# **EDITED BY**

CHARLES A. KAMHOUA | LAURENT L. NJILLA ALEXANDER KOTT | SACHIN SHETTY

# MODELING AND DESIGN OF SECURE INTERNET OF THINGS





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Modeling and Design of Secure Internet of Things

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# Modeling and Design of Secure Internet of Things

Edited by

Charles A. Kamhoua

Laurent L. Njilla

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# **Contents**

About the Editors ix List of Contributors xiii Foreword xix Preface xxiii

- 1 Introduction 1 Charles A. Kamhoua, Laurent L. Njilla, Alexander Kott, and Sachin Shetty
  - Part I Game Theory for Cyber Deception 27
- 2 Game-Theoretic Analysis of Cyber Deception: Evidence-Based Strategies and Dynamic Risk Mitigation 29
  Tao Zhang, Linan Huang, Jeffrey Pawlick, and Quanyan Zhu
- 3 A Hypergame-Based Defense Strategy Toward Cyber Deception in Internet of Battlefield Things (IoBT) 59

  Bowei Xi and Charles A. Kamhoua
- 4 Cooperative Spectrum Sharing and Trust Management in IoT Networks 79 Fatemeh Afghah, Alireza Shamsoshoara, Laurent L. Njilla, and Charles A. Kamhoua
- 5 Adaptation and Deception in Adversarial Cyber Operations 111 George Cybenko
- 6 On Development of a Game-Theoretic Model for Deception-Based Security 123 Satyaki Nan, Swastik Brahma, Charles A. Kamhoua, and Laurent L. Njilla
- 7 Deception for Cyber Adversaries: Status, Challenges, and Perspectives 141 Abdullah Alshammari, Danda B. Rawat, Moses Garuba, Charles A. Kamhoua, and Laurent L. Niilla

Part II IoT Security Modeling and Analysis 1	IS 16	Analysis	g and	Modeling	Security	101	Part II
--	-------	----------	-------	----------	----------	-----	---------

8	Cyber-Physical V	ulnerability Analysis	of IoT	<b>Applications</b>	Using
	Multi-Modeling	163			

Ted Bapty, Abhishek Dubey, and Janos Sztipanovits

- 9 Securing Smart Cities: Implications and Challenges 185
  Ioannis Agadakos, Prashant Anantharaman, Gabriela F. Ciocarlie, Bogdan Copos,
  Michael Emmi, Tancrède Lepoint, Ulf Lindqvist, Michael Locasto, and Liwei Song
- 10 Modeling and Analysis of Integrated Proactive Defense Mechanisms for Internet of Things 217

  Mengmeng Ge, Jin-Hee Cho, Bilal Ishfaq, and Dong Seong Kim
- 11 Addressing Polymorphic Advanced Threats in Internet of Things Networks by Cross-Laver Profiling 249

Hisham Alasmary, Afsah Anwar, Laurent L. Njilla, Charles A. Kamhoua, and Aziz Mohaisen

# 12 Analysis of Stepping-Stone Attacks in Internet of Things Using Dynamic Vulnerability Graphs 273

Marco Gamarra, Sachin Shetty, Oscar Gonzalez, David M. Nicol, Charles A. Kamhoua, and Laurent L. Njilla

- **13 Anomaly Behavior Analysis of IoT Protocols** 295
  Pratik Satam, Shalaka Satam, Salim Hariri, and Amany Alshawi
- 14 Dynamic Cyber Deception Using Partially Observable Monte-Carlo Planning Framework 331

  Md Ali Reza Al Amin, Sachin Shetty, Laurent L. Njilla, Deepak K. Tosh, and Charles A. Kamhoua
- **15** A Coding Theoretic View of Secure State Reconstruction *357* Suhas Diggavi and Paulo Tabuada
- **16 Governance for the Internet of Things: Striving Toward Resilience** *371 S. E. Galaitsi, Benjamin D. Trump, and Igor Linkov*

Part III loT Security Design 383

- **17 Secure and Resilient Control of IoT-Based 3D Printers** *385 Zhiheng Xu and Quanyan Zhu*
- **18 Proactive Defense Against Security Threats on IoT Hardware** 407 *Qiaoyan Yu, Zhiming Zhang, and Jaya Dofe*
- **19 IoT Device Attestation: From a Cross-Layer Perspective** *435 Orlando Arias, Fahim Rahman, Mark Tehranipoor, and Yier Jin*

20	Software-Defined Networking for Cyber Resilience in Industrial Internet				
	of Things (IIoT) 453				
	Kamrul Hasan, Sachin Shetty, Amin Hassanzadeh, Malek Ben Salem,				
	and Jay Chen				

