

# Learning and Development Effectiveness in Organisations

"Learning and Development in Organizations provides a compelling integration of research, scholarship and organisational practice in the emergent field of Learning and Development. Across its five chapters, this work provides expert insight into the contribution of learning and development for individual employability and career advancement, and for organisational sustainability and competitive advantage. The authors represent an impressive range of research, teaching and practitioner excellence. Their monograph provides a much-needed go-to resource for those whose interest is in learning and development as a feature of organisational effectiveness."

—Valerie Anderson, Professor of Human Resource Development, University of Portsmouth, UK

"Thomas Garavan and his colleagues have produced an exemplary analysis of what we need to know so that training delivers results. Covering all aspects of the training process, this book offers an in-depth guide to the latest research with clear practical implications drawn out. This is essential reading for anyone with a passionate interest in getting training right and wanting greater returns from their training budget."

—Professor Nicholas Clarke, Professor of Organisational Behaviour and HRM, Loughborough University

"At last, we have a resource that integrates research and practice written by eminent scholars. This critical view of common practices, informed by extensive theories will help both researchers and practitioners to avoid the traps of fads that have been present in L&D for many years, enabling organisations to use L&D more effectively to accomplish many outcomes desired. This is a must-read book for anyone researching or practicing L&D. The need for such knowledge will expand exponentially as we work to re-establish business following the Covid-19 Virus Pandemic."

—Gary N. McLean, Professor of Organization Development, School of Management, Assumption University, Bangkok, Thailand

"Assessing the effects and value of investment in training has been of continuing concern to training professionals for many years. This is not only because of their desire to provide effective interventions for the benefit of learners, but also because of the need to demonstrate value to organisation decision makers. This new text from Professor Garavan and his colleagues provides the latest and most exemplary answer to this concern through a comprehensive and thorough analysis of current research and knowledge. The result is a process model of training effectiveness which specifies all of the direct and indirect variables influencing training effectiveness. The model is clearly explained and justified in the book, and it will be of immeasurable benefit to both researchers and professionals seeking to understand how to ensure the effectiveness of training interventions."

—Professor Jim Stewart, Liverpool Business School, Liverpool John Moores University, UK Thomas N. Garavan · Fergal O'Brien · James Duggan · Claire Gubbins · Yanqing Lai · Ronan Carbery · Sinead Heneghan · Ronnie Lannon · Maura Sheehan · Kirsteen Grant

# Learning and Development Effectiveness in Organisations

An Integrated Systems-Informed Model of Effectiveness



Thomas N. Garavan School of Business National College of Ireland Dublin, Ireland

James Duggan Cork University Business School University College Cork Cork, Ireland

Yanqing Lai Business School Manchester Metropolitan University Manchester, UK

Sinead Heneghan Irish Institute of Training and Development Naas, Ireland

Maura Sheehan The Business School Edinburgh Napier University Edinburgh, UK Fergal O'Brien Graduate & Professional Studies University of Limerick Limerick. Ireland

Claire Gubbins DCU Business School Dublin City University Dublin, Ireland

Ronan Carbery Cork University Business School University College Cork Cork, Ireland

Ronnie Lannon The Business School Edinburgh Napier University Edinburgh, UK

Kirsteen Grant The Business School Edinburgh Napier University Edinburgh, UK

ISBN 978-3-030-48899-4 ISBN 978-3-030-48900-7 (eBook) https://doi.org/10.1007/978-3-030-48900-7

© The Editor(s) (if applicable) and The Author(s), under exclusive license to Springer Nature Switzerland AG 2020

This work is subject to copyright. All rights are solely and exclusively licensed by the Publisher, whether the whole or part of the material is concerned, specifically the rights of translation, reprinting, reuse of illustrations, recitation, broadcasting, reproduction on microfilms or in any other physical way, and transmission or information storage and retrieval, electronic adaptation, computer software, or by similar or dissimilar methodology now known or hereafter developed.

The use of general descriptive names, registered names, trademarks, service marks, etc. in this publication does not imply, even in the absence of a specific statement, that such names are exempt from the relevant protective laws and regulations and therefore free for general use.

