Biswanath Dinda

Pharmacology and Applications of Naturally Occurring Iridoids



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Dedicated to my parents, father-in-law and teacher, Prof. (Mrs) Asima Chatterjee for her life-time achievement on herbal drug discovery

Preface

The field of natural products chemistry is immense, fascinating, and interesting because of limitless structural varieties and substitution patterns of natural products. and their specific metabolic origins and fates, cellular transformations, and versatile physiological and other biological activities. Iridoids and their 7,8-seco-derivatives, called secoiridoids, are one of the major classes of secondary plant metabolites, mainly found in a restricted group of plant families. Most of these plant metabolites are found in commonly used folk medicinal plants and edible fruits and vegetables of many countries. Their physiological activities in plants and some specific insects are indispensible in which they occur. The potent and versatile pharmacological activities of some naturally occurring iridoids prompted for in-depth study on their transcriptomes and metabolomes analyses to reveal the specific gene expression in their biosynthesis for utilization of these genes in biotechnological production of these iridoids as raw materials in pharmaceutical industries. Most of the existing monographs and textbooks have a limited coverage on these plant iridoids. Therefore, I have decided to elaborate all the aspects of the naturally occurring iridoids in this book to furnish a comprehensive idea upon this subject and to bring it in the limelight of the students and researchers. In this book, the occurrence and distribution in plant families and insects, methods of isolation, separation and purifications by different chromatographic techniques, structural diagnosis and elucidation by modern spectroscopic methods, methods of partial and total synthesis, biosynthesis of some bioactive iridoids using both transcriptome and metabolome analyses and tracer technique, pharmacological and other biological activities, metabolic fate in microorganisms and animals, pharmaceutical and nutraceutical applications of iridoids in medicine and dietary supplements, and pesticidal applications in eradication of harmful parasitic insect vectors of some diseases have been elaborated. In addition to these, the application of iridoids as chemotaxonomic markers in the study of chemosystematics and phylogeny of plant families is also highlighted.

This book is specifically designed as a textbook for the students of graduate and postgraduate levels of pharmacognosy, pharmacy, and pharmaceutical chemistry. This book will provide a detailed and extensive overview and a unifying concept on

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the naturally occurring iridoids. I feel this book will motivate the interest of the students and researchers in this significant area of natural science for the discovery of gene expression in plants for biosynthesis of these metabolites. This book will be a valuable tool in pharmaceutical industry for application of these plant metabolites in various drug formulations.

To the readers of this book, I seek for their valuable suggestions and comments for improvement of this monograph in the next edition.

I am grateful to Prof. I. Calis of Near East University, TRNC, for kindly providing the 2D NMR spectra of lamiide and auroside; Prof. S. R. Jensen of the Technical University of Denmark; Prof. R. Tundis of University of Calabria, Italy; and Prof. A. Viljoen of Tshwane University of Technology, Pretoria, South Africa, for kindly providing some of their research papers on iridoids. I am grateful to my publisher for their support and interest in the publication of this monograph.

I wish to acknowledge the help of the students, Dr. Goutam Kulsi of Seoul National University, Korea; Dr. Arup Kr. Roy of NEIST, India; Dr. Nayim Sepay and Sri Tapas Halder of Jadavpur University, India, for providing some papers on iridoids; Dr. Ankita Chakraborty of Tripura University; my son, Dr. Subhajit Dinda of DDM College, Tripura; Dr. Brajagopal Samanta of Nabajibon Colony Nabajiban Vidyamandir, West Bengal, India; and Sri Goutam Das, City College, West Bengal, for drawing some structures in preparation of this manuscript.

Finally, I wish to express my hearty affections to my wife, Chitralekha, children, Subhajit and Manikarna and son-in-law, Shekhar, and regards to my mother-in-law Mrs. Pravabati Das for their constant encouragement in the completion of this book.

