

how to

teach using simulation in healthcare

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Libby Thomas BMBS MCEM PGDipClinEd is an emergency medicine specialist trainee and PhD student in medical education focusing on interprofessional full patient simulation for undergraduates. She is module lead for Simulation in Clinical Education at King's College London. Libby made useful suggestions and introduced us to the idea of sociological realism (Chapter 5).

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occurred. This information can then be used to change policies or develop the environment to prevent recurrence and reduce patient risk. With Jo-Anne Halliwell, he wrote 'Enhancing patient safety through multidisciplinary *in situ* simulation' in Chapter 11.

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Preface

Professor David Gaba, one of the pioneers of simulation training in healthcare, observed in 1992, '... no industry in which human lives depend on the skilled performance of responsible operators has waited for unequivocal proof of the benefits of simulation before embracing it'. Fortunately, the evidence to support this worthy sentiment now exists in abundance and simulation training for healthcare professionals is in widespread use.

The key educational theory underpinning the value of simulation training, experiential learning, is far from a new concept, having been espoused in ancient times by both Confucius and Aristotle but more recently by David A. Kolb whose experiential learning cycle might have been specifically designed with medical simulation in mind. Even without an understanding of these formal educational principles, however, it is surely self-evident that training doctors, nurses and allied health professionals in a safe and supportive learning environment where they can practise without the risk of doing any harm is a good idea – a view supported by data collected from patients and carers. The authors cover experiential learning and allied theories in a complete chapter of this book and helpfully point the reader to additional, more indepth texts on these subjects.

I do not know anyone involved in simulation training who does not feel a profound sense of reward and enjoyment in supporting learning in this environment, but it is not easy. This book highlights very well the importance of fastidious design of learning outcomes, careful preparation of the scenarios, tools and technology and, most importantly, focused training in debriefing skills for faculty members. A core tenet of experiential learning is the requirement for reflective practice which is most effective when supported by facilitators experienced in the use of what John Heron, in his Six-Category Intervention Analysis, would call 'authoritative and facilitative interventions' – learning outcomes can so easily be jeopardised by the inexperienced debriefer.

We were, of course, using simulation in medicine long before the advent of the technological advances which now support this training so effectively and I very well remember practising the siting of epidurals using a simple orange to give that distinctive feel of loss of resistance. However, colleagues in the world of engineering and computer technology have opened up a world of novel, cost-effective and highly portable solutions to support simulation training both in our education centres and in real clinical settings. None of this training would be possible without the support of the resourceful and inventive simulation technologists in our centres. These are the invaluable team members who configure the AV systems to support debriefing, programme a vast array of bespoke scenarios, reconfigure and repair increasingly complex technologies and design innovative solutions to produce bleeding into drains or the appearance of third-degree burns on actors and mannikins. We now have apps for iPhones and Android, wireless mannikins and e-learning platforms which provide extraordinary flexibility in the development of innovative learning opportunities, all of which are explored and signposted in this book.

The overarching purpose of simulation education is the transfer of training received to the clinical workplace, i.e. to take the new or enhanced skills back to the ward or operating theatre to improve the safety and care of our patients. No practitioner of simulation-based education would ever say that simulation is the answer to all the challenges we face in medical education but it is a very powerful adjunct to clinical apprenticeship and deserves to be a cornerstone in the education of healthcare professionals from all backgrounds. Simulation training can support the development of competencies in both technical and non-technical skills and plays a vital part in enhancing the teamworking skills so essential in the management of clinical crises. There is now clear evidence that regular crisis resource management training incorporating simulation for multidisciplinary teams in healthcare improves safety-critical behaviours and, crucially, patient outcomes, and Chapter 10 provides constructive direction in the most effective use of simulation for safety training.

This book has been written by authors with a combined experience of over 50 years in simulation training for healthcare professionals. They have put together a text that concisely covers all the aspects of the successful design and organisation of simulation training, from the construction of scenarios and use of the huge variety of technology to support simulation-based education to the design and operation of a simulation centre. *How to Teach Using Simulation in Healthcare* joins the inventory of similar 'How to' titles from Wiley at an opportune moment when time for training healthcare professionals is being compressed, as never before, by competing demands for service delivery. This concise and pragmatic publication will be a welcome

support and useful reference for experienced and novice educators in healthcare who are using simulation to train healthcare professionals and I look forward to many future editions.

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