The publisher, the authors and the editors are safe to assume that the advice and information in this book are believed to be true and accurate at the date of publication. Neither the publisher nor the authors or the editors give a warranty, express or implied, with respect to the material contained herein or for any errors or omissions that may have been made. The publisher remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Cover illustration: © John Rawsterne/patternhead.com

This Palgrave Macmillan imprint is published by the registered company Springer Nature Switzerland AG

The registered company address is: Gewerbestrasse 11, 6330 Cham, Switzerland

#### **Contents**

1	Intro	oduction	1	
	Refe	rences	5	
2	Definitions and the Evolution of Learning			
		Development Research and Practice	7	
	2.1	Introduction	7	
	2.2	Definitions of Key L&D Concepts	8	
		2.2.1 Learning	9	
		2.2.2 Training	9	
		2.2.3 Development and Education	10	
		2.2.4 Human Resource Development (HRD)		
		and Workplace Learning	12	
-		The Early Industry Origins of Training		
		in Organisations and Initial Research Efforts	13	
	2.4	The Emergence of the Classroom and Structured		
		on-the-Job Training in Organisations	14	

#### vi Contents

	2.5		rning, Digitisation and a Focus on Context			
			derstanding the Effectiveness of Learning			
			evelopment in Organisations	15		
	2.6		Imergence of Business Partnering			
		Appro	aches, Blended and Social Learning	16		
	2.7	Summ	ary	19		
	Refer	ences		19		
3	Theoretical Perspectives and Context of Learning					
	and l	Develop	ment Effectiveness in Organisations	23		
	3.1		uction	24		
	3.2	Theore	etical Perspectives on Learning			
		and D	evelopment	24		
		3.2.1	The Universalistic Approach to Learning			
			and Development	24		
		3.2.2	Contingency Approach to L&D	25		
		3.2.3	Configurational Approach to L&D	26		
		3.2.4	Architectural Approach to L&D	26		
	3.3	Theor	ies Used to Explain the Link Between L&D,			
		Indivi	dual and Organisational Performance	27		
		3.3.1	Human Capital Theory	27		
		3.3.2	The Resource-Based View and Learning &			
			Development	29		
		3.3.3	The Behavioural Approach	30		
		3.3.4	Ability-Motivation-Opportunity Theory	31		
		3.3.5	Attribution Theory and L&D	32		
		3.3.6	Social Exchange Theory	33		
	3.4	The C	Changing Context of Learning			
		and D	evelopment Effectiveness	33		
		3.4.1	Organisational Strategy	34		
		3.4.2	Organisation Structure	34		
		3.4.3	Organisation Cultures, Climate			
			and Mind-Set	36		
		3.4.4	The Changing Nature of Careers	37		
		3.4.5	Changing Nature of Jobs and Work Design	38		

			Contents	vii
		3.4.6	The Changing Nature of Employee	
		3110	Contracting	39
		3.4.7		40
			Personal Initiative and L&D	41
	3.5			42
		rences		43
4	A Mo	odel of	Learning and Development Effectiveness	
	in Organisations			
	4.1		luction	50
	4.2	Learni	ing and Development Inputs	50
			Environmental Inputs to L&D	50
			Organisational Inputs to L&D	55
	4.3		dual Inputs to Learning and Development	59
		4.3.1	Trainee Level of Knowledge and Cognitive	
			Ability, Dispositions and Values	59
		4.3.2	Trainee Motivation and Self-efficacy,	
			Instrumentality and Goals	60
		4.3.3	· · · · · · · · · · · · · · · · · · ·	62
		4.3.4	Trainee Affective States and Behavioural	
			Characteristics	62
	4.4	Traini	ng Design Inputs	63
		4.4.1	Organisation Training Needs Analysis	
			Process	63
		4.4.2	Training Attendance Policy	64
		4.4.3	Training Design Characteristics	64
		4.4.4	Trainer Instructor Characteristics	66
	4.5	Indivi	dual and Organisational Related Reactions	
		to Tra	ining	66
		4.5.1	Learner Reactions to Training	67
		4.5.2	Organisation-Level Reactions	
			to the Training	69
	4.6	Learni	ing Outcomes from Training	70
		4.6.1	Individual-Level Learning Outcomes	70
		4.6.2	Organisational-Level Learning Outcomes	71