Agartala, Tripura, India July 2018 Biswanath Dinda

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Abbreviations

AA Adjuvant-induced arthritis

ABTS 2,2'-Azino-bis (3-ethylbenzothiazoline-6-sulfonic acid)

ACC Acetyl CoA carboxylase ACD Anti-convulsant drug

ACh Acetylcholine

AChE Acetylcholine esterase

ACE Angiotensin-converting enzyme

ACTH Adrenocorticotropin
ADD After discharge duration

AGE Advanced glycation endproduct AIBN 2,2'-Azobisisobutyronitrite

Akt Protein kinase B
ALP Alkaline phosphatase
ALT Alanine transaminase

AMPK 5'-Adenosine monophosphate-activated protein kinase

AP Acute pancreatitis
AP-1 Activator protein-1
APAP N-Acetyl-p-aminophenol
Ara(f) D-Arabinofuranosyl

ASK-1 Apoptosis signal-regulating kinase 1

AST Aspartate transaminase ATP Adenosine triphosphate

BACE-1 Beta-site amyloid precursor protein cleaving enzyme-1

BALF Bronchoalveolar lavage fluid
BAT Brown adipose tissue
Bax Bcl-2 associated x
BBB Blood-brain barrier
Bcl-2 B-cell lymphoma 2

BDNF Brain-derived neurotrophic factor

BDZ Benzodiazepine

xiv Abbreviations

BHT Butyrated hydroxytoluene/3,5-diisobutyl-4-hydroxytoluene

Big ET-1 Big endothelin-1

BINAL-H 2,2'-Dihydroxy-1,1'-binaphthyl-lithium aluminum hydride

BiP Immunoglobulin-binding protein BMP-2 Bone morphogenetic protein-2

Bn Benzyl

BSA Bovine serum albumin

Bu Butyl BUP Bupropion

CAD Coronary artery disease
Cag A Cytotoxin-associated gene A

CaMKII Calcium/calmodulin-dependent protein kinase II

CaMKKβ Calcuim-/calmodulin-dependent protein kinase kinase beta

CD Contact dermatitis/ Crohn's disease C/EΒΡα CCAAT/enhancer-binding protein alpha

CEL N°-Carboxy ethyl lysine
CerS3 Ceramide synthase 3
CFU Colony-forming unit
ChAT Choline acetyl transferase

CK Creatine kinase

CK-MB Creatine kinase of types found in muscle and brain

CLP Cecal ligation and puncture CMA Chaperone-mediated autophagy

COPD Chronic obstructive pulmonary disease

COSY Correlated spectroscopy
COX-2 Cyclooxygenase-2
CPK Creatine phosphokinase
CPR Coronary perfusion rate
CPT 8-Cyclopentyltheophylline

CREB cAMP response element-binding protein

CRH Corticotropin-releasing hormone

CRP C-reactive protein

CSA 10-Camphorsulfonic acid
CSF Cerebrospinal fluid
CT_x C-terminal telopeptide
CYP2E1 Cytochrome P4502E1

DA Dopamine

DAT Dopamine transporter
DCE 1,2-Dichloroethane
DCM Dichloromethane

DEET *N,N*-Diethyl-*meta*-toluamide

DESI Desipramine

DHP 3,4-Dihydroxyphenethyl/dihydropyran

DIBA-H Diisobutylaluminum hydride DMAP 4-Dimethylaminopyridine Abbreviations xv

DMAPP Dimethylallyl pyrophosphate
DMBA 7,12-Dimethylbenz[a]-anthracene

DMSO Dimethylsulfoxide

DNFB 2,4-Dinitrofluorobenzene
DPPH 2,2-Diphenyl-1-picrylhydrazyl
Drp-1 Dynamin-related protein-1
DSCS Disodium cromoglycate
DSS Dextran sulfate sodium
DTH Delayed-type hypersensitivity

EC₅₀ Equivalent concentration of test sample to scavenge 50%

of free radical from the medium

ED₅₀ Effective dose of a drug to produce 50% of the activity

EGF Epidermal growth factor

EIMS Electron-impact mass spectrometry

EPM Elevated plus maze EPO Erythropoietin

EPOR Erythropoietin receptor
ER Endoplasmic reticulum
ER Estrogen receptor

ERK Extracellular signal-regulated kinase
ESIMS Electrospray ionization mass spectrometry

