Ines Nandi Inrist - Mary

Self-Empowerment Initiations
Practice

ailesia

Christ-Mary-Energy, what's that? Very easy to explain: It's Christ Energy re-named, giving honor to the Divine Feminine and the feminine in general. The spiritual world has chosen the name of Mary to refer to the feminine. Mary, the mother of Jesus and Mary of Magdala, his wife, were representatives of Christ consciousness two thousand years ago, as well as Jesus himself. Nowadays, we are aware of the fact that Christ-Mary-Energy is Quantum Energy, and working with this energy is another way of using the quanta for healing.

A warning to the reader: you will have to take a decision! Are you ready for self-responsibility and self-empowerment? These initiations will be given to you if you order them, but the consequences are incalculable... You will experience numerous processes of transformation that could lead you into true freedom. Are you ready for actual change? If so, this book will make you inestimable presents...

Table of contents

Preliminary notes

Part I - Self-Empowerment

About Christ-Mary-Energy

Self-Empowerment

Self-Healing and Self-Responsibility

Why these Initiations?

Initiations and their Effects

Christ-Mary-Energy and Mother Earth

The Crystalline Age

Part II - Initiations

Table of CME Initiations

Description of Initiations

Note

Initiations of Degree I

Initiations of Degrees II-XI

Initiations of Degree XII

Some final remarks

Part III - Basics of Practice

About Christ Mary Energy, again

Targeted Unintent

Upright Walk

Healing Cancer

Laying on of Hands

About some Widespread Diseases

Epilog from the White Brother- and Sisterhood Thanks! About the Authoress AILESIA, what's that?

Preliminary notes

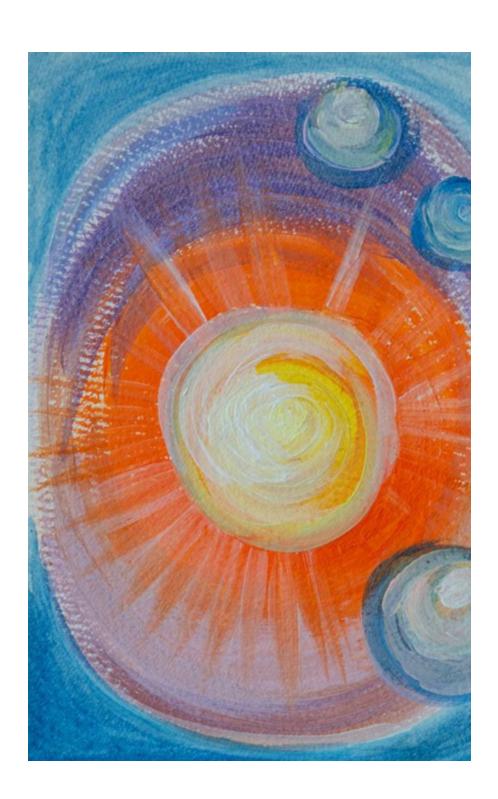
This book was first published in 2015 by a German editor, Ch.Falk-Verlag, as "Die Christusenergie – Einweihungen und Praxis"¹. Ascended Master Sananda had channeled it to me during the weeks I was receiving the initiations, in spring of the year 2014. At present, in summer 2018, he has proposed that I translate the essential parts of the book into English and to re-write or add some introductory passages. Sananda is also in company with Lady Nada and Lady Mary (Mother Mary) today, and the three of them have reminded me of the fact that there is a feminine aspect to Christ Energy that ought to be integrated into our minds and hearts. As a consequence, we are going to talk about Christ-Mary-Energy in this English version of our book. Moreover, the Master and Mastresses want me to explain the importance of Self-Empowerment. As for myself, I came to understand only a few weeks ago how excitingly new this concept is in connection with initiations.

Another point I want to mention in advance: As a rule, we are using feminine forms (she/her) instead of masculine when referring to both genders. The balance between masculine and feminine has been consistently biased to the masculine in the past five thousand years, so this is a symbolic gesture in honor of the feminine. We have also created the term "Mastress" for a female Master, and we are using further feminine forms ending in -ess as often as necessary. Moreover, we sometimes use "Goddess" to refer to the Creator Source whose Womb is the Divine Feminine in unity with the Divine Masculine.

