

Angelica Hüseyinzade Şimşek
Prof. Dr. Mehmet Çakıcı

Erenköy Syndrome

Post-Traumatic Stress Disorder among Turkish
Cypriot Soldiers of Erenköy Exclave Battle



Anchor Academic
Publishing

Bibliographic information published by the German National Library:

The German National Library lists this publication in the National Bibliography; detailed bibliographic data are available on the Internet at <http://dnb.dnb.de> .

This book is copyright material and must not be copied, reproduced, transferred, distributed, leased, licensed or publicly performed or used in any way except as specifically permitted in writing by the publishers, as allowed under the terms and conditions under which it was purchased or as strictly permitted by applicable copyright law. Any unauthorized distribution or use of this text may be a direct infringement of the author s and publisher s rights and those responsible may be liable in law accordingly.

Copyright © 2017 Diplomica Verlag GmbH
ISBN: 9783960677154

Angelica Hüseyinzade Şimşek, Mehmet Çakıcı

**Erenköy Syndrome. Post-Traumatic Stress Disorder
among Turkish Cypriot Soldiers of Erenköy Exclave
Battle**

Angelica Hüseyinzade Şimşek
Prof. Dr. Mehmet Çakıcı

Erenköy Syndrome

Post-Traumatic Stress Disorder among Turkish
Cypriot Soldiers of Erenköy Exclave Battle



Anchor Academic
Publishing

Hüseyinzade Şimşek, Angelica, Çakıcı, Mehmet: Erenköy Syndrome. Post-Traumatic Stress Disorder among Turkish Cypriot Soldiers of Erenköy Exclave Battle, Hamburg, Anchor Academic Publishing 2017

PDF-eBook-ISBN: 978-3-96067-715-4

Druck/Herstellung: Anchor Academic Publishing, Hamburg, 2017

Bibliografische Information der Deutschen Nationalbibliothek:

Die Deutsche Nationalbibliothek verzeichnet diese Publikation in der Deutschen Nationalbibliografie; detaillierte bibliografische Daten sind im Internet über <http://dnb.d-nb.de> abrufbar.

Bibliographical Information of the German National Library:

The German National Library lists this publication in the German National Bibliography. Detailed bibliographic data can be found at: <http://dnb.d-nb.de>

All rights reserved. This publication may not be reproduced, stored in a retrieval system or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the publishers.

Das Werk einschließlich aller seiner Teile ist urheberrechtlich geschützt. Jede Verwertung außerhalb der Grenzen des Urheberrechtsgesetzes ist ohne Zustimmung des Verlages unzulässig und strafbar. Dies gilt insbesondere für Vervielfältigungen, Übersetzungen, Mikroverfilmungen und die Einspeicherung und Bearbeitung in elektronischen Systemen.

Die Wiedergabe von Gebrauchsnamen, Handelsnamen, Warenbezeichnungen usw. in diesem Werk berechtigt auch ohne besondere Kennzeichnung nicht zu der Annahme, dass solche Namen im Sinne der Warenzeichen- und Markenschutz-Gesetzgebung als frei zu betrachten wären und daher von jedermann benutzt werden dürften.

Die Informationen in diesem Werk wurden mit Sorgfalt erarbeitet. Dennoch können Fehler nicht vollständig ausgeschlossen werden und die Diplomica Verlag GmbH, die Autoren oder Übersetzer übernehmen keine juristische Verantwortung oder irgendeine Haftung für evtl. verbliebene fehlerhafte Angaben und deren Folgen.

Alle Rechte vorbehalten

© Anchor Academic Publishing, Imprint der Diplomica Verlag GmbH
Hermannstal 119k, 22119 Hamburg
<http://www.diplomica-verlag.de>, Hamburg 2017
Printed in Germany

ABSTRACT

The purpose of the present study is to determine combat related PTSD and severity occurrence rate among Erenköy Turkish Cypriot Fighters and Turkish Cypriot Fighters whom participated in the Cyprus War.

Importance of the present study is based on absence of any study related to Cyprus War participants, and Erenköy Turkish Cypriot Fighters.

The sample taken consist of 100 male Turkish Cypriot Fighters, 50 of them battled in Erenköy and 50 whom battled in other regions of Cyprus during Cyprus war in between 1963-1974. Structured interview for the present study was conducted, demographic information, pre-war, during war and post-war information was obtained.

Post-traumatic stress disorder (PTSD) was diagnosed using Clinician Administered PTSD Scale (CAPS).

As a result of the present study, it could be stated that Erenköy Turkish Cypriot Fighters are more likely to have a chronic PTSD, with Delayed onset, than Turkish Cypriot Fighters who served in other regions of Cyprus within period of war. Factors found to be trigger PTSD in scope of the present study are: lack of social support during the war and post war period, alcohol use, being adolescent during the war, presence of psychological disorders in pre-war period. Being not prepared mentally, less of military education, and military skills.

Key words: Post-Traumatic Stress Disorder, War, Post War Risk Factors to Post Traumatic Stress Disorder (PTSD)

ABSTRACT.....	1
INDEX.....	2
LIST OF TABLES.....	3
ABBREVIATIONS.....	6
1. INTRODUCTION.....	7
1.1 Northern Cyprus.....	9
1.2 The Cyprus War.....	10
1.3 Erenköy Exclave Battle.....	10
1.4 War.....	11
1.5 Turkish Cypriot Fighters.....	12
1.6 Post-Traumatic Stress Disorder.....	12
1.6.1 PTSD and Chronicity.....	13
1.6.2 PTSD With Delayed Onset.....	16
1.7 Post-Vietnam Syndrome.....	18
2. METHOD	20
2.1 Participants.....	20
2.2. Instruments.....	21
2.2.1. Socio-Demographic Information Form.....	21
2.2.2. CAPS.....	22
2.2.3. Statistical Procedures.....	22
3. RESULTS.....	23
4. DISCUSSION.....	51
5. ERENKÖY SYNDROME.....	58
6. CONCLUSION.....	59
REFERENCES.....	60

LIST OF TABLES

Table 1. Comparison Of Pre-War Education Levels Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 2. Comparison Pre-War Marital Status Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 3. Comparison Of Military Education Rates Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 4. Comparison Of Pre-War Psychological Disorder Occurrence Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 5. Comparison Of Military Education Periods Comparison Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 6. Comparison Of Military Ranks Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 7. Comparison Of Injury Rates During The War Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 8. Comparison Of Friend Injury Witness During The War Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 9. Comparison Of Friend Death Witness During The War Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 10. Comparison Of Mental Readiness For War Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 11. Comparison Of Degree Of Expectancy Of War Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 12. Comparison Of Commitment Level Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 13. Comparison Of How The War Slogged Impacted Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 14. Comparison Of Social Support During The War Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters

Table 15. Comparison Of Social Support Sources During The War Among Erenköy Turkish Cypriot Fighters And Turkish Cypriot Fighters