Et Ethyl

ET-1 Endothelin-1

FABMS Fast atom bombardment mass spectrometry

FAS Fatty acid synthase Fas First apoptosis signal

Fas L Fas ligand FFA Free fatty acid

FLS Fibroblast-like synoviocyte

fMLP N-Formylmethionyl-leucyl-phenylalanine

FoxO1 Forkhead box O1

FRAP Ferric reducing ability of plasma

Fru D-Fructofuranosyl
FST Force swimming test
FVP Flash vacuum pyrolysis

GABA_A Gamma aminobutyric acid receptor A

Gal β-D-Galactopyranosyl

GAP-43 Growth-associated protein-43

GDNF Glial cell line-derived neurotrophic factor

GFR Glomerular filtration rate
GFR-α1 GDNF-receptor alpha-1
GGT Gamma-glutamyl transferase

GI Gastrointestinal Glc β -D-Glucopyranosyl GLP-1 Glucagon-like peptide-1

xvi Abbreviations

GLP-1R Glucagon-like peptide-1 receptor

GLUT-4 Glucose transporter-4 GP Glycogen phosphorylase G6Pase Glucose 6-phosphatase

G6PD Glucose-6-phosphate dehydrogenase

GPP Geranylpyrophosphate
GSR Glutathione reductase

GRP78 Glucose-regulated protein of 78 kDa

GS Glutamine synthetase

GSH Glutathione

GSH-P_x/GP_x Glutathione peroxidase GSK-3 Glycogen synthase kinase-3 HA Hemagglutinating antibody

HBV Hepatitis B virus

 $\begin{array}{lll} \mbox{HB}_e \mbox{ Ag} & \mbox{Hepatitis B envelope antigen} \\ \mbox{HB}_s \mbox{ Ag} & \mbox{Hepatitis B surface antigen} \\ \mbox{HCC} & \mbox{Hepatocellular carcinoma} \end{array}$

HCV Hepatitis C virus

HCV_{pp} Hepatitis C virus pseudoparticles HEK-293 Human embryonic kidney-293 protein 12-HETE 12-Hydroxyeicosatetraenoic acid

HFD High-fat diet

5-HIAA 5-Hydroxyindole acetic acid

HMBC Heteronuclear multiple bond correlation HMG-CoA 3-Hydroxy-3-methylglutaryl-coenzyme A

HMGCR 3-Hydroxy-3-methylglutaryl-coenzyme A reductase

HO-1 Heme oxygenase-1

HORAC Hydroxyl radical averting capacity
Hp Harpagophytum procumbens

HPA Hypothalamic-pituitary-adrenocortical axis

hPK Human primary keratinocytes HSP-70 Heat shock protein-70 HSV-1 Herpes simplex virus-1 5-HT 5-Hydroxytryptamine

HUVEC Human umbilical vein endothelial cell hy Ultraviolet or visible irradiation

HYD Hydrocortisone

IAP-1 Inhibitor of apoptosis protein-1
IBD Inflammatory bowel disease
ICAM-1 Intracellular adhesion molecule-1
IDE Insulin-degrading enzyme

IFN-γ Interferon gamma

IG Iridoid glycoside mixture

IκBα Inhibitor of kappa B activity, alpha form

IKK Inhibitor of kappa B kinase

Abbreviations xvii

IKKβ Inhibitor of nuclear factor kappa B kinase subunit beta

IMI Imipramine

IMP Idiopathic mesenteric phlebosclerosis iNOS Inducible nitric oxide synthase

i.p. Intraperitoneal

IP-10 Interferon gamma-induced protein-10

IPP Isopentenyl pyrophosphate

i-PrOH
 iso-Propyl alcohol
 IR
 Insulin resistance
 ISP
 Isoproterenol
 i.v.
 Intravenous
 JAK-2
 Janus kinase-2

LAMP2A Lysosome-associated membrane protein type 2A
LC-3II Microtubule-associated protein-light chain-3-type-II
LC₅₀ Lethal concentration of a drug that causes death of 50%

of the tested animal group

LDA Lithium diisopropylamide
LDH Lactate dehydrogenase
LLF Ligustrum lucidum fruits
L-NMMA L-NG-Monomethyl-arginine
L-02/LO2 Human fetal hepatocytes
LPL-1 Lipoprotein lipase-1
LPS Lipopolysaccharide