#### viii Contents

	4.7	Learning Transfer—Organisational and Individual		
		Levels	72	
		4.7.1 Trainee Transfer	73	
		4.7.2 Organisation-Level Transfer	74	
	4.8	Firm-Level Human Resource Outcomes	75	
	4.9	Emergence Enablers	77	
	4.10	Operational Firm-Level Outcomes	78	
	4.11	Financial Performance Outcomes	79	
	4.12	Summary	80	
	Refer	ences	81	
5	The	Current State of Research on Training		
	Effec	tiveness	99	
	5.1	Introduction	100	
	5.2	What Do We Know About the Effectiveness		
		of Each Component of Our Integrated Model?	100	
	5.3	What Emphasis Has Been Given to Different		
		Components of Our Model?	103	
	5.4	How Should Organisations Approach the Design,		
		Delivery and Implementation of Training		
		to Maximise Training Effectiveness?	118	
	Refer	ences	138	
6	Sugg	estions for Research and Practice	153	
	6.1	Introduction	153	
	6.2	Recommendations on the Content of Empirical		
		Training Effectiveness Research	118 138 153 154 154	
		6.2.1 Linking Individual-Level Learning		
		Outcomes to Organisational Performance	154	
		6.2.2 The Role of Emergence Enablers	163	
		6.2.3 Mediating Mechanisms and Boundary		
		Conditions	164	
	6.3	Recommendations for Research Design	165	
		6.3.1 Using More Rigorous Research Designs		
		and Capturing Context	165	

		Contents	ix
	6.3.2	Gathering Data from Multiple	
		Stakeholders or Organisational Actors	166
	6.3.3	Addressing Causality and Reverse Causality	166
6.4	Implic	cations for Practice	167
6.5	Concl	usions	170
Refe	References		171
Index			175

#### **About the Authors**

Thomas N. Garavan is a Professor of Leadership Practice at University College Cork and Visiting Research Professor, National College of Ireland, Dublin, and is a Leading Researcher worldwide in learning and development, HRD, leadership development and workplace learning. He graduated from the University of Limerick, Ireland, with a Bachelor of Business Studies and completed a Doctorate of Education at the University of Bristol. He is Editor of the European Journal of Training and Development and Associate Editor of Personnel Review. He is a member of the Editorial Board of Human Resource Management Journal, Human Resource Development Quarterly, Human Resource Development Review, Advances in Developing Human Resources, and Human Resource Development International. He is the recipient of the Academy of Human Resource Development, Outstanding HRD Scholar Award 2013. His research interests include CSR and transformational leadership, cross-cultural dimensions of diversity training, tacit knowledge in manufacturing, international human resource management standards and human resource management.

**Fergal O'Brien** is Assistant Dean of Graduate & Professional Studies at the University of Limerick and Senior Lecturer in Finance at the Kemmy Business School. He holds a Ph.D. in Finance from Lancaster University. Dr. O'Brien is currently working on a number of research projects including the role of tacit knowledge in organisations and risk management strategies in agriculture. He has been recognised for his teaching by being awarded the Jennifer Burke Award for Innovation in Teaching and Learning as part of the University of Limerick team. Dr. O'Brien is a board member of the World Sports Team.

James Duggan is a Ph.D. Scholar at the Cork University Business School, University College Cork, Ireland. With a background in new media and technology, James' research examines the changing nature of HRM and employment relations in the future workplace. In particular, his research focuses on algorithmic management practices and the fragmented nature of working relationships in app-based work in the global gig economy. James' Ph.D. research is funded by the Irish Research Council, having been awarded the prestigious Government of Ireland Postgraduate Scholarship to complete his studies.

Claire Gubbins is Senior Lecturer of Organisational Behaviour & HRM at DCU, Director of DCU's Executive MBA Programme, Associate Editor for Human Resource Development Quarterly (an SSCI listed journal) and Deputy Director of LINK Research Institute (Knowledge and Learning). Claire was also a Fulbright Scholar at Carnegie Mellon University USA, Senior Research Fellow on the Irish Centre for Manufacturing Research (ICMR) project on Tacit Knowledge Management, Learning and Systems, and a Senior Research Fellow at the Enterprise Research Centre with the University of Limerick. She received the DCU Presidents award for Excellence in Teaching (Assessment & feedback) in 2013.

