VOLUME THREE THE COMPLETE SERAPHIN MESSAGES

Ten years of telepathic communication with an angel



ROSIE JACKSON

THIS BOOK IS DEDICATED TO ALL READERS

May you be blessed with

intense curiosity,
deep compassion,
the desire to overcome all obstacles,
and the thirst to fully understand

for these will move you forward on your spiritual path, enabling you to contribute to the rebuilding of a new world

My deepest gratitude goes to Seraphin for his trust and for the wisdom he has provided

Thank you to all translators, proof-readers and video makers for their dedication to the Seraphin material

Rosie Jackson

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About the Author

Other publications by Rosie Jackson

INTRODUCTION TO THE COMPLETE SERAPHIN MESSAGES, VOLUME 3

For those readers who are not already familiar with Volumes 1 and 2 of *The Complete Seraphin Messages*, Seraphin is an angel with whom I have been in frequent contact since 2009. This takes the form of telepathic "mind to mind" messages: I can simply pose a question, and the answer from Seraphin will immediately flood into my head. I write it down as I hear it.

This is the third of four volumes which cover this amazing experience from the very first message to the present day. The tone of the messages has become clearer and stronger over time: this is in direct relation to the increasingly intense situation on our planet, which is over-burdened by countless grievances of our collective making, and this is similarly in direct relation to the increasingly urgent need to address and correct our behaviour.

This earth is a personified individual in her own right, and has made the free-will decision to follow the upward spiritual path. She is thus destined to enter an era known as the Millennial Reign or the "Era of Light and Life", and Seraphin (among others) is tasked with preparing us for this.

Although his texts are sprinkled with stern warnings and admonitions to look at things more closely, he simultaneously gives us unquenchable hope for a better future: this is specifically mentioned in *Seraphin Message 346: A Thousand Sun-Drenched Years: A Message of Hope.*

"Can you imagine, Beloveds on Earth (who have at the very least lived through a thousand years of abomination, corruption and war) that the tables can suddenly be turned, followed by a thousand "sun-drenched" years of peace and prosperity?"

The period preceding this new age, however, is still fraught with difficulties. This is the situation we are in, according to Seraphin:

"The situation is MUCH MORE SERIOUS THAN YOU CAN PRESENTLY PERCEIVE, AND THE CONTINUANCE OF YOUR PRESENT, LOW-LEVEL, COLLECTIVE BEHAVIOUR HAS CONSEQUENCES SO LETHAL FOR YOUR PLANET THAT THERE ARE PLANS IN THE PIPELINE TO STOP SAME. IF YOU DO NOT STOP IT, YOU WILL BE STOPPED"

Seraphin provides us with final warnings, teachings and advice on how to deal with the intense period of chaos preceding this transition. *Seraphin Message 306* from 2017 is entitled "Absolute Standstill" and is a prophesy of the lockdown and quarantine situation in 2020. Ultimately, it is also a prophecy of the earth's own standstill at the end of a long cosmic cycle, enabling renewal.

One of the first messages in this volume pinpoints our dilemma, and how to deal with it:

"How can you move from this position of helplessness, knowing of the depravity, knowing of your collective contribution to it, knowing that so many small deviations from the "right" moral decisions have contributed to the great plummeting pit which now threatens your very existence? Recognising this is part of the solution. Recognising the immense power of your thoughts, which

can similarly bond with others to form a great new mesh of positive circuits, will assist you"

"In addition, it is a good time to consider WHAT IT IS THAT YOU ALWAYS REALLY WANTED TO DO and to EXAMINE IN MINUTE DETAIL WHY THIS HAS NOT COME TO PASS.

Things do not simply "come to pass". They are a result of CONCRETE STEPS, formed by CONCRETE THOUGHTS, in a certain direction.

Instead of hunkering down and retiring from view, we urge you to renew your greatest visions for yourselves in these times of uncertainty, to draw up plans of great detail, to examine every aspect and to determine how you can best use your talents and skills to benefit humankind, FOR THIS IS EXACTLY WHAT YOU WILL BE DOING IN THE FUTURE"

The seriousness of our dilemma, affecting one and all, cannot be underestimated. Seraphin states: "Escape is not an option. You are on this planet, and the planet is in danger." Seraphin and his colleagues are "trying to prevent the global boat from capsizing".