LRP-5 Lipoprotein receptor-related protein-5

LTB₄ Leukotriene B₄ LTC₄ Leukotriene C-4

MALDI-TOF-MS Matrix-assisted laser desorption ionization-time

of flight-mass spectrometry

MAPK Mitogen-activated protein kinase

MAO-B Monoamine oxidase B

MATF Microphthalmia-associated transcription factor

MBC Minimum bactericidal concentration
MCP-1 Monocyte chemoattractant protein-1

m-CPBA meta-Chloroperbenzoic acid

MDA Malondialdehyde

Me Methyl

MEC Minimum effective concentration

MeJA Methyl jasmonate

MEP 2-Methyl-p-erythritol-4-phosphate

MES Maximal electroshock

MFC Minimum fungicidal concentration
MIC Minimum inhibitory concentration
MLNL Mesenteric lymph node lymphocyte
MMI Macrophage migration index

MMP Mitochondrial membrane potential

xviii Abbreviations

MMP-9 Matrix metalloproteinase-9

MPO Myeloperoxidase

mPT Mitochondrial permeability transition

MPTP 1-Methyl-4-phenyl-1,2,3,6-tetrahydropyridine Mrp-3 Multidrug resistance-associated protein-3 α-MSH Alpha-melanocyte stimulating hormone

MST Median survival time

MTT 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyl-tetrazolium

bromide

MVA Mevalonic acid *m/z* Mass-to-charge ratio

NASH Non-alcoholic steatohepatitis

NBS N-Bromosuccinimide NE Norepinephrine

NEFA Non-esterified fatty acid
NF-κB Nuclear factor kappa B
NFT Neurofibrillary tangles
NGF Nerve growth factor

NIDDM Non-insulin-dependent diabetes mellitus
NMP 41/7 Nuclear matrix proteins 41 and 7
NMRI Naval Medical Research Institute
NOESY Nuclear Overhauser effect spectroscopy

Nox-4 NADPH oxidase-4 1-NPy 1-Nitropyrene

NQO1 NAD(P)H-quinone acceptor oxidoreductase-1 Nrf-2 Nuclear factor-(erythroid derived-2)-related factor-2

NT-3 Neurotrophin-3

OB-R Obesity (leptin) receptor

OCN Osteocalcin
OFT Open field test

ONOO Peroxynitrite anion radical

OPG Osteoprotegerin

OPLC Over-pressured layer chromatography
ORAC Oxygen radical absorbance capacity

ORCA2 Octadecanoid-derivative responsive *Catharanthus*

AP2-domain protein-2

ORTEP Oak Ridge thermal ellipsoid plot

OVA Ovalbumin OVX Ovariectomized

Ox-LDL Oxidized-low-density lipoprotein
PAI-1 Plasminogen activator inhibitor-1
PBL Peripheral blood lymphocyte
PC-12 Pheochromocytoma-12

PCA Passive cutaneous anaphylaxis PCC Pyridinium chlorochromate Abbreviations xix

PIICP Human procollagen II C-terminal propeptide

PDGF Platelet-derived growth factor

3-Phosphoinositide-dependent protein kinase-1 PDK1

Protein of four PDZ domains of protein-protein interactions, PDZK1

post-synaptic density protein/protein of Drosophila

disks-large/tight-junction protein (ZO1)

PET Planar electrochromatography

Plaque-forming cell **PFC**

PFR-2 Paraflagellar rod-2 protein

Prostaglandin E₂ PGE₂

Ph Phenyl

PI3K Phosphoinositide-3-kinase

Pivaloyl Piv

Phosphorylated-c-Jun-N-terminal kinase p-JNK

Protein kinase C **PKC**

Post-kala-azar dermal leishmaniasis **PKDL**

PLA₂ Phospholipase A₂

Phorbol-12-myristate-13-acetate **PMA**

Phosphorylated mitogen-activated protein kinase-activator p-MAPK AP-2

protein-2

Permanent middle cerebral artery occlusion pMCAO

p-MKK Phosphorylated mitogen-activated protein kinase kinase

Polymorphonuclear leukocytes **PMN**

Peroxisome proliferator-activated receptor alpha PPAR-α Peroxisome proliferator-activated receptor-gamma PPAR-γ

