploring, experiencing and recognizing. Valueless, respectful and mindful.

You may not always succeed. Your holistic system begins to clean up as well, dissolving all the unpleasant things, which still stick on you.

Therefore, hatred, envy, suffering etc. show up again. Blocked energies that now want to release and dissolve. Let them touch you and feel them again, consciously. Then, release them consciously as well. In this way, you can dissolve.

One after the other.

This cleaning of your system and therefore of your life is neither nice nor easy to bear.

Nevertheless, you will appreciate it over time. As you progress, you realize how your system is getting lighter, softer and more loving. An impact that affects your entire life.

A transitional period includes the altercation and adoption of the old days and the introduction, anticipation and occupation with the new. Both aspects are equally contained

in this time now and equally important. Therefore, sometimes it is not clear in the practical argument where the current topic actually belongs. Which is not significant after all. It seems important to us, that you get involved in the transition. The associated inner work, the letting go off and mourning, but also the anticipation and relief. Meanwhile discovering and enjoying more and more the beauty and the wealth of this present transitional period.

We want to encourage you (and this book may be an active support) to allow you to increasingly think and live beyond the existing norms. Make a conscious decision to discover new ways - living ways. As humanity, you have reached a point where you desperately need them, these new ways. Some people are searching them already.

However, in the outside. Hoping, that others can tell how to find. Therefore, others cannot tell you where your way goes. The real navigation lies within you. So does the corresponding master plan. Your inner self / your divine essence leads you safely, if you allow it. You do not need any instructions outside. Start trusting yourself.

Your very own way! A path that you can neither plan nor direct or control. A way that leads you not only to whom you really are, but also to new and life-giving solutions. For you and others.

Most people are not used to a leading by their heart. Much more, it seems completely irrational to their human mind, deciding out of the heart.

Without analysing or asking different counsellors. Concurrently is the lead of your own heart the only way, which leads you safely, exactly your own path. The way to your really best.

The future arises according to the decisions in the present. Therefore, you need wise decisions.

Decisions, which serve you best.

However, humans are not used to being fully present at this moment. On the contrary, they are dissipated somewhere in the past and at the same time a little bit in the future, another thought with a loved one living on the other side of the city, etc. By doing so, you not only lose the opportunity to fully shape and enjoy that one moment you also deprive yourself of your own power.

You can hardly make good decisions in your present without being present in this very moment. You also need an open connection to your heart who tells you what you need and desire. Right here and in the future.

Transformation means changing through dissolution of the past and thus creation of something completely different. If an entire planet, including all its inhabitants, goes through this process, it challenges at the highest level.

There are at least as many ethereally beings on your planet as embodied. They are here, alone with the mandate to stabilize energetically and thus to reduce the restlessness and the fears, which are triggered involuntarily in humans due to this transformation process. Therefore, you are not alone in your task. Even if it is you, who carry the heavy burden and do the challenging work of transforming.

We encourage you for this challenging time in which you are. You cannot see it yet, but your world, indeed the whole universe, is on the way to a beautiful future. A time of harmony, beauty and love lies before you. You will receive an x-fold reward for all the hardships you are currently carrying.

The time of transition challenges, dealing with multiple changes at a high speed. Something that makes you feel tired, sometimes even very exhausted. True to your previous behaviours, you are now looking for the cause of

this recurrent tiredness in all sorts of supposed diseases. Therefore, there is no (new) disease. It is much more a side effect of a huge healing- or cleansing-process. A process that needs a lot of power. To get you free. Free and healthy.

You are repeatedly tired because your entire system is currently transforming. It is doing this on a high performance level. Therefore, the more often you suffer from fatigue, the more your system adapts to new circumstances.

Tiredness that sometimes feels like total fatigue usually occurs whenever you have nothing vital to do for your daily life. You would like to clean, for example, but the apartment does not really need cleaning, honestly. Therefore, we recommend observing closely the fatigue you are currently experiencing. You will also realize that whenever you have to be fit for use, you will be in full measure. Even if the evening before, you hardly knew how to climb the stairs, you will find out you will be clear and efficient the next morning. Driving for 3 hours to a meeting, leading them in good condition and finally calmly driving back home. As the exhaustion had never been, the day before.

Do not assume subsequently that the fatigue will have gone. The process of transformation needs several years and therefore, once space and time are available again, your holistic system goes down, investing in the current transformation process, inviting you to lie down and rest. Go with your inner leading. Let go off your mentally based requirements and ideas and support your inner process. An unfamiliar matter for you. We are aware of that. However, it will repeatedly accompany you (and more and more people in the course of time) for the next few months (honestly years).

This can make you feel disadvantaged. Especially when your counterpart is joyfully hopping and performing in his everyday life while you are worried being able to keep your job.

You recognize how you move away from so many (apparently important) things and behaviours of society. This makes you insecure and awakens multiple fears in you. After all, you have learned that only survives who is part of a group. The ones that take their parts in society and perform all rituals and obligations. What happens, when you don't do it anymore? Just because you can't.

You are going through a huge amount of worries and anxieties, right now. This uses immeasurable energies and makes you feel unsecure. That is the reason why we decided writing, "becoming a master". You experience the way to full consciousness. Perhaps suspecting, but not really knowing. There are hardly any books, which describe what happens on this path.

Furthermore, any personal support for people being on the way becoming a master. An embodied master. The way is sometimes extremely brutal. It confronts you with different phenomena you never heard of and you often feel alone. Very much alone.

Therefore, we decided to be with you. To be your companions on your path. If you want to.

It makes it easier understanding phenomena and the path itself, if you have the appropriate background knowledge.

Previously, when a human became master, he soon had to leave the earth. The frequency of his body was much too high to stay. The earth increases its frequency now. This gives you the opportunity to stay as an embodied master as long as you want to.

The association of the ascended masters want to support all people who are on the path to consciousness. Therefore,

the ascended master Lady Nayla Og-Min incarnated again and went in this incarnation of Susanne Edelmann the path on consciousness (again). Susanne is now fully conscious embodied master and at the same time, fully conscious, the incarnation of ascended master Lady Nayla Og-Min. Something that has never existed in this way, but now gives us the opportunity to write these books as a community in a very high quality. The five books of “becoming a master” are thus a community work of ascended masters for supporting upcoming masters.

The main authors changes in every book. In this book are the authors:

Adamus St. Germain

Ascended Master, teacher and personal mentor of many people who are on the way of becoming master.

Isis

Goddess of femininity. Repeatedly embodied in many ways, here on planet Earth.

Thoth

Teacher of wisdom, to whom it is a special honour to contribute to this book.

Lady Nayla Og-Min

Ascended Master and World Teacher. One of the personifications of Isis.

Susanne Edelmann

Incarnation of Lady Nayla Og-Min and thus Isis. Independently ascended embodied master and still human woman. Author. Teacher. Mentor.

Your divine essence, has decided to go on the path of consciousness and close the circle of earthly lives.