Prompted by powerful, incoming cosmic energies, we are moving from a planet of darkness to a planet of eternal light, and in the course of this we encounter the chaos which has resulted from our poor choices, but which also offers us the opportunity for spiritual rebirth, if we can recognise the part we have played therein. Cutting ourselves off in despair from everything which is unpleasant is not the answer. When we have learnt thoroughly from our mistakes, we will be able to create paradise on earth. So what shall we do? Here is Seraphin's answer:

"To act in accordance with your divinity, extending the "brotherhood of man", bringing living examples of Christ consciousness into the living rooms of the downtrodden, the downhearted and the heartbroken, gentling the hand of the violent warrior and wiping away the tears of the despairing – ALL THIS IS YOUR COMMAND AND IS HAPPENING ON YOUR WATCH."

"Remember the one known as Jesus: great strife and violence is presently occurring in the area of the world where he once trod, desiring peace. To emulate him, to never lose your composure, to never lose sight of your goal, to always retain your connection to the Divine which he referred to as "Father", to continue despite major setbacks and personal deprivation – may this be your ideal so that when you are called to serious duty you may respond with joy and alacrity, your heart jumping and expanding, voicing the words:

I AM ANSWERING THE CALL. I AM IN SACRED SERVICE.
I AM GRATEFUL FOR THIS EXCEPTIONAL OPPORTUNITY.
I WILL RISE TO THE OCCASION.
I AM A PERPETRATOR OF PEACE"

I would like to thank you, the readers, whose sincere desire to effect positive change has led you to read and digest the material in these pages which focuses on our own sacred role, our own spiritual journey, our transition to unity, our global responsibility, our guardianship of earth, and our global makeover.

You are the heroes and heroines of tomorrow and you have my deepest gratitude. Love from Rosie Jackson, September 2020.

Important messages in this volume:

249. I AM A PERPETRATOR OF PEACE IN SACRED SERVICE

250: BUSTING THE MYTHS: DISINTEGRATION OF BELIEF

253: YOU ARE IN SPIRITUALITY SCHOOL

261: GOD IS IN THE HOUSE: YOUR KEY TO CHANGE

267: THE TRANSITION FROM "I MATTER" TO "WE MATTER

276: HOW TO CHANGE THE WORLD THROUGH QUALITIES

285. ALL EARTH IS A CHURCH

295: THE RESURRECTION OF YOUR SACRED SELVES

321: GLOBAL MAKEOVER AND THE GALACTIC FAMILY

Meditations in this volume:

259: THE SILENCE IS DEAFENING: meditation exercise to find your vocation 258: MEDITATION TO DISSIPATE PAIN AND REDISCOVER DIVINITY

Seraphin Message 227: GLOBAL REPAIRS

Through Rosie, 27th April 2015

You will soon arrive at the point where HUGE VISTAS WILL OPEN UP TO YOU, meaning that you will be privy – on a huge scale – to information and landscapes which you may have previously thought impossible, futuristic or unreal. The extent to which this will revolutionise your world DEPENDS ON YOU AND YOUR MOTIVES – WHETHER THEY ARE SELFISH, OR WHETHER YOU ARE INTENT ON BENEFITING HUMANKIND.

What will you see? Apart from new technologies beyond your wildest imaginings (unless you have used your imagination and your researching potential to the hilt) you will also see the EXTENT OF DAMAGE which has been caused by you all as a collective.

The earth has been viewed as a soulless machine which has been overused, mistreated, disregarded, exploited, left to rust, with parts removed so as to incapacitate function.

Or we can compare earth to a plant who has been left for too long in a hot room without water. Both images have their merits and relevance.

So, HOW WILL YOU SET ABOUT REPAIRING THIS DAMAGE? Scattered and discarded parts of the "machine" need to be recovered or replaced or rebuilt. Rust must be pared away. Every cog must be lubricated to enable smooth movement. Every part must be cared for, and essential nuts and bolts must be tightened. Most important of all, programming

must be reset in accordance with the highest benefit to earth and to humanity.

All your relationships must be nurtured, especially your relationship to MOTHER EARTH who has been left to suffer in extreme conditions without sustenance for a very, very long time. Feed her with love daily, for a dried-out plant will not recover immediately. She requires time – not a huge bucket of water thrown at her head immediately out of guilt – for most of this water would sink immediately through the parched soil without being retained. Instead, ensure that she is nourished continually in small steps, like all relationships should be nourished. Encourage her to grow and to trust you once again. Apologise for locking her up in solitary confinement in a hot, dry room. Live in gratitude that she has held out and that she has not capitulated (and taken you down with her) in adverse circumstances.