- **21 Leverage SDN for Cyber-Security Deception in Internet of Things** 479 *Yaoqing Liu, Gareqin Griqoryan, Charles A. Kamhoua, and Laurent L. Njilla*
- 22 Decentralized Access Control for IoT Based on Blockchain and Smart Contract 505
  Ronghua Xu, Yu Chen, and Erik Blasch
- 23 Intent as a Secure Design Primitive 529
  Prashant Anantharaman, J. Peter Brady, Ira Ray Jenkins, Vijay H. Kothari,
  Michael C. Millian, Kartik Palani, Kirti V. Rathore, Jason Reeves,
  Rebecca Shapiro, Syed H. Tanveer, Sergey Bratus, and Sean W. Smith
- 24 A Review of Moving Target Defense Mechanisms for Internet of Things Applications 563
  Nico Saputro, Samet Tonyali, Abdullah Aydeger, Kemal Akkaya, Mohammad A. Rahman, and Selcuk Uluagac
- **25 Toward Robust Outlier Detector for Internet of Things Applications** *615 Raj Mani Shukla and Shamik Sengupta*
- 26 Summary and Future Work 635 Charles A. Kamhoua, Laurent L. Njilla, Alexander Kott, and Sachin Shetty Index 647

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Laurent L. Njilla joined the Cyber Assurance Branch of the US Air Force Research Laboratory (AFRL), Rome, NY, as a Research Electronics Engineer in 2015. As a researcher, he is responsible for conducting and directing basic research in the area of cyber defense, cyber physical system, cyber resiliency, hardware security, and the application of game theory, category theory, and Blockchain technology. He is the Program Manager of the Center of Excellence (CoE) in Cyber Security for the Historically Black Colleges and Universities & Minorities Institutions (HBCU/MI), and the Program Manager of the



Disruptive Information Technology Program at AFRL/RI. He has coauthored over 70 peer-reviewed journal and conference papers with a best paper award. He is a coinventor of 2 patents and 3 patent applications. Coediting of two books at Wiley-IEEE Press entitled Blockchain for Distributed System Security and Modeling and Design of Secure Internet of Things. His mentorship of young students and scholars is recognized with multiple awards including Air Force Notable Achievement awards, FIU Distinguished Alumni in Government Service award, and the 2015 FIU World Ahead Graduate award. Prior to joining the AFRL, he was a Senior Systems Analyst in the industry sector for more than 10 years. He is a reviewer of multiple journals and serves on the technical program committees of several international conferences. He received his BS in Computer Science from the University of Yaoundé-1 in Yaoundé, Cameroon, an MS in Computer Engineering from the University of Central Florida (UCF) in 2005, and a PhD in Electrical Engineering from Florida International University (FIU) in 2015. He is a member of the National Society of Black Engineer (NSBE).

**Dr. Alexander Kott** serves as the ARL's Chief Scientist. In this role, he provides leadership in development of ARL technical strategy, maintaining technical quality of ARL research, and representing ARL to external technical community.

Between 2009 and 2016, he was the Chief, Network Science Division, Computational and Information Sciences Directorate, US Army Research Laboratory headquartered in Adelphi, MD.

He was responsible for a diverse portfolio of fundamental research and applied development in network science and science for cyber defense.



In particular, he played a key role in initiating the Network Science Collaborative Technology Alliance, among the world-largest efforts to study interactions between networks of different types. His efforts helped start Cyber Security Collaborative Research Alliance, a unique program of creating basic science of cyber warfare.

In 2013, Dr. Kott served as the Acting Associate Director for Science and Technology of the ARL's Computational and Information Sciences Directorate; in 2015, he also served as the Acting Director of the Computational and Information Sciences Directorate.

Beginning his Government career, between 2003 and 2008, Dr. Kott served as a Defense Advanced Research Programs Agency (DARPA) Program Manager responsible for a number of large-scale advanced technology research programs. Technologies developed in programs under his management ranged from adversarial reasoning, to prediction of social and security phenomena, to command and control of robotic forces.

His earlier positions included Director of R&D at Carnegie Group, Pittsburgh, PA, and Information Technology Research Department Manager at AlliedSignal, Inc., Morristown, NJ. There, his work focused on novel information technology approaches, such as Artificial Intelligence, to complex problems in engineering design, and planning and control in manufacturing, telecommunications, and aviation industries.

Dr. Kott received the Secretary of Defense Exceptional Public Service Award and accompanying Exceptional Public Service Medal, in October 2008.

