

Is your twin flame a dual soul?

When destiny meets love



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"Love needs a mirror image in order to
recognize itself in it."

Ricarda Sagehorn & Cornelia Mroseck

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Introduction



There is a moment when you encounter your dual soul and your own soul recognizes its counterpart, that moment is pretty much the most incisive experience you can imagine. Your heart starts laughing, your soul is singing and an incredible feeling of closeness and connectedness emerges. The power of this attraction is gigantic. You literally feel that you are completely made up of pure love. It just can not be described in words.

But mostly this feeling dissolves as fast as it has appeared. While one partner desires nothing more than to be allowed to live this profound love, the other one constantly runs away and literally flees. It seems like being bewitched.

For both partners an odyssey starts which lies between closeness and distance. They do not get together but they also do not separate from each other. The painful dilemma of a dual soul connection has begun. Retreats follow on the most beautiful moments of closeness, suffering follows on the sublime happiness of fulfilled love.

But there is a solution to this messy problem. And there may even be a happy ending to this story.

You have the chance to get together with your dual soul!

You are even destined to lead a shared, happy and fulfilling life with your dual soul! Because that's the destiny of dual souls:

Learning and experiencing unconditional love together!

You were not brought together with him or her to suffer - or to feel eternally that immense grief and pain in the heart. You were not brought together to feel this unbearable separation from the other soul. Rather, you were brought into contact with him or her because, like your counterpart, you shall learn to overcome all the obstacles that stand in your way of loving unconditionally! Isn't that wonderful? Just listen inside yourself and let these sentences affect you. What does your heart say about that? Does it agree with us? Or does it say something else? Deep inside, your soul should tell you that we are right. Even though your mind or fears may tell you something else.

It is your destiny to find the fulfillment of love in all its beauty in this life! This is the exact purpose of meeting your dual soul.

We know that many of today's websites and books say the opposite, or at least that it is not certain that dual souls really get together to have a relationship.

We tell you: they belong together and they get together! What should be the purpose of having your perfect match plonked in front of you - the literally other half of your being - and then let you despair and snap? We are fully convinced that this can not be the purpose of this matter. And we take this conviction from almost 15 years of experience with this

topic, in which we got to know more than 5,000 people who met their dual soul. We were able to give advice in more than 80,000 conversations. And many of them live together with their partner today in complete fulfillment.

In this book, we want to explain to you what nexus exists between you and your dual soul partner, what tasks you both have to accomplish, and how you can get together. It's so much easier than you think. And the more you understand and realize how it works, the easier the way will be for you. But you're only going to succeed by working on yourself as well. So be open and ready to do something about it. It's only going to work with putting into practice the guidelines and actions that we give you in this book. Unused knowledge is dead knowledge.

So extract from this book what makes you feel good. Use the insights and tools we offer you to begin your journey. A journey that ends with the beginning of fulfillment with the perfect dream man at your side.

Ricarda & Conny

A short note:

For the sake of simplicity, and because we know that 90% of our readers are women, in the course of this book we will address you in the female form and assume the male counterpart is the partner. So do not feel excluded when you read this book as a man. It also applies to you.

What is karma



In our culture the term karma is often translated as destiny or even misfortune. There is also something fateful about karma. But bad luck or misfortune have nothing to do with it.

If we looked up karma in a dictionary, we would most likely find a terminology similar to this:

"Karma (Sanskrit for action, deed) is understood as a spiritual concept, according to which every action has inevitable consequences - whether committed in your mind or in reality. These consequences do not necessarily have to appear in this life, but can also have their effects in a later life. In religions (mostly Asian religions) which include the term karma, the belief in rebirth and reincarnation also plays an important role. So the principle of cause and effect, action and consequence, can run like a thread through several lives.

These consequences can be manifold, but above all they are to be understood as a law which in particular falls back on ourselves. Karma is by no means to be understood as

"divine grace" or even "punishment", since karma does not judge - it is absolutely neutral.

The cycle of rebirths thus arises through the accumulation of both "positive" and "negative" karma. The goal, however, is not to accumulate as much positive karma as possible, but ultimately to have no karma at all.