As you walk through your lives, be attentive to her, be generous, be as forgiving as she has been. Check regularly for pests which threaten her health. Learn WHAT WENT WRONG and show her love that she might heal.

THIS YOUR TASK, THIS YOUR JOY, THESE YOUR FRUITS, THIS YOUR ULTIMATE GLORY ON THIS EARTH PLANE.

Seraphin Message 228: THE MECHANISMS BEHIND SPRING

Through Rosie, 7th May 2015

Many of you on the planet are experiencing SPRING at the moment. As you perceive it, everything suddenly bursts into blossom after months of sleep and stasis. However, it is your learning process to become aware that nothing is actually "sudden", and that this is only as you see it from your limited perspective.

While outward circumstances such as increased warmth and adequate rain are strong factors inducing growth, these do not sway or influence the PATTERNS in which growth proceeds. In actual fact, movement according to essential "imprints" has already been taking place under the ground, far from your view, and the new buds which suddenly emerge contain a wealth of inherent information as to how and when they develop as they should. In this sense, nothing is random or unorganised (and this can be said of the WHOLE UNIVERSE IN WHICH YOU RESIDE) as it is simply the result of the seed planted.

On a metaphorical level, your "underground" has been a stratum of darkness for many. Underground networks have been very active, whether for positive or negative gains. When their activities reach the surface, visible to all humanity, the perfect blooms will be obvious, as well as the distorted, corroded and unhealthy blooms. The "suddenness" of their appearance will take many by surprise, scattering the populace into those who have already done some "digging" (and who have pre-knowledge of the real workings of the world and who has been pulling the strings) and those who have remained on the surface, blithely accepting the status quo.

As the light shines ever more brightly on your tiny planet, know that all plants of whatever beautiful or grotesque nature will rise upwards and crave the sun, thus exposing all. Every mote of dust, every breath of corruption, every secret abuse will rise and shine in this light for all to see and to SEPARATE AND WEED OUT.

Yes, you yourselves will go through a separating process in the final stages, as so often mentioned, but previous to this, your mental mechanisms will grind into working mode and will be forced to assess EVERYTHING WHICH NOW COMES INTO THE OPEN. We wish you strength and determination during this critical assessment programme to which you will all be subject without exception.

Seraphin Message 229: THE SPOTLIGHTS WHICH HERALD TRUE FREEDOM

Through Rosie, 17th May 2015

We look down upon you with great anticipation, Beloved Children on Earth, to see whether and indeed how you will RISE TO THE OCCASION in this - the greatest of experiment you will know. It is in the nature of an experiment that you are presented with a situation to be dealt with. It is a situation you have concocted yourselves, over a very, very long period of time and action, and now you will be required to FIND AN END to the experiment which is not only satisfactory for yourselves but for all involved.

This means, in fact, that everyone will be put UNDER A SPOTLIGHT so that all relevant information is clearly put on show. This means that there will be no more travelling along tunnels with only a slight awareness that there will be light somewhere at the end. This means that there will be no more travelling in dark limousines where the shaded windows keep out prying eyes and prevent light from entering.

This means always taking the high road as opposed to the low road. This means that there will be steep gradients to be conquered for some, in order to climb out of deep ravines. The spotlight will be on you all - not huddling together in groups where no-one can be clearly seen or identified - but individually. There will be no more indefinite, nameless masses.

Neither will there be cold-blooded lack of HEART in the form of blithely overtaking those who are struggling to climb a steep slope. Strange phenomena or unexplained explosions of emotion will no longer be ignored or abandoned or brushed off as a freak situation. In fact, NOTHING will be seen in isolation any more. There will be no more attempting to wheedle your way by devious or dishonest means through paths strewn with problems. All paths will become straight, and all issues will be addressed.

There shall be NO taking of SPACE, or EXCESS AMENITIES for self, in the sense of no selfishness due to greed, or out of fear for your own privacy. TRANSPARENCY will override all else. The "normal" structure imposed on you, and allowed by your actions, such as the insistence that something be paid for as a moral right, will be relaxed, as DEBT will gradually recede as a principle of retribution or transaction.

Men and women will UNITE instead of maintaining the separateness which has damaged relationships for centuries. They will move forward together, holding hands, side by side, without one pulling the other or dominating or dictating the direction. Suffering will cease. The signs of the cross – the sign of suffering – shall be dismantled. The "old ways" and the "new ways" which are of true positive worth will run parallel to each other, complementing each other, as opposed to cancelling each other out or replacing each other.