He earned his PhD from the University of Pittsburgh, Pittsburgh, PA in 1989, where his research proposed AI approaches to innovative design of complex systems.

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# **Foreword**

I am pleased to offer this Foreword to Modeling and Design of Secure Internet of Things.

Cybersecurity theorists and practitioners alike face the challenge of securing a new, global information technology ecosystem. Already, over half the people alive today are connected to the Internet, making moot the question of whether cyberspace is, indeed, its own "domain." 5G Internet, Internet Protocol Version 6 (IPv6), Artificial Intelligence (AI), and ubiquitous connectivity are converging to create new ways of managing infrastructures, businesses, government services, and other aspects of daily life. IPv6 is providing virtually unlimited (to be more precise, 2128 or approximately 3.4 × 1038) Internet Protocol addresses, which will allow the connectivity of any device to which an IP address can be assigned. 5G Internet offers high-speed, direct connectivity between and among "traditional" information technology devices and the Internet of Things (IoT) devices that will encompass our world. Indeed, the authors note that by 2020, perhaps 50 billion devices will be connected to the Internet and that, on average, each person will possess seven connected devices. Advanced, cloud-based analytics will provide us the means to find patterns and meaning in the behavior of the devices and networks that will comprise this new ecosystem; AI will allow us to direct the behavior of these devices, and the businesses and infrastructures they populate. Ubiquitous connectivity provided by today's carriers and tomorrow's low-earth orbit constellation-based carriers will provide the means by which people, networks, and devices will be connected constantly - everywhere, on land and sea, and in the air. The technologies needed to create "smart cities" will be combined, commoditized, productized, and taken to market as tech giants such as Google, Alibaba, and Amazon compete to build connected communities throughout the world. In fact, the convergence of these technologies is likely to create a new x-as-a-service environment one might call "6G," in which business services, including analytics and AI are offered as-a-service within and through global networks.

Where will this new ecosystem-of-things make its mark? My answer: everywhere! Critical and business infrastructures will rely increasingly on data from connected devices to optimize performance, from transportation and energy infrastructures, to complex global chains, and to adjusting the behavior of implanted medical devices. Manufacturers will modulate production on the fly, even as manufacturing becomes more distributed and 3D manufacturing devices expand in their presence.

National security systems will also depend increasingly on this new IoT-enabled ecosystem. Weapons systems will be comprised of IP-enabled devices designed to optimize performance, maintenance, and integration into the battlefield. Weapons systems and sensor with IoT devices will be connected via 5G battlefield networks to each other, to warfighters, and to commanders as the battlefield of the (very near) future becomes, in the authors' words, the "Internet of Battlefield Things." Autonomous and semi-autonomous platforms will collect data and may, depending on the rules of combat, carry and deploy weapons of their own.

Securing this new ecosystem will be hard, and the authors of Modeling and Design of Secure Internet of Things are making a powerful contribution to those seeking to tackle this challenge. The cybersecurity of these new networks, comprised of ever-more-numerous IoT devices, connected via 5G technology, and mediated by AI, will depend on new ways of understanding how these networks behave, including how they should behave and how they really behave. Such networks are more complex; they change constantly and in complex ways and are, therefore, more dynamic than the networks to which we are accustomed. Modeling and Design of Secure Internet of Things describes the techniques by which we can gain the understanding we need to secure them. The book's organization reflects a multimodal approach to securing IoT networks. "Game Theory and Deception" allows us to explore adversary behavior, efforts to deceive our adversaries, and ways adversaries might detect and counter that deception. In effect, "Game Theory and Deception" helps us understand the human threat to the security of our networks, and how human design can confront this threat.

"Modeling" takes us further, giving us the opportunity to study network behavior in the face of a broad range of attacks (e.g. stepping-stone attacks, polymorphic advanced persistent threats), and the effects of the defenses we might employ and manage. "Design" completes our exploration by applying what we have learned about effective cybersecurity technologies and architectures, overlaying them against the architectures of the advanced IoT networks we seek to defend. Overall, Modeling and Design of Secure Internet of Things is a comprehensive exploration of how best to secure the evolving IT ecosystems from which we intend to profit, and that our adversaries seek to exploit and attack.

The authors have assembled an impressive group of contributors to this volume, many of whom have worked at or with the Army Research Laboratory and with our NATO partners. Dr. Alexander Kott (ARL's Chief Scientist), Dr. Charles A. Kamhoua (ARL electronics engineer and Fulbright Fellow), Dr. Laurent L. Njilla (a cybersecurity leader at the Air Force Research Laboratory), and Dr. Sachin Shetty (Associate Professor in the Virginia Modeling, Analysis, and Simulation Center at Old Dominion University) are an impressive quartet guiding this exploration of advanced cybersecurity for complex networks and the Internet of Things.