In other words, in our lives this means that karma is a superior principle, that all our thoughts and actions are answered according to that law without judging them. In practical terms: any good deed we do or any good thought we have will cause "good karma" as well as bad deeds and thoughts will cause "bad karma". It should always be noted that there is no judgement associated with the words "good" and "bad".

We know this law very well even in our culture when we say **“what goes around, comes around”**.

So it's a principle of cause and effect - beyond our past and our present lives.

What is a karmic love



When two people meet they interact. And in their mutual thoughts, feelings and actions the principle of cause and effect vibrates. This means that when we connect with a person, karma arises here.

A karmic love that you encounter today will definitely stem from one of your previous lives. You may assume that there were incidents between the two of you and for each of you individually which today need to be solved. These were most likely not resolved in the respective lives or could not be solved before. And to enable that solution now, you are meeting in this life. New game - new luck.

Karmic love stories can occur in many different ways. In fact, we can say that every partner you have ever had at your side is karmic. But not all karmic connections are to be painful. They can also be joyful and enjoyable. It just depends on how your past life was like and / or what should be learned in this life. Always remember the principle of cause and effect. Positive causes in a past life also have positive effects in the here and now. Negative causes have negative effects.

What are soulmates



Some souls we are connected to more closely than to others. With others we have no connection at all. And in between there's a multitude of options. Elaborating on this complex matter would go beyond the scope of this book. Therefore we are limiting ourselves to some linkages between souls.

The Soul Clan

The soul clan is a composite of souls that interact with each other in incarnations. Maybe imagine this as an ethnic group. You do not know everyone from your group, most likely only very few, but you still belong to the same clan. This affiliation alone founds a connection. With souls from other clans, you would feel no connection.

The Soul Family

The soul family corresponds to our family. Within a clan there are families. These are the souls who are much more connected with each other and also interact with each other like in a family. Soul siblings also belong to this category. And you certainly also know the feeling of being soulmated with someone.

The Soulmates

Now it's going to be particularly interesting for us. With our soulmates we lead our love relationships. They do not necessarily belong to the same soul family but to the same clan. This category also includes twin souls and dual souls. The later two kinds are forms of soulmates that deserve special attention.

You probably already realize that the terms usually coincide with our everyday terms for "clan", "family" and "partners". So just interpret them as simple as that. After all, you would not call something an apple if it had the shape of a banana.

Soulmates with a karmic bond



Let's savor what you just read: it seems very likely that you are making karmic connections with soulmates. Especially in relationships we interact a lot with each other, thus creating a lot of causes for a multitude of impacts.

Unfortunately, it is often claimed that there are no karmic entanglements with soulmates. But if you take a deeper look - as we just did - then it is obvious that karma is created in particular with your soulmates.

We are specifically attracted to soul partners. We virtually feel that we are on a similar wavelength with them, on a vibe similar to ours. Interaction with these partners is particularly easy for us. Interacting with one another, dealing with one another creates causes that unfold their effects. It's always like that. And these effects give us reason to react to something and thus create new causes with new effects. In this way a loop is created.

Now you might think that within such a loop you have no chance to ever escape in order to transform a seemingly negative connection into a positive connection. But it is quite the opposite. After all, it is up to us to decide how to

react to actions. And that eventually determines whether one can solve karma or create new karma. However, the solutions are not necessarily always the ways we hope for.

Within these solutions for karma, these ways are about learning and developing yourself for not to repeat mistakes, but acting differently and thereby gaining new insights. It is also about the development of your personality and your soul. You should recognize, respect and love yourself more and more. So there is always a precious treasure in these supposedly karmic entanglements. It only needs to be discovered by you.

First and foremost, we therefore learn something about ourselves. And we also learn something about our soulmate. Because through the insights that we gain about ourselves, we also learn to be more understanding and more tolerant towards others. Thus, more and more, we can let others be as they are, love them with all their rough edges, and so we can give them more space to develop themselves without our exaggerated expectations.