## THE PURRFECT PAWSE

A little book to help children pause, stretch and be grateful



AVRIL McDONALD
ILLUSTRATED BY TATIANA MININA





## THE PURRFECT PAWSE

A little book to help children pause, stretch and be grateful















Crown House Publishing Ltd Crown Buildings, Bancyfelin, Carmarthen, Wales, SA33 5ND, UK www.crownhouse.co.uk

and

Crown House Publishing Company LLC PO Box 2223, Williston, VT 05495, USA www.crownhousepublishing.com

© Avril McDonald, 2018

The right of Avril McDonald to be identified as the author of this work has been asserted by her in accordance with the Copyright, Designs and Patents Act 1988.

Illustrations by Tatiana Minina

First published 2018.

All rights reserved. Except as permitted under current legislation no part of this work may be photocopied, stored in a retrieval system, published, performed in public, adapted, broadcast, transmitted, recorded or reproduced in any form or by any means, without the prior permission of the copyright owners. Enquiries should be addressed to Crown House Publishing Limited.

British Library Cataloguing-in-Publication Data A catalogue entry for this book is available from the British Library.

> Print ISBN: 978-178583333-5 Mobi ISBN: 978-178583369-4 ePub ISBN: 978-178583370-0 ePDF ISBN: 978-178583371-7

> > LCCN 2018949248

Printed and bound in the UK by Gomer Press, Llandysul, Ceredigion





For my two little stars, Maggie and Luke.





