



With Love And Lentils

Second Lazy Lizard Cook Book

By Sigrid Özeren



Dedicated to our „Yogis“  
There is an „OM“ in Pomegranate

Yoga is the golden key that unlocks the door to  
peace, tranquility and joy

- B.K.S. Iyengar

Without my husband Micky there would be no Lazy Lizard  
with its magical garden, no  
pomegranate... no happiness. So here is a song for you,  
Micky!

There are places I'll remember  
All my life, though some have changed,  
Some forever, not for better,  
Some have gone and some remain.  
All these places had their moments  
With lovers and friends I still can recall,  
Some are dead and some are living,  
In my life I loved them all.  
But of all these friends and lovers  
There is no one compared with you,  
All these memories lose their meaning  
When I think of love as something new.  
Though I know I'll never lose affection  
For people and things that went before,  
I know I'll often stop and think about them,  
In my life I love you more-  
Though I know I'll never lose affection  
For people and things that went before,  
I know I'll often stop and think about them  
In my life I'll love you more  
In my life I'll love you more.

In my Life - The Beatles

# Table of Contents

Introduction

Weekly Menues

Weekly Menue 2018

Weekly menu 2017

Weekly Menu 2016

Weekly menu 2015

Weekly menu 2014

Starters, Dips and Salads

Green Humus

Peanut Humus

Broccoli-Basil-Mousse

Parsley Mousse

Vegan Sandwich Spread 1

Vegan Sandwich Spread 2

Vegan Mayo

Carrot-Tahini Yoghurt

Carrot Yoghurt

Rocket dip

Cream with Dates

Carrot-Ginger Dip

Tomato Dip

Beetroot Dip

Banana - Curry

M'hammara

Honey Onions

Curry-Apple-Onions

Lebanese Onions

Alina's jalapeño Jelly

Chickpea salad

Chickpea dip

Chickpea fritters

Sweet Corn Fritters

Chickpea Fritters (gluten free)

Fritters

Zucchini-Chili Fritters

Carrot-Apple Fritters

Here is one more fritter „Alina's Green Giant“

Moroccan Salt Lemons

Salad variation

Everybody loves the Turkish Rocket, so here is a rocket salad

String Beans and Bulgur Salad

Chopped olive salad

A Zucchini Salad

Mrs. Figen's „Mercimek Köfte“- Lentil Balls

Rice salad, best with leftover cooked rice

Variations of Potato Salad

Red Lentil Salad Number 1

Lentil Salad Number 2

Potato Cookies

## Soups

Asian Curry Soup

Leek-Cheese Soup

Spanish „Sopa de Ajos“- Garlic Soup

Vegan Cauliflower Soup

Beet Root Soup

Turkish Onion Soup

Curry-Apple Soup

Carrot-Coconut Soup with Mango

Spinach Soup

Green Gazpacho (cold)

Orient Express

Tommy's Soup - Cold Beetroot Soup

## Pasta

Hot Pasta

Ayvar sauce (Arabic)

Red Pesto

Carrot Pesto

Pistachio Pesto

Vegan Bolognese for Pasta

Penne al Sugo di Barbabietole alias Barbie Pasta

Pasta al Limone

### Rice Variations

Turkish and Moroccan

Mexican

Lebanese

Indian (Pulao)

Italian

Lemon-Rice

### Main Dishes

Lunch-Stew

Aubergine and Ricotta cheese

Carrot-Chickpea Stew

Stir-fry

White Beans with Beetroot

South American Mojo Verde, goes with Fish or Meat

Spicy white Cabbage

Imagination Cabbage

Roasted Red Cabbage

Tomato Cake (alt. Vegan)  
Pepper-Apple Chutney  
Thai-Coconut-Lentils  
Coconut Lentils  
Moroccan Eggplants and Lentils  
Cauliflower-Tomato-Curry  
Cauliflower-Lentil Curry  
Chickpea Curry  
The Not-So-Boring-Cauliflower  
Cauliflower Falafel  
Cauliflower Crunch  
Black-Eyed Peas in Ginger Sauce  
My All-Purpose-Sauce  
Sauce for the Lazy Lizard Fish Filets (serves 4 filets)  
Potatoes with garlic  
Potatoes with leek  
Samosas with Spinach Potatoes  
Potatoes with onions and nuts  
Potatoes with basil  
Indian Potatoes  
A Quick Side Dish  
Beetroot Side Dish  
Middle Eastern Spinach  
Huevos Rancheros - Farmer's eggs



Aubergine Casserole

Broccoli Bombitas

Home Fries with Peanuts, a little taste of Southern Cuisine

Hush Puppies

Dressing for cooked string beans or broccoli

## The Bakery

Gluten free bread

Gluten-Free Corn bread Nr. 1

Gluten-Free Corn Bread Nr. 2

Similar to Naan bread is the Moroccan „Smida“

Annerose's Bread with Almost No Carbohydrates

Chocolate Cake

The Easy Chocolate Cake

Cake or desert? - A Diet Chocolate Cake (1 piece 70 calories)