Yanqing Lai is Senior Lecturer in HRM/HRD at Manchester Metropolitan Business School. Previously, she was a Research Assistant in Leadership/HRM in Edinburgh Napier Business School. She received her Ph.D. in Business Management from Kingston University

London in 2016, M.Sc. in Accounting and Finance from the University of Manchester (2009–2010) and B.A. (Hons.) in International Business Management from the University of Nottingham (2005–2009). Her primary research interests include strategic human resource management, subjective employee well-being and strategy and growth in entrepreneurial SMEs. Her work has been published in top-tier business and management journals, including the Journal of Business Venturing, International Small Business Management and Human Resource Management Review.

Ronan Carbery is Co-Director of the Human Resource Research Centre in UCC and lectures and researches in a variety of Human Resource Management and Human Resource Development subjects in the School of Management and Marketing. His research interests include learning and development, career development and talent management. Ronan worked at the University of Limerick from 2007 to 2014 and was awarded the Teaching Excellence award there in 2013. He is an External Examiner at Coventry University, Ulster University, Waterford Institute of Technology and London South Bank University. Ronan has co-edited a number of leading international texts and is Co-Editor of the European Journal of Training and Development.

Sinead Heneghan has worked in senior roles with the Irish Institute of Training & Development for over 18 years. In her capacity of CEO, she leads the team to develop a high value member offer and the strategic alliance of the IITD with all stakeholders. Sinead has vast experience with Individuals, Corporates, Further and Higher Education Providers and State Agencies and has represented the industry in an influencing and advocacy role for many years. She has an M.Sc. in Leadership & Change Management, a B.A. in Local and Community Development and a Certificate in Training & Development. She served as a board member of IFTDO (International Federation of Training & Development Organisations) which represents more than 500,000 learning and development professionals in over 30 countries. Sinead volunteers with the Kildare Branch of Down Syndrome Ireland where she manages a

specialist Speech & Language Therapy Service for 70 people with Down Syndrome.

Ronnie Lannon has extensive teaching experience at undergraduate and postgraduate levels. He completed a research degree in the strategic management of new technology in the banking sector and subsequently worked in a strategic planning capacity in local government before returning to teach strategic management at Edinburgh Napier University Business School. Ronnie has undertaken a range of programme leadership and teaching and learning activities within The Business School. He has extensive admissions and student recruitment experience having developed articulation arrangements for both international and domestic advanced entry students. He was recently confirmed as the Business School Academic Lead for Quality Enhancement. He has also undertaken a range of Examiner roles and is currently an External Examiner for the Bachelor of Business Administration (Honours) programme at Tunku Abdul Rahman University College, Malaysia.

Maura Sheehan is Professor of International Management, specialising in HRM, HRD and organisational performance. Maura's work appears in journals such as British Journal of Industrial Relations; Cambridge Journal of Economics; Industrial and Corporate Change; International Journal of Human Resource Management; International Small Business Journal; Personnel Psychology. Before coming to Edinburgh Napier, Maura was a Professor at the National University of Ireland (NUI) Galway. Previous to this, she was a Reader at the University of Brighton and an Associate Professor at the Graduate School of Management, University of Dallas. Maura has a B.Sc. in Economics from New York University and a Ph.D. in Economics from the University of Notre Dame, USA.

**Kirsteen Grant** is Associate Professor (Work and Employment) and Deputy Head of Research in the Business School at Edinburgh Napier University. Kirsteen draws on complementary backgrounds in academia and organisational practice. Her research interests centre around: professional, responsible and precarious work; future of work; younger workers;

organisational leadership; talent management; workplace skills utilisation. Kirsteen co-convenes the Work and Equalities in Society research group within the university, and she is Editor of the Journal of Management Development (Emerald). Kirsteen is a Chartered Fellow of the CIPD, Senior Fellow of the HEA and Certified Management and Business Educator (CMBE).

## **List of Figures**

Fig. 4.1	Model Explaining L&D Effectiveness in Organisations	51
Fig. 5.1	Average Bivariate Correlations between Different	
	Variables within our Model	102

### **List of Tables**

Table 5.1	Summary of Training Effectiveness Research by Model	
	Component	104
Table 5.2	Best available evidence on training effectiveness	
	in organisations: Summary of key findings from	
	meta-analyses	119
Table 6.1	Key findings and research implications arising from	
	each component of the model	155
Table 6.2	Key L&D organisational practice implications that	
	arise from our model	168