I am confident that cybersecurity theorists and practitioners alike will profit from the discussions offered in this volume, and the world will be made safer as they do.

> Samuel Sanders Visner Director, National Cybersecurity Federally Funded Research and Development Center, The MITRE Corporation Adjunct Professor, Cybersecurity Policy, Operations, and Technology, Georgetown University Program in Science and Technology in International Affairs

# **Preface**

The ubiquitous adoption of Internet of Things (IoT) technologies in commercial and military sectors has resulted in the widespread availability of various IoT solutions. However, the massive scale and distributed nature of such devices may introduce security and privacy challenges. IoT device manufacturers have not implemented security mechanisms, making IoT devices vulnerable when connected to the Internet. In addition, IoT devices and networks do not have resources typically available in traditional IT networks to host sophisticated security solutions; thus, it is challenging to port any of the existing security solutions to IoT domains. These challenges necessitate the need to comprehensively and accurately characterize the attack surface in IoT, conduct systematic modeling and analysis of the threats and potential solutions, and propose secure design solutions that balance the trade-off between cost and security risk.

This book examines issues in modeling and designing secure IoT to provide a flexible, low-cost infrastructure; reduce the risks of exploitable attack surfaces; and improve survivability of physical processes. The contributions address design issues in developing secure IoT, such as secure software-defined network-based network orchestration, networked device identity management, tactical battlefield settings, and smart cities. The book has encompassing themes that drive the individual contributions, including modeling techniques to secure IoT, game-theoretic models, cyber deception models, moving target defense (MTD) models, adversarial machine learning models in military and commercial domains, and empirical validation of IoT platforms. It synthesizes a mix of earlier work (on topics including MTD and cyber agility) as well as newer, cutting-edge research findings that promise to attract strong interest (on topics including Internet of Battlefield Things, advanced persistent threats, and cyber deception).

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# 1

# Introduction

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# 1.1 Introduction

#### 1.1.1 IoT Overview

Wireless technologies such as Wi-Fi, Bluetooth, Mesh networks, Zigbee, and RFID are ubiquitous in supporting mobile devices and applications. According to the Cisco Visual Networking Index, the number of mobile-connected devices exceeded the world population in 2014, with over half a billion devices introduced each year [1].

It is expected that there will be a steady transition to smarter mobile devices and an exponential increase in machine-to-machine connections. Global mobile data traffic may experience a sevenfold increase between 2016 and 2021. The explosion of mobile devices and traffic will lead to a more connected world, where by 2020 each person will own an average of seven connected devices, with over 93% of adults using smart phones for online services. It is anticipated that 2.7% of all things in the world (over 50 billion) will be connected. Also, the adoption of cloud computing and big data analytics paves the way for a smarter world, with smart energy, smart cities, smart health, smart transport, smart agriculture, smart industry, and smart living.

The Internet of Things (IoT) is the inter-networking of physical devices, vehicles, buildings, and other items embedded with electronics, software, sensors,

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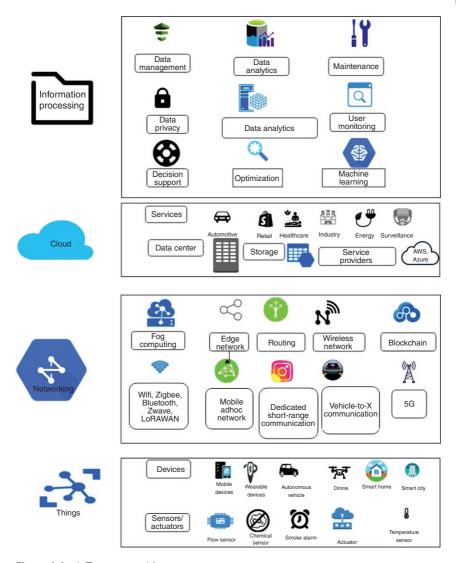
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actuators, and network connectivity that enable these objects to collect and exchange data [1].