Phosphorylated protein similar to that of Drosophila gene, p-Smad-2

mothers against decapentaplegic-homolog-2

PTZ Pentylenetetrazole

Py Pyridine

RARheumatoid arthritis

RAGE Receptor of advanced glycation endproducts

RANKL Receptor activator of nuclear factor kappa B ligand

RD Rhabdomyosarcoma

Effective dose of drug to repel 50% of insect population RD_{50}

in an environment

α-L-Rhamnopyranosyl Rha

RHF Radiation-induced fibrosarcoma

ROESY Rotating-frame nuclear Overhauser effect spectroscopy

Reactive oxygen species ROS Respiratory syncytial virus **RSV**

Room temperature

Real-time polymerase chain reaction RT-PCR Runx-2 Runt-related transcription factor 2

Rutinose Rut SIRT Sirtuin

xx Abbreviations

α-SMA Alpha-smooth muscle actin

SNARE Soluble (N-ethylmaleimide sensitive factor)-activating

protein receptor

SOCS Suppressor of cytokine signaling

SOD Superoxide dismutase SRB Sulforhodamine B

SREBP1/2 Sterol regulatory element-binding proteins one and two STAT-3 Signal transducer and activator of transcription-3

STZ Streptozotocin

 T_{50} Time required for 50% tumor induction

T_n-T Troponin T

TAK1 TGF-beta-activated kinase-1 TAM Tumor-related macrophages

TBARS Thiobarbituric acid reactive substance

TC Total cholesterol

T2DM Type 2 diabetes mellitus

TG Triglycerides

TGF-β Transforming growth factor-beta

TH Tyrosine hydroxylase
TLJN Tong Luo Jiu Nao
TLR-4 Toll-like receptor-4

TMS-CHN₂ Trimethylsilyl diazomethane

TNBS 2,4,6-Trinitrobenzene sulfonic acid

TRADD TNF-receptor-1-associated death domain protein

TRAF-2 TNF-receptor-associated factor-2 TRAP Tartrate-resistant acid phosphatase

TNF-RSC Tumor necrosis factor-alpha receptor-associated signaling

complex

Ts Tosyl

TSOD Tsuma Suzuki obese diabetes

TST Tail suspension test

TUNEL Terminal deoxynucleotidyl transferase

deoxyuridine-5-triphosphate nick-end labeling

TXB₂ Thromboxane B₂ UCP-1 Uncoupling protein-1

VCAM-1 Vascular cell adhesion molecule-1
VEGF Vascular endothelial growth factor
VHSV Viral hemorrhagic septicemia virus

VL Visceral leishmaniasis
VSV Vesicular stomatitis virus
WAT White adipose tissue

wnt Wingless-type integration site protein

Xyl β-D-Xylopyranosyl

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	to untreated samples. Tissue of <i>C. roseus</i> : leaf.Sdlg, seedling.	
	Suspension cells (Cell Sus): O2, ORCA2; O3, ORCA3.	
	Treatments of plant tissue: Not, no treatment; MeJA, methyl	
	jasmonate (6, 12, or 24 h). Genes: GES, geraniol synthase;	
	G8O, geraniol 8-oxidase; IS, iridoid synthase; IO, iridoid	
	oxidase; 7-DLGT, 7-deoxyloganetic acid glucosyl transferase;	
	7-DLH, 7-deoxyloganic acid hydroxylase; LAMT, loganic	
	acid O-methyl transferase; SGD, strictosidine β-D-glucosidase;	
	SLS, secologanin synthase; STR, strictosidine synthase (13	
	genes); TDC, tryptophan decarboxylase. Adapted from [38]	
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Summary of Contents

The entitled monograph describes the various aspects of naturally occurring iridoids namely their generic name, classification, occurrence and distribution in plants and insects, isolation techniques, characterization by spectroscopic and chemical methods, synthesis of bioactive iridoids and secoiridoids, biosynthesis, methods of identification of transcriptomes and metabolomes involved in their biosynthesis, role as phylogenic markers in plants, pharmacological activities, pharmacokinetics in mammals, insects and microorganisms, and applications in food supplements, herbal medicines, modern medicines and natural pesticides. The entire subject is presented in seven chapters. The emphasis is given in pharmacology of iridoids and their prospective applications in pharmaceutical and insecticidal industries.