You will no longer move at great speed through the "countryside" or "landscape" of your own choice, without

paying attention to the ripple effect or noise or contamination caused by your actions. You will not hesitate to prune a branch or an ambition which goes beyond the realms of benefit to humankind, and which stretches into the realm of ego. You will take note when darker clouds present themselves on the horizon. You will not wait until they are right above you, when they are capable of striking you with lightening. Like a tower or a steeple, you will rise above the land to survey the situation from an expanded perspective. You will no longer rely on the maps or guidelines provided so conveniently to you by your slave masters.

Instead you will assess and develop your own initiatives following intense scrutiny of the lie of the land, which will suddenly have a brilliance, a measure of diversity and a degree of unexpected undulation which the traditional map was powerless to display, and which was produced to KEEP YOU IN A SENSE OF POWERLESSNESS, ATTEMPTING (AND SUCCEEDING) to hide from you all these delights and the abundance that you did not know existed.

You will realise – with great sadness and regret - that while you have been directed to go along a dark tunnel with minimal lighting, you could actually have experienced the exhilaration of crossing the mountaintops. The tunnels were built as a quick method of getting you from A to B, so you missed out. And when you exited the tunnel, you had no recollection of what went on above or behind you. Very few have – so far - looked back or turned around to contemplate what they have missed.

There will be a new freshness in your life which YOU YOURSELF WILL GENERATE, instead of "freshness" or "excitement" being brought to you long-distance in refrigerated vehicles to distant, pre-determined places

where there is a LACK of said produce or experience. We repeat that your experiences will be self-generating, and no longer be dependent on sources OUTSIDE OF YOURSELVES.

There will be no specifically "environmentally-friendly" firms, or gestures, or foodstuffs, and this will apply generally. Being "eco-friendly" will no longer be viable as a method of advertising. It will be an expected pre-requisite. Neither will there be "passive" energy systems which can be noted exclusively as such, for these will be everywhere. Such labels will fall away. A whole host of vocabulary items will be made redundant. Sport, music and films will no longer be multi-million dollar industries. They will exist wholly to uplift physical, mental or spiritual development.

The cavities and scars you have incurred on the face of your Mother Earth shall be healed. You will learn to love her. "Intelligence" will not be defined as "successful mental activity, worth of being rewarded with monetary gain", but as "being led by the heart for the benefit of all". There will be no more "controlling nature". You will observe nature's processes, and learn from them, and follow them. You will not exploit. You will smoothly fit in with what she suggests, with gratitude for what she offers, and you will protect her interests, which are your interests also.

You will not associate exclusively with business partners in a play of mutually favour and reward, for you will be PARTNERS WITH EVERYBODY. There will be no "tourists" who need entertaining or spoiling. There will only be earth inhabitants travelling in order to recuperate and to learn about people and places seemingly different from themselves, but who share common values and emotions. You will search for THE SAME in a sea of supposed "differences", and the difference will not be regarded as an element or tool of alienation, but as a means of inspiration.

You will not have to take your "home" with you wherever you go, as in your personal belongings or comforts, for your home will be EVERYWHERE and your every need anticipated, just as you will anticipate the need of every "guest" who arrives at your door; just as you will leap to help your fellows, so will they leap to help you. Nothing will ever be needed "in case of emergency". Thus will you experience TRUE FREEDOM.

Seraphin Message 230: IT IS YOUR MOVE: DISMEMBERING THE WEB

Through Rosie, 31st May 2015

Rosie: Seraphin, I have had a very strong visual of a spider's web during meditation; some people walked to the centre of the web and stared at the spider lurking there. The spider became completely immobile and turned to gold. It then stood, as a statue, at the centre of a new city where everyone lived in harmony together. The statue was specifically retained and looked after as a symbol, catalyst and forerunner of the present peaceful society, in the sense that without the spider, and without the learning process it catapulted, such peace and prosperity would never have blossomed.

Seraphin; Yes, this is a story for all. Imagine yourselves at the very perimeter of a huge circle, Beloveds. In fact, imagine THE ENTIRE GLOBAL POPULATION gathered round such a circle. Then imagine a very thin but very strong gossamer thread, which cannot be cut or broken, linking each individual to the centre of the circle.