Cotton Cake

Beetroot Cake

A Non-Oven-Cake

Beetroot Muffins

Vegan Chocolate Biscuit

Corn rolls

Harem Rolls

Syrup for Pancakes

Beetroot Waffles

## Desserts

Almond Cream

Coconut Cream

Vegan Chocolate Cream

Vanilla Pavlova

Sheera - Semolina

Apple - Semolina

“Portacali Irmik Tatlise” - Semolina Desert with Orange

Middle Eastern Desert „Basbussa“

The Banana „too ugly to serve“ dessert

Russian potatoes

Sweet Cigars

Vegan Chocolate Mousse

One of the many Helva recipies

Lebanese Helva „Sfuf“

Moroccan Helva „Sellou“

Chocolate Pretzels

Almond Macarons

Orange Jelly

Cinnamon Roses

Coconut Pudding 1

Coconut Pudding 2

Vegan Rice Pudding

Rice drink

Tonka Biscuits (40 pieces)

Vegan Cookies

Macadamia White Chocolate Kisses

The “Coco Loco” (gluten free)

Pomegranate curd

## **Introduction**

Our yoga weeks are called the “Pomegranate yoga weeks” and have you noticed? - There is an OM in pOMegranate.

My husband Micky and I have been running the Lazy Lizard since 2011 after having concentrated on building the house and forming the garden over the previous four years.

We have chosen this particular plot of land because of the numerous trees. Although they were in a neglected shape, we imagined the potential beauty and tried carefully to build around them. Even when we had to enlarge the garden restaurant for our yoga groups we did not spare any effort to dig out some of the mandarine trees and planted them in the lower garden. We are happy to say that not one of them died. On the contrary, they produced fruit right the year following their being moved to their fellow trees.

We had a wonderful and very glamorous start into our first season. One of the first guests in the Lazy Lizard was Kate Moss. Together with her then fiancé Jamie Hince, her friend Meg Mathews and Jennifer Ramey from New York she spent a week here. They talked about the seating arrangement at her planned wedding while enjoying the pool or Jamie playing billiard with Micky. The stake was beer - a good thing we had closed the hotel for other guests because Micky won most of the times and we did not have to concentrate on too much work.

I shall not deny that their visit was good publicity for us but they were so naturally pleasant and when leaving they hugged us and Kate said: “I don't want to leave.” I want to believe that she was sincere - at that very moment.

# land of lights

FETHİYE - HİSARÖNÜ - ÖLÜDENİZ - GÖCEK - ÜZÜMLÜ  
KÖYCEĞİZ - DALYAN - DALAMAN - KALKAN - KAŞ

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## Kate Moss enjoyed lazing by infinity pool at the Lazy Lizard



The Lazy Lizard in Faralya suddenly became the coolest holiday destination in Turkey when one of the hottest names in the world of fashion – none other than super model and style icon Kate Moss – came to stay. Just for a few days last week one of the most promising newcomers to the exclusive, reclusive and eco sensitive hotels in the area hosted Kate Moss, her boyfriend and their friends. Even though Kate Moss declined to give an interview, or have her photo taken by the delightful hotel infinity pool with its extraordinary view beyond, the hotel's owners are delighted by her choice of destination.

Strangely enough, while planning house and garden we built a circular platform in the middle of the garden, not knowing how this would later become a yoga shala. Mind you, we had to enlarge it a few times.

Looking back, it still amazes me that already during our first season we had attracted groups to hold their workshops here. One of the first groups was Reinhild from Germany together with a dancer, teaching yoga and dance. The bright colors of the thin materials that whirled around the dancers together with the different sounds of music filled the garden, alternating with the silence of the yoga sessions.

Not at all silent was the Darabuka workshop for Middle Eastern music and belly dance which ended with a concert around the pool and the dance students performed together with their teacher what they had learned during the week. People from Ovacik and Fethiye had come to enjoy this mini festival. Still today I get the occasional mail asking when we would have the next event in the Lazy Lizard.

When more and more yoga groups booked their weeks at the Lazy Lizard the „Pomegranate Yoga Weeks” were born. The yogis decided on that name because the pomegranate is a spiritual and healthy fruit and our garden is full of pomegranate trees.

When you were down at the shala practising I could not help but remember our past...



In the 70's Micky and I lived in the south of Spain; actually, it is the place where we have met. Some friends founded a metaphysical group in Marbella and we met on a regular basis experimenting and learning from each other. In those days the movements to reach a higher awareness had come from the United States and the international crowd in Marbella was very keen to learn. We were Hippies of a different kind, not drifters, because everybody had a job. I looked at the real Hippies and knew I was no part of them, it was as if they were dancing to a tune I could not hear.



There was Eileen Aubi<sup>1</sup> making her jewellery „The Universal Face“, who is still going strong with exhibitions in New York, I still love to wear her pieces when I dress up. The