The naturally occurring iridoid monoterpenoids 1, and their secoderivatives, known as secoiridoids 2, are widespread in about 56 plant families of dicotyledons (angiosperms) and in one family of monocotyledons (Cyperaceae). Some of these iridoids have been isolated from 8 families of insects. So far about 3000 iridoids of diverse skeletal and substituent pattern have been reported. Many of them possess significant pharmacological activities and have been isolated from several edible plants of folk-lore use.

The most of significant aspects of iridoid research are discussed in different chapters.

In Chap. 1, iridoid glycosides, secoiridoid glycosides and their aglycones of different basic skeletons and conjugated patterns are presented.

In Chap. 2, the occurrence and distribution of iridoids in the plant species of different genus in 60 plant families and 8 insect families are discussed.

In Chap. 3, the purification and isolation of iridoids from crude plant and insect extracts using different chromatography techniques have been discussed. In addition, their identification using different spectroscopic techniques including 2D NMR and NMR spectral data of some common iridoids and secoiridoids are presented. These methods could be useful in the identification of iridoids of unknown structures and their quantification in plant extracts and herbal drugs.

In Chap. 4, the synthesis of some bioactive iridoids, secoiridoids and their pharmacologically useful analogues, biosynthesis, and analysis of transcriptomes and metabolomics involved in their biosynthetic pathways are elaborately discussed. Furthermore, their role in the study of phylogeny and evolutionary systematics of plants are discussed. The identified genes involved in their biosynthesis could be useful for commercial production by tissue culture process.

In Chap. 5, about 40 types of pharmacological activities of iridoids including anti-inflammatory, anticancer/antitumor, antiviral, antiprotozoal, neuroprotective and neurogenic, hepatoprotective, cardioprotective, hypoglycemic and hypolipidemic, repellent/antifeedant activities as well as physiological role of iridoids in insects are discussed. Some of these bioactive iridoids could be prospective drugs in pharmaceutical and pesticidal industries.

In Chap. 6, the metabolism of iridoids in microorganisms and mammals and pharmacokinetics in mammals are briefly discussed, Moreover, disposition of some iridoids in animals is highlighted.

In Chap. 7, applications of iridoids as their extracts/ mixture and pure isolates in diet supplements, herbal drugs, modern medicines including cosmetics and dyes, and in pesticides are presented.

Chapter 1 Classification of Iridoids



1.1 Introduction

Iridoids are the highly oxygenated monoterpenes, represented by the cyclopenta[c] pyranoid skeletal structure 1, based on the structure of monoterpene iridane, 4,8-dimethyl-cis-2-oxabicyclo-[4.3.0]-nonane 2 (Fig. 1.1) [1]. These compounds are widespread as secondary plant metabolites in the angiosperm plant families and some ant species [2]. In many plants, these iridoids exist as 7,8-secoderivatives, known as secoiridoids 1a (Fig. 1.1), which are formed by the cleavage of cyclopentane ring at the C-7-C-8 bond. These compounds are found in about 57 plant families of dicotyledons mainly belonging to the Asterids clade in wide structural diversities [3]. Although these compounds were first isolated from plants in 1800 s, the pioneering work on the structures of this class of compounds started after isolation of iridodial 3, iridomyrmecin 4, and isoiridomyrmecin(=iridolactone) 5 (Fig. 1.1) from some species of *Iridomyrmex* (namely *I. detectus*, *I. humilis*, *I.* conifer, I. nitidus, and I. purpureus), a genus of ants mostly found in Australia [4]. Later on, iridodial 3 was isolated from an Australian plant of genus, Myoporum [5]. Based on these information, the generic name of this class of compounds was adapted as 'iridoids' because of their structural similarity with iridodial 3, which on intramolecular acylation gives the pyran skeletal structure of iridoid [6]. Application of iridoids, iridodial 3, and dolichodial 3a (Fig. 1.1) in defense mechanism of ants of genera, Iridomyrmex, Dolichoderus (D. scabridus), and Tapinoma (T. sessile), stimulated the interest on the search of more iridoids from plants [7]. Several insects in the orders Coleoptera, Lepidoptera, Hymenoptera, and Hemiptera ingest these iridoid-containing plants and sequester these compounds and use them as defenses against their predators or to increase their reproductive behavior [8]. Iridoids are found in a number of folk medicinal plants that have been used in folk medicine for treatment of various diseases including skin disorders, sedatives, hypotensive, diabetes, and other inflammatory diseases [9]. The active research work on the pharmacology of naturally occurring iridoids revealed that 2 1 Classification of Iridoids