Here sits the SPIDER SPINNING INFINITE DARKNESS, AND I CAN ASSURE YOU THAT YOU - THE SOURCES OF INFINITE LIGHT - ARE CONNECTED TO AND HAVE ACCESS TO THIS

CENTRE, AND THAT YOUR LIGHT CAN AND WILL PREVAIL IF YOU TURN IN THE RIGHT DIRECTION, AND IF YOU MOVE WITH GREAT DETERMINATION, UNSWERVED BY DISTRACTIONS AND IN CONSENSUS.

So which path are you taking, in view of your strong connection (by sticky thread) not only to the centre BUT ALSO – THROUGH LATERALLY RUNNING THREADS – TO ALL OTHERS? If you move, they must move also, even if they do not notice, even if the movement is imperceptible and slight, even if it is ignored by those who have successfully numbed themselves to all movement and all noise, and who simply cannot hear the clear clarion warning calls, but who continue to sing songs of pale harmony instead, or who chose silence.

If you feel caught in the web, if you twist and struggle and shout in panic, you will wind yourself into a sticky mess from which it is impossible to free yourself. If, like the spider, you EAT THE THREAD AND "DIGEST" (AND UNDERSTAND) ALL INFORMATION AND SITUATIONS AND FEELINGS EN ROUTE, then you will arrive safely at the centre where the spider resides, and you will have DEPRIVED HIM OF HIS SUSTENANCE, SO THAT HE IS NO MORE.

So, this is your present task, oh children of earth who so strongly desire to put an end to abuse, distortion, cruelty and inequity.

WALK THE STRAIGHT PATH, RIGHT INTO THE FACE OF THE SOURCE OF DARKNESS, ILLUMINATING THE PATH WITH YOUR OWN PARTICULAR, UNIQUE AND PRECIOUS LIGHT, AND TOGETHER YOU WILL METHODICALLY DISMEMBER THE WEB, LEARNING ABOUT ITS VARIOUS ASPECTS AND INFLUENCES IN THE PROCESS, UNTIL IT EXISTS NO MORE.

If you fail to move, you will be caught as a fly in your own delirium, and we, the celestial hierarchy, will be force to "save" you and remove you from this plane of reality so that you are free to start to learn again in a suitable environment.

IT IS NOW YOUR MOVE.

Seraphin Message 231: THE COMMON ENERGY STREAM

Through Rosie, 12th June 2015

"True relationships are based on a spiritual awareness of being merged as energy streams" (Esu on relationships, through Jess Antony, Sept. 26, 2010)

Rosie: This quote fell into my hands just now, Seraphin, and I feel you want to expand on this.

Seraphin: Yes. This is of great significance and it is also a time of great significance for all our beloved children on earth. You are our children in the sense that we are observing your progress; we are helping in various unseen ways so that you are mostly under the impression that you are MOVING FORWARD BY YOURSELVES.

We oversee. We point out possible directions. We present possible solutions in the form of thoughts which pop into your mind, or in the form of physical avenues or opportunities which appear in front of you. But we do not direct or command, for this authoritative stance would cramp your freedom of choice and reduce your very own unique momentum.

So long have we played this game, this strategy of waiting in the shadows to observe your choices.

Yet the pace of all this is being stepped up through increasing levels of intensity.

This means increasingly acute situations resulting from your choices. Your choices now have a tremendous and radical

impact on your path.

Whereas your previous movements may have been gentle meanderings, your path may now take the form of huge zigzags, incorporating a feeling of great division or indecision. You will feel pulled this way and that.

All decisions are now momentous and have enormous implications, whereas previously they may simply have meant a brief sojourn here, or a limited experience there, but still holding to the same general direction.

It is as if a large meandering river in a plain is now being forced through a narrow gorge. This is the result of incoming energies which will cause great changes.

It is not so important at this stage to know from whence they come: it is more important to understand the following:

THIS IS A FORCE OF DIVINE GOOD WHICH CANNOT BE HALTED AND WHICH PENETRATES EVERY CELL, AND WHICH EFFECTS CHANGE IN EVERY CELL.

If you greet this with joy and move with it, you are in for a heady, swift ride down the gorge. If you struggle with all your might, you will be swept away anyway.

And if you continue to flay about and protest, you will not be able to unify with the COMMON ENERGY STREAM.

What is your main motivation in life, Beloveds?

Is it to separate, to stand out, to command, to tread on those you consider "below" you?

With this mind-set, you will protest and flail in the water, and you will not be able to merge. At some point, you will be

sieved out.

If your main motivation in life is to assist, connect, move into relationship and CELEBRATE YOUR SIMILARITIES, THEN YOU WILL BE EASILY ASSIMILATED INTO THE COMMON ENERGY STREAM.