In August 2018 Ines Nandi

1 "Christ Energy – Initiations and Practice"

Part I Self-Empowerment



About Christ-Mary-Energy

We are Lady Nada and Lord Sananda – Miriam of Magdala and Yeshua, as we were called some 2000 years ago. And I am Mary. You have always referred to me as "Mother Mary", since I was the mother of Yeshua, and many humans still send their prayers to me as a Mother. But I prefer being called by the name of "Lady Mary" now, because I am an Ascended Mastress whose functions by far transcend the functions of a mother.

We are members of the *White Brother- and Sisterhood*, and talk to you in its name. In the past, our community of Ascended Masters and Mastresses was known as the "White Brotherhood", although there have always been female members. Perhaps you won't believe it, but Patriarchy has been ruling certain realms of the Spiritual World too! In our ranks, the imbalance between Masculine and Feminine, which still dominates on earth and in the minds and hearts of human beings, was mirrored by the dominance of Masters who had been male in their ascension lives. Your beloved Master Saint Germain used to be one of those males – he grins as he does want us to mention this fact though.

In fact, it was the two of us, Lady Mary and Lady Nada, who one day started a female rebellion of sorts in the Brotherhood. In terms of your human timeline, that became possible in December 2012. It became possible for a number of reasons. Firstly, numerous female Mastresses had joined us in the previous years. They were women who had recently attained their Masterhood, gone unnoticed by the world they had been living in. Secondly it was the end of the

Mayan Calendar and the beginning of something NEW! Actually, the New Age, or what we call the birth of the Crystalline Age. Although in its infancy its energies started to be active immediately. You sometimes feel that nothing happened on December 21, 2012. You believe the troubles in your outer world, and also the processes in your inner world, have not improved. But see, you are mistaken! Everything has been possible, everything is possible since then, and NOW. So, our female rebellion inside the Brotherhood could become reality, then. We will talk about this ongoing process with Ines later, in a different context. For the moment, it is only important for you to know that we were able to communicate that the Christ Energy does have a masculine and a feminine aspect. This has been our achievement, and for Ines to write about the Christ-Mary-Energy together with us in the summer of 2018. By the way, our first ally, from the very beginning of our "peaceful female revolution", was Yeshua, Lord Sananda. In fact, he and Master Laotse have been our allies for a long time. We planned everything together with them.

Now, let's talk about Christ-Mary-Energy. This highly potent energy was called "CHI" in Lemuria. The priestesses and priests of Lemuria, the ancient continent and motherland of Mankind, knew CHI as the Energy from the Heart of the Divine Source. They knew how to use it as the Energy of Love, the Energy of Life, and the Energy of Healing. You could call CHI the "Heart Energy", as well. It always flows from the Heart of Goddess to the heart of woman. And from your heart, human being, it will flow through your entire physical body, including your cells and DNA, and into your energetic field. Today, if a Mastress of Christ-Mary-Energy opens her heart to become a channel for this energy, it will be streaming from the Heart of Goddess to the heart of Mastress to the heart of woman. And in case woman opens

her own heart for Love and for healing, what people call miracles will be possible.

To explain a little more about Christ-Mary-Energy, on a level of Physics as well as spirituality, you can say it is *Quantum Energy.* We prefer calling Quanta "Goddess Particles". It is their innate character to appear from and return into the Great Void, again and again, flashing and disappearing, flashing and disappearing... We call "The Great Void" the Womb of Goddess, and the Quanta, being born and dying continually, are Her first physical Children. The Quanta Are Divine Consciousness and Divine Energy; the frequency of their vibrations is the highest you can find in the whole Universe. Or rather, "Omniverse", as there are numerous Universes...

The Quanta are neither masculine, nor feminine. This is the reason why the priestesses and priests of Lemuria named Quantum Energy, CHI, which is not connected with gender. In the past 2000 years, however, CHI energy used to be called "Christ Energy" as it is deeply linked with Christ Consciousness. Christ Consciousness, however, is the Consciousness of Oneness, and this is the level of consciousness Yeshua and several of his mates had achieved in their incarnations 2000 years ago. Yes, it was not only Yeshua who came to reach the Consciousness of Oneness. We, Miriam of Magdala, his wife, and Miriam, his mother, attained this as well, together with some other women called Miriam. So in the days of great change on Earth, we prefer to speak of "Christ-Mary-Energy" instead of Energy". speak of "Christ-Mary-"Christ And we Consciousness" instead of "Christ Consciousness". We would like to underline the fact that it is not "masculine" alone. People are inclined to think so because the name of "Christ" is connected with the masculine gender.