Figure 1.1 depicts the IoT system architecture comprising four key components: Things, Networking, Cloud, and Information Processing. The Things component is responsible for integrating physical devices with sensors and actuators; collecting and processing data; and serving as the interface to the physical world. The Things component is also responsible for addressing device diversity and capability with high-end devices such as drones, smart homes, cameras, laptops, smartphones, and tablets, and low-end devices such as sensors, actuators, and passive entities such as barcodes, QR-codes, and RFID. The Networking component handles network connectivity and heterogeneous communication links such as Ethernet, Wi-Fi, cellular, Bluetooth, Zigbee, Long Range Wide Area Network (LoRAWAN), Narrow Band IoT (NB-IoT), IPv6 over Low-Power Wireless Personal Area Networks (6LoWPAN), and so on. It is also responsible for providing interconnectivity of various wireless access technologies and interference management. Further, the network can be empowered by blockchain technology to securely handle transactions among untrusted IoT devices. Our prior book fully describes blockchain for distributed system security [2]. The Cloud component is responsible for supporting domain-centric applications through its infrastructure in data center, storage, and service providers. Although we do not address cloud security in this book, we refer any interested reader to our prior book describing cloud computing details [3]. Finally, the Information Processing component is responsible for providing the intelligence to realize smart IoT by using big data analytics and machine learning to transform data to information and eventually aid in game-theoretic modeling, optimization, and decision-making.

# 1.1.2 IoT Security and Privacy Challenges and Opportunities

Though IoT has greatly impacted systems in commercial and military domains, there is a growing concern about the security risks introduced by IoT devices. IoT vendors and manufacturers are not typical security experts and do not emphasize security aspects in the design and implementation of IoT devices. IoT device manufacturers have not implemented security mechanisms, making IoT devices vulnerable when connected to the Internet. For example, in December 2013, the first IoT botnet was discovered by Proofpoint [4], which included IoT devices such as smart TVs, baby monitors, and other smart devices found in modern homes. In late 2016, there were reported distributed denial of service (DoS) attacks on popular websites, such as Netflix, Twitter, Spotify, Airbnb, and Reddit, from a network of consumer IoT devices [5]. Researchers have also demonstrated vulnerabilities in medical devices, such as pacemakers and implantable cardiac defibrillators [6]. An insulin pump was hacked, which resulted in a fatal dosage delivery



**Figure 1.1** loT system architecture.

over the air. Smart vehicles are also susceptible to attack. In 2015, Miller and Valsasek demonstrated the takeover of a jeep on a highway [7]. The pervasive networked computing capabilities provided by IoT increase their security risks as attack enablers rather than attack targets. The IoT devices can be unwitting participants in a botnet, which could lead to secondary attacks. In a 2008 attack on a Turkish oil refinery, security analysts found that vulnerabilities in surveillance

camera communication software enabled the attackers to gain entry and penetrate deeper into the internal network [8]. Thus, the cameras were used as stepping stones to gain access to the network housing the critical assets.

There are several reasons for the need for IoT security. IoT devices are mass produced rapidly to be low-cost commodity items without security protection in their original design. These devices are highly dynamic, mobile, and heterogeneous without common standards. As a result, those systems are the frequent targets of cyberattacks that aim to disrupt mission effectiveness. Particularly, the lowend devices are not capable of supporting sophisticated security solutions due to constrained computing, storage, and networking requirements. Typically, most IoT devices and networks are characterized by weak security configurations and inadequate security policies, making them subject to data loss, theft, and reverseengineering. Unprotected IoT devices can be used as "stepping stones" by attackers to launch more sophisticated attacks, such as advanced persistent threats (APTs). These challenges and the high risk and consequence of IoT attacks in the battlefield and on commercial systems drive the need to accelerate basic research on IoT security. It is imperative to understand the natural world and the physical process(es) under IoT control, and how these real-world processes can be compromised before recommending any relevant security countermeasure.

In addition to security risks, the collection and analysis of personal identifiable information, geolocation, and health and financial information can lead to increased privacy risks. Exploitation of smartphone sensors that are capable of inferring mood, stress level, personality type, smoking habits, sleep patterns, and physical movement can compromise safety. Researchers have reported the potential of privacy leakage through gesture-control devices [9].

There is a large body of security research activities in mobile and wireless networks that can be leveraged from the IoT networking technologies [10]. Conventional cryptography-based network security techniques have been proposed to secure wireless networks. However, these crypto solutions may not be feasible for many low-end devices. In addition, there is sufficient opportunity for insider attack to circumvent crypto-based security checks. This book presents a comprehensive suite of solutions to secure IoT from the devices to the overall IoT infrastructure.

# 1.2 Overview

The focus of this book is to provide modeling and design techniques for securing IoT in both commercial and military environments. The contributions address design issues in developing secure IoT, such as secure software-defined network (SDN)-based network orchestration, networked device identity management,