Fig. 1.1 Chemical structures of some representative iridoids

these compounds exhibit a wide range of pharmacological activities such as antidiabetic, hypolipidemic, cardioprotective, hepatoprotective, neuroprotective, wound healing, and antitumor activities [9–13]. In some plant families such as in Bignoniaceae, Oleaceae, and Plantaginaceae, these compounds are used as chemotaxonomic markers for the study of systematics of plants [14–16]. Several plant iridoids and secoiridoid-originated indole alkaloids, such as vincristine and vinblastine, are used in modern medicine for the treatment of inflammatory disorders including tumor [17]. A number of review articles on the isolation and structure elucidation, chemistry, distribution, biosynthesis, biological activity, and listings with spectroscopic data of plant iridoids are available [18–25]. From these review articles, it is evident that about 3000 plant-derived iridoids have been reported. Thus, there is a need to develop the chemistry and pharmacology of these naturally occurring iridoids for their commercial utilization in drug formulations in pharmaceutical industry.

1.2 The Numbering of Substituted Iridoid and Secoiridoid Glucosides

The trivial names of iridoids and secoiridoids are frequently used in the naming of these compounds. In most cases, the naming of the iridoids is done from the genus of the plant source. The numbering of the skeletal structures of iridoid and

Fig. 1.2 Numbering of substituted iridoid glucosides

secoiridoid glucosides with substituent is shown in **6** and **6a** (Fig. 1.2). The substituent on C-1 is given a single prime (') designation, while the additional substituents are designated as double prime ("), triple prime ("'), etc., according to their substitution position on the basic carbon skeleton of the iridoid glucoside, except in cases of substituents on other substituents. The substituents on a substituent are designated by successive primes.

1.3 Classification of Iridoids

Iridoids are broadly classified into five groups: iridoid glycosides, iridoid aglycones or non-glycosidic iridoids, secoiridoid glycosides, secoiridoid aglycones, and diand trimeric iridoid, and secoiridoid glycosides. Iridoid glycosides are divided into five subgroups: iridoid glycosides of eight-carbon basic skeleton, iridoid glycosides of nine-carbon basic skeleton, iridoid glycosides of ten-carbon basic skeleton, iridoid glycosides of fourteen-carbon basic skeleton or iridoid glycosides of plumeria type, and alkaloid-conjugated iridoid glycosides. Iridoid glycosides of ten-carbon basic skeleton are divided into two subgroups: simple iridoid glycosides of ten-carbon basic skeleton and iridoid glycosides of valeriana type. Iridoid aglycones are divided into four subgroups: simple iridoid aglycones and derivatives, rearranged iridoid aglycones, iridoid aglycones of valeriana type, and iridoid aglycones of plumeria type. Secoiridoid glycosides are divided into four subgroups: simple secoiridoid glycosides, terpene-conjugated secoiridoid glycosides, phenolic-conjugated secoiridoid glycosides, and alkaloid-conjugated secoiridoid glycosides. The following iridoids are illustrative of these groups and subgroups (Fig. 1.3).