This is no small thing, children of earth. This is a huge wave of movement, either in consensus or in a separate mind-set.

And this will engulf the planet in that no one will be able to exclude themselves from this final reckoning, foretold by many.

It is a wave now reaching its height, soon to crash, crowning the rebirth of a new age with new morals and new values which have been so long neglected.

We wonder how you will fare in these deep and rapid waters, and we remind you that your choices and your level of heart energy will alleviate and grace your path.

As always, we say these things in love.

Seraphin

Seraphin Message 232: THE LAST GAME: THE LEVELLING OF THE PLAYING FIELD

Through Rosie, 18th June 2015

Extra effort has been put in by the celestial team into the

LEVELLING OF THE PLAYING FIELD.

These endeavours mean that obstacles have been removed, and that uneven ground has been smoothed out, so that no one can stumble as an excuse to leave. No one can leave anyway because the field is enclosed by a very high fence. It is no longer possible to exit due to "injury". Similarly, deliberate fouls do indeed cause immediate removals of the perpetrator, but no more "replacements" are permitted.

All opponents can be clearly seen. They are not allowed to take breaks or disappear off the field. Their only way out is to CHANGE SIDES. The celestial goals are impenetrable. They are so bright that looking directly at them causes blindness. The celestial team play the ball with deft superiority. This, the "light" side, is gentle and swift of foot. They are elegant in their movements, fair, even compassionate towards their opponents, offering them doors of opportunity, offering them hands in friendship.

The "dark" team is stiff, rigid in their movements, uncompromising, and largely rejects these offers. They keep to their old moves, but they are out moved and outnumbered. They inflict violence on the hands offered to them. They scowl at the compassionate faces directed

towards them. They constantly scrutinise their ranks for signs in others which indicate that they wish to "turn coat".

We of the celestial realms are ALWAYS ENCOURAGING YOU TO TURN COAT, TO JOIN OUR RANKS. We warn you that there is NO ESCAPE FROM THIS PLAYING FIELD AND THAT THE FINAL WHISTLE WILL ONLY BLOW WHEN THE DARK TEAM IS FINALLY VANQUISHED.

WE AWAIT YOUR CAPITULATION - in short, your CHANGE OF MIND.

Yet, if you capitulate, this will not be a defeat. This will be an untold gain for all, and we will welcome you into our arms a thousand-fold, blessing you and assisting you on these first steps of a new journey in a completely different arena.

Seraphin Message 233: IT ONLY TAKES A MOMENT

Through Rosie, 1st July 2015

It only takes a moment, dear Children of Earth, to look into someone's eyes and say THANK YOU or I'M SORRY or I LOVE YOU. Some of you will recognise these statements as part of the Hawaiian Ho'oponopono healing system, yet they are UNIVERSAL in that these sentiments are conveyed - with varying degrees of alacrity - throughout the greater universe. To say that you on earth are quick to provide these responses would be very grave exaggeration.

Fear and ego play a large part in preventing you expressing yourselves fully, immediately and openly, yet on other worlds this does not involve any sense of struggle. On the contrary, it is second nature. And on yet other worlds of a much higher spiritual order, such situations never arise.

There, gratitude is a continuous and fluid state in which all beings rest. Similarly, love is constantly shown, and there is no need to apologise because everyone behaves impeccably and in perfect alignment with the Laws of Creation.

And so here you stand, Children of Earth, looking into the abyss you have created with your behaviour which desperately lacks respect, gratitude and love. And yet it is so simple to say these things. It only takes a moment. It paves the way to harmonious relationships, to the instant smoothing out of conflict, and it uplifts the feeling of respect and self-respect of all concerned.

So, will you take JUST A MOMENT to consider and contemplate your behaviour, the way you drag your feet across desert wastes, created by your own lack of sensitivity?

You have NUMBED YOURSELVES, Beloveds.

You no longer have the sensitivity to respond with love or gratitude, or indeed to respond with outrage or sadness, because your sensors are overloaded with layer upon layer of noise, distraction and coarseness.

minds have been blunted with Your once sharp "entertainment" and other drugs, both physical and mental. You are addicted to continual satiation. You can no longer perceive or allow for a "space" in which you can acknowledge that your behaviour is lacking - a space or moment in which it would be entirely fitting to say I'M SORRY. It would be especially appropriate to say this to your mother, the earth, whom you have treated as an eternal playground.