## 1

#### Introduction

Abstract Scholars and practitioners both acknowledge the important role that learning and development (L&D) plays in organisations. The development of human capital is an essential component of individual employability, career advancement and competitive advantage. Therefore, the development of the knowledge, skills and attitudes of employees constitutes a very important organisational HR practice and it is viewed as one of the most important HR challenges that organisations face. Accordingly, the evidence indicates that organisations continue to invest in L&D programmes as part of their HR strategy. There has been an enormous expansion of research on L&D in organisations; however, a certain degree of ambiguity exists concerning the effectiveness of these activities and there is limited understanding about the best way to implement them. This finding was, for us, an important reason to write this monograph. We seek to offer an integrated and contextualised framework for L&D effectiveness which addresses both the nature of L&D and its antecedents and outcomes in organisations. We created our L&D effectiveness model based on key findings from reviews, empirical research and meta-analyses as well as from previous established theoretical frameworks within the field. We set out in this monograph to bridge theory and practice so that our framework guides L&D researchers in their future research efforts and helps practitioners in their L&D activities.

 $\textbf{Keywords} \ \ \text{Learning and development in organisations} \cdot \text{Effectiveness} \cdot \\ \text{Integrated model}$ 

For more than four decades, learning and development (L&D) is a critical agenda issue for senior managers in organisations (Garavan et al. 2020a). There is an important recognition that organisations require a skilled and motivated workforce in order to achieve firm performance and competitive advantage (Hughes et al 2019; Tharenou et al 2007). Through investment in structured and formal L&D, organisations enhance employee and organisational human capital which leads to enhanced performance (Jiang et al 2012).

For the purpose of this monograph, we define L&D effectiveness as the extent to which it leads to intended firm-level performance gains and results. However, we also acknowledge consistent with Kirkpatrick (1987) that L&D also leads to more proximal outcomes such as feelings and reactions about the activities, enhanced knowledge, skills and abilities and learnings for teams and organisations, including HR outcomes such as job satisfaction, employee engagement and lower levels of absenteeism (Sitzmann et al. 2008; Kraiger et al. 1993). However, the ultimate outcomes that firms expect from investment in L&D are outcomes such as productivity, innovation, customer service and financial performance (Garavan et al. 2020a; Ployhart and Hale 2014). Therefore, for L&D to be effective, it is necessary to have a high degree of transfer in the form of job performance.

Despite the popularity of L&D in both research and practice, there is a great deal yet to know about the effectiveness of these practices. The lack of compelling evidence for the effectiveness of L&D (defined as 'formal on- and off-the-job structured activities focused on the development of the knowledge, skills and abilities (KSAs) for current and future job roles' (Garavan et al. 2020a: 2), has heightened recent debates

about whether L&D is a worthy and valuable investment for organisations. Addressing these sorts of issues, as well as reaching consensus about L&D research and practice in general requires an evaluation of where we are at this time. This is the primary purpose of this monograph, which identifies a pressing need based on an extensive review of the L&D effectiveness literature. We provide a theoretically grounded, comprehensive and integrated framework to understand L&D and its outcomes for organisations.

We propose that there is a need for this framework based on recent discussions. For example, Garavan et al. (2019) questioned whether sufficient empirical attention has been given to justifying the contribution of L&D to firm performance in organisations. Similarly, there has been a push to justify L&D as an important strategic activity in organisations (Garavan et al. 2020b). More generally, commentators have highlighted that there is a need to improve the research base to establish the impact of L&D practices and the justification of many of the normative best practice recommendations that are found in the L&D literature (Garayan et al. 2020b). An important challenge concerns the many different ways in which 'value', 'impact', 'return' and 'bottom line' are defined and what they mean in the context of L&D. Researchers have historically argued for different dimensions of value including human resource outcomes (Tharenou et al. 2007), operational outcomes (Garavan et al. 2020a) and financial outcomes (Garavan et al. 2020b). For example, a proximal outcome perspective emphasises KSAs, cognitive, affective and behavioural outcomes (Tharenou et al. 2007); a distal perspective on the other hand argues that investment in L&D is a vehicle to improve operational and financial firm performance. This strategic view prioritises financial outcomes and argues that profitability and return on equity (ROE) represent the ultimate criterion (Kim and Ployhart 2014; Garavan et al. 2020b).

Relatively few models exist that explain the factors that are relevant to explaining the effectiveness of L&D in organisations (Garavan (2007) is perhaps one example). In response, as part of this monograph, we created a comprehensive theoretical model to understand L&D effectiveness. This model is derived from a combination of theoretical and