

Enabling People with Dementia: Understanding and Implementing Person-Centred Care

Pat Hobson

Third Edition

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 Springer

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ISBN 978-3-030-20478-5 ISBN 978-3-030-20479-2 (eBook)
<https://doi.org/10.1007/978-3-030-20479-2>

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I would like to dedicate this book to my grandmother, Pauline. Like most people with dementia, she was never diagnosed with this disorder. She had a history of hypertension, transient ischaemic attacks (TIA) and behaviours associated with vascular-type dementia. Despite her experiences with dementia, which affected us all, my grandmother remained a unique individual, dearly loved and respected by everyone who knew and cared for her.

I would also like to dedicate this book to:

My grandfather, Solomon

My father, Albert

My mother, Phildah

My mother-in-law, Marcella

My father-in-law, Fred

My aunt, Noanah

My aunt, Petronella

A selfless generation that is irreplaceable.

Acknowledgements

I would like to thank my husband, Mark, for his unconditional love, support, patience and belief as I endeavoured to write this book. I would also like to extend a special thanks to all the acute medical wards, specialist dementia units and organisations I have worked with and continue to work with in my consultancy work. These establishments demonstrate some of the wonderful work not recognised within health and social care sector, which makes a world of difference to people with dementia. I would also like to extend a special thanks to all the people with dementia and their carers whom I have had the pleasure to meet, work with and support.

About This Book

The main focus of this book is to explore dementia from a person-centred perspective. Understanding dementia can help health and social care staff understand how simple everyday tasks we take for granted can be a challenge for people with dementia.

This book is for health and social care staff at all levels, and the term ‘staff’ will be used throughout to refer to these key individuals working with people with dementia in various specialist units. It examines the main theory relating to dementia care and provides an overview of other person-centred models that allude to this theory. It also explores the different types of dementia and the issues relating to person-centred communication that help to create the right environment to enable and promote meaningful activities for people with dementia and emphasises the importance of seeing the world from the perspective of the person with dementia. The key message here is that despite the disability, the person remains unique, and it should be our aim to promote that